

VO2 FIT LIMITED

**Company Registration Number:
06525035 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st April 2011

End date: 31st March 2012

SUBMITTED

VO2 FIT LIMITED

Company Information for the Period Ended 31st March 2012

Director:	Mr Chris Newton
Company secretary:	Mr Gaynor Love
Registered office:	Gwel Eglos Higher Downgate Callington Cornwall PL17 8HL GB-ENG
Company Registration Number:	06525035 (England and Wales)

VO2 FIT LIMITED

Abbreviated Balance sheet As at 31st March 2012

	Notes	2012 £	2011 £
Fixed assets			
Intangible assets:	2	4,595	4,595
Tangible assets:	3	7,170	9,559
Total fixed assets:		<u>11,765</u>	<u>14,154</u>
Current assets			
Stocks:		0	0
Debtors:		0	0
Cash at bank and in hand:		2,662	2,032
Total current assets:		<u>2,662</u>	<u>2,032</u>
Creditors			
Creditors: amounts falling due within one year		36,156	43,080
Net current assets (liabilities):		<u>(33,494)</u>	<u>(41,048)</u>
Total assets less current liabilities:		(21,729)	(26,894)
Creditors: amounts falling due after more than one year:		0	0
Provision for liabilities:		0	0
Total net assets (liabilities):		<u><u>(21,729)</u></u>	<u><u>(26,894)</u></u>

The notes form part of these financial statements

VO2 FIT LIMITED

Abbreviated Balance sheet As at 31st March 2012 continued

	Notes	2012 £	2011 £
Capital and reserves			
Called up share capital:	4	100	100
Revaluation reserve:		0	0
Profit and Loss account:		(21,829)	(26,994)
Total shareholders funds:		<u>(21,729)</u>	<u>(26,894)</u>

For the year ending 31 March 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 21 December 2012

SIGNED ON BEHALF OF THE BOARD BY:

Name: Mr Chris Newton
Status: Director

The notes form part of these financial statements

VO2 FIT LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2012

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements have been prepared under historical cost convention, and in accordance with Financial Reporting Standard for Smaller Entities (effective June 2002).

Turnover policy

The turnover shown in the Profit & Loss Account represents amounts invoiced in the year, exclusive of Value Added Tax.

Tangible fixed assets depreciation policy

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows: Plant and Machinery 25% Computer Equipment 25% Fixtures, Fittings and Equipment 25% Motor Vehicles 25%

VO2 FIT LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2012

2. Intangible assets

	Total
Cost	£
At 01st April 2011:	4,595
	<u>4,595</u>
Net book value	£
At 31st March 2012:	<u>4,595</u>
At 31st March 2011:	<u>4,595</u>

VO2 FIT LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2012

3. Tangible assets

	Total
Cost	£
At 01st April 2011:	9,559
At 31st March 2012:	9,559
Depreciation	
Charge for year:	2,389
At 31st March 2012:	2,389
Net book value	
At 31st March 2012:	7,170
At 31st March 2011:	9,559

VO2 FIT LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2012

4. Called up share capital

Allotted, called up and paid

Previous period			2011
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	100	1.00	100
Total share capital:			<u>100</u>
Current period			2012
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	100	1.00	100
Total share capital:			<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

