

VO2 FIT LIMITED

**Company Registration Number:
06525035 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st April 2010

End date: 31st March 2011

SUBMITTED

VO2 FIT LIMITED

Company Information for the Period Ended 31st March 2011

Director:	Mr C Newton
Registered office:	Gwel Pendra Higher Downgate Callington Cornwall PL17 8HL
Company Registration Number:	06525035 (England and Wales)

VO2 FIT LIMITED

Abbreviated Balance sheet As at 31st March 2011

	Notes	2011 £	2010 £
Fixed assets			
Intangible assets:	2	4,595	4,595
Tangible assets:	3	9,559	12,745
Total fixed assets:		<u>14,154</u>	<u>17,340</u>
Current assets			
Stocks:		0	0
Debtors:		0	0
Cash at bank and in hand:		2,032	4,471
Total current assets:		<u>2,032</u>	<u>4,471</u>
Creditors			
Creditors: amounts falling due within one year		43,080	41,196
Net current assets (liabilities):		<u>(41,048)</u>	<u>(36,725)</u>
Total assets less current liabilities:		<u>(26,894)</u>	<u>(19,385)</u>
Creditors: amounts falling due after more than one year:		0	0
Provision for liabilities:		0	.0
Total net assets (liabilities):		<u><u>(26,894)</u></u>	<u><u>(19,385)</u></u>

The notes form part of these financial statements

VO2 FIT LIMITED

Abbreviated Balance sheet As at 31st March 2011 continued

	Notes	2011 £	2010 £
Capital and reserves			
Called up share capital:	4	100	100
Profit and Loss account:		(26,994)	(19,485)
Total shareholders funds:		<u>(26,894)</u>	<u>(19,385)</u>

For the year ending 31 March 2011 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 23 December 2011

SIGNED ON BEHALF OF THE BOARD BY:

Name: Mr C Newton
Status: Director

The notes form part of these financial statements

VO2 FIT LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2011

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements have been prepared under historical cost convention, and in accordance with Financial Reporting Standard for Smaller Entities (effective June 2002).

Turnover policy

The turnover shown in the Profit & Loss Account represents amounts invoiced in the year, exclusive of Value Added Tax.

Tangible fixed assets depreciation policy

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows: Plant and Machinery 25%

VO2 FIT LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2011

2. Intangible assets

	Total
Cost	£
At 01st April 2010:	4,595
	<u>4,595</u>
	<u>4,595</u>
Net book value	£
At 31st March 2011:	<u>4,595</u>
	<u>4,595</u>
At 31st March 2010:	<u>4,595</u>
	<u>4,595</u>

VO2 FIT LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2011

3. Tangible assets

	Total
Cost	£
At 01st April 2010:	12,745
At 31st March 2011:	12,745
Depreciation	
Charge for year:	3,186
At 31st March 2011:	3,186
Net book value	
At 31st March 2011:	9,559
At 31st March 2010:	12,745

VO2 FIT LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2011

4. Called up share capital

Allotted, called up and paid

Previous period			2010
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	100	1.00	100
Total share capital:			100
Current period			2011
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	100	1.00	100
Total share capital:			100

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