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REGISTERED COMPANY NUMBER: 06517841 (England and Wales)
REGISTERED CHARITY NUMBER: 1124031

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019
FOR
FORTALICE LIMITED



FORTALICE LIMITED

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for the Year Ended 31 March 2019

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FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall objectives and aims of the Charity are

- The relief and protection of those who have been gravely or persistently maltreated by the partner with whom they are or have been living or any member of their immediate or extended family and of the children of such people
- Providing refuge accommodation for women who have been gravely or persistently maltreated by the partner with whom they are or have been living or any member of their immediate or extended family and of the children of such women
- Providing programmes, including early intervention, to raise awareness of domestic abuse and related issues
- To facilitate and assist programmes in partnership with those dealing with perpetrators

The Charity's mission statement is:

'To provide emergency accommodation and a range of support services to assist women, children and young people who have, or are, experiencing domestic abuse and to raise personal and public awareness of the issues relating to domestic abuse and its impact on society'.

Ensuring our work delivers our aims

The Business Plan 2015-2020 identifies targets and objectives to ensure continuity, improvement and further development of the services we provide for women, children and young people affected by domestic abuse.

We regularly consult with service users and stakeholders and use this feedback to review services offered by the organisation. We do this through focus groups, questionnaires, weekly house meetings and individual stakeholder feedback. We also have an abundance of cards, letters and feedback forms expressing appreciation and advocating the services offered across the organisation.

Public benefit

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set through the use of funds, and we are satisfied that the criteria for public benefit are comprehensively achieved.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

OBJECTIVES AND ACTIVITIES

The focus of our work

Fortalice has successfully continued to provide a highly effective service for women, children and young people affected by domestic abuse.

The priorities for the year have focused on

Strengthening services and support for resident women, children, young people and families with complex needs both at the refuge and the Outreach Support Centre

- Two specialist workers provide support for women who have additional needs in terms of mental health or drug/alcohol misuse or both.
- We have an activities coordinator funded by Lloyds Bank Foundation who has provided a diverse range of activities to meet the needs of residents and their children, enabling them to redevelop their relationships and learn new skills.

Developing strategies to ensure the sustainability of the organisation for the future

- Continuous applications for grant funding and tenders has been ongoing this year in order to sustain and develop the service in line with emerging trends and client needs.
- We have started to develop a focus on marketing our accredited training packages

Securing funding for the continuity of specific projects and core services

- The tender for the Identification and Referral to Improve Safety (IRIS) has been extended to 31st December 2020.
- We have continued to provide early intervention support packages for families who are affected by domestic abuse before their circumstances escalate to the point of family relationships breaking down beyond redemption, to the point of requiring refuge accommodation. After initial assessment by the police, support is provided by a team of 17 fully trained volunteers working with clients in their own homes. This funding ended on the 31st March when the commissioners took the commissioning of the project GM wide which meant we relinquished the project to an organisation who wanted to deliver GM wide. Through the early intervention project we identified a different need and are currently piloting a new project with the police, this is having a high success rate on reducing the demand on police and enabling victims to enter a service within a more appropriate timeframe
- The Healthy Relationships project is currently predominantly self-funded by the schools themselves and we continuously research funding streams to secure funding to ease the pressure on stretched educational budgets.
- Next year we will be in our final year of funding for from Children in Need and have applied for a further three years' worth of funding and are currently waiting for the outcome.
- THRIVE funding has been awarded through the bid process, this will enable us to work with Children and Young people who are suffering with poor mental health as a result of the effects of Domestic Abuse and Violence (DAV). The THRIVE partnership has proved to be hugely successful in identifying different ways of working and providing a diverse range of services for children and young people
- The Adult Counselling Service continues to be funded by our partner agency IPoint.
- The Children's counselling service continues to be funded through the Clinical Commissioning Group (CCG).
- In order to continue with services for the Young Peoples' 5 to 19 positive activities, a bid was successfully secured through Bolton Council for a period of 2 years from the 1st July 2018
- A successful bid was made to Lloyds Bank Foundation securing 3 years of funding commencing 1 June 2018
- A successful partnership bid was made, with other Greater Manchester Organisations, to Ministry of Housing, Communities and Local Government (MHCLG) to fund two specialist workers

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our main activities and who we try to help are described below. All our charitable activities are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services

Refuge Accommodation

The local demand for services is high and although priority is given to referrals in Bolton and surrounding districts, we have provided temporary accommodation and services for women and children from many areas throughout the North West and further afield.

We received a total of 198 referrals and accommodated 66 individual women and 115 children in Lewis House, the average length of stay being 27 weeks. The complexity of need for a high proportion of our victims has greatly increased over the last two years which has meant more in depth work needing to be completed on a daily basis. Move on this year has also been difficult which has meant some people have been with us for slightly longer than usual, this has also had a positive impact as we have had more time to work with them in more depth, gaining further improved outcomes.

Occupancy levels averaged 98.7% for the year with the main reason for the voids being the turnover of residents and occasional re decoration and cyclical maintenance of the flats.

Support needs have varied from low to high with a further increase in the number of women needing additional support in relation to mental health, alcohol and substance misuse. All residents are allocated named support workers and have entered into individual person centred support plans and a number of women have taken advantage of counselling and group work during their stay. All residents are encouraged to work with their support worker to ensure they are able to develop skills to enable them to live independent lives following their stay in the refuge. They are invited to join in additional activities run by specialist workers and / or volunteers to build their confidence and increase their skill set.

On leaving, 60% secured their own tenancies with Local Authorities, Registered Social Landlords or Private landlords, 7% went into other short-term supported accommodation, 9% went to stay with friends or family members, 22% returned to their previous address as it was safe to do so and 2% had no forwarding address.

The **substance misuse recovery role** has been in place for just over 6 years. This post was put in place to support women who were not only subject to domestic abuse, but who also had issues relating to alcohol or the taking of both illicit and legal substances. The role has developed, using different styles that support recovery, including motivation interviewing, mindfulness, art work, and relaxation including meditation. Personalised one to one work with residents, partnership work with local outside agencies such as Bolton Integrated Substance Misuse Service and peer support all contribute to the recovery process.

Working closely with the Substance Misuse worker, the **Mental Health Co-ordinator** has been in place for just over 3 years. Together, they structure support to meet the needs of those residents with additional complex issues. Residents are assessed on admission to the refuge and are offered one to one sessions to ensure their mental health is consistently monitored and their wellbeing is worked with on a daily basis.

In order to help improve mental and emotional wellbeing for residents and those leaving the refuge, the Mental Health Co-ordinator carries out research regarding bio-psychological **community** resources. This ensures the resident has a prescribing GP and pharmacy in place, notifies relevant services as applicable and where possible, the resident is provided with a guide and information on local support resources.

Due to the educational programmes that are now delivered within the refuge once again we had a number of women who have gone on to find jobs in the Community or have accessed Further Education courses in order to sustain their own futures.

The diverse range of additional activities which is currently in place for residents or children enables them to develop new skills and start to rebuild their lives.

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REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Outreach Support Centre

- Services were provided to 678 new clients and 742 existing clients.
- 809 telephone advice calls were made and 192 face to face advice sessions were held.
- 95% of the new referrals were from Bolton with the remaining 5% originating from surrounding areas within Greater Manchester and Lancashire
- Referrals for services come through a variety of sources, with 30% from 1Point, 25% self-referrals, 14% Social Workers and 15% from family and friends. The remaining 16% were from various professionals and support groups within the community.

Clients presented with a wide variety of issues ranging from physical, emotional and sexual abuse to legal, housing and health issues. Clients also presented with a diverse range of mental health issues including panic and anxiety, stress and depression. Where these issues needed specialist help we were able to signpost to relevant agencies. We referred 42 clients to MARAC for further support and risk management and assessed a further 59 clients who did not reach the threshold for referral.

Demand for the counselling service and The Freedom Programme has greatly increased. The benefits of these core services is widely recognised and acknowledged as having a significant impact in relation to women taking steps to escape abusive relationships and to move forward to living a life free from abuse and violence. The Freedom Programme delivered 97 sessions with 234 individual women attending on a total of 1,192 occasions. In addition we provided 78 crèche places for children, so women were able to attend the programme. We also delivered 8 Next Steps sessions with a total of 32 attendees, this course is highly effective in helping victims understand how they can make effective changes in their own lives to enable them to live a life free from abuse, further funding needs to be sought to run it on a continuous basis. Since the year end we have increased the sessions available by putting another session a week on to meet victim's needs.

The Adult Counselling Service continues to be part of 1Point, a Community Benefit Company. 1point assesses potential clients for talking therapies prior to them going into therapy with a counsellor at Fortalice or one of the other members linked to 1Point. At the year end, we had 22 counsellors, 7 of which were qualified and 15 were students on placement. 1,101 counselling appointments were attended.

Training, Development and Awareness Raising

We have delivered presentations and training courses comprising of 30 sessions to 289 professionals; the courses include Recognising and Responding to Domestic Abuse Level 2 and 3 and Enhanced Risk Management, Domestic Abuse Awareness, Freedom Programme Awareness and Working with Children Affected by Domestic Abuse Level 1 and 2; Volunteer Skills, Teenage Domestic Abuse Awareness and Personal Safety. Our Chief Executive delivered training to 350 Manchester Diocesan staff, including Bishops, Clergy, lay members and administrative staff. Training was also delivered to 35 North West girl guiding representatives and 30 Bolton School Governors. Further training has been requested to deliver training for more Governors to highlight the effect of domestic abuse and violence

Early Intervention Project

The Early Intervention project continued to respond to first time calls to the police in respect of relationship issues and domestic abuse.

Seventeen trained volunteers actively worked on this project and carried out 560 visits, offering intervention or support to 284 individuals.

Children and Young People's projects at the Outreach Support Centre

The Children and Young People's projects, funded by Bolton Council Positive Activities, Children in Need D.O.V.E., Thrive Alliance, GMPCC Youth Aspiration fund (to 30th June 2018) and our reserves (from 1st July 2018), has meant that we have a total of three children and young people's workers at the Outreach Support Centre during this financial period. Together, these projects have provided group work, educational modules and one to one support to 295 individual children and young people. 431 one to one support advice and guidance sessions and 100 therapeutic group sessions have been provided to CYP, 276 children have created individual safety plans to ensure they know what to do in the event of an emergency /domestic abuse incident.

- Positive Activities

This non-residential Young People's project has continued to receive funding from Bolton Council and can report another successful year with this service being in demand. This project helps to empower children to develop and gain

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

confidence, ensure their health, safety and wellbeing improves and give those skills so they are able to improve their relationships with peers and develop leadership skills. The project offers advice, assessments, support guidance sessions and group work. The funding also helps early intervention and prevention and works to narrow the gap with specific hard to reach groups and communities.

- Children in Need

Dedicated to Overcoming Violent Experiences (D.O.V.E.) is a community based service for children who have been exposed to domestic abuse and violence. This funding allows Fortalice to complete individual assessments on children directly affected by domestic abuse and provide specialised support based on the child's individual needs comprising of both one to one support and therapeutic group activities.

- Thrive

This project offers a range of activities for 8-16 year olds through Breaking Free and Recovery Toolkit deliveries. These aim to help children and young people express their feelings and provide them with an opportunity to share their experiences in a safe and nurturing environment. As we are part of the THRIVE partnership we are able to offer a more holistic progression route for children and young people enabling them to sustain the skills and confidence they gain through the Fortalice activities they have attended. The demand for this project has been extremely high and unfortunately we have had to manage a large waiting list. We are currently aiming to find more funding to extend the service to the children and young people's needs.

- GMPCC Youth Aspiration Fund

This funding provides educational deliveries to Children and Young People in Bolton and Bury informing them of safe and healthy relationships. It also provides one to one support sessions for children and young people directly affected by domestic abuse. Funding ended on the 30th June 2018 and the Board agreed to continue to fund the children and young people's worker from reserves in order to continue to meet demand for our services.

Children's Counselling

The children's counselling service funded through NHS England and commissioned by the local CCG continues to be in high demand. We have 5 qualified Children's Counsellors providing Play and Talking Therapies for children and young people aged four to seventeen and believe this to be a unique service within Bolton. The demand for this service is high with referrals coming through a variety of sources where there is a professional working with the family. This year, we have provided 772 therapy sessions for 109 individual children and young people.

Identification and Referral to Improve Safety (IRIS)

The purpose of the project is to deliver domestic abuse training to clinical and administrative staff within Bolton based GP practices and to work in an advocacy role with any patient who has disclosed domestic abuse. Since the project began, we have fully trained staff from all of the 49 doctor's surgeries across Bolton on Clinical 1, Clinical 2 and Administration. We have received 252 client referrals this year from GP's requesting support from the IRIS team, 37 of these have been referred to MARAC and 3 children have been referred to Children's Safeguarding. The project continues to go from strength to strength with a steady increase in referrals each month. We are now currently revisiting training for all the low referring practices, and surgeries where they may be a large number of untrained new staff.

Healthy Schools Project

The aim of the project is to educate children on safe and healthy relationships, raise awareness of domestic abuse and other impacting factors which affect relationships. The interactive sessions have clear aims and objectives which are demonstrated in the schemes of work and lesson plans. The delivery is mapped to the PSHE and SEALS curriculum. All staff who deliver the project have a basic teaching qualification.

The Project includes a teacher training package "Domestic abuse and the effects on children" equipping teaching staff with up to date knowledge of the effects of domestic abuse both nationally and locally, the impact on children, dealing with disclosures, services available and an opportunity to develop their safeguarding skills.

Children's emotional well-being and safety remains at the forefront of all of our deliveries and we aim to offer flexibility to meet both the needs of schools and the individual needs of children. The delivery has been rewritten to meet the changing needs of the curriculum. We continue to receive exceptional feedback from, head teachers, teachers and children regarding our programme and the demand for the Healthy Relationships programme continues to be high with a significant number of disclosure being made by children during the sessions. This year we have educated 1,715 children in 40 schools across Bolton and Bury on Healthy Relationships.

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REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Children Services

115 individual children and young people have accessed services at Lewis House during this year. Services include, play sessions, after school, computer and youth club sessions, school holiday activities, family sessions, school ready and individual one to one support sessions.

We are still seeing a significant number of children with support plans who are subject to child action or protection plans, these children need additional support from our team of workers on a one to one basis.

We offered 78 crèche places at the Outreach Support Centre to enable women to access the Freedom Programme and other services thus helping them to break away or to sustain independence from abusive relationships.

The services provided are creative, innovative, structured and supportive, addressing the individual needs of those in their care. The team are continually monitoring demand which enables them to respond to the diverse range of Children's needs in a continually changing environment. In order to keep abreast of emerging trends, demands and needs staff have forged links with many other agencies and service providers, locally and nationally.

Our children's services are registered with OFSTED and meet the standards required. Over the last 5 years the Leadership Team have been working with Children's Services to develop and evidence the delivery model for the Early Years Nursery, this resulted in achieving an Outstanding grade at inspection in June 2019. In order to work strategically in further developing services to meet the needs of Bolton children, Fortalice is a member of Bolton Together and our Chief Executive is a Director on the Bolton Together Board.

FINANCIAL REVIEW

The tenth period has again been successful with the Charity generating a surplus of £8,021 compared with a surplus of £10,049 last year.

Principal funding sources

The principal funding sources for the Charity are currently by way of grant and contract income from Bolton Council (BC). The two main sources are:

- Adult Services accommodation based housing related support services
- Housing Benefits

Funding received from BMBC in relation to accommodation based housing related support services and Housing Benefits represents 21.14% (2018 – 21.86%) and 37.72% (2018 – 36.83%) respectively of total incoming resources from charitable activities.

Investment policy and objectives

The investment objective of the Charity is to make investments which will provide an overall return on the portfolio, while maintaining the real purchase power of the portfolio over time and providing reasonable growth.

Under the Trustees Act 2000, the trustees have the same full and unrestricted powers of investing and transposing investments as if they were beneficially entitled thereto.

The investment funds held yielded income of £9,309 (2018 - £3,294), this is an increase on the previous year due to funds placed with Charities Official Investment fund, Chartered Wealth Management and short-term savings accounts being held for a full year.

As at 31 March 2019 investments held had a market value of £306,301 (2018 - £296,260). Details are shown in note 14 to the accounts.

Reserves policy

The trustees review the Charity's requirements for reserves annually, in the light of the major risks facing the charity.

As agreed at the management meeting on 30th April 2019, the trustees consider that in order to ensure the continuous provision of the Charity's services, they aim to maintain a general fund equal to 9 months of budgeted expenditure. However, to ensure a continuous delivery of services and remove possible constraints, the Trustees have agreed a general fund of between 6 and 9 months of budgeted expenditure with the intention to stay as close to 9 months as practical.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

FINANCIAL REVIEW

Reserves policy

At the year end the Charity's unrestricted and undesignated reserves stood at £891,078 which represent just over 9 months of budgeted expenditure.

The net book value of tangible fixed assets is included in the designated fund, these assets are used by the charity in the furtherance of its objectives and are not free reserves.

FUTURE PLANS

The Business plan continues to be influenced by reduced funding and an increase in demand for services. Fortalice has continued to develop highly effective ways of working to meet the emerging trends and the needs of the diverse range of women, children and families affected by domestic abuse.

In line with the business plan we will continue to further develop our core services to meet the ever changing needs of the women, families, children and young people who access services at the Refuge and Outreach Support Centre. This will include further developing new ways of working with our highly skilled volunteers and working towards gaining accreditation Investing in Volunteers (IiV).

In conjunction with Management, we will develop the Business Plan 2020–2025.

To secure funding for core services, new projects and projects where funding is due to end to ensure continuous delivery of services.

To continue to fundraise to replace the minibus to enable us to keep women and children safe when taking them out.

To develop a new website which reflects the breadth of work that Fortalice now undertakes.

To further develop services at the Outreach Support Centre and in the Community which will include; new group work sessions, increased opportunities for women and children to attend counselling, support and advice sessions and early intervention programmes. To develop a programme of work to be delivered in the Community working with families who are suffering the effects of domestic abuse or relationship issues.

The objective of further developing our services will be to reach a more diverse range of communities and varying issues around domestic abuse.

To develop more projects within Children's Services to meet the ever increasing demand.

To continually develop our education programmes in Schools and in the community, reaching more children with the aim of breaking early cycles of domestic abuse and unhealthy relationships. This development will be done through evaluating the programmes and working with our children and young people's advisory panels.

Working with the IRIS team to identify ways they can further support male victims.

To increase the number of counsellors in our counselling service to 26 counsellors, 6 being qualified.

To market and further develop our training packages to be delivered nationally thus creating further income generation for the organisation.

To develop new partnerships with the aim of capturing work within the domestic abuse arena currently not being worked with.

To work with Bolton Together in providing and securing better services for children and young people in Bolton.

A key focus for all our work will be early intervention, middle tier domestic abuse and working with women and children who are high risk and residing in the Refuge.

The Management Committee together with the Chief Executive and Finance Director will support the above priorities whilst maintaining a high standard of service and will monitor through a series of sub groups ensuring policy and working practices comply with and surpass the quality standards of regulating bodies and funders.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28th February 2008 and registered as a Charity on 13th May 2008. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees and management committee

There is a broad mix of knowledge and skills represented on the management committee to reflect the client group we serve and to provide the management skills required for the smooth running of the organisation. The Directors are also committee members and hold official positions as Chair, Secretary and Treasurer for the organisation.

All members of the Management Committee, apart from the Chief Executive, give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts.

Angela Brown, Peter Jones, Mike Philips and Alison Wilkinson retire by rotation and offer themselves for re-election.

Organisational structure

Fortalice is headed by a committee of 12 directors and management members who meet on a regular basis to monitor and give guidance and direction in respect of the services provided by the organisation.

The full committee meets quarterly with additional sub group meetings addressing specific issues in relation to Business development, finance and investment, HR, monitoring and evaluation, health and safety and marketing and publicity.

Day to day service delivery is managed by the Chief Executive reporting back to full committee meetings.

Services are provided across the organisation by three teams:

Adult Residential Services:

-Providing services, support and temporary accommodation at the refuge, Lewis House

Outreach Services:

-Providing a range of non-residential support services and domestic abuse training programmes, interventions and outreach at the Outreach Support Centre and at external venues within the local community

Children's Services:

-Providing early intervention, crisis intervention and support services; education on healthy relationships and support for children the refuge, the Outreach Support Centre and at external venues within the local community

The teams comprise of 46 paid part-time and full-time workers and a contingency of volunteers working in all areas across the organisation.

Volunteers play a significant role within the organisation and their contribution greatly enhances the quality of services we are able to offer. This creates 'added value' to the service and clearly demonstrates efficiencies in terms of cost and value for money. In return, we offer a high level of training and opportunities to improve skills, knowledge and expertise to enhance their own personal and professional development.

Fortalice has provided an increased number of placements for student counsellors, social work students and work experience placements, all of which have gained knowledge and expertise through their time with the organisation.

Our quality assurance processes ensure that we are effectively monitoring and reviewing our working practices, this has ensured that we consistently meet the needs of the client base and work within the constraints of our financial budgets. The continuous evolving working practice with residents has enabled us to measure the success of the service against specific outcomes.

Induction and training of new trustees

A Trustee induction programme is in place and subject to review through consultation with the management team. All members are required to undertake training relevant to their adopted role and to increase their own awareness and knowledge of issues relating to domestic abuse and its effects within society.

All Trustees and committee members are encouraged to visit the project to become familiar with the staff team and the day to day work of the organisation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Services provided by Fortalice respond to both local, regional and national strategies and we continue to be a key member of strategic partnerships within Bolton and the North West. Our association with other voluntary organisations through collaborative partnership working continues and we have undertaken joint training and aim to develop and strengthen the association further in the immediate and long term future.

We have strong established links with mental health and social care agencies to enhance the support we offer to service users to ensure additional needs are addressed and met and the risk of re-victimisation is greatly reduced.

Through training we are able to raise awareness of the effects domestic abuse has on society and this year we have responded to the additional demand for training to a number of agencies throughout the borough.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurances against fraud and error.

There are strict internal controls in relation to financial transactions and an annual review of external factors that may affect the Charity's viability.

We continually review our policy and procedures in relation to risk factors at all levels and health and safety controls are in place throughout the organisation.

24 hour on-site staff cover at the Refuge and minimum staffing levels in all areas has been achieved at all times throughout the year.

Clients are consulted on risk and contribute to the annual assessments.

Policies and procedures are in place to safeguard all clients and in addition to stringent security checks at the point of recruitment; we undertake induction training with all paid staff and volunteers in safeguarding children and vulnerable adults.

There are procedures in place giving clients the opportunity to raise issues either independently or as a group at house meetings and concerns or complaints can be raised formally or anonymously with a record kept of each issue and outcome. Consultations are undertaken on a regular basis to ensure the resident's needs are met. Residents also help to evaluate the service through questionnaires and discussion groups.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06517841 (England and Wales)

Registered Charity number

1124031

Registered office

43 Bradford Street
The Haulgh
Bolton
BL2 1HT

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Mr K Moores
Mrs D M Hawkins
Mrs C Greer
Mrs A Wilkinson
Mrs G Smallwood
Ms H J Eastham
Ms S Swain
Ms J Smith
Ms L Lee
Mr P Jones
Mrs A Brown
Mr M Phillips

Company Secretary

Mrs A Wilkinson

Auditors

Cowgill Holloway LLP
Regency House
45-53 Chorley New Road
Bolton
Lancashire
BL1 4QR

Bankers

National Westminster Bank plc
24 Deansgate
Bolton
BL1 1BN

Solicitors

KBL Solicitors LLP
28 Mawdsley Street
Bolton
BL1 1LF

Investment brokers

Chartered Wealth Management
The Lightwell
61/63 Brown Street
Manchester
M2 2JG

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2019**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Fortalice Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102 *The Financial Report Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Cowgill Holloway LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

14-10-19

Approved by order of the board of trustees on and signed on its behalf by:

Mrs D M Hawkins – Trustee



REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF FORTALICE LIMITED

Opinion

We have audited the financial statements of Fortalice Limited for the year ended 31 March 2019 which comprise the statement of financial activities including the income and expenditure account, balance sheet, cash flow statement and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2019 and of its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; and
- the trustees have not disclosed in the financial statements any identified material uncertainties which may cast significant doubt about the Charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on work undertaken in the course of the audit:

- The information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The trustees' report has been prepared in accordance with applicable legal requirements

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF FORTALICE LIMITED

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations necessary for the purposes of our audit.
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees

Responsibilities of the trustees

As explained more fully in the Statement of Trustees Responsibilities set out on page eleven, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern, and using the going concern basis of accounting unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities]. This description forms part of the auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Alex Hesketh ACA (Senior Statutory Auditor)
for and on behalf of Cowgill Holloway LLP
Regency House
45-53 Chorley New Road
Bolton
Lancashire
BL1 4QR

Date: 17/10/2019

FORTALICE LIMITED
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
for the Year Ended 31 March 2019

		Unrestricted funds £	Restricted funds £	31.3.19 Total funds £	31.3.18 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	46,562	12,898	59,460	54,886
Charitable activities	5				
Operation of Women's Refuge & Support Centre		410,679	506,930	917,609	935,215
Other trading activities	3	40,131	-	40,131	35,656
Income from investments	4	9,309	-	9,309	3,294
Total		506,681	519,828	1,026,509	1,029,051
EXPENDITURE ON					
Charitable activities	6				
Operation of Women's Refuge & Support Centre		518,658	511,637	1,030,295	1,015,929
NET INCOME/(EXPENDITURE) BEFORE INVESTMENTS GAINS/(LOSSES)		(11,977)	8,191	(3,786)	13,122
Net gains/(losses) on investments		11,807	-	11,807	(3,073)
NET INCOME/(EXPENDITURE)		(170)	8,191	8,021	10,049
RECONCILIATION OF FUNDS					
Total funds brought forward		1,109,878	25,038	1,134,916	1,124,867
TOTAL FUNDS CARRIED FORWARD		1,109,708	33,229	1,142,937	1,134,916

CONTINUING OPERATIONS

All incoming resources and resources expended arise from charitable activities during the period.

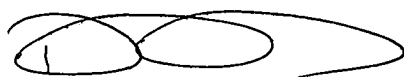
FORTALICE LIMITED**BALANCE SHEET****At 31 March 2019**

	Notes	31.3.19 £	31.3.18 £
FIXED ASSETS			
Tangible assets	13	199,297	203,991
Investments	14	<u>306,301</u>	<u>296,260</u>
		505,598	500,251
 CURRENT ASSETS			
Debtors	15	94,515	51,993
Cash at bank and in hand		<u>587,185</u>	<u>618,452</u>
		681,700	670,445
 CREDITORS			
Amounts falling due within one year	16	(44,361)	(35,780)
		<u>637,339</u>	<u>634,665</u>
 NET CURRENT ASSETS			
		<u>637,339</u>	<u>634,665</u>
 TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>1,142,937</u>	<u>1,134,916</u>
 NET ASSETS			
		<u>1,142,937</u>	<u>1,134,916</u>
 FUNDS	19		
Unrestricted funds		1,109,708	1,109,878
Restricted funds		<u>33,229</u>	<u>25,038</u>
 TOTAL FUNDS		<u>1,142,937</u>	<u>1,134,916</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 14-10-19 and were signed on its behalf by:

Mrs D M Hawkins -Trustee



Ms H J Eastham -Trustee



FORTALICE LIMITED**CASH FLOW STATEMENT**
for the Year Ended 31 March 2019

	Notes	31.3.19 £	31.3.18 £
Cash flows from operating activities:			
Cash generated from operations	1	<u>(30,535)</u>	<u>56,366</u>
Net cash provided by (used in) operating activities		<u>(30,535)</u>	<u>56,366</u>
Cash flows from investing activities:			
Investment income		9,309	3,294
Purchase of investments		-	(300,000)
Purchase of tangible fixed assets		-	(707)
Movement in fair value of investments		(10,041)	3,740
Net cash provided by (used in) investing activities		<u>(732)</u>	<u>(293,673)</u>
Change in cash and cash equivalents in the reporting period		(31,267)	(237,307)
Cash and cash equivalents at the beginning of the reporting period		<u>618,452</u>	<u>855,759</u>
Cash and cash equivalents at the end of the reporting period		<u>587,185</u>	<u>618,452</u>

FORTALICE LIMITED**NOTES TO THE CASH FLOW STATEMENT**
for the Year Ended 31 March 2019

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.19 £	31.3.18 £
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	8,021	10,049
Adjustments for:		
Depreciation charges	4,694	5,232
Investment income received	(9,309)	(3,294)
(Increase)/decrease in debtors	(42,522)	42,882
Increase in creditors	<u>8,581</u>	<u>1,497</u>
Net cash provided by (used in) operating activities	<u>(30,535)</u>	<u>56,366</u>

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS **for the Year Ended 31 March 2019**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Assessment of going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants received from local authorities are credited to income on an accruals basis.

Self-generating income represents monies due as rent and is accounted for on an accruals basis. Monies received in advance are shown as current liabilities and monies owing as debtors.

Income from legacies is recognised on a receivable basis.

All voluntary income is included in income on receipt.

Donated services and facilities are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis.

Allocation and apportionment of costs

Expenditure has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **for the Year Ended 31 March 2019**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation which is provided in annual instalments over the estimated useful lives of the assets.

Leasehold buildings are depreciated to write down the cost less estimated residual value over the remaining useful life by equal annual instalments. It is the trustees' policy to maintain all buildings to such a standard that their estimated residual value is not less than their cost at any given time. Therefore, in the opinion of the trustees, no depreciation charge is required.

Small items of equipment and furniture are not capitalised but are written off on acquisition through the income and expenditure accounts.

Depreciation is provided at the following annual rates:

Improvements to property	- 2% on cost
Computer equipment	-33% on reducing balance

Fixed asset investments

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Hire purchase and leasing commitments

Lease payments under operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

Financial Instruments

The following assets and liabilities are classified as financial instruments; trade debtors, rents receivable, trade creditors and other creditors.

Trade debtors, rents receivable, trade creditors and other creditors are measured at the undiscounted amount of the cash or other consideration expected to be paid or received.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2019**2. DONATIONS AND LEGACIES**

	31.3.19	31.3.18
	£	£
Donations	59,460	51,561
Legacies	-	3,325
	<u>59,460</u>	<u>54,886</u>

Analysis of donations received during the period:

Date	Donor	£
Various	Anonymous donations and amounts less than £1,000	16,172
Various	Just giving	6,372
Various	Bag Drop	1,347
Various	G Spurr – Christmas wrapping	7,163
Various	Co-op Local Community Fund	3,798
Various	Mrs P M Hutton	2,300
Various	Gay Wharton	1,233
Various	Emmaus Bolton	1,175
Various	Mrs Pat Hart	1,120
Various	Rotary Club of Turton	1,050
Various	Rotary Club of Bolton Daybreak	1,030
25.04.18	Lancashire Ladies Fundraising Group	1,000
07.06.18	Bolton Street Angels	3,648
27.09.18	Black Bull fundraising evening	1,800
02.11.18	Bolton Medical Fund	1,000
04.12.18	The Royal Society of Saint George	5,000
24.01.19	Bolton School Charity Committee	1,502
01.03.19	Bradshaw Gass Trust	2,750
		<u>59,460</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2019**3. OTHER TRADING ACTIVITIES**

	31.3.19	31.3.18
	£	£
Fundraising events	4,710	5,517
Other income	<u>35,421</u>	<u>30,139</u>
	<u>40,131</u>	<u>35,656</u>

4. INVESTMENT INCOME

	31.3.19	31.3.18
	£	£
Deposit account interest	2,723	139
Investment income	<u>6,586</u>	<u>3,155</u>
	<u>9,309</u>	<u>3,294</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.19	31.3.18
		£	£
Charge to residents	Operation of Women's Refuge & Support Centre	410,679	402,026
Grants	Operation of Women's Refuge & Support Centre	<u>506,930</u>	<u>533,189</u>
		<u>917,609</u>	<u>935,215</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2019**5. INCOME FROM CHARITABLE ACTIVITIES - continued**

Grants received, included in the above, are as follows:

	31.3.19	31.3.18
	£	£
BMBC - Vulnerable Children & young people	28,805	28,805
BMBC - 5-19s Positive Activities	20,000	20,000
BMBC - Adult services	217,000	224,919
Other grants	700	500
Ipoint	28,343	28,092
BMBC - Early Help Co-ordinator (STRIVE)	37,990	15,829
GM Police, Youth Aspiration Fund	-	30,000
BMBC - Iris Project	70,750	68,379
FFE Funding	10,995	14,819
Lottery Sustainability Fund	-	26,156
DCLG Joint bid: Mental Health, drugs and alcohol	-	40,269
MHCLG Joint bid: Mental health, drugs and alcohol	8,910	-
Voluntary Sector Thrive Alliance	9,819	9,819
Children in Need, D.O.V.E.	24,565	25,602
Bolton CCG - Children's Counselling	17,000	-
Bolton CCG - Wigan College	5,053	-
Lloyds Bank Foundation	25,000	-
The Manchester Guardian Society Charitable Trust	2,000	-
	<u>506,930</u>	<u>533,189</u>

Restricted income, included in the above, are as follows:

	£	£
BMBC - Vulnerable Children & young people	28,805	28,805
BMBC - 5-19s Positive Activities	20,000	20,000
BMBC - Adult services	217,000	224,919
Other Grants	700	500
Ipoint	28,343	28,092
BMBC - Early Help Co-ordinator (STRIVE)	37,990	15,829
GM Police (Youth Aspiration Fund)	-	30,000
BMBC - Iris Project	70,750	68,379
FFE Funding	10,995	14,819
Lottery Sustainability Funding	-	26,156
DCLG Joint bid: Mental Health, drugs and alcohol	-	40,269
MHCLG Joint bid: Mental Health, drugs and alcohol	8,910	-
Voluntary Sector Thrive Alliance	9,819	9,819
Children in Need, D.O.V.E.	24,565	25,602
Bolton CCG Children's Counselling	17,000	-
Bolton CCG Wigan Council	5,053	-
Lloyds Bank Foundation	25,000	-
The Manchester Guardian Society Charitable Trust	2,000	-
	<u>506,930</u>	<u>533,189</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2019**6. CHARITABLE ACTIVITIES COSTS**

	Direct costs (See note 7)	Support costs (See note 8)	Totals
	£	£	£
Operation of Women's Refuge & Support Centre	<u>1,014,850</u>	<u>15,445</u>	<u>1,030,295</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.3.19 £	31.3.18 £
Trustees' remuneration etc.	59,234	59,666
Staff costs	689,952	657,014
Water rates	8,915	8,056
Insurance	6,831	6,791
Light and heat	24,775	29,476
Telephone	7,450	9,552
Postage and stationery	4,235	9,850
Sundries	743	850
Cleaning materials	2,944	4,499
Window cleaning	2,340	2,340
Gardening	1,860	1,800
Furniture, equipment and maintenance	9,900	11,928
IVHA rent	126,493	111,279
Children's activities	2,893	3,231
Residents expenses	1,266	1,449
Travel & transport	6,853	6,477
Computer costs	12,890	12,610
Repairs, renewals & maintenance	10,129	11,322
Subscriptions	2,052	2,077
Training costs	5,905	12,465
Refreshments	695	926
Emergency provisions	103	122
Support centre activities	779	1,071
Support, supervision and counselling services	920	850
Fundraising expenses	3,415	3,856
Children's counselling	14,394	14,800
Bad debt expense	-	20
Bank charges	214	147
Depreciation	4,694	5,232
Investment portfolio charges	<u>1,976</u>	<u>675</u>
	<u>1,014,850</u>	<u>990,431</u>

Included within the staff costs is an amount totalling £441,942 (2018: £490,982) which relate to restricted fund expenditure.

8. SUPPORT COSTS

	Governance costs £
Operation of Women's Refuge & Support Centre	<u>15,445</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2019**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.19	31.3.18
	£	£
Auditors' remuneration	7,020	6,900
Auditors' remuneration for non-audit work	1,021	938
Depreciation - owned assets	<u>4,694</u>	<u>5,232</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

	31.3.19	31.3.18
	£	£
Trustees' salaries	52,365	53,077
Trustees' social security	6,063	6,198
Trustees' pension contributions to money purchase schemes	<u>806</u>	<u>391</u>
	<u>59,234</u>	<u>59,666</u>

One trustee received remuneration during the period. The trustee's remuneration is in accordance with the memorandum and articles of association of the reporting entity.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

Professional indemnity insurance has been taken out on behalf of trustees at a cost of £700 (2018: £700).

11. STAFF COSTS

	31.3.19	31.3.18
	£	£
Wages and salaries	642,135	666,415
Social security costs	40,227	46,188
Other pension costs	<u>7,590</u>	<u>4,077</u>
	<u>689,952</u>	<u>716,680</u>

The average monthly number of employees during the year was as follows:

	31.3.19	31.3.18
Management and administration	5	5
Lewis House and Outreach Support Centre	<u>41</u>	<u>36</u>
	<u>46</u>	<u>41</u>

No employees received emoluments in excess of £60,000.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2019**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	51,531	3,355	54,886
Charitable activities			
Operation of Women's Refuge & Support Centre	402,026	533,189	935,215
Other trading activities	35,656	-	35,656
Investment income	<u>3,294</u>	<u>-</u>	<u>3,294</u>
Total	492,507	536,544	1,029,051
EXPENDITURE ON			
Charitable activities			
Operation of Women's Refuge & Support Centre	<u>426,723</u>	<u>589,206</u>	<u>1,015,929</u>
NET INCOME/(EXPENDITURE) BEFORE INVESTMENTS (LOSSES)	65,784	(52,662)	13,122
Net (losses) on investments	(3,073)	-	(3,073)
NET INCOME/(EXPENDITURE)	62,711	(52,662)	10,049
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>1,047,167</u>	<u>77,700</u>	<u>1,124,867</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>1,109,878</u></u>	<u><u>25,038</u></u>	<u><u>1,134,916</u></u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2019

13. TANGIBLE FIXED ASSETS

	Long leasehold £	Improvements to property £	Computer equipment £	Totals £
COST				
At 1 April 2018	42,541	175,000	44,188	261,729
Additions				
At 31 March 2019	<u>42,541</u>	<u>175,000</u>	<u>44,188</u>	<u>261,729</u>
DEPRECIATION				
At 1 April 2018	-	17,133	40,605	57,738
Charge for year	<u>-</u>	<u>3,500</u>	<u>1,194</u>	<u>4,694</u>
At 31 March 2019	<u>-</u>	<u>20,633</u>	<u>41,799</u>	<u>62,432</u>
NET BOOK VALUE				
At 31 March 2019	<u>42,541</u>	<u>154,367</u>	<u>2,389</u>	<u>199,297</u>
At 31 March 2018	<u>42,541</u>	<u>157,867</u>	<u>3,583</u>	<u>203,991</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2019

	Market value	Cost	Market value	Cost
	2019	2019	2018	2018
	£	£	£	£
UK Listed:				
Unrestricted				
COIF Investment Fund 3446.78 units	52,881	50,000	49,014	50,000
COIF Global Equity Income Fund 29,130.74 units	53,813	50,000	48,433	50,000
COIF Property Fund 42,673.04 units	50,581	50,000	49,957	50,000
CWM portfolio	<u>149,026</u>	<u>150,000</u>	<u>148,856</u>	<u>150,000</u>
	306,301	300,000	296,260	300,000

	31.3.19	31.3.18
Minimum lease payments under non-cancellable operating leases fall due as follows:	£	£
Within one year	119,338	128,531
Between two and five years	<u>7,688</u>	<u>9,713</u>
Total	<u>127,026</u>	<u>138,244</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2019**18. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted Funds	Restricted Funds	31.3.19 Total Funds	31.3.18 Total Funds
	£	£	£	£
Fixed assets	505,598	-	505,598	500,251
Current Assets	647,481	31,219	681,700	670,445
Current Liabilities	(43,371)	(990)	(44,361)	(35,780)
	<u>1,109,708</u>	<u>33,229</u>	<u>1,142,937</u>	<u>1,134,916</u>

19. MOVEMENT IN FUNDS

	At 1.4.18 £	Net movement in funds £	At 31.3.19 £
Unrestricted funds			
Undesignated fund	883,386	7,692	891,078
Designated Funds	<u>226,492</u>	<u>(7,862)</u>	<u>218,630</u>
	1,109,878	(170)	1,109,708
Restricted funds			
Operation of refuge	25,038	8,191	33,229
	<u>1,134,916</u>	<u>8,021</u>	<u>1,142,937</u>

Net movement in funds, included in the above are as follows:

	Incoming Resources £	Resources Expended £	Transfer £	Movement In Funds £
Unrestricted Funds				
Undesignated Funds	506,681	(498,989)	-	7,692
Designated Funds	-	<u>(7,862)</u>	-	<u>(7,862)</u>
	506,681	(506,851)	-	(170)
Restricted Funds				
Operation of Refuge	<u>519,828</u>	<u>(511,637)</u>	-	<u>8,191</u>
TOTAL FUNDS	<u>1,026,509</u>	<u>(1,018,488)</u>	-	<u>8,021</u>

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **for the Year Ended 31 March 2019**

19. MOVEMENT IN FUNDS - continued

The accumulated undesignated funds are for the purpose of providing relief and protection of women who have been gravely or persistently maltreated by the partner with whom they are or have been living or by any member of their immediate family and of the children of such women.

The designated fund relates to the net book value of tangible fixed assets used in the furtherance of the charity's objectives and the balance left on various funds designated by the Trustees.

The balance on the restricted fund represents amounts received during the financial year in respect of the following projects;

The Healthy Relationships Project which educates children about acceptable behaviours in relationships. The delivery equips children with the knowledge, understanding and the skills required to develop healthy relationships. The project addresses unhealthy/abusive relationships, how to recognise these and where to get help.

Monies received specifically to purchase radiator covers following a Health and Safety review and to purchase replacement white goods for the flats at Lewis House.

Fortalice has launched an appeal to fund the purchase of a new mini-bus to replace the current one which is now 16 years old. The mini-bus is a vital resource which enables women and children to spend time together making memories and building relationships.

Lloyds Bank Foundation which funds a Support Worker to coordinate group work and sessional activities to enable victims to develop skills to live a life free from abuse, identify new opportunities to participate in recreational skills enabling them to sustain and develop a healthy, independent lifestyle and deliver a diverse range of additional activities for clients enabling them to make positive life choices.

Assistance received from The Manchester Guardian Society Charitable Trust towards the cost of an electronic signing in system at both the Refuge and Outreach Support Centre.

These balances are all budgeted to be expended over the next financial year.

20. RELATED PARTY DISCLOSURES

During the year, the Charity engaged the services of Safeguarding Today Limited for the provision of workshops and courses for a total cost of £nil (2018: £800). Jenny Kaye Smith, a trustee of Fortalice Limited, is also a director and shareholder of Safeguarding Today Limited. Fees have been agreed on normal commercial terms and at 31 March 2019 fees amounting to £nil (2018: £300) remained outstanding in trade creditors.

21. ULTIMATE CONTROLLING PARTY

The company was controlled by the Board of Trustees throughout the year under review.