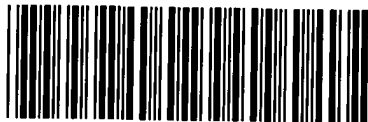


REGISTERED COMPANY NUMBER: 06517841 (England and Wales)
REGISTERED CHARITY NUMBER: 1124031

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018
FOR
FORTALICE LIMITED

TUESDAY



A18 *A7J48IKQ* #130
20/11/2018
COMPANIES HOUSE

FORTALICE LIMITED

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for the Year Ended 31 March 2018

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FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2018**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall objectives and aims of the Charity are

-The relief and protection of those who have been gravely or persistently maltreated by the partner with whom they are or have been living or any member of their immediate or extended family and of the children of such people

-Providing refuge accommodation for women who have been gravely or persistently maltreated by the partner with whom they are or have been living or any member of their immediate or extended family and of the children of such women

-Providing programmes, including early intervention, to raise awareness of domestic abuse and related issues

-To facilitate and assist programmes in partnership with those dealing with perpetrators

The Charity's mission statement is:

'To provide emergency accommodation and a range of support services to assist women, children and young people who have, or are, experiencing domestic abuse and to raise personal and public awareness of the issues relating to domestic abuse and its impact on society'.

Ensuring our work delivers our aims

The Business Plan 2015-2020 identifies targets and objectives to ensure continuity, improvement and further development of the services we provide for women, children and young people affected by domestic abuse.

We regularly consult with service users and stakeholders and use this feedback to review services offered by the organisation. We do this through focus groups, questionnaires, weekly house meetings and individual stakeholder feedback. We also have an abundance of cards, letters and feedback forms expressing appreciation and advocating the services offered across the organisation.

Public benefit

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set through the use of funds, and we are satisfied that the criteria for public benefit are comprehensively achieved.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2018**

OBJECTIVES AND ACTIVITIES

The focus of our work

Fortalice has successfully continued to provide a highly effective service for women, children and young people affected by domestic abuse.

The priorities for the year have focused on

Strengthening services and support for resident women and young people with complex needs both at the refuge and the Outreach Support Centre

- Two specialist workers provide support for women who have additional needs in terms of mental health or drug/alcohol misuse or both.

Developing strategies to ensure the sustainability of the organisation for the future

- Continuous applications for grant funding and tenders has been ongoing this year in order to sustain and develop the service.
- A recognised accreditation for training packages has been obtained through The CPD Certification Service

Securing funding for the continuity of specific projects and core services

- We submitted and successfully won the tender to continue to provide refuge accommodation with effect from 1 April 2018
- The tender for the Identification and Referral to Improve Safety (IRIS) project was won and the service is funded to 31st December 2018, with the option to extend for further periods.
- We have continued to provide early intervention support packages for families who are affected by domestic abuse before their circumstances escalate to the point of family relationships breaking down beyond redemption, to the point of requiring refuge accommodation. After initial assessment by the police, support is provided by a team of 19 fully trained volunteers working with clients in their own homes.
- The Healthy Relationships project is currently predominantly self-funded by the schools themselves and we continuously research funding streams to secure funding to ease the pressure on stretched educational budgets.
- We have successfully secured funding from Children in Need for a three year period, this will enable us to extend our project to ensure Children and Young People are able to access a more diverse range of services and activities to meet their individual needs.
- The above is supplemented by a successful bid to Greater Manchester Police and Crime Commissioner Youth Aspiration Fund. This funds a further Children and Young People's post for 12 months from 1 July 2017 and enables us to provide educational deliveries to children and young people in Bolton and Bury informing them of safe and healthy relationships. It also provides one to one support sessions for children and young people directly affected by domestic abuse.
- THRIVE funding has been awarded through the bid process, this will enable us to work with Children and Young people who are suffering with poor mental health as a result of the effects of Domestic Abuse and Violence (DAV).
- The Adult Counselling Service continues to be funded by our partner agency 1Point.
- The Children's counselling service continues to be funded through the Clinical Commissioning Group (CCG).
- In order to continue with services for the Young Peoples' 5 to 19 positive activities, a bid was successfully secured through Bolton Council for a period of 2 years from the 1st July 2016. A bid was in progress before the year end to secure renewal of this funding stream, we have received notification since the year end that the bid was successful and funding will continue until 30th June 2020.
- We are unable, to date, to secure further funding to continue the Family Conferencing project, previously funded through police innovation fund, STRIVE programme, but will continue to search for future funding.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2018**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our main activities and who we try to help are described below. All our charitable activities are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services

Refuge Accommodation

The local demand for services is high and although priority is given to referrals in Bolton and surrounding districts, we have provided temporary accommodation and services for women and children from many areas throughout the North West and further afield.

We received a total of 187 referrals and accommodated 74 individual women and 119 children in Lewis House, the average length of stay being 18 weeks. The complexity of need for a high proportion of our victims has greatly increased over the last year which has meant more in depth work needing to be completed on a daily basis.

Occupancy levels averaged 98.4% for the year with the main reason for the voids being the turnover of residents and occasional re decoration and cyclical maintenance of the flats.

Support needs have varied from low to high with a further increase in the number of women needing additional support in relation to mental health, alcohol and substance misuse. All residents are allocated named support workers and have entered into individual person centred support plans and a number of women have taken advantage of counselling and group work during their stay. All residents are encouraged to work with their support worker to ensure they are able to develop skills to enable them to live independent lives following their stay in the refuge. They are invited to join in additional activities run by specialist workers and / or volunteers to build their confidence and increase their skill set.

On leaving, 10% went into other short-term supported accommodation, 19% went to stay with friends or family members, 48% secured their own tenancies with Local Authorities, Registered Social Landlords or Private landlords, 21% returned to their previous address and 2% did not provide move-on details.

The **substance misuse recovery role** has been in place for just over 5 years. This post was put in place to support women who were not only subject to domestic abuse, but who also had issues relating to alcohol or the taking of both illicit and legal substances. The role has developed, using different styles that support recovery, including motivation interviewing, mindfulness, art work, and relaxation including meditation. Personalised one to one work with residents, partnership work with local outside agencies such as Bolton Integrated Substance Misuse Service and peer support all contribute to the recovery process.

Working closely with the Substance Misuse worker, the **Mental Health Co-ordinator** has been in place for just over 2 years. Together, they structure support to meet the needs of those residents with additional complex issues. Residents are assessed on admission to the refuge and are offered one to one sessions to ensure their mental health is consistently monitored and their wellbeing is worked with on a daily basis.

In order to help improve mental and emotional wellbeing for residents and those leaving the refuge, the Mental Health Co-ordinator carries out research regarding bio-psychological **community** resources. This ensures the resident has a prescribing GP and pharmacy in place, notifies relevant services as applicable and where possible, the resident is provided with a guide and information on local support resources.

Due to the educational programmes that are now delivered within the refuge we had a number of women who have gone on to find jobs in the Community or have accessed Further Education courses in order to sustain their own futures.

Outreach Support Centre

Services were provided to 517 new clients and 579 existing clients. A total of 36 training sessions had 290 attendees; there were 73 Freedom Programme sessions with 839 attendees; 20 Recovery Toolkit sessions had 120 attendees. 1272 counselling appointments were attended. 663 telephone advice calls were made and 188 face to face advice sessions were held. 95% of the new referrals were from Bolton with others originating from surrounding areas within Greater Manchester and Lancashire except one which came from Glasgow. Referrals come through a variety of sources, with 41% from 1 point, 23% self-referrals, 10% Social Workers and 8% from family and friends. The remaining 18% were from various professionals and support groups within the community.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2018**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Clients presented with a wide variety of issues ranging from physical, emotional and sexual abuse to legal, housing and health issues. Clients also presented with a diverse range of mental health issues including panic and anxiety, stress and depression. Where these issues needed specialist help we were able to signpost to relevant agencies. We referred 28 clients to MARAC for further support and risk management and assessed a further 35 clients who did not reach the threshold for referral.

Demand for the counselling service, The Freedom Programme and Next Steps continued to be high. The benefits of these core services is widely recognised and acknowledged as having a significant impact in relation to women taking steps to escape abusive relationships and to move forward to living a more settled way of life. The Freedom Programme delivered 73 sessions with 199 individual women attending on a total of 839 occasions. In addition we provided crèche places for children, so women were able to attend the programme. We also delivered 20 Recovery Toolkit sessions with 14 individual women attending on a total of 120 occasions.

The Adult Counselling Service continues to be part of 1Point, a Community Benefit Company. 1point assesses potential clients for talking therapies prior to them going into therapy with a counsellor at Fortalice or one of the other members linked to 1Point. At the year end, we had 23 counsellors, 10 of which were qualified and 13 were students on placement. 1272 (an increase of 19.4% on the previous year) counselling appointments were attended.

Training, Development and Awareness Raising

We have delivered presentations and training courses comprising 40 sessions to 290 professionals; the courses include Recognising and Responding to Domestic Abuse Level 2 and 3 and Enhanced Risk Management, Domestic Abuse Awareness, Freedom Programme Awareness and Working with Children Affected by Domestic Abuse Level 1 and 2, Volunteer Skills, Teenage Domestic Abuse Awareness and Personal Safety.

Sustainability Project

The funding for this project was administered through the Big Lottery Fund and completed during the year, achieving the three main aims:

- recruitment and coordination of volunteers and students
- strengthening the staffing structure through re-allocation of responsibilities and targeted training
- Obtaining recognised accreditation for training packages and adopting a marketing strategy to promote and attract income for the future.

Our appointed Volunteer Co-ordinator continued to successfully recruit, train, induct and integrate a number of new volunteers and students on placement across all departments of the organisation. At the end of the funding the volunteer coordinator role has been incorporated in to a new job role and is being funded through Fortalice reserves as volunteers are key to the organisations ongoing sustainability.

Early Intervention Project

The Early Intervention project continued to respond to first time calls to the police in respect of relationship issues and domestic abuse.

Nineteen trained volunteers and 4 social work students actively working on this project carried out 746 visits and offered intervention or support to 323 individuals.

Children and Young People's projects at the Outreach Support Centre

The Children and Young People's projects, which are made up of Positive Activities, Children in Need D.O.V.E., Thrive Alliance and GMPCC Youth Aspiration fund, has meant that we have a total of three children and young people's workers at the Outreach Support Centre during this financial period.

Together, these projects have provided group work, educational modules and one to one support to 803 individual children and young people.

- Positive Activities

This non-residential Young People's project has continued to receive funding from Bolton Council and can report another successful year with this service being in demand. This project helps to empower children to develop and gain confidence, ensure their health, safety and wellbeing improves and give those skills so they are able to improve their relationships with peers and develop leadership skills. The project offers advice, assessments, support guidance sessions and group work. The funding also helps early intervention and prevention and works to narrow the gap with specific hard to reach groups and communities.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

- Children in Need

Dedicated to Overcoming Violent Experiences (D.O.V.E.) is a community based service for children who have been exposed to domestic abuse and violence. This funding allows Fortalice to complete individual assessments on children directly affected by domestic abuse and provide specialised support based on the child's individual needs comprising of both one to one support and therapeutic group activities.

- Thrive

This project offers a range of activities for 8-16 year olds through Breaking Free and Recovery Toolkit deliveries. These aim to help children and young people express their feelings and provide them with an opportunity to share their experiences in a safe and nurturing environment.

Demand for the THRIVE project has been extremely high, we have adapted to new ways of working in an attempt to meet needs. Being part of the THRIVE alliance has given us more opportunities to work with a diverse range of agencies thus bringing a new approach to some of our work.

- GMPPC Youth Aspiration Fund

This funding provides educational deliveries to Children and Young People in Bolton and Bury informing them of safe and healthy relationships. It also provides one to one support sessions for children and young people directly affected by domestic abuse.

Children's Counselling

The children's counselling service funded through NHS England and commissioned by the local CCG continues to be in high demand. We have 4 qualified Children's Counsellors providing Play and Talking Therapies for children and young people aged four to seventeen and believe this to be a unique service within Bolton. The demand for this service is high with referrals coming through a variety of sources where there is a professional working with the family. This year, we have provided 519 therapy sessions for 87 individual children and young people.

Identification and Referral to Improve Safety (IRIS)

The purpose of the project is to deliver domestic abuse training to clinical and administrative staff within Bolton based GP practices and to work in an advocacy role with any patient who has disclosed domestic abuse. Since the project began, we have fully trained staff from 42 of the 49 doctor's surgeries across Bolton, staff at a further 6 surgeries have been partially trained and 1 surgery has yet to engage in the project. We have received 201 client referrals this year from GP's requesting support from the IRIS team, 32 of these have been referred to MARAC and 6 children have been referred to Children's Safeguarding. The project continues to go from strength to strength with a steady increase in referrals each month.

Healthy Schools Project

The aim of the project is to educate children on safe and healthy relationships, raise awareness of domestic abuse and other impacting factors which affect relationships. The interactive sessions have clear aims and objectives which are demonstrated in the schemes of work and lesson plans. The delivery is mapped to the PSHE and SEALS curriculum. All staff who deliver the project have a basic teaching qualification.

The Project includes a teacher training package "Domestic abuse and the effects on children" equipping teaching staff with up to date knowledge of the effects of domestic abuse both nationally and locally, the impact on children, dealing with disclosures, services available and an opportunity to develop their safeguarding skills.

Children's emotional well-being and safety remains at the forefront of all of our deliveries and we aim to offer flexibility to meet both the needs of schools and the individual needs of children.

We continue to receive exceptional feedback from, head teachers, teachers and children regarding our programme and the demand for the Healthy Relationships programme continues to be high with a significant number of disclosure being made by children during the sessions. This year we have educated 1800 children in 42 schools across Bolton and Bury on Healthy Relationships and 214 children have accessed our Hate Crime workshops.

Children Services

119 individual children and young people have accessed 2138 services at Lewis House during this year. Services include, play sessions, after school, computer and youth club sessions, school holiday activities, family sessions, school ready and individual one to one support sessions.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2018**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We are still seeing a significant number of children with support plans who are subject to child action or protection plans, these children need additional support from our team of workers on a one to one basis.

We offered 151 crèche places at the Outreach Support Centre to enable women to access the Freedom Programme and other services thus helping them to break away or to sustain independence from abusive relationships.

The services provided are creative, innovative, structured and supportive, addressing the individual needs of those in their care. The team are continually monitoring demand which enables them to respond to the diverse range of Children's needs in a continually changing environment. In order to keep abreast of emerging trends, demands and needs staff have forged links with many other agencies and service providers, locally and nationally.

Our children's services are registered with OFSTED and meet the standards required during the inspection. In order to work strategically in further developing services to meet the needs of Bolton children, Fortalice is a member of Bolton Together and our Chief Executive is a Director on the Bolton Together Board.

FINANCIAL REVIEW

The ninth period has again been successful with the Charity generating a surplus of £10,049 compared with a deficit of £81,455 last year. The prior year deficit was due to a timing difference with restricted fund expenditure being incurred in the year in respect of income received in the previous year.

Principal funding sources

The principal funding sources for the Charity are currently by way of grant and contract income from Bolton Council (BC). The two main sources are:

- Adult Services accommodation based housing related support services
- Housing Benefits

Funding received from BMBC in relation to accommodation based housing related support services and Housing Benefits represents 21.86% (2017 – 23.67%) and 36.83% (2017 – 38.22%) respectively of total incoming resources from charitable activities.

Investment policy and objectives

The investment objective of the Charity is to make investments which will provide an overall return on the portfolio, while maintaining the real purchase power of the portfolio over time and providing reasonable growth.

The investment funds held in the deposit accounts yielded interest of £139 (2017 - £921) as interest rates throughout the year have been almost zero and show no sign of an imminent improvement.

Under the Trustees Act 2000, the trustees have the same full and unrestricted powers of investing and transposing investments as if they were beneficially entitled thereto.

During the year the Charity made investments through Charities Official Investment fund and a separate investment portfolio. As at 31 March 2018 investments held had a market value of £296,260. Details are shown in note 14 to the accounts. Income in respect of investments of £3,155 (2017 - £nil) was received during the year.

Reserves policy

The trustees review the Charity's requirements for reserves annually, in the light of the major risks facing the charity.

The trustees consider that in order to ensure the continuous provision of the Charity's services, they require to maintain a general fund equal to 9 months of budgeted expenditure, as agreed at the management meeting on 19th September 2016.

At the year end the Charity's unrestricted and undesignated reserves stood at £883,387 which represent just over 9 months of budgeted expenditure.

The net book value of tangible fixed assets is included in the designated fund, these assets are used by the charity in the furtherance of its objectives and are not free reserves.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2018**

FUTURE PLANS

The Business plan continues to be influenced by funding cuts and as a result of the cuts, Fortalice has continued to develop highly effective ways of working to meet the needs of the diverse range of women, children and families affected by domestic abuse.

In line with the business plan we will continue to further develop our core services to meet the ever changing needs of the women, families, children and young people who access services at the Refuge and Outreach Support Centre.

To secure funding for core services, new projects and projects where funding is due to end to ensure continuous delivery of services.

To further develop services at the Outreach Support Centre and in the Community which will include; new group work sessions, increased opportunities for women and children to attend counselling, support and advice sessions and early intervention programmes. To develop a programme of work to be delivered in the Community working with families who are suffering the effects of domestic abuse or relationship issues.

The objective of further developing our services will be to reach a more diverse range of communities and varying issues around domestic abuse.

To continually develop our education programmes in Schools and in the community.

To market and further develop our training packages to be delivered nationally thus creating further income generation for the organisation.

To strengthen existing partnerships and cultivate new ones in order to maximise the potential for all clients who are suffering the effects of domestic abuse, enabling them to receive a holistic service.

To work with Bolton Together in providing and securing better services for children and young people in Bolton.

A key focus for all our work will be early intervention, middle tier domestic abuse and working with women and children who are high risk and residing in the Refuge.

The Management Committee together with the Chief Executive and Finance Director will support the above priorities whilst maintaining a high standard of service and will monitor through a series of sub groups ensuring policy and working practices comply with and surpass the quality standards of regulating bodies and funders.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28th February 2008 and registered as a Charity on 13th May 2008. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees and management committee

There is a broad mix of knowledge and skills represented on the management committee to reflect the client group we serve and to provide the management skills required for the smooth running of the organisation.

The Directors are also committee members and hold official positions as Chair, Secretary and Treasurer for the organisation.

All members of the Management Committee, apart from the Chief Executive, give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts.

Ken Moores, Hilary Eastham, Cath Greer and Sylvia Swain retire by rotation and offer themselves for re-election.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2018**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Fortalice is headed by a committee of 12 directors and management members who meet on a regular basis to monitor and give guidance and direction in respect of the services provided by the organisation.

The Board would like to acknowledge Geoff Knowles's contribution to the organisation during his term of office, both as a Director and as Company Secretary. Sadly, Geoff passed away in August 2017 and his input, expertise and exemplary understanding of the organisation's challenges has been missed.

The full committee meets quarterly with additional sub group meetings addressing specific issues in relation to Business development, finance and investment, HR, monitoring and evaluation, health and safety and marketing and publicity.

Day to day service delivery is managed by the Chief Executive reporting back to full committee meetings.

Services are provided across the organisation by three teams:

Adult Residential Services:

-Providing services, support and temporary accommodation at the refuge, Lewis House

Outreach Services:

-Providing a range of non-residential support services and domestic abuse training programmes, interventions and outreach at the Outreach Support Centre and at external venues within the local community

Children's Services:

-Providing early intervention, crisis intervention and support services; education on healthy relationships and support for children the refuge, the Outreach Support Centre and at external venues within the local community

The teams comprise of 41 paid part-time and full-time workers and a contingency of volunteers working in all areas across the organisation.

Volunteers play a significant role within the organisation and their contribution greatly enhances the quality of services we are able to offer. This creates 'added value' to the service and clearly demonstrates efficiencies in terms of cost and value for money. In return, we offer a high level of training and opportunities to improve skills, knowledge and expertise to enhance their own personal and professional development.

Fortalice has provided an increased number of placements for student counsellors, social work students and work experience placements, all of which have gained knowledge and expertise through their time with the organisation.

Our quality assurance processes ensure that we are effectively monitoring and reviewing our working practices, this has ensured that we consistently meet the needs of the client base and work within the constraints of our financial budgets. The continuous evolving working practice with residents has enabled us to measure the success of the service against specific outcomes.

Induction and training of new trustees

A Trustee induction programme is in place and subject to review through consultation with the management team. All members are required to undertake training relevant to their adopted role and to increase their own awareness and knowledge of issues relating to domestic abuse and its effects within society.

All Trustees and committee members are encouraged to visit the project to become familiar with the staff team and the day to day work of the organisation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2018**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Services provided by Fortalice respond to both local, regional and national strategies and we continue to be a key member of strategic partnerships within Bolton and the North West. Our association with other voluntary organisations through collaborative partnership working continues and we have undertaken joint training and aim to develop and strengthen the association further in the immediate and long term future.

We have strong established links with mental health and social care agencies to enhance the support we offer to service users to ensure additional needs are addressed and met and the risk of re-victimisation is greatly reduced.

Through training we are able to raise awareness of the effects domestic abuse has on society and this year we have responded to the additional demand for training to a number of agencies throughout the borough.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurances against fraud and error.

There are strict internal controls in relation to financial transactions and an annual review of external factors that may affect the Charity's viability.

We continually review our policy and procedures in relation to risk factors at all levels and health and safety controls are in place throughout the organisation.

24 hour on-site staff cover at the Refuge and minimum staffing levels in all areas has been achieved at all times throughout the year.

Clients are consulted on risk and contribute to the annual assessments.

Policies and procedures are in place to safeguard all clients and in addition to stringent security checks at the point of recruitment; we undertake induction training with all paid staff and volunteers in safeguarding children and vulnerable adults.

There are procedures in place giving clients the opportunity to raise issues either independently or as a group at house meetings and concerns or complaints can be raised formally or anonymously with a record kept of each issue and outcome. Consultations are undertaken on a regular basis to ensure the resident's needs are met. Residents also help to evaluate the service through questionnaires and discussion groups.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06517841 (England and Wales)

Registered Charity number

1124031

Registered office

43 Bradford Street
The Haulgh
Bolton
BL2 1HT

FORTALICE LIMITED

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2018

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Mr K Moores	
Mrs D M Hawkins	
Mrs C Greer	
Mrs A Wilkinson	
Mrs G Smallwood	
Ms H J Eastham	
Mr G W Knowles	-resigned 26.08.17
Ms S Swain	
Ms J Smith	
Ms L Lee	
Mr P Jones	
Mrs A Brown	
Mr M Phillips	-appointed 29.01.18

Company Secretary

Mr G W Knowles	-resigned 30.10.17
Mrs A Wilkinson	-appointed 30.10.17

Auditors

Cowgill Holloway LLP
Regency House
45-53 Chorley New Road
Bolton
Lancashire
BL1 4QR

Bankers

National Westminster Bank plc
24 Deansgate
Bolton
BL1 1BN

Solicitors

KBL Solicitors LLP
28 Mawdsley Street
Bolton
BL1 1LF

Investment brokers

Chartered Wealth Management
The Lightwell
61/63 Brown Street
Manchester
M2 2JG

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2018**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Fortalice Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102 *The Financial Report Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Cowgill Holloway LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 29/10/18 and signed on its behalf by:



Mrs D M Hawkins - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF FORTALICE LIMITED

Opinion

We have audited the financial statements of Fortalice Limited for the year ended 31 March 2018 which comprise the balance sheet, statement of financial activities and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2018 and of its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; and
- the trustees have not disclosed in the financial statements any identified material uncertainties which may cast significant doubt about the Charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on work undertaken in the course of the audit:

- The information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The trustees' report has been prepared in accordance with applicable legal requirements

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF FORTALICE LIMITED

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations necessary for the purposes of our audit.
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees

Responsibilities of the trustees

As explained more fully in the Statement of Trustees Responsibilities set out on page eleven, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern, and using the going concern basis of accounting unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities]. This description forms part of the auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Alex Hesketh ACA (Senior Statutory Auditor)
for and on behalf of Cowgill Holloway LLP
Regency House
45-53 Chorley New Road
Bolton
Lancashire
BL1 4QR

Date: 16/11/18

FORTALICE LIMITED**STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2018

		Unrestricted funds	Restricted funds	31.3.18 Total funds	31.3.17 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	51,531	3,355	54,886	37,662
Charitable activities	5				
Operation of Women's Refuge & Support Centre		402,026	533,189	935,215	864,434
Other trading activities	3	35,656	-	35,656	47,084
Income from investments	4	3,294	-	3,294	921
Total		492,507	536,544	1,029,051	950,101
EXPENDITURE ON					
Charitable activities	6				
Operation of Women's Refuge & Support Centre		429,796	589,206	1,019,002	1,031,556
NET INCOME/(EXPENDITURE)		62,711	(52,662)	10,049	(81,455)
RECONCILIATION OF FUNDS					
Total funds brought forward		1,047,167	77,700	1,124,867	1,206,322
TOTAL FUNDS CARRIED FORWARD		1,109,878	25,038	1,134,916	1,124,867

CONTINUING OPERATIONS

All incoming resources and resources expended arise from charitable activities during the period.

FORTALICE LIMITED**BALANCE SHEET****At 31 March 2018**

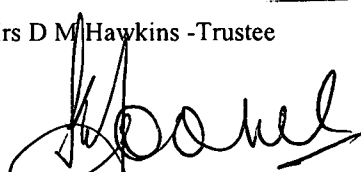
	Notes	31.3.18 £	31.3.17 £
FIXED ASSETS			
Tangible assets	13	203,991	208,516
Investments	14	<u>296,260</u>	<u>-</u>
		500,251	208,516
CURRENT ASSETS			
Debtors	15	51,993	94,875
Cash at bank and in hand		<u>618,452</u>	<u>855,759</u>
		670,445	950,634
CREDITORS			
Amounts falling due within one year	16	(35,780)	(34,283)
NET CURRENT ASSETS		<u>634,665</u>	<u>916,351</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,134,916</u>	<u>1,124,867</u>
NET ASSETS		<u>1,134,916</u>	<u>1,124,867</u>
FUNDS	19		
Unrestricted funds		1,109,878	1,047,167
Restricted funds		<u>25,038</u>	<u>77,700</u>
TOTAL FUNDS		<u>1,134,916</u>	<u>1,124,867</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 29/10/18 and were signed on its behalf by:



Mrs D M Hawkins -Trustee



Mr K Moore -Trustee

The notes form part of these financial statements

FORTALICE LIMITED**CASH FLOW STATEMENT
for the Year Ended 31 March 2018**

	Notes	31.3.18 £	31.3.17 £
Cash flows from operating activities:			
Cash generated from operations	1	<u>56,366</u>	<u>(110,279)</u>
Net cash provided by (used in) operating activities		<u>56,366</u>	<u>(110,279)</u>
Cash flows from investing activities:			
Investment income		3,294	921
Purchase of investments		(300,000)	-
Purchase of tangible fixed assets		(707)	-
Movement in fair value of investments		3,740	-
		<u> </u>	<u> </u>
Net cash provided by (used in) investing activities		<u>(293,673)</u>	<u>921</u>
Change in cash and cash equivalents in the reporting period		(237,307)	(109,358)
Cash and cash equivalents at the beginning of the reporting period		<u>855,759</u>	<u>956,117</u>
Cash and cash equivalents at the end of the reporting period		<u>618,452</u>	<u>855,759</u>

The notes form part of these financial statements

FORTALICE LIMITED**NOTES TO THE CASH FLOW STATEMENT**
for the Year Ended 31 March 2018**1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.18	31.3.17
	£	£
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	10,049	(81,455)
Adjustments for:		
Depreciation charges	5,232	5,801
Investment income received	(3,294)	(921)
(Increase)/decrease in debtors	42,882	(33,916)
Increase in creditors	<u>1,497</u>	<u>212</u>
Net cash provided by (used in) operating activities	<u>56,366</u>	<u>(110,279)</u>

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Assessment of going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants received from local authorities are credited to income on an accruals basis.

Self-generating income represents monies due as rent and is accounted for on an accruals basis. Monies received in advance are shown as current liabilities and monies owing as debtors.

Income from legacies is recognised on a receivable basis.

All voluntary income is included in income on receipt.

Donated services and facilities are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis.

Allocation and apportionment of costs

Expenditure has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation which is provided in annual instalments over the estimated useful lives of the assets.

Leasehold buildings are depreciated to write down the cost less estimated residual value over the remaining useful life by equal annual instalments. It is the trustees' policy to maintain all buildings to such a standard that their estimated residual value is not less than their cost at any given time. Therefore, in the opinion of the trustees, no depreciation charge is required.

Small items of equipment and furniture are not capitalised but are written off on acquisition through the income and expenditure accounts.

Depreciation is provided at the following annual rates:

Improvements to property	- 2% on cost
Computer equipment	-33% on reducing balance

Fixed asset investments

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Hire purchase and leasing commitments

Lease payments under operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

Financial Instruments

The following assets and liabilities are classified as financial instruments; trade debtors, rents receivable, trade creditors and other creditors.

Trade debtors, rents receivable, trade creditors and other creditors are measured at the undiscounted amount of the cash or other consideration expected to be paid or received.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2018**2. DONATIONS AND LEGACIES**

	31.3.18	31.3.17
	£	£
Donations	51,561	37,662
Legacies	<u>3,325</u>	<u>-</u>
	<u>54,886</u>	<u>37,662</u>

Analysis of donations received during the period:

Date	Donor	£
Various	Anonymous donations and amounts less than £1,000	20,189
Various	Just Giving	5,033
Various	Bag drop	2,140
10.05.17	Bolton at Home re Bolton Little Theatre	1,000
15.05.17	Dr Ostick garden party	1,000
03.07.17	UNITE – EON	2,000
Various	Wobbly Bobs Trust	1,000
20.07.17	Sainsbury's Charity of the Year 16/17	2,400
19.09.17	Sainsbury's - carrier bag donation	2,172
01.12.17	G Spurr – Christmas Wrapping	6,798
05.12.17	Roydon Group, Swinton	1,420
20.02.18	Bradshaw Gass Trust	2,750
Various	Gay Wharton	2,659
27.03.18	Thanksgiving Lodge	<u>1,000</u>
		<u>51,561</u>

3. OTHER TRADING ACTIVITIES

	31.3.18	31.3.17
	£	£
Fundraising events	5,517	17,980
Other income	<u>30,139</u>	<u>29,104</u>
	<u>35,656</u>	<u>47,084</u>

4. INVESTMENT INCOME

	31.3.18	31.3.17
	£	£
Deposit account interest	139	921
Investment income	<u>3,155</u>	<u>-</u>
	<u>3,294</u>	<u>921</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.18	31.3.17
		£	£
Charge to residents	Operation of Women's Refuge & Support Centre	402,026	381,236
Grants	Operation of Women's Refuge & Support Centre	<u>533,189</u>	<u>483,198</u>
		<u>935,215</u>	<u>864,434</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2018**5. INCOME FROM CHARITABLE ACTIVITIES - continued**

Grants received, included in the above, are as follows:

	31.3.18	31.3.17
	£	£
BMBC - Vulnerable Children & young people	28,805	30,669
BMBC - 5-19s Positive Activities	20,000	21,000
BMBC - Adult services	224,919	224,918
Other grants	500	3,160
1point	28,092	20,774
BMBC - Early Help Co-ordinator (STRIVE)	15,829	38,000
GM Police, Youth Aspiration Fund	30,000	-
BMBC - Iris Project	68,379	26,880
FFE Funding	14,819	13,718
Bolton CCG – Children's Counselling	-	17,000
CLG Domestic Abuse Funding	-	22,666
Lottery Sustainability Fund	26,156	55,554
DCLG Joint bid: Mental Health drugs and alcohol	40,269	8,859
Voluntary Sector Thrive Alliance	9,819	-
Children in Need, D.O.V.E.	25,602	-
	<u>533,189</u>	<u>483,198</u>

Restricted income, included in the above, are as follows:

	£	£
BMBC - Vulnerable Children & young people	28,805	30,669
BMBC - 5-19s Positive Activities	20,000	21,000
BMBC - Adult services	224,919	224,918
Other Grants	500	3,160
1point	28,092	20,774
BMBC - Early Help Co-ordinator (STRIVE)	15,829	38,000
GM Police (Youth Aspiration Fund)	30,000	-
BMBC - Iris Project	68,379	26,880
FFE Funding	14,819	13,718
Bolton CCG – Children's Counselling	-	17,000
CLG Domestic Abuse Funding	-	22,666
Lottery Sustainability Funding	26,156	55,554
DCLG Joint bid: Mental Health drugs and alcohol	40,269	8,859
Voluntary Sector Thrive Alliance	9,819	-
Children in Need, D.O.V.E.	25,602	-
	<u>533,189</u>	<u>483,198</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2018**6. CHARITABLE ACTIVITIES COSTS**

	Direct costs (See note 7) £	Support costs (See note 8) £	Totals £
Operation of Women's Refuge & Support Centre	<u>993,504</u>	<u>25,498</u>	<u>1,019,002</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.3.18 £	31.3.17 £
Trustees' remuneration etc.	59,666	62,579
Staff costs	657,014	676,740
Water rates	8,056	8,537
Insurance	6,791	6,668
Light and heat	29,476	32,785
Telephone	9,552	14,340
Postage and stationery	9,850	10,651
Sundries	850	781
Cleaning materials	4,499	4,125
Window cleaning	2,340	2,340
Gardening	1,800	1,996
Furniture, equipment and maintenance	11,928	13,780
IVHA rent	111,279	106,263
Children's activities	3,231	2,924
Residents expenses	1,449	5,921
Travel & transport	6,477	4,282
Computer costs	12,610	12,562
Repairs, renewals & maintenance	11,322	6,465
Subscriptions	2,077	2,103
Training costs	12,465	8,565
Refreshments	926	1,131
Emergency provisions	122	213
Support centre activities	1,071	393
Support, supervision and counselling services	850	720
Fundraising expenses	3,856	6,063
Children's counselling	14,800	13,405
Bad debt expense	20	930
Bank charges	147	135
Depreciation	5,232	5,801
Unrealised loss on investments	3,073	-
Investment portfolio charges	675	-
	<u>993,504</u>	<u>1,013,198</u>

Included within the staff costs is an amount totalling £490,982 (2017: £475,718) which relate to restricted fund expenditure.

8. SUPPORT COSTS

	Governance costs £
Operation of Women's Refuge & Support Centre	<u>25,498</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2018**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.18	31.3.17
	£	£
Auditors' remuneration	6,900	7,020
Auditors' remuneration for non-audit work	938	1,021
Depreciation - owned assets	<u>5,232</u>	<u>5,801</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

	31.3.18	31.3.17
	£	£
Trustees' salaries	53,077	55,812
Trustees' social security	6,198	6,395
Trustees' pension contributions to money purchase schemes	<u>391</u>	<u>372</u>
	<u>59,666</u>	<u>62,579</u>

One trustee received remuneration during the period. The trustee's remuneration is in accordance with the memorandum and articles of association of the reporting entity.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2018 nor for the year ended 31 March 2017.

Professional indemnity insurance has been taken out on behalf of trustees at a cost of £700 (2017: £684).

11. STAFF COSTS

	31.3.18	31.3.17
	£	£
Wages and salaries	666,415	687,300
Social security costs	46,188	47,966
Other pension costs	<u>4,077</u>	<u>4,053</u>
	<u>716,680</u>	<u>739,319</u>

The average monthly number of employees during the year was as follows:

	31.3.18	31.3.17
Management and administration	5	6
Lewis House and Outreach Support Centre	<u>36</u>	<u>37</u>
	<u>41</u>	<u>43</u>

No employees received emoluments in excess of £60,000.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2018**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	37,662	-	37,662
Charitable activities			
Operation of Women's Refuge & Support Centre	381,236	483,198	864,434
Other trading activities	47,084	-	47,084
Investment income	921	-	921
Total	466,903	483,198	950,101
EXPENDITURE ON			
Charitable activities			
Operation of Women's Refuge & Support Centre	470,317	561,239	1,031,556
Total	470,317	561,239	1,031,556
NET INCOME/(EXPENDITURE)	(3,414)	(78,041)	(81,455)
RECONCILIATION OF FUNDS			
Total funds brought forward	1,050,581	155,741	1,206,322
TOTAL FUNDS CARRIED FORWARD	1,047,167	77,700	1,124,867

13. TANGIBLE FIXED ASSETS

	Long leasehold £	Improvements to property £	Computer equipment £	Totals £
COST				
At 1 April 2017	42,541	175,000	43,481	261,022
Additions			707	707
At 31 March 2018	42,541	175,000	44,188	261,729
DEPRECIATION				
At 1 April 2017	-	13,633	38,873	52,506
Charge for year	-	3,500	1,732	5,232
At 31 March 2018	-	17,133	40,605	57,738
NET BOOK VALUE				
At 31 March 2018	42,541	157,867	3,583	203,991
At 31 March 2017	42,541	161,367	4,608	208,516

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2018

	Market value 2018 £	Cost 2018 £	Market value 2017 £	Cost 2017 £
UK Listed:				
Unrestricted				
COIF Investment Fund 3446.78 units	49,014	50,000	-	-
COIF Global Equity Income Fund 29,130.74 units	48,433	50,000	-	-
COIF Property Fund 42,673.04 units	49,957	50,000	-	-
CWM portfolio	148,856	150,000	-	-

	Market Value 1.4.17	Additions/ Disposals	296,260 Interest	300,000 Charges	- Gain/ (Loss)	Market Value 31.3.18
UK Listed	£	£	£	£	£	£
Unrestricted						
COIF Investment Fund						
3446.78 Units	-	50,000	-	-	(986)	49,014
COIF Global Equity Fund						
29,130.74 Units	-	50,000	-	-	(1,567)	48,433
COIF Property Fund						
42,673.04 Units	-	50,000	-	-	(43)	49,957
CWM Portfolio	-	150,000	6	(673)	(477)	148,856
	-	300,000	6	(673)	(3,073)	296,260

	31.3.18	31.3.17
	£	£
Trade debtors	22,828	48,862
Rents receivable	15,946	14,314
Prepayments and accrued income	<u>13,219</u>	<u>31,699</u>
	<u>51,993</u>	<u>94,875</u>

	31.3.18	31.3.17
	£	£
Trade creditors	7,537	3,704
Social security and other taxes	13,008	13,166
Other creditors	1,803	874
Accruals and deferred income	<u>13,432</u>	<u>16,539</u>
	35,780	34,283

Minimum lease payments under non-cancellable operating leases fall due as follows:	31.3.18	31.3.17
Within one year	£ 128,531	£ 111,272
Between two and five years	<u>9,713</u>	<u>-</u>
Total	<u>138,244</u>	<u>111,272</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2018**18. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted Funds	Restricted Funds	31.3.18 Total Funds	31.3.17 Total Funds
	£	£	£	£
Fixed assets	500,251	-	500,251	208,516
Current Assets	644,027	26,418	670,445	950,634
Current Liabilities	<u>(34,400)</u>	<u>(1,380)</u>	<u>(35,780)</u>	<u>(34,283)</u>
	<u>1,109,878</u>	<u>25,038</u>	<u>1,134,916</u>	<u>1,124,867</u>

19. MOVEMENT IN FUNDS

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
Unrestricted funds			
Undesignated fund	816,150	67,236	883,386
Designated Funds	<u>231,017</u>	<u>(4,525)</u>	<u>226,492</u>
	1,047,167	62,711	1,109,878
Restricted funds			
Operation of refuge	77,700	(52,662)	25,038
TOTAL FUNDS	<u>1,124,867</u>	<u>10,049</u>	<u>1,134,916</u>

Net movement in funds, included in the above are as follows:

	Incoming Resources £	Resources Expended £	Transfer £	Movement In Funds £
Unrestricted Funds				
Undesignated Funds	492,507	(424,564)	(706)	67,236
Designated Funds	-	<u>(5,232)</u>	<u>706</u>	<u>(4,525)</u>
	492,507	(429,796)	-	62,711
Restricted Funds				
Operation of Refuge	<u>536,544</u>	<u>(589,206)</u>	-	<u>(52,662)</u>
TOTAL FUNDS	<u>1,029,051</u>	<u>(1,019,002)</u>	<u>-</u>	<u>10,049</u>

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **for the Year Ended 31 March 2018**

19. MOVEMENT IN FUNDS - continued

The accumulated undesignated funds are for the purpose of providing relief and protection of women who have been gravely or persistently maltreated by the partner with whom they are or have been living or by any member of their immediate family and of the children of such women.

The designated fund relates to the net book value of tangible fixed assets used in the furtherance of the charity's objectives and the balance left on various funds designated by the Trustees.

The balance on the restricted fund represents amounts received during the financial year in respect of the following projects;

The Healthy Relationships Project which educates children about acceptable behaviours in relationships. The delivery equips children with the knowledge, understanding and the skills required to develop healthy relationships. The project addresses unhealthy/abusive relationships, how to recognise these and where to get help.

Monies received specifically to purchase radiator covers following a Health and Safety review and to purchase replacement white goods for the flats at Lewis House.

The Sir James and Lady Scott Trust which is a grant to provide an emergency fund to assist women in the refuge who have no recourse to public funds or who are on benefits and have limited financial means.

Dedicated to Overcoming Violent Experiences (D.O.V.E.) is a community based service for children who have been exposed to domestic abuse and violence. This funding allows Fortalice to complete individual assessments on children directly affected by domestic abuse and provide specialised support based on the child's individual needs comprising of both one to one support and therapeutic group activities.

The Youth Aspirations funding provides educational deliveries to children and young people in Bolton and Bury informing them of safe and healthy relationships. It also provides one to one support sessions for children and young people directly affected by domestic abuse.

Fortalice has launched an appeal to fund the purchase of a new mini-bus to replace the current one which is now 16 years old. The mini-bus is a vital resource which enables women and children to spend time together making memories and building relationships.

These balances are all budgeted to be expended over the next financial year.

20. RELATED PARTY DISCLOSURES

During the year, the Charity engaged the services of Safeguarding Today Limited for the provision of workshops and courses for a total cost of £800. Jenny Kaye Smith, a trustee of Fortalice Limited, is also a director and shareholder of Safeguarding Today Limited. Fees have been agreed on normal commercial terms and at 31 March 2018 fees amounting to £300 remained outstanding in trade creditors.

21. ULTIMATE CONTROLLING PARTY

The company was controlled by the Board of Trustees throughout the year under review.