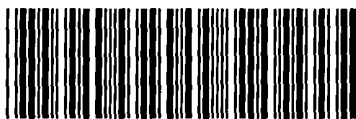


REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2017
FOR
FORTALICE LIMITED

FRIDAY



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FORTALICE LIMITED

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for the Year Ended 31 March 2017

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FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2017**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2017. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall objectives and aims of the Charity are

-The relief and protection of those who have been gravely or persistently maltreated by the partner with whom they are or have been living or any member of their immediate or extended family and of the children of such people

-Providing refuge accommodation for women who have been gravely or persistently maltreated by the partner with whom they are or have been living or any member of their immediate or extended family and of the children of such women

-Providing programmes, including early intervention, to raise awareness of domestic abuse and related issues

-To facilitate and assist programmes in partnership with those dealing with perpetrators

The Charity's mission statement is:

'To provide emergency accommodation and a range of support services to assist women, children and young people who have, or are, experiencing domestic abuse and to raise personal and public awareness of the issues relating to domestic abuse and its impact on society'.

Ensuring our work delivers our aims

The Business Plan 2015-2020 identifies targets and objectives to ensure continuity, improvement and further development of the services we provide for women, children and young people affected by domestic abuse.

We regularly consult with service users and stakeholders and use this feedback to review services offered by the organisation. We do this through focus groups, questionnaires, weekly house meetings and individual stakeholder feedback. We also have an abundance of cards, letters and feedback forms expressing appreciation and advocating the services offered across the organisation.

Public benefit

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set through the use of funds, and we are satisfied that the criteria for public benefit are comprehensively achieved.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2017**

OBJECTIVES AND ACTIVITIES

The focus of our work

Fortalice has successfully continued to provide a highly effective service for women, children and young people affected by domestic abuse.

The priorities for the year have focused on

Strengthening services and support for resident women and young people with complex needs

- Two specialist workers provide support for women in the refuge who have additional needs in terms of mental health or drug/alcohol misuse or both.

Developing strategies to ensure the sustainability of the organisation for the future

- A successful bid for national funding, local sustainability fund, has given us the opportunity to undertake a full review of the organisational structure focussing on three main areas; the recruitment and co-ordination of volunteers and students, strengthening the staffing structure through re-allocation of responsibilities and targeted training, obtaining a recognised accreditation for training packages and adopting a marketing strategy to promote and attract income for the future.

Securing funding for the continuity of early intervention projects and core services

- We have continued to provide early intervention support packages for families who are affected by domestic abuse before their circumstances escalate to the point of family relationships breaking down beyond redemption, to the point of requiring refuge accommodation. After initial assessment by the police, support is provided by a team of 14 fully trained volunteers working with clients in their own homes.
- The Healthy Relationships project is currently self-funded by the schools themselves and we continuously research funding streams to secure funding to ease the pressure on stretched educational budgets.
- We continue to seek further funding to continue the Family Conferencing project, previously funded through police innovation fund, STRIVE programme.
- We have successfully secured funding from Children in Need for a three year period, this will enable us to extend our project to ensure Children and Young People are able to access a more diverse range of services and activities to meet their individual needs.
- THRIVE funding has been awarded through the bid process, this will enable us to work with Children and Young people who are suffering with poor mental health as a result of the effects of Domestic Abuse and Violence (DAV).
- The Adult Counselling Service continues to be funded by our partner agency 1Point.
- The Children's counselling service continues to be funded through the Clinical Commissioning Group (CCG).
- The Identification and Referral to Improve Safety (IRIS) project is funded to 31st December 2017.
- In order to continue with services for the Young Peoples' 5 to 19 positive activities, a bid was successfully secured through Bolton Council for a period of 2 years from the 1st July 2016
- A tender with Bolton Council was successfully achieved to enable the Refuge to undertake specialist pieces of work with vulnerable children and young people for two years from the 1st November 2016. This work ensures, the voice of the child is heard and they are able to work through their traumatic experiences, thus giving them an opportunity to develop coping strategies and to start the healing process.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2017**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our main activities and who we try to help are described below. All our charitable activities are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services

Refuge Accommodation

The local demand for services is high and although priority is given to referrals in Bolton and surrounding districts, we have provided temporary accommodation and services for women and children from many areas throughout the North West and further afield.

We received a total of 294 referrals and accommodated 112 individual women and 158 children in Lewis House, the average length of stay being 14 weeks.

Occupancy levels averaged 96.3% for the year with the main reason for the voids being the turnover of residents and redecoration and cyclical maintenance of the flats.

Support needs have varied from low to high with a significant increase in the number of women needing additional support in relation to mental health, alcohol and substance misuse. All residents are allocated named support workers and have entered into individual support plans and a number of women have taken advantage of counselling and group work during their stay. All residents work with their support worker to ensure they are able to develop skills to enable them to live independent lives following their stay in the refuge.

On leaving, one woman was admitted to hospital, 12% went into other short-term supported accommodation, 10% returned to partners, 17% went to stay with friends or family members, 8% did not provide move-on details and the remaining 52% returned to their own properties or were re-housed into independent permanent accommodation.

The **substance misuse recovery role** has been in place for almost 5 years. This post was put in place to support women who were not only subject to domestic abuse, but who also had issues relating to alcohol or the taking of both illicit and legal substances. The role has developed, using different styles that support recovery, including motivation interviewing, mindfulness art work, and relaxation including meditation. Personalised one to one work with residents, partnership work with local outside agencies such as Bolton Integrated Substance Misuse Service and peer support all contribute to the recovery process.

Working closely with the Substance Misuse worker, the **Mental Health Co-ordinator** introduced in February 2016 structures support to meet the needs of those residents with additional complex issues. All residents are assessed within 72 hours of being admitted to the refuge and are offered one to one sessions to ensure their mental health is consistently monitored and their wellbeing is worked with on a daily basis.

In order to help improve mental and emotional wellbeing for residents and those leaving the refuge, the Mental Health Co-ordinator carries out research regarding bio-psychological **community** resources. This ensures the resident has a prescribing GP and pharmacy in place, notifies relevant services as applicable and where possible, the resident is provided with a guide and information on local support resources.

Another new role, of a dedicated black and minority ethnic - **BME** worker introduced in March 2016 aims to **better serve the needs of BME families** residing in the refuge. The role, focused on improving the service user's experience whilst accessing Fortalice services, directly supports the service user, provides relevant training to staff members and liaises with other external organisations who can help to support the service user during their stay.

Women's Support Centre

463 new clients and 567 existing clients have accessed 3001 services (an increase of over 33% on the previous year) including, **information and advice, counselling, personal development and The Freedom Programme**. 94% of the new referrals were from Bolton with others originating from surrounding areas within Greater Manchester and Lancashire. Referrals come through a variety of sources; self-referrals, Social Workers, 1Point, the Police/Domestic Abuse Unit, family and friends, Health Workers, Community projects, Housing providers, Early Intervention projects, Education and Independent Domestic Abuse Advocates (IDVA).

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2017**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Clients presented with a wide variety of issues ranging from physical, emotional and sexual abuse to legal, housing and health issues. Clients also present with a diverse range of mental health issues including panic and anxiety, stress and depression. Where these issues needed specialist help we were able to sign post to relevant agencies. We referred 29 clients to MARAC for further support and risk management and assessed a further 22 clients which did not reach the threshold for referral.

Demand for the counselling service and The Freedom Programme continues to be high. The benefits of both these core services is widely recognised and acknowledged as having a significant impact in relation to women taking steps to escape abusive relationships and to move forward to living a more settled way of life. The Freedom Programme delivered 164 sessions with 263 individual women attended on a total of 1,069 occasions. In addition we provided 106 crèche places for children, so women were able to attend the programme.

The counselling service continues to be part of 1Point, a Community Benefit Company now in its fifth year. 1point assesses potential clients for talking therapies prior to the clients going into therapy with our counsellors at Fortalice or alternatively with one of the other members linked to 1Point. We currently have 35 counsellors: 29 students are on placement and 6 are qualified. 1065 (an increase of 13% on the previous year) counselling appointments were attended by 246 individual women (an increase of 92% on the previous year.) Crèche places were provided for 24 children whilst mothers attended counselling appointments.

Training, Development and Awareness Raising

We have delivered 11 presentations and training courses comprising 32 sessions to 329 professionals (an increase of 35% on the previous year); the courses include Recognising and Responding to Domestic Abuse Level 2 and 3 and Enhanced Risk Management, Domestic Abuse Awareness, Freedom Programme Awareness and Working with Children Affected by Domestic Abuse Level 1 and 2, Volunteer Skills, Teenage Domestic Abuse Awareness and Personal Safety.

Sustainability Project

The funding for this project is administered through the Big Lottery Fund and commenced in June 2016.

We are pleased to report that we are well on the way to achieving the three main aims;

- recruitment and co-ordination of volunteers and students
- strengthening the staffing structure through re-allocation of responsibilities and targeted training
- Obtaining recognised accreditation for training packages and adopting a marketing strategy to promote and attract income for the future.

Our appointed Volunteer Co-ordinator has successfully recruited, trained, inducted and integrated a number of new volunteers and students on placement across all departments of the organisation.

Working closely with our 'advisor', we have reviewed the staffing structure to streamline the departments and better match the skills to the needs of residents and clients.

Improved recording and monitoring processes give a stronger evidence base to support future funding bids.

We have contracted with a validating body to accredit the training and assist with the future marketing strategy.

Early Intervention Project

The Early Intervention project responds to first time calls to the police in respect of relationship issues and domestic abuse. Statistics show first time callers to the police usually make a second call within 6 months and since the introduction of this project the police have reported there is less chance of repeat calls to them (a detailed report is due from the police in July 2017).

Twenty three trained volunteers and 4 social work students actively working on this project carried out 872 visits and offered intervention or support to 357 individuals.

Family Conferencing Project

This is another new project introduced in February 2016 and funded through STRIVE. The purpose of this project is to provide mediation for parents experiencing conflict in relation to child contact. The aim is to reduce the involvement of services such as the police and social services and work with the families to create their own plan, one they can be happy with and one that will work for both parents and children. During this period 74 families were supported through this process which equated to 237 individual people. The funding ended in February 2017 and we are seeking alternative sources for the continuity and further development of the project.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Young People's Project

The non-residential Young People's project has received funding at a reduced level from Bolton Council and can report another successful year with this service in demand. The project has provided 633 services to 243 individual young people undertaking group-work, educational modules and one to one support.

As outlined above in the focus of our work paragraph, the funding we have secured from a number of sources will enable us to meet the high demand of children and young people requiring our services.

Children's Counselling

The children's counselling service funded through NHS England and commissioned by the local CCG continues to be in high demand. We have 4 qualified Children's Counsellors providing Play and Talking Therapies for children and young people aged four to seventeen and believe this to be a unique service within Bolton. The demand for this service is high with referrals coming through a variety of sources where there is a professional working with the family. This year, we have provided 429 therapy sessions for 67 individual children and young people.

Identification and Referral to Improve Safety (IRIS)

The purpose of the project is to deliver domestic abuse training to clinical and administrative staff within Bolton based GP practices and to work in an advocacy role with any patient who has disclosed domestic abuse. Since the project began, we have fully trained staff from 35 of the 52 doctor's surgeries across Bolton, staff at a further 14 surgeries have been partially trained and 3 surgeries have yet to engage in the project. We have received a total of 340 client referrals for support from GP's, 80 of which are within this reporting period. A total of 62 referrals have been referred to MARAC and this equates to 1 in 4 clients presenting as high risk victims of domestic abuse. Thirty children have been referred to Children's Safeguarding and 6 adults to the adult safeguarding team. The project continues to go from strength to strength with a steady increase in referrals each month.

Healthy Schools Project

The aim of the project is to educate children on safe and healthy relationships, raise awareness of domestic abuse and other impacting factors which affect relationships. The interactive sessions have clear aims and objectives which are demonstrated in the schemes of work and lesson plans. The delivery is mapped to the PHSE and SEALS curriculum. All staff who deliver the project have a basic teaching qualification.

The Project includes a teacher training package "Domestic abuse and the effects on children" equipping teaching staff with up to date knowledge of the effects of domestic abuse both nationally and locally, the impact on children, dealing with disclosures, services available and an opportunity to develop their safeguarding skills.

Children's emotional well-being and safety remains at the forefront of all of our deliveries and we aim to offer flexibility to meet both the needs of schools and the individual needs of children.

We continue to receive exceptional feedback from, head teachers, teachers and children regarding our programme and the demand for the Healthy Relationships programme continues to be high. This year we have delivered to 1869 children in 40 schools; 35 schools across Bolton and 5 schools in Bury. In addition, 67 teachers have attended training from 6 schools in Bolton and 3 located in Bury.

Children Services

162 individual children and young people have accessed 2454 services at Lewis House during this year. Services include, play sessions, after school, computer and youth club sessions, school holiday activities, family sessions, school ready and individual one to one support sessions.

We are still seeing a significant number of children with support plans and 48% of our children have been subject to child action or protection plans and these children in particular needed the additional support from our team of workers on a one to one basis.

We have provided 137 Crèche sessions at the Women's Support Centre to enable women to access the Freedom Programme and other services thus helping them to break away or to sustain independence from abusive relationships.

The services provided are creative, innovative, structured and supportive, addressing the individual needs of those in their care. The team are continually monitoring demand which enables them to respond to the diverse range of Children's needs in a continually changing environment. In order to keep abreast of emerging trends, demands and needs staff have forged links with many other agencies and service providers, locally and nationally.

Our children's services are registered with OFSTED and meet the standards required during the inspection. In order to work strategically in further developing services to meet the needs of Bolton children, Fortalice is a member of Bolton Together and our Chief Executive has taken up a post as a Director on the Bolton Together Board.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2017**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

FINANCIAL REVIEW

The eighth period has again been successful although the Charity generated a deficit of £81,455 compared with a surplus of £89,147 last year. This deficit is due to a timing difference with restricted fund expenditure being in this year for income received in the previous year.

Principal funding sources

The principal funding sources for the Charity are currently by way of grant and contract income from Bolton Council (BC). The two main sources are:

- Adult Services accommodation based housing related support services
- Housing Benefits

Funding received from BMBC in relation to accommodation based housing related support services and Housing Benefits represents 23.67% (2016 - 22.27%) and 38.22% (2016 - 36.56%) respectively of total incoming resources from charitable activities.

Investment policy and objectives

The investment objective of the Charity is to make investments which will provide an overall return on the portfolio, while maintaining the real purchase power of the portfolio over time and providing reasonable growth.

The investment funds held in the deposit accounts yielded interest of £921 (2016 - £1,092) as interest rates throughout the year have been almost zero and show no sign of an imminent improvement.

Reserves policy

The trustees review the Charity's requirements for reserves annually, in the light of the major risks facing the charity.

The trustees consider that in order to ensure the continuous provision of the Charity's services, they require to maintain a general fund equal to 9 months of budgeted expenditure, as agreed at the management meeting on 19th September 2016.

At the year end the Charity's unrestricted and undesignated reserves stood at £816,150 which represent just under 9 months of budgeted expenditure.

The net book value of tangible fixed assets is included in the designated fund, these assets are used by the charity in the furtherance of its objectives and are not free reserves.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2017**

FUTURE PLANS

The Business plan continues to be influenced by funding cuts and as a result of the cuts, Fortalice has continued to develop highly effective ways of working to meet the needs of the diverse range of women and children affected by domestic abuse.

In line with the business plan we will continue to further develop our core services to meet the ever changing needs of the women and children who access the Refuge.

To secure funding for core services and projects where funding is due to end to ensure continuous delivery of services.

As a result of our successful bid for funding through the Local Sustainability Fund, our aim is to continue to develop the strengthened infrastructure, which will ensure our services are sustainable in the longer term.

To further develop services at the Support Centre and in the Community which will include; new group work sessions, increased opportunities for women and children to attend counselling, support and advice sessions, early intervention programmes and the exploration of working with families who are in dispute with each other. The objective of further developing our services will be to reach a more diverse range of communities and varying issues around domestic abuse.

To continually develop our education programmes in Schools and in the community.

To enhance and increase the training provision around DAV by linking all training to CPD units and through an accreditation pathway in partnership with the University of Bolton.

To strengthen existing partnerships and cultivate new ones in order to maximise the potential for all clients who are suffering the effects of domestic abuse, enabling them to receive a holistic service

A key focus for all our work will be early intervention, middle tier domestic abuse and working with women and children who are high risk and residing in the Refuge

The Management Committee together with the Chief Executive and Finance Director will support the above priorities whilst maintaining a high standard of service and will monitor through a series of sub groups ensuring policy and working practices comply with and surpass the quality standards of regulating bodies and funders.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28th February 2008 and registered as a Charity on 13th May 2008. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees and management committee

There is a broad mix of knowledge and skills represented on the management committee to reflect the client group we serve and to provide the management skills required for the smooth running of the organisation.

The Directors are also committee members and hold official positions as Chair, Secretary and Treasurer for the organisation.

All members of the Management Committee, apart from the Chief Executive, give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts.

Diane Hawkins, Gill Smallwood, Lucy Lee and Jennie Smith retire by rotation and offer themselves for re-election.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2017**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Fortalice is headed by a committee of 12 directors and management members who meet on a regular basis to monitor and give guidance and direction in respect of the services provided by the organisation.

The full committee meet bi-monthly with additional sub group meetings addressing specific issues in relation to Business development, finance and investment, HR, monitoring and evaluation, health and safety and marketing and publicity.

Day to day service delivery is managed by the Chief Executive reporting back to full committee meetings.

Services are provided across the organisation by three teams:

Adult Residential Services:

-Providing services, support and temporary accommodation at the refuge, Lewis House

Outreach Services:

-Providing a range of non-residential support services and domestic abuse training programmes, interventions and outreach at the Women's Support Centre and at external venues within the local community

Children's Services:

-Providing early intervention, crisis intervention and support services; education on healthy relationships and support for children the refuge, the Support Centre and at external venues within the local community

The teams comprise of 43 paid part-time and full-time workers and a contingency of volunteers working in all areas across the organisation.

Volunteers play a significant role within the organisation and their contribution greatly enhances the quality of services we are able to offer. This creates 'added value' to the service and clearly demonstrates efficiencies in terms of cost and value for money. In return, we offer a high level of training and opportunities to improve skills, knowledge and expertise to enhance their own personal and professional development.

Fortalice has provided a number of placements for student counsellors, social work students and work experience placements, all of which have gained knowledge and expertise through their time with the organisation.

Our quality assurance processes ensure that we are effectively monitoring and reviewing our working practices, this has ensured that we consistently meet the needs of the service users and work within the constraints of our financial budgets. The continuous evolving working practice with residents has enabled us to measure the success of the service against specific outcomes.

Induction and training of new trustees

A Trustee induction programme is in place and subject to review through consultation with the management team. All members are required to undertake training relevant to their adopted role and to increase their own awareness and knowledge of issues relating to domestic abuse and its effects within society.

All Trustees and committee members are encouraged to visit the project to become familiar with the staff team and the day to day work of the organisation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2017**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Services provided by Fortalice respond to both local, regional and national strategies and we continue to be a key member of strategic partnerships within Bolton and the North West. Our association with other voluntary organisations through collaborative partnership working continues and we have undertaken joint training and aim to develop and strengthen the association further in the immediate and long term future.

We have strong established links with mental health and social care agencies to enhance the support we offer to service users to ensure additional needs are addressed and met and the risk of re-victimisation is greatly reduced.

Through training we are able to raise awareness of the effects domestic abuse has on society and this year we have responded to the additional demand for training to a number of agencies throughout the borough.

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurances against fraud and error.

There are strict internal controls in relation to financial transactions and an annual review of external factors that may affect the Charity's viability.

We continually review our policy and procedures in relation to risk factors at all levels and health and safety controls are in place throughout the organisation.

Risk management

24 hour on-site staff cover at the Refuge and minimum staffing levels in all areas has been achieved at all times throughout the year.

Service users are consulted on risk and contribute to the annual assessments.

Policies and procedures are in place to safeguard all service users and in addition to stringent security checks at the point of recruitment; we undertake induction training with all paid staff and volunteers in safeguarding children and vulnerable adults.

There are procedures in place giving service users the opportunity to raise issues either independently or as a group at house meetings and concerns or complaints can be raised formally or anonymously with a record kept of each issue and outcome. Consultations are undertaken on a regular basis to ensure the resident's needs are met. Residents also help to evaluate the service through questionnaires and discussion groups.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06517841 (England and Wales)

Registered Charity number

1124031

Registered office

43 Bradford Street
The Haulgh
Bolton
BL2 1HT

FORTALICE LIMITED

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2017

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Mrs A J Cochrane - resigned 21.5.16
Mr K Moores
Mrs D M Hawkins
Mrs C Greer
Mrs A Wilkinson
Mrs G Smallwood
Ms H J Eastham
Mr G W Knowles
Ms S Swain
Ms J Smith
Ms L Lee
Mr P Jones
Mrs A Brown

Company Secretary

Mr G W Knowles

Auditors

Cowgill Holloway LLP
Regency House
45-53 Chorley New Road
Bolton
Lancashire
BL1 4QR

Bankers

National Westminster Bank plc
24 Deansgate
Bolton
BL1 1BN

Solicitors

KBL Solicitors LLP
28 Mawdsley Street
Bolton
BL1 1LF

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2017**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Fortalice Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102 *The Financial Report Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

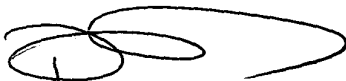
- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Cowgill Holloway LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 12 July 2017 and signed on its behalf by:



.....
Mrs D M Hawkins - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF FORTALICE LIMITED

We have audited the financial statements of Fortalice Limited for the year ended 31 March 2017 on pages fourteen to twenty seven. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102 *The Financial Report Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees Responsibilities set out on page eleven, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Financial Reporting Council's (FRC's) Ethical Standard for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Trustees to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2017 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
FORTALICE LIMITED**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Alex Hesketh ACA (Senior Statutory Auditor)
for and on behalf of Cowgill Holloway LLP
Regency House
45-53 Chorley New Road
Bolton
Lancashire
BL1 4QR

Date: 12 / 7 / 17

FORTALICE LIMITED**STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2017

		Unrestricted funds	Restricted funds	31.3.17 Total funds	31.3.16 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	37,662	-	37,662	28,086
Charitable activities	5				
Operation of Women's Refuge & Support Centre		381,236	483,198	864,434	938,238
Other trading activities	3	47,084	-	47,084	42,669
Income from investments	4	921	-	921	1,092
Total		466,903	483,198	950,101	1,010,085
EXPENDITURE ON					
Charitable activities	6				
Operation of Women's Refuge & Support Centre		470,317	561,239	1,031,556	920,938
NET INCOME/(EXPENDITURE)		(3,414)	(78,041)	(81,455)	89,147
RECONCILIATION OF FUNDS					
Total funds brought forward		1,050,581	155,741	1,206,322	1,117,175
TOTAL FUNDS CARRIED FORWARD		1,047,167	77,700	1,124,867	1,206,322

CONTINUING OPERATIONS

All incoming resources and resources expended arise from charitable activities during the period.

The notes form part of these financial statements

FORTALICE LIMITED**BALANCE SHEET****At 31 March 2017**

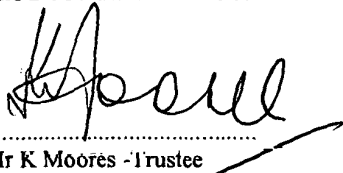
	Notes	31.3.17 £	31.3.16 £
FIXED ASSETS			
Tangible assets	13	208,516	214,317
CURRENT ASSETS			
Debtors	14	94,875	60,959
Cash at bank and in hand		<u>855,759</u>	<u>965,117</u>
		950,634	1,026,076
CREDITORS			
Amounts falling due within one year	15	(34,283)	(34,071)
NET CURRENT ASSETS		<u>916,351</u>	<u>992,005</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,124,867</u>	<u>1,206,322</u>
NET ASSETS		<u>1,124,867</u>	<u>1,206,322</u>
FUNDS	18		
Unrestricted funds		1,047,167	1,050,581
Restricted funds		<u>77,700</u>	<u>155,741</u>
TOTAL FUNDS		<u>1,124,867</u>	<u>1,206,322</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 12 July 2017 and were signed on its behalf by:



Mrs D M Hawkins -Trustee



Mr K Moors -Trustee

The notes form part of these financial statements

FORTALICE LIMITED**CASH FLOW STATEMENT**
for the Year Ended 31 March 2017

	Notes	31.3.17 £	31.3.16 £
Cash flows from operating activities:			
Cash generated from operations	1	<u>(110,279)</u>	<u>121,591</u>
Net cash provided by (used in) operating activities		<u>(110,279)</u>	<u>121,591</u>
Cash flows from investing activities:			
Interest received		<u>921</u>	<u>1,092</u>
Net cash provided by (used in) investing activities		<u>921</u>	<u>1,092</u>
Change in cash and cash equivalents in the reporting period		(109,358)	122,683
Cash and cash equivalents at the beginning of the reporting period		<u>965,117</u>	<u>842,434</u>
Cash and cash equivalents at the end of the reporting period		<u>855,759</u>	<u>965,117</u>

The notes form part of these financial statements

FORTALICE LIMITED**NOTES TO THE CASH FLOW STATEMENT**
for the Year Ended 31 March 2017**1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.17 £	31.3.16 £
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	(81,455)	89,147
Adjustments for:		
Depreciation charges	5,801	6,950
Interest received	(921)	(1,092)
(Increase)/decrease in debtors	(33,916)	1,021
Increase in creditors	<u>212</u>	<u>25,565</u>
Net cash provided by (used in) operating activities	<u>(110,279)</u>	<u>121,591</u>

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS **for the Year Ended 31 March 2017**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Assessment of going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants received from local authorities are credited to income on an accruals basis.

Self-generating income represents monies due as rent and is accounted for on an accruals basis. Monies received in advance are shown as current liabilities and monies owing as debtors.

Income from legacies is recognised on a receivable basis.

All voluntary income is included in income on receipt.

Donated services and facilities are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis.

Allocation and apportionment of costs

Expenditure has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2017

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation which is provided in annual instalments over the estimated useful lives of the assets.

Leasehold buildings are depreciated to write down the cost less estimated residual value over the remaining useful life by equal annual instalments. It is the trustees' policy to maintain all buildings to such a standard that their estimated residual value is not less than their cost at any given time. Therefore, in the opinion of the trustees, no depreciation charge is required.

Small items of equipment and furniture are not capitalised but are written off on acquisition through the income and expenditure accounts.

Depreciation is provided at the following annual rates:

Improvements to property	- 2% on cost
Computer equipment	-33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Hire purchase and leasing commitments

Lease payments under operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

Financial Instruments

The following assets and liabilities are classified as financial instruments; trade debtors, rents receivable, trade creditors and other creditors.

Trade debtors, rents receivable, trade creditors and other creditors are measured at the undiscounted amount of the cash or other consideration expected to be paid or received.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2017**2. DONATIONS AND LEGACIES**

	31.3.17	31.3.16
	£	£
Donations	<u>37,662</u>	<u>28,086</u>

Analysis of donations received during the period:

Date	Donor	£
Various	Anonymous donations and amounts less than £1,000	7,549
Various	Rotary Clubs, Lodges, WIs, Churches & Community Groups	9,451
Various	Just Giving	2,250
13.04.16 &		
20.05.16	Bolton Ladies Fundraising Group	2,250
07.06.16	Sainsbury's; carrier bag donation	1,577
09.07.16	Team Eagley Bank	2,680
03.08.16	Sainsbury's charity of the year	3,000
14.11.16	Bolton Medical Fund	1,000
21.12.16	Sacred Heart Church	2,000
05.01.17	Nicky Salmon	2,155
26.01.17	Leigh Bramwell Trust	1,000
22.02.17	Bradshaw Gass Trust	2,750
		<u>37,662</u>

3. OTHER TRADING ACTIVITIES

	31.3.17	31.3.16
	£	£
Fundraising events	17,980	21,365
Other income	<u>29,104</u>	<u>21,304</u>
	<u>47,084</u>	<u>42,669</u>

4. INVESTMENT INCOME

	31.3.17	31.3.16
	£	£
Deposit account interest	<u>921</u>	<u>1,092</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.17	31.3.16
		£	£
Charge to residents	Operation of Women's Refuge & Support Centre	381,236	387,930
Grants	Operation of Women's Refuge & Support Centre	<u>483,198</u>	<u>550,308</u>
		<u>864,434</u>	<u>938,238</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2017**5. INCOME FROM CHARITABLE ACTIVITIES - continued**

Grants received, included in the above, are as follows:

	31.3.17	31.3.16
	£	£
BMBC - Positive Contributions	-	56,000
BMBC - Vulnerable Children & young people	30,669	-
BMBC - 5-19s Positive Activities	21,000	-
BMBC - Adult services	224,918	224,919
Other grants	3,160	23,310
Schools Project	-	15,500
Intervention Children & Young People	-	10,000
lpoint	20,774	18,598
GM Police (POC Fund)	38,000	84,920
Iris Project	26,880	67,374
FFE Funding	13,718	21,354
Bolton CCG	17,000	17,000
CLG Domestic Abuse Funding	22,666	11,333
Lottery Sustainability Fund	55,554	-
DCLG Joint bid: Mental Health drugs and alcohol	8,859	-
	<u>483,198</u>	<u>550,308</u>

Restricted income, included in the above, are as follows:

	£	£
BMBC - Positive Contributions	-	56,000
BMBC - Vulnerable Children & young people	30,669	-
BMBC - 5-19s Positive Activities	21,000	-
BMBC - Adult services	224,918	224,919
Other Grants	3,160	3,993
Schools Project	-	15,500
Intervention Children & Young People	-	10,000
lpoint	20,774	18,598
GM Police (POC Fund)	38,000	84,920
Iris Project	26,880	67,374
FFE Funding	13,718	21,354
Bolton CCG	17,000	17,000
CLG Domestic Abuse Funding	22,666	11,333
Lottery Sustainability Funding	55,554	-
DCLG Joint bid: Mental Health drugs and alcohol	8,859	-
	<u>483,198</u>	<u>530,991</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2017**6. CHARITABLE ACTIVITIES COSTS**

	Direct costs (See note 7)	Support costs (See note 8)	Totals
	£	£	£
Operation of Women's Refuge & Support Centre	<u>1,013,198</u>	<u>18,358</u>	<u>1,031,556</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.3.17	31.3.16
	£	£
Trustees' remuneration etc.	62,579	72,584
Staff costs	676,740	510,453
Water rates	8,537	7,522
Insurance	6,668	6,754
Light and heat	32,785	31,810
Telephone	14,340	-
Postage and stationery	10,651	-
Advertising	-	31
Sundries	781	724
Cleaning materials	4,125	2,402
Window cleaning	2,340	2,122
Gardening	1,996	1,176
Furniture, equipment and maintenance	13,780	51,632
IVHA rent	106,263	110,741
Children's activities	2,924	7,963
Residents expenses	5,921	4,061
Travel & transport	4,282	6,197
Computer costs	12,562	16,519
Repairs, renewals & maintenance	6,465	12,864
Subscriptions	2,103	1,063
Training costs	8,565	6,797
Refreshments	1,131	1,033
Emergency provisions	213	-
Support centre activities	393	661
Support, supervision and counselling services	720	6,899
Fundraising expenses	6,063	7,239
Children's counselling	13,405	-
Bad debt expense	930	-
Bank charges	135	-
Depreciation	<u>5,801</u>	<u>6,950</u>
	<u>1,013,198</u>	<u>876,197</u>

Included within the staff costs is an amount totalling £475,718 (2016: £352,502) which relate to restricted fund expenditure.

8. SUPPORT COSTS

	Governance costs £
Operation of Women's Refuge & Support Centre	<u>18,358</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2017**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.17	31.3.16
	£	£
Auditors' remuneration	7,020	7,540
Auditors' remuneration for non-audit work	1,021	8,694
Depreciation - owned assets	<u>5,801</u>	<u>6,950</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

	31.3.17	31.3.16
	£	£
Trustees' salaries	55,812	65,595
Trustees' social security	6,395	6,810
Trustees' pension contributions to money purchase schemes	<u>372</u>	<u>179</u>
	<u>62,579</u>	<u>72,584</u>

Two trustees received remuneration during the period. The trustee's remuneration is in accordance with the memorandum and articles of association of the reporting entity.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2017 nor for the year ended 31 March 2016.

Professional indemnity insurance has been taken out on behalf of trustees at a cost of £684 (2016: £682).

11. STAFF COSTS

	31.3.17	31.3.16
	£	£
Wages and salaries	687,300	549,331
Social security costs	47,966	32,218
Other pension costs	<u>4,053</u>	<u>1,488</u>
	<u>739,319</u>	<u>583,037</u>

The average monthly number of employees during the year was as follows:

	31.3.17	31.3.16
Management and administration	6	5
Lewis House and Women's Support Centre	<u>37</u>	<u>36</u>
	<u>43</u>	<u>41</u>

No employees received emoluments in excess of £60,000.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2017**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	28,086	-	28,086
Charitable activities			
Operation of Women's Refuge & Support Centre	407,247	530,991	938,238
Other trading activities	38,189	4,480	42,669
Investment income	<u>1,092</u>	<u>-</u>	<u>1,092</u>
Total	474,614	535,471	1,010,085
EXPENDITURE ON			
Charitable activities			
Operation of Women's Refuge & Support Centre	<u>452,276</u>	<u>468,662</u>	<u>920,938</u>
Total	452,276	468,662	920,938
NET INCOME/(EXPENDITURE)	22,338	66,809	89,147
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>1,028,243</u>	<u>88,932</u>	<u>1,117,175</u>
TOTAL FUNDS CARRIED FORWARD	<u>1,050,581</u>	<u>155,741</u>	<u>1,206,322</u>

13. TANGIBLE FIXED ASSETS

	Long leasehold £	Improvements to property £	Computer equipment £	Totals £
COST				
At 1 April 2016 and 31 March 2017	<u>42,541</u>	<u>175,000</u>	<u>43,481</u>	<u>261,022</u>
DEPRECIATION				
At 1 April 2016	-	10,133	36,572	46,705
Charge for year	<u>-</u>	<u>3,500</u>	<u>2,301</u>	<u>5,801</u>
At 31 March 2017	<u>-</u>	<u>13,633</u>	<u>38,873</u>	<u>52,506</u>
NET BOOK VALUE				
At 31 March 2017	<u>42,541</u>	<u>161,367</u>	<u>4,608</u>	<u>208,516</u>
At 31 March 2016	<u>42,541</u>	<u>164,867</u>	<u>6,909</u>	<u>214,317</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2017**14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.17	31.3.16
	£	£
Trade debtors	48,862	22,766
Rents receivable	14,314	19,257
Prepayments and accrued income	<u>31,699</u>	<u>18,936</u>
	<u>94,875</u>	<u>60,959</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.17	31.3.16
	£	£
Trade creditors	3,704	6,261
Social security and other taxes	13,166	12,042
Other creditors	874	981
Accruals and deferred income	<u>16,539</u>	<u>14,787</u>
	<u>34,283</u>	<u>34,071</u>

Included within accruals and deferred income is deferred grant income:

	£
Balance at 1 April 2016	2,450
Amounts released during the year	(2,450)
Amounts deferred in the year	-
Balance at 31 March 2017	<u>-</u>

16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.17	31.3.16
	£	£
Within one year	<u>111,272</u>	<u>106,256</u>

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	31.3.17 Total funds	31.3.16 Total funds
	£	£	£	£
Fixed assets	208,516	-	208,516	214,317
Current assets	872,434	78,200	950,634	1,026,076
Current liabilities	<u>(33,783)</u>	<u>(500)</u>	<u>(34,283)</u>	<u>(34,071)</u>
	<u>1,047,167</u>	<u>77,700</u>	<u>1,124,867</u>	<u>1,206,322</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2017**18. MOVEMENT IN FUNDS**

	At 1.4.16 £	Net movement in funds £	At 31.3.17 £
Unrestricted funds			
Undesignated fund	813,763	2,387	816,150
Designated Funds	<u>236,818</u>	<u>(5,801)</u>	<u>231,017</u>
	1,050,581	(3,414)	1,047,167
Restricted funds			
Operation of refuge	155,741	(78,041)	77,700
TOTAL FUNDS	<u>1,206,322</u>	<u>(81,455)</u>	<u>1,124,867</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated fund	466,903	(464,516)	2,387
Designated Funds	-	<u>(5,801)</u>	<u>(5,801)</u>
	466,903	(470,317)	(3,414)
Restricted funds			
Operation of refuge	483,198	(561,239)	(78,041)
TOTAL FUNDS	<u>950,101</u>	<u>(1,031,556)</u>	<u>(81,455)</u>

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2017

18. MOVEMENT IN FUNDS - continued

The accumulated undesignated funds are for the purpose of providing relief and protection of women who have been gravely or persistently maltreated by the partner with whom they are or have been living or by any member of their immediate family and of the children of such women.

The designated fund relates to the net book value of tangible fixed assets used in the furtherance of the charity's objectives and the balance left on various funds designated by the Trustees.

The balance on the restricted fund represents amounts received during the financial year in respect of the following projects;

The Healthy Relationships Project which educates children about acceptable behaviours in relationships. The delivery equips children with the knowledge, understanding and the skills required to develop healthy relationships. The project addresses unhealthy/abusive relationships, how to recognise these and where to get help.

The Early Intervention Project which involves one member of staff (The Early Help Coordinator) who manages a team of volunteers who re-visit standard risk victims of domestic abuse who have recently become known to the Police Intervention Team. They lead in facilitating access to appropriate service provision for victims and their families.

The Children's Counselling Project which funds the delivery of play therapy and talking therapy sessions on a weekly basis at the Support Centre.

Monies received specifically to purchase radiator covers following a Health and Safety review and to purchase replacement white goods for the flats at Lewis House.

The Sir James and Lady Scott Trust which is a grant to provide an emergency fund to assist women in the refuge who have no recourse to public funds or who are on benefits and have limited financial means.

The Local Sustainability Fund, delivered by the Big Lottery Fund on behalf of the Office for Civil Society. This funding is to formulate new strategies to strengthen the infrastructure of the organisation and secure a more sustainable way of working.

These balances are all budgeted to be expended over the next financial year.

19. CONTINGENT LIABILITIES

The charity is not registered for VAT on the basis that taxable supplies have not historically been deemed to exceed minimum registration thresholds. A review is currently being undertaken into the historic treatment of certain supplies previously treated as having been VAT exempt, to establish whether or not they fall within the VAT regime. At the time of signing these financial statements, the Trustees believe the historic treatment to be correct but are obliged to investigate and categorically conclude on the matter. Regardless of any conclusions that will be drawn in due course, the Trustees are confident that in the event that any liability exists, it would be reclaimable via the relevant provider. As such, the Trustees fully expect that this poses no threat or future cost to the charity.

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2017.

21. ULTIMATE CONTROLLING PARTY

The company was controlled by the Board of Trustees throughout the year under review.