

REGISTERED COMPANY NUMBER: 06517841 (England and Wales)
REGISTERED CHARITY NUMBER: 1124031

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2016
FOR
FORTALICE LIMITED



FORTALICE LIMITED

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for the Year Ended 31 March 2016

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FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2016. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall objectives and aims of the Charity are

-The relief and protection of those who have been gravely or persistently maltreated by the partner with whom they are or have been living or any member of their immediate or extended family and of the children of such people

-Providing refuge accommodation for women who have been gravely or persistently maltreated by the partner with whom they are or have been living or any member of their immediate or extended family and of the children of such women

-Providing programmes, including early intervention, to raise awareness of domestic abuse and related issues

-To facilitate and assist programmes in partnership with those dealing with perpetrators

The Charity's mission statement is:

'To provide emergency accommodation and a range of support services to assist women, children and young people who have, or are, experiencing domestic abuse and to raise personal and public awareness of the issues relating to domestic abuse and its impact on society'.

Ensuring our work delivers our aims

2015 saw the completion of our 5 year Service Plan with all objectives successfully achieved and a seamless transition to the focus of the new Service Plan 2015-2020. The plan identifies new targets and objectives to ensure continuity, improvement and further development of the services we provide for women, children and young people affected by domestic abuse.

We regularly consult with service users and stakeholders and use this feedback to review services offered by the organisation. We do this through focus groups, questionnaires, weekly house meetings and individual stakeholder feedback. We also have an abundance of cards, letters and feedback forms expressing appreciation and advocating the services offered across the organisation.

Public benefit

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set through the use of funds, and we are satisfied that the criteria for public benefit are comprehensively achieved.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

OBJECTIVES AND ACTIVITIES

The focus of our work

In addition to the seamless continuity of service, the main focus for the year has been to:

- monitor and review the organisation's efficiency and continuity of a quality service
- maintain funding streams in respect of all existing services
- secure continuity funding for:
 - the Early Intervention project piloted last year
 - the Children's Counselling Service
 - IRIS project
 - Healthy Relationship work undertaken in primary and secondary schools and Further Education Colleges
- secure new funding for
 - the Introduction of a new project in respect of Family Conferencing
 - sustainability strategies to safeguard the viability of the organisation for the longer term future
 - install a new children's outdoor play area
 - improve the support structure for residents with three specialist workers focussing on issues relating to mental health, supporting women from BME communities and supporting children through the transition from refuge back into the community

We're happy to report that this has been successfully achieved whilst maintaining progress in relation to the aims and objectives of the organisation's new five year service plan.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our main activities and who we try to help are described below. All our charitable activities are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services

Refuge Accommodation

The local demand for services is high and although priority is given to referrals in Bolton and surrounding districts, we have provided temporary accommodation and services for women and children from many areas throughout the North West and further afield.

We received a total of 289 referrals and accommodated 103 individual women and 164 children in Lewis House, the average length of stay being 11 weeks.

Occupancy levels averaged 96% for the year with the main reason for the voids being the turnover of residents and re-decoration and cyclical maintenance of the flats.

Support needs have varied from low to high with a significant number of women needing additional support in relation to mental health, alcohol and substance misuse. All residents are allocated named support workers and have entered into individual support plans and a number of women have taken advantage of counselling and group work during their stay. All residents work with their support worker to ensure they are able to develop skills to enable them to live independent lives following their stay in the refuge.

On leaving, 13% went into other short-term supported accommodation, 6% returned to partners, 8% went to stay with friends or family members, 5% did not provide move-on details and the remaining 65% returned to their own properties or were re-housed into independent permanent accommodation.

The **substance misuse recovery role** has been in place for 3 years, currently half way through its 4th year. This post was put in place to support women who were not only subject to domestic abuse, but who also had issues relating to alcohol or the taking of both illicit and legal substances. The role has developed, using different styles that support recovery, including motivation interviewing, mindfulness art work, and relaxation including meditation. Personalised one to one work with residents, partnership work with local outside agencies such as Bolton Integrated Substance Misuse Service and peer support all contribute to the recovery process.

The **Mental Health Co-ordinator** introduced in February 2016 has started to structure support and residents are assessed and start to address any issues within 72 hours of being admitted to the refuge. All clients are offered one to one sessions to ensure their mental health is consistently monitored and their wellbeing is worked with on a daily basis.

The Co-ordinator carries out research regarding bio-psychological **community resources**, in order to help improve resident's mental and emotional wellbeing and for residents leaving the refuge, ensures the resident has a prescribing GP and pharmacy in place, notifies relevant services as applicable and if possible the resident is provided with a guide and information on local support resources.

Another new role, of a dedicated BME worker introduced in March 2016 aims to **better serve the needs of BME families** residing in the refuge. The role, focused on improving the service user's experience whilst accessing Fortalice services, directly supports the service user, provides relevant training to staff members and liaises with other external organisations who can help to support the service user during their stay.

Women's Support Centre

484 new clients and 300 existing clients have accessed 2,254 services including, **information and advice, counselling, personal development and The Freedom Programme**. 78% of the new referrals were from Bolton with others originating from surrounding areas within Greater Manchester, Lancashire and further afield. Referrals come through a variety of sources; self-referrals, Social Workers, IPoint, the Police/Domestic Abuse Unit, family and friends, Health Workers, Community projects, Housing providers, Early Intervention projects, Education and Independent Domestic Abuse Advocates (IDVA).

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Clients presented with a wide variety of issues ranging from physical, emotional and sexual abuse to legal, housing and health issues. Clients also present with a diverse range of mental health issues including panic and anxiety, stress and depression. Where these issues needed specialist help we were able to sign post to relevant agencies. We referred 38 clients to MARAC for further support and risk management and assessed a further 52 clients which did not reach the threshold for referral.

Demand for the counselling service and The Freedom Programme continues to be high. The benefits of both these core services is widely recognised and acknowledged as having a significant impact in relation to women taking steps to escape abusive relationships and to move forward to living a more settled way of life. The Freedom Programme delivered 153 sessions with 321 individual women attended on a total of 1,344 occasions. In addition we provided 265 crèche places for women in order for them to be able to access the programme.

In addition to the Freedom Programme we have delivered two further personal development programmes; 'Next Steps' comprising of 5 sessions attended by 7 individual women with the aim of reconsolidating identity for women focussing on who they are as individuals and 'New Woman' in partnership with Bolton College with the emphasis on assertiveness and confidence building, 13 women attended 5 sessions.

The counselling service continues to be part of 1Point, a Community Benefit Company now in its fourth year. 1point assesses potential clients for talking therapies prior to the clients going into therapy with our counsellors at Fortalice or alternatively with one of the other members linked to 1Point. We currently have 27 counsellors: 16 students are on placement and 11 are qualified. 944 counselling appointments were attended by 128 individual women. A further 286 offered appointments were cancelled for various reasons ranging from childcare to illness and family bereavement.

Training, Development and Awareness Raising

We have delivered 9 training courses comprising 20 total sessions to 243 professionals; the courses include Recognising and Responding to Domestic Abuse Level 2 and 3 and Enhanced Risk Management, Domestic Abuse Awareness, Freedom Programme Awareness and Working with Children Affected by Domestic Abuse.

Early Intervention Project

After a positive pilot of the Early Intervention Project in conjunction with the police, we were delighted to be successful in our bid for funding to continue this project for a period of two years. The project responds to first time calls to the police in respect of relationship issues and domestic abuse. Statistics show first time callers to the police usually make a second call within 6 months. Since the introduction of this project there has been a 50% drop in the number of call backs.

The 2 year project started on 23rd November 2015 and to the end of March 2016, we had recruited 14 volunteers and two students and provided 193 visits to 86 individual women.

Family Conferencing Project

This is another new project introduced in February 2016 and funded through STRIVE. The purpose of this project is to provide mediation for parents experiencing conflict in relation to child contact. The aim is to reduce the involvement of services such as the police and social services and work with the families to create their own plan, one they can be happy with and one that will work for both parents and children.

Young People's Project

The non-residential Young People's project has again received funding from Bolton Council and can report another successful year. The project has provided 1905 services to 653 individual young people undertaking group-work, educational modules and one to one support. Outcomes illustrate an overall increase of 81% in young people's wellbeing as a result of support packages implemented by or involving Fortalice.

Children's Counselling

The children's counselling service now in its second year has secured some funding through Bolton CCG. We now have 4 qualified Children's Counsellors providing Play and Talking Therapies for children and young people aged four to seventeen and believe this to be a unique service within Bolton. The demand for this service is high with referrals coming through a variety of sources where there is a professional working with the family. Since the service began in June 2014 to the end of March 16, we have provided counselling/therapy sessions for 143 individual children and young people.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Identification and Referral to Improve Safety (IRIS)

The purpose of the project is to deliver domestic abuse training to clinical and administrative staff within Bolton based GP practices and to work in an advocacy role with any patient who has disclosed domestic abuse. Since the project began, we have provided the service to 79% of all doctor's surgeries in Bolton and provided a holistic package of support to patients helping to improve safety and effectively reduce the number of prescriptions and consultations with GPs.

Healthy Schools Project

The aim of the project is to educate children on safe and healthy relationships, raise awareness of domestic abuse and other impacting factors which affect relationships. The interactive sessions have clear aims and objectives which are demonstrated in the schemes of work and lesson plans. The delivery is mapped to the PHSE and SEALS curriculum.

The Project includes a teacher training package "Domestic abuse and the effects on children" equipping teaching staff with up to date knowledge of the effects of domestic abuse both nationally and locally, the impact on children, dealing with disclosures, services available and an opportunity to develop their safeguarding skills.

In addition to the Healthy Relationships Programme we have also delivered educational packages to two primary schools on Hate Crime. These workshops demonstrated 100% improvement in children's knowledge of Hate Crime. We have also developed programmes to cover bullying and online safety.

We continue to receive exceptional feedback from teachers, head teachers and children regarding our programme and have on one occasion been observed during a primary schools OFSTED inspection.

Children's emotional well-being and safety remains at the forefront of all of our deliveries and we aim to offer flexibility to meet both the needs of schools and the individual needs of children. We have been approached by two schools to assist teaching staff in building their confidence when talking to children especially in sensitive subject areas. The demand for the Healthy Relationships programme continues and this year we have delivered to 1615 children in 43 primary schools across Bolton. South Bury are very interested in our programme and five schools from the neighbouring borough of Radcliffe have booked to receive delivery for the next academic year November 2016, demonstrating achievable sustainability and growth of this project.

Children Services

164 resident children and young people have accessed 2,780 services at Lewis House during this year. Services include, play sessions, after school, computer and youth club sessions, school holiday activities, family sessions and individual one to one support sessions.

We are still seeing a significant number of children with support plans and 49% of our children have been subject to child action or protection plans and these children in particular needed the additional support from our team of workers on a one to one basis.

We have provided 253 Crèche sessions at the Women's Support Centre to enable women to access the Freedom Programme and other services thus helping them to break away or to sustain independence from abusive relationships.

We are delighted with the new children's outdoor play equipment at Lewis House providing the children with a safe, challenging area to play, have fun and and let off steam.

The team are continually working to develop their own skills through training and to expand the services for children and young people and have forged links with many other agencies and service providers locally and nationally. The services they provide are creative; innovative, structured and supportive, addressing the individual needs of those in their care.

Fortalice is a member of Bolton Together and in order to work strategically in further developing services to meet the needs of Bolton children, our Director of Services has taken up a post as a Director on the Bolton Together Board.

Our children's services are registered with OFSTED and meet the standards required during inspections.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

FINANCIAL REVIEW

The seventh period has again been successful and the Charity has generated a surplus of £89,147 compared with £153,032 last year.

Principal funding sources

The principal funding sources for the Charity are currently by way of grant and contract income from Bolton Council (BC). The two main sources are:

- Supporting people grant
- Housing Benefits

Funding received from BMBC in relation to Supporting people and Housing Benefits represents 22.51% (2015 - 24.24%) and 36.95% (2015 - 39.04%) respectively of total incoming resources from charitable activities.

Investment policy and objectives

The investment objective of the Charity is to make investments which will provide an overall return on the portfolio, while maintaining the real purchase power of the portfolio over time and providing reasonable growth.

The investment funds held in the deposit accounts yielded interest of £1,092 (2015 - £2,404) as interest rates throughout the year have been almost zero and show no sign of an imminent improvement.

Reserves policy

The trustees review the Charity's requirements for reserves annually, in the light of the major risks facing the charity.

The trustees consider that in order to ensure the continuous provision of the Charity's services, they require to maintain a general fund equal to 12 months of budgeted expenditure, as agreed at the management meeting on 13th September 2010.

At the year end the Charity's unrestricted and undesignated reserves stood at £813,763 which represent just under 9 months of budgeted expenditure.

The net book value of tangible fixed assets were transferred to a designated fund in the prior year, these assets are used by the charity in the furtherance of its objectives and are not free reserves.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

FUTURE PLANS

The service plan continues to be influenced by funding cuts and as a result of the cuts, Fortalice has continued to develop highly effective ways of working to meet the needs of the diverse range of women and children affected by domestic abuse.

Our successful bid for funding through the Local Sustainability Fund will provide us with the opportunity to formulate new strategies to strengthen the infrastructure of the organisation with long term effect. This will be a priority and during the next 12 months we will focus on strategies that will:

- Respond to the changing needs of the client group and demonstrate social value thus showing value for money for funders.
- Broaden the support for clients whilst being cost effective in the use of volunteers and students.
- Demonstrate added value by providing volunteers and students with skills, knowledge and expertise to improve their own personal development and chances for further education and employment opportunities.
- Demonstrate the organisation's commitment to self-evaluation and improvement by reviewing the current management and staffing structure, building on existing skills and through training, further develop the organisational team and re-distribute responsibility to create a smoother day to day operational base.
- Develop a marketing strategy to promote the organisation and to create a sustainable income in respect of non-commissioned services.
- Work in conjunction with Community Safety and all other partner agencies to provide early intervention projects, with the aim of reducing domestic abuse in the longer term.

The Management Committee together with the Chief Executive and Finance Director will support the above priorities whilst maintaining a high standard of service and will monitor through a series of sub groups ensuring policy and working practices comply with and surpass the quality standards of regulating bodies and funders.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28th February 2008 and registered as a Charity on 13th May 2008. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees and management committee

There is a broad mix of knowledge and skills represented on the management committee to reflect the client group we serve and to provide the management skills required for the smooth running of the organisation.

The Directors are also committee members and hold official positions as Chair, Secretary and Treasurer for the organisation.

All members of the Management Committee, apart from the Director of Services and the Director of Finance, give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts.

Arlene Cochrane has retired since the year end.

Alison Wilkinson, Geoff Knowles, Peter Jones and Angela Kelly retire by rotation and offer themselves for re-election.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Fortalice is headed by a committee of 13 directors and management members who meet on a regular basis to monitor and give guidance and direction in respect of the services provided by the organisation.

The full committee meet bi-monthly with additional sub group meetings addressing specific issues in relation to service, planning, finance, HR, monitoring and evaluation, health and safety and marketing and publicity.

Day to day service delivery is managed by the Director of Services reporting back to full committee meetings.

Services are provided across the organisation by three teams:

Adult Residential Services:

- Providing services, support and temporary accommodation at the refuge, Lewis House

Outreach Services:

- Providing a range of non-residential support services and domestic abuse training programmes, interventions and outreach at the Women's Support Centre and at external venues within the local community

Children's Services:

- Providing early intervention, crisis intervention and support services; education on healthy relationships and support for children the refuge, the Support Centre and at external venues within the local community

The teams comprise of 41 paid part-time and full-time workers and a contingency of volunteers working in all areas across the organisation.

Volunteers play a significant role within the organisation and their contribution greatly enhances the quality of services we are able to offer. This creates 'added value' to the service and clearly demonstrates efficiencies in terms of cost and value for money. In return, we offer a high level of training and opportunities to improve skills, knowledge and expertise to enhance their own personal and professional development.

Fortalice has provided a number of placements for student counsellors, social work students and work experience placements, all of which have gained knowledge and expertise through their time with the organisation.

Our quality assurance processes ensure that we are effectively monitoring and reviewing our working practices, this has ensured that we consistently meet the needs of the service users and work within the constraints of our financial budgets. The continuous evolving working practice with residents has enabled us to measure the success of the service against specific outcomes.

Induction and training of new trustees

A Trustee induction programme is in place and subject to review through consultation with the management team. All members are required to undertake training relevant to their adopted role and to increase their own awareness and knowledge of issues relating to domestic abuse and its effects within society.

All Trustees and committee members are encouraged to visit the project to become familiar with the staff team and the day to day work of the organisation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Services provided by Fortalice respond to both local, regional and national strategies and we continue to be a key member of strategic partnerships within Bolton and the North West. Our association with other voluntary organisations through collaborative partnership working continues and we have undertaken joint training and aim to develop and strengthen the association further in the immediate and long term future.

We have strong established links with mental health and social care agencies to enhance the support we offer to service users to ensure additional needs are addressed and met and the risk of re-victimisation is greatly reduced.

Through training we are able to raise awareness of the effects domestic abuse has on society and this year we have responded to the demand for training to a number of agencies throughout the borough.

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurances against fraud and error.

There are strict internal controls in relation to financial transactions and an annual review of external factors that may affect the Charity's viability.

We continually review our policy and procedures in relation to risk factors at all levels and health and safety controls are in place throughout the organisation.

Risk management

24 hour on-site staff cover at the refuge and minimum staffing levels in all areas has been achieved at all times throughout the year.

Service users are consulted on risk and contribute to the annual assessments.

Policies and procedures are in place to safeguard all service users and in addition to stringent security checks at the point of recruitment; we undertake induction training with all paid staff and volunteers in safeguarding children and vulnerable adults.

There are procedures in place giving service users the opportunity to raise issues either independently or as a group at house meetings and concerns or complaints can be raised formally or anonymously with a record kept of each issue and outcome. Consultations are undertaken on a regular basis to ensure the resident's needs are met. Residents also help to evaluate the service through questionnaires and discussion groups.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06517841 (England and Wales)

Registered Charity number

1124031

Registered office

43 Bradford Street
The Haulgh
Bolton
BL2 1HT

FORTALICE LIMITED

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2016

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Mrs A J Cochrane	- resigned 21.5.16
Mr K Moores	
Mrs D M Hawkins	
Mrs C Greer	
Mrs A Wilkinson	
Mrs G Smallwood	
Mrs L Howarth	- resigned 7.7.15
Ms H J Eastham	
Mr G W Knowles	
Ms S Swain	
Ms J Smith	
Ms L Lee	
Mr P Jones	
Mrs A Kelly	

Company Secretary

Mr G W Knowles

Auditors

Warings Business Advisers LLP, Statutory Auditor
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

Bankers

National Westminster Bank plc
24 Deansgate
Bolton
BL1 1BN

Solicitors

Kippax, Beaumont, Lewis Solicitors
28 Mawdsley Street
Bolton
BL1 1LF

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2016**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Fortalice Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

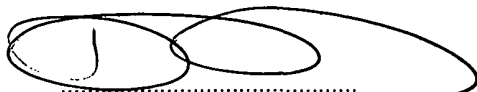
- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Warings Business Advisers LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 6 September 2016 and signed on its behalf by:



Mrs D M Hawkins - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF FORTALICE LIMITED

We have audited the financial statements of Fortalice Limited for the year ended 31 March 2016 on pages fourteen to twenty nine. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees Responsibilities set out on page eleven, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Trustees to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2016 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
FONTALICE LIMITED**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Nicola Roby

Nicola Roby ACA FCCA (Senior Statutory Auditor)
for and on behalf of Warings Business Advisers LLP, Statutory Auditor
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

Date: 16.9.2016



FORTALICE LIMITED**STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2016

		Unrestricted funds £	Restricted funds £	31.3.16 Total funds £	31.3.15 Total funds £
	Not es				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	28,088	-	28,088	44,963
Charitable activities	5				
Operation Of Women's Refuge & Support Centre		407,247	530,991	938,238	851,568
Other trading activities	3	38,187	4,480	42,667	29,038
Investment income	4	<u>1,092</u>	<u>-</u>	<u>1,092</u>	<u>2,404</u>
Total		474,614	535,471	1,010,085	927,973
EXPENDITURE ON					
Charitable activities	6				
Operation Of Women's Refuge & Support Centre		<u>452,276</u>	<u>468,662</u>	<u>920,938</u>	<u>774,941</u>
NET INCOME		22,338	66,809	89,147	153,032
RECONCILIATION OF FUNDS					
Total funds brought forward		1,028,243	88,932	1,117,175	964,143
TOTAL FUNDS CARRIED FORWARD		<u>1,050,581</u>	<u>155,741</u>	<u>1,206,322</u>	<u>1,117,175</u>

CONTINUING OPERATIONS

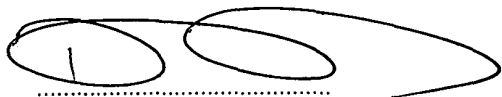
All incoming resources and resources expended arise from charitable activities during the period.

FORTALICE LIMITED**BALANCE SHEET****At 31 March 2016**

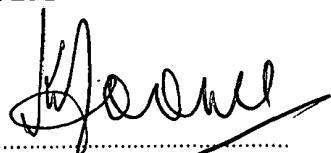
	Notes	31.3.16 £	31.3.15 £
FIXED ASSETS			
Tangible assets	13	214,317	221,267
CURRENT ASSETS			
Debtors	14	60,959	61,980
Cash at bank and in hand		<u>965,117</u>	<u>856,959</u>
		1,026,076	918,939
CREDITORS			
Amounts falling due within one year	15	(34,071)	(23,031)
NET CURRENT ASSETS		<u>992,005</u>	<u>895,908</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,206,322</u>	<u>1,117,175</u>
NET ASSETS		<u><u>1,206,322</u></u>	<u><u>1,117,175</u></u>
FUNDS	19		
Unrestricted funds		1,050,581	1,028,243
Restricted funds		<u>155,741</u>	<u>88,932</u>
TOTAL FUNDS		<u><u>1,206,322</u></u>	<u><u>1,117,175</u></u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 6 September 2016 and were signed on its behalf by:



Mrs D M Hawkins -Trustee



Mr K Moores -Trustee

The notes form part of these financial statements

FORTALICE LIMITED**CASH FLOW STATEMENT**
for the Year Ended 31 March 2016

	Notes	31.3.16 £	31.3.15 £
Cash flows from operating activities:			
Cash generated from operations	1	<u>121,591</u>	<u>134,459</u>
Net cash provided by (used in) operating activities		<u>121,591</u>	<u>134,459</u>
Cash flows from investing activities:			
Purchase of tangible fixed assets		-	(18,341)
Interest received		<u>1,092</u>	<u>2,404</u>
Net cash provided by (used in) investing activities		<u>1,092</u>	<u>(15,937)</u>
Change in cash and cash equivalents in the reporting period		122,683	118,522
Cash and cash equivalents at the beginning of the reporting period	2	<u>842,434</u>	<u>723,912</u>
Cash and cash equivalents at the end of the reporting period	2	<u>965,117</u>	<u>842,434</u>

The notes form part of these financial statements

FORTALICE LIMITED**NOTES TO THE CASH FLOW STATEMENT**
for the Year Ended 31 March 2016**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.16	31.3.15
	£	£
Net income for the reporting period (as per the statement of financial activities)	89,147	153,032
Adjustments for:		
Depreciation charges	6,950	8,672
Interest received	(1,092)	(2,404)
Decrease in debtors	1,021	14,682
Increase/(decrease) in creditors	<u>25,565</u>	<u>(39,523)</u>
Net cash provided by (used in) operating activities	<u>121,591</u>	<u>134,459</u>

2. ANALYSIS OF CASH AND CASH EQUIVALENTS

	31.3.16	31.3.15
	£	£
Cash in hand	717	824
Notice deposits (less than 3 months)	964,400	856,135
Overdrafts included in bank loans and overdrafts falling due within one year	<u>-</u>	<u>(14,525)</u>
Total cash and cash equivalents	<u>965,117</u>	<u>842,434</u>

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Assessment of going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants received from local authorities are credited to income on an accruals basis.

Self-generating income represents monies due as rent and is accounted for on an accruals basis. Monies received in advance are shown as current liabilities and monies owing as debtors.

Income from legacies is recognised on a receivable basis.

All voluntary income is included in income on receipt.

Donated services and facilities are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis.

Allocation and apportionment of costs

Expenditure has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **for the Year Ended 31 March 2016**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation which is provided in annual instalments over the estimated useful lives of the assets.

Leasehold buildings are depreciated to write down the cost less estimated residual value over the remaining useful life by equal annual instalments. It is the trustees' policy to maintain all buildings to such a standard that their estimated residual value is not less than their cost at any given time. Therefore, in the opinion of the trustees, no depreciation charge is required.

Small items of equipment and furniture are not capitalised but are written off on acquisition through the income and expenditure accounts.

Depreciation is provided at the following annual rates:

Improvements to property	- 2% on cost
Computer equipment	-33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Hire purchase and leasing commitments

Lease payments under operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

Financial Instruments

The following assets and liabilities are classified as financial instruments; trade debtors, rents receivable, trade creditors and other creditors.

Trade debtors, rents receivable, trade creditors and other creditors are measured at the undiscounted amount of the cash or other consideration expected to be paid or received.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2016**2. DONATIONS AND LEGACIES**

	31.3.16	31.3.15
	£	£
Donations	<u>28,088</u>	<u>44,963</u>

Analysis of donations received during the period:

Date	Donor	£
Various	Anonymous donations and amounts less than £1,000	9,368
Various	Rotary Clubs, Lodges, WIs, Churches & Community Groups	5,964
Various	Just Giving	4,655
18.06.15	AVR Transcription Limited	1,000
01.10.15	The Black Bull, Edgworth	1,231
04.12.15	Tesco	1,000
16.12.15	Warings Business Advisers LLP Quiz	1,120
26.01.16	Bradshaw Gass Trust	2,750
18.03.16	Bolton Medical Centre	<u>1,000</u>
		<u>28,088</u>

3. OTHER TRADING ACTIVITIES

	31.3.16	31.3.15
	£	£
Fundraising events	21,365	6,580
Other income	<u>21,302</u>	<u>22,458</u>
	<u>42,667</u>	<u>29,038</u>

4. INVESTMENT INCOME

	31.3.16	31.3.15
	£	£
Deposit account interest	<u>1,092</u>	<u>2,404</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.16	31.3.15
		£	£
Charge to residents	Operation Of Women's Refuge & Support Centre	387,930	382,203
Grants	Operation Of Women's Refuge & Support Centre	<u>550,308</u>	<u>469,365</u>
		<u>938,238</u>	<u>851,568</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2016**5. INCOME FROM CHARITABLE ACTIVITIES - continued**

Grants received, included in the above, are as follows:

	31.3.16	31.3.15
	£	£
BMBC - Positive Contributions	56,000	56,000
BMBC - Supporting People	224,919	224,919
BMBC – Community Safety Services	38,000	-
GM Police	46,920	4,000
Iris Project	67,374	65,250
Other grants	23,310	15,234
Schools Project	15,500	5,730
lpoint	18,598	17,549
Bolton CCG	17,000	-
FFE Funding	21,354	-
CLG Domestic Abuse Funding	11,333	-
Intervention Children & Young People	10,000	-
Awards for all	-	10,000
RBS	-	15,000
Kids of Bolton	-	5,000
The Big Lottery Fund	-	26,304
JP Getty Trust	-	14,379
Community Housing Services	-	10,000
	<u>550,308</u>	<u>469,365</u>

Restricted income, included in the above, are as follows:

	£	£
BMBC - Positive Contributions	56,000	56,000
BMBC - Supporting People	224,919	224,919
BMBC – Community Safety Services	38,000	-
GM Police	46,920	4,000
Iris Project	67,374	65,250
Other Grants	3,993	1,869
Schools Project	15,500	5,730
lpoint	18,598	17,549
Bolton CCG	17,000	-
FFE Funding	21,354	-
CLG Domestic Abuse Funding	11,333	-
Intervention Children & Young People	10,000	-
Awards for All	-	10,000
RBS	-	15,000
Kids of Bolton	-	5,000
The Big Lottery Fund	-	26,304
J P Getty Trust	-	14,379
	<u>530,991</u>	<u>446,000</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2016**5. INCOME FROM CHARITABLE ACTIVITIES - continued****6. CHARITABLE ACTIVITIES COSTS**

	Direct costs (See note 7)	Support costs (See note 8)	Totals
	£	£	£
Operation Of Women's Refuge & Support Centre	<u>876,197</u>	<u>44,741</u>	<u>920,938</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.3.16	31.3.15
	£	£
Trustees' remuneration etc	72,584	70,121
Staff costs	510,453	429,688
Water rates	7,522	7,991
Insurance	6,754	7,086
Light and heat	31,810	30,426
Advertising	31	-
Sundries	724	1,046
Cleaning materials	2,402	1,763
Window cleaning	2,122	2,520
Gardening	1,176	1,172
Furniture, equipment and maintenance	51,632	23,759
Meetings & conferences	-	720
IVHA rent	110,741	104,497
Children's activities	7,963	10,256
Residents expenses	4,061	1,875
Travel & transport	6,197	5,912
Volunteers expenses	-	3,997
Computer costs	16,519	18,030
Repairs, renewals & maintenance	12,864	-
Subscriptions	1,063	948
Training costs	6,797	2,393
Refreshments	1,033	1,257
Support centre activities	661	-
Support, supervision and counselling services	6,899	2,398
Fundraising expenses	7,239	-
Depreciation	<u>6,950</u>	<u>8,672</u>
	<u>876,197</u>	<u>736,527</u>

Included within the staff costs is an amounts totalling £352,502 (2015: £414,667) which relate to restricted fund expenditure.

8. SUPPORT COSTS

	Governance costs
	£
Operation Of Women's Refuge & Support Centre	<u>44,741</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2016**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.16	31.3.15
	£	£
Auditors' remuneration	7,540	6,960
Depreciation - owned assets	<u>6,950</u>	<u>8,672</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

	31.3.16	31.3.15
	£	£
Trustees' salaries	65,595	63,549
Trustees' social security	6,810	6,572
Trustees' pension contributions to money purchase schemes	<u>179</u>	<u>-</u>
	<u>72,584</u>	<u>70,121</u>

Two trustees received remuneration during the period. The trustee's remuneration is in accordance with the memorandum and articles of association of the reporting entity.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2016 nor for the year ended 31 March 2015.

Professional indemnity insurance has been taken out on behalf of trustees at a cost of £682 (2015: £660).

11. STAFF COSTS

	31.3.16	31.3.15
	£	£
Wages and salaries	549,331	470,915
Social security costs	32,218	28,894
Other pension costs	<u>1,488</u>	<u>-</u>
	<u>583,037</u>	<u>499,809</u>

The average monthly number of employees during the year was as follows:

	31.3.16	31.3.15
Management and administration	5	5
Lewis House and Women's Support Centre	<u>36</u>	<u>30</u>
	<u>41</u>	<u>35</u>

No employees received emoluments in excess of £60,000.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2016**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	40,063	4,900	44,963
Charitable activities			
Operation Of Women's Refuge & Support Centre	405,568	446,000	851,568
Other trading activities	26,741	2,297	29,038
Investment income	<u>2,404</u>	<u>-</u>	<u>2,404</u>
Total	474,776	453,197	927,973
 EXPENDITURE ON			
Charitable activities			
Operation Of Women's Refuge & Support Centre	<u>352,113</u>	<u>422,828</u>	<u>774,941</u>
Total	<u>352,113</u>	<u>422,828</u>	<u>774,941</u>
 NET INCOME	122,663	30,369	153,032
 Transfers between funds	<u>(16,000)</u>	<u>16,000</u>	<u>-</u>
 Net movement in funds	106,663	46,369	153,032
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>921,580</u>	<u>42,563</u>	<u>964,143</u>
 TOTAL FUNDS CARRIED FORWARD	<u><u>1,028,243</u></u>	<u><u>88,932</u></u>	<u><u>1,117,175</u></u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2016**13. TANGIBLE FIXED ASSETS**

	Long leasehold £	Improvements to property £	Computer equipment £	Totals £
COST				
At 1 April 2015 and 31 March 2016	<u>42,541</u>	<u>175,000</u>	<u>43,481</u>	<u>261,022</u>
DEPRECIATION				
At 1 April 2015	-	6,633	33,122	39,755
Charge for year	-	<u>3,500</u>	<u>3,450</u>	<u>6,950</u>
At 31 March 2016	-	<u>10,133</u>	<u>36,572</u>	<u>46,705</u>
NET BOOK VALUE				
At 31 March 2016	<u>42,541</u>	<u>164,867</u>	<u>6,909</u>	<u>214,317</u>
At 31 March 2015	<u>42,541</u>	<u>168,367</u>	<u>10,359</u>	<u>221,267</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.16 £	31.3.15 £
Trade debtors	22,766	12,624
Rents receivable	19,257	40,960
Prepayments and accrued income	<u>18,936</u>	<u>8,396</u>
	<u>60,959</u>	<u>61,980</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.16 £	31.3.15 £
Bank loans and overdrafts (see note 16)	-	14,525
Trade creditors	6,261	1,327
Social security and other taxes	12,042	-
Other creditors	981	60
Accruals and deferred income	<u>14,787</u>	<u>7,119</u>
	<u>34,071</u>	<u>23,031</u>

Included within accruals and deferred income is deferred grant income:

	£
Balance at 1 April 2015	-
Amounts released during the year	-
Amounts deferred in the year	2,450
Balance at 31 March 2016	<u>2,450</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2016**16. LOANS**

An analysis of the maturity of loans is given below:

	31.3.16 £	31.3.15 £
Amounts falling due within one year on demand:		
Bank overdraft	<u>-</u>	<u>14,525</u>

17. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year:

	Land and buildings 31.3.16 £	31.3.15 £
Expiring:		
Within one year	<u>106,256</u>	<u>110,732</u>

18. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31.3.16 Total funds £	31.3.15 Total funds £
Fixed assets	214,317	-	214,317	221,267
Current assets	868,335	157,741	1,026,076	918,939
Current liabilities	<u>(32,071)</u>	<u>(2,000)</u>	<u>(34,071)</u>	<u>(23,031)</u>
	<u>1,050,581</u>	<u>155,741</u>	<u>1,206,322</u>	<u>1,117,175</u>

19. MOVEMENT IN FUNDS

	At 1.4.15 £	Net movement in funds £	Transfers between funds £	At 31.3.16 £
Unrestricted funds				
Undesignated fund	758,431	67,703	(12,371)	813,763
Designated Funds	<u>269,812</u>	<u>(45,365)</u>	<u>12,371</u>	<u>236,818</u>
	1,028,243	22,338	-	1,050,581
Restricted funds				
Operation of refuge	88,932	66,809	-	155,741
	<u>88,932</u>	<u>66,809</u>	<u>-</u>	<u>155,741</u>
TOTAL FUNDS	<u>1,117,175</u>	<u>89,147</u>	<u>-</u>	<u>1,206,322</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2016**19. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated fund	474,613	(406,910)	67,703
Designated Funds	<u>1</u>	<u>(45,366)</u>	<u>(45,365)</u>
	474,614	(452,276)	22,338
Restricted funds			
Operation of refuge	535,471	(468,662)	66,809
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u><u>1,010,085</u></u>	<u><u>(920,938)</u></u>	<u><u>89,147</u></u>

19. MOVEMENT IN FUNDS - continued

The accumulated undesignated funds are for the purpose of providing relief and protection of women who have been gravely or persistently maltreated by the partner with whom they are or have been living or by any member of their immediate family and of the children of such women.

The designated fund relates to the net book value of tangible fixed assets used in the furtherance of the charity's objectives and the balance left on various funds designated by the Trustees.

The balance on the restricted fund represents amounts received during the financial year in respect of the following projects;

The Children's Outdoor Play Equipment Project which involves the replacement of a climbing frame and other fixed play equipment located in the grounds of the refuge.

The Iris Project which is an education based and advocates working in conjunction with doctor's surgeries within Bolton to provide training for practice staff, safety strategies and on-going support for patients who are affected by domestic abuse.

The Healthy Relationships Project which educates children about acceptable behaviours in relationships. The delivery equips children with the knowledge, understanding and the skills required to develop healthy relationships. The project addresses unhealthy/abusive relationships, how to recognise these and where to get help.

The Family Conferencing Project under which two members of staff (Service Coordinators) manage a team of volunteer mediators who deal with families in the Bolton area where there has been a family breakdown and where contact is creating issues and an additional workload to the Police and partner agencies.

The Early Intervention Project which involves one member of staff (The Early Help Coordinator) who manages a team of volunteers who re-visit standard risk victims of domestic abuse who have recently become known to the Police Intervention Team. They lead in facilitating access to appropriate service provision for victims and their families.

The Children's Counselling Project which funds the delivery of play therapy and talking therapy sessions on a weekly basis at the Support Centre.

The Hate Crime Project which is a grant to fund the holding of a series of workshops with young people to explore hate crime and the impact of hate crime in society. The workshops will enable the creation of posters and a short film to be used as resources in the future.

The Strive Innovation project which is designed to fund the delivery of the healthy relationships programme to four primary schools in Bury, as a pilot.

The BME (Black or Minority Ethnic) Project which entails the appointment of a BME co-ordinator, for 6 months, to work with BME victims of domestic abuse residing in the refuge

The Mental Health Project which funds a Mental Health Co-ordinator to offer specialist mental health support for women accessing the refuge.

The Transition Project which involves staff going out to ex-resident families to talk to the children and help with their induction into the local community over 4 or 5 sessions.

Monies received specifically to purchase radiator covers following a Health and Safety review and to purchase replacement white goods for the flats at Lewis House.

These balances are all budgeted to be expended over the next financial year.

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2016

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2016.

21. ULTIMATE CONTROLLING PARTY

The company was controlled by the Board of Trustees throughout the year under review.

22. FIRST YEAR ADOPTION

These financial statements for the year ended 31 March 2016 are the first financial statements that comply with FRS 102 and the provisions of Charities SORP (FRS 102). The transition to FRS 102 has not resulted in any changes to accounting policies nor brought about any transition adjustments.

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2016

	31.3.16 £	31.3.15 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	28,088	44,963
Other trading activities		
Fundraising events	21,365	6,580
Other income	<u>21,302</u>	<u>22,458</u>
	42,667	29,038
Investment income		
Deposit account interest	1,092	2,404
Charitable activities		
Charge to residents	387,930	382,203
Grants	<u>550,308</u>	<u>469,365</u>
	<u>938,238</u>	<u>851,568</u>
Total incoming resources	1,010,085	927,973
EXPENDITURE		
Charitable activities		
Trustees' salaries	65,595	63,549
Trustees' social security	6,810	6,572
Trustees' pension contributions	179	-
Wages & salaries (Excl NI)	483,736	407,366
Social security	25,408	22,322
Pensions	1,309	-
Water rates	7,522	7,991
Insurance	6,754	7,086
Light and heat	31,810	30,426
Advertising	31	-
Sundries	724	1,046
Cleaning materials	2,402	1,763
Window cleaning	2,122	2,520
Gardening	1,176	1,172
Furniture, equipment and maintenance	51,632	23,759
Meetings & conferences	-	720
IVHA rent	110,741	104,497
Children's activities	7,963	10,256
Residents expenses	4,061	1,875
Travel & transport	6,197	5,912
Volunteers expenses	-	3,997
Computer costs	16,519	18,030
Repairs, renewals & maintenance	12,864	-
Carried forward	845,555	720,859

This page does not form part of the statutory financial statements

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2016

	31.3.16 £	31.3.15 £
Charitable activities		
Brought forward	845,555	720,859
Subscriptions	1,063	948
Training costs	6,797	2,393
Refreshments	1,033	1,257
Support centre activities	661	-
Support, supervision and counselling services	6,899	2,398
Fundraising expenses	7,239	-
Depreciation	<u>6,950</u>	<u>8,672</u>
	876,197	736,527
Support costs		
Governance costs		
Auditors' remuneration	7,540	6,960
Auditors' remuneration for non audit work	8,694	6,678
Telephone	9,803	8,497
Postage and stationery	8,454	7,154
Legal & professional fees	10,118	8,993
Bank charges	<u>132</u>	<u>132</u>
	<u>44,741</u>	<u>38,414</u>
Total resources expended	920,938	774,941
	<u> </u>	<u> </u>
Net income	<u>89,147</u>	<u>153,032</u>