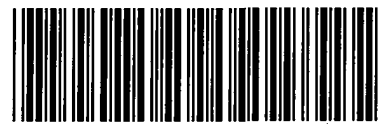


REGISTERED COMPANY NUMBER: 06517841 (England and Wales)
REGISTERED CHARITY NUMBER: 1124031

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015
FOR
FORTALICE LIMITED

MONDAY



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FORTALICE LIMITED

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for the Year Ended 31 March 2015

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FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2015**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2015. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06517841 (England and Wales)

Registered Charity number

1124031

Registered office

43 Bradford Street
The Haulgh
Bolton
BL2 1HT

Trustees

Mrs A J Cochrane	
Mr K Moores	
Mrs D M Hawkins	
Mrs C Greer	
Mrs A Wilkinson	
Mrs G Smallwood	
Mrs L Howarth	
Ms H J Eastham	
Mr G W Knowles	
Mrs S Swain	- appointed 26.1.15
Mrs J Smith	- appointed 26.1.15
Mrs L Lee	- appointed 26.1.15
Mr P Jones	- appointed 26.1.15
Mrs A Kelly	- appointed 26.1.15

Company Secretary

Mr G W Knowles

Auditors

Warings Business Advisers LLP, Statutory Auditor
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

Bankers

National Westminster Bank plc
24 Deansgate
Bolton
BL1 1BN

Solicitors

Kippax, Beaumont, Lewis Solicitors
28 Mawdsley Street
Bolton
BL1 1LF

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2015**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28th February 2008 and registered as a Charity on 13th May 2008. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees and management committee

There is a broad mix of knowledge and skills represented on the management committee to reflect the client group we serve and to provide the management skills required for the smooth running of the organisation.

The Directors are also committee members and hold official positions as Chair, Secretary and Treasurer for the organisation.

All members of the Management Committee, apart from the Director of Services and the Director of Finance, give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts.

Ken Moores, Cath Greer and Hilary Eastham retire by rotation and offer themselves for re-election.

Induction and training of new trustees

A Trustee induction programme is in place and subject to review through consultation with the management team. All members are required to undertake training relevant to their adopted role and to increase their own awareness and knowledge of issues relating to domestic abuse and its effects within society.

All Trustees and committee members are encouraged to visit the project to become familiar with the staff team and the day to day work of the organisation.

Organisational structure

Fortalice is headed by a committee of 14 directors and management members who meet on a regular basis to monitor and give guidance and direction in respect of the services provided by the organisation.

The full committee meet bi-monthly with additional sub group meetings addressing specific issues in relation to service, planning, finance, HR, monitoring and evaluation, health and safety and marketing and publicity.

Day to day service delivery is managed by the Director of Services reporting back to full committee meetings.

Services are provided across the organisation by three teams:

Adult Residential Services:

- Providing services, support and temporary accommodation at the refuge, Lewis House

Outreach Services:

- Providing a range of non residential support services and domestic abuse training programmes at the Women's Support Centre

Children's Services:

- Providing services, education on healthy relationships and support for children at both the refuge and the Support Centre

The teams comprise of 35 paid part-time and full-time workers and a contingency of volunteers working in all areas across the organisation.

Volunteers play a significant role within the organisation and their contribution greatly enhances the quality of services we are able to offer. This creates 'added value' to the service and clearly demonstrates efficiencies in terms of cost and value for money. In return, we offer a high level of training and opportunities to improve skills knowledge and expertise to enhance their own personal and professional development.

Fortalice has provided a number of placements for student counsellors, social work students and work experience placements, all of which have gained knowledge and expertise through their time with the organisation.

Our continuous monitoring and reviews of working practices has ensured that we consistently meet the needs of the service users and work within the constraints of our financial budgets. The continuous evolving working practices with residents have enabled us to measure the success of the service against specific outcomes.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2015**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Services provided by Fortalice respond to both local and national strategies and we continue to be a key member of strategic partnerships within Bolton and nationally. Our association with other voluntary organisations through collaborative partnership working continues and we have undertaken joint training and plan to develop and strengthen the association further in the immediate and long term future.

We have established further links with mental health and social care agencies to enhance the support we offer to service users to ensure additional needs are addressed and met and the risk of re-victimisation is greatly reduced.

Through training we are able to raise awareness of the effects domestic abuse has on society and this year we have responded to the demand for the training to a number of agencies throughout the borough.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurances against fraud and error.

There are strict internal controls in relation to financial transactions and an annual review of external factors that may affect the Charity's viability.

We continually review our policy and procedures in relation to risk factors at all levels and health and safety controls are in place throughout the organisation.

24 hour on-site staff cover at the refuge and minimum staffing levels in all areas has been achieved at all times throughout the year.

Service users are consulted on risk and contribute to the annual assessments.

Policies and procedures are in place to safeguard all service users and in addition to stringent security checks at the point of recruitment; we undertake induction training with all paid staff and volunteers in safeguarding children and vulnerable adults.

There are procedures in place giving service users the opportunity to raise issues either independently or as a group at house meetings and concerns or complaints can be raised formally or anonymously with a record kept of each issue and outcome. Consultations are undertaken on a regular basis to ensure the resident's needs are met. Residents also help to evaluate the service through questionnaires and discussion groups.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of the Charity is to provide relief and protection for women who have been gravely or persistently subjected to domestic abuse by their partner with whom they are or have been living, or any member of their immediate or extended family and for the children of such women.

The Charity's mission statement is:

'To provide emergency accommodation and a range of support services to assist women, children and young people who have, or are, experiencing domestic abuse and to raise personal and public awareness of the issues relating to domestic abuse and its impact on society'.

Ensuring our work delivers our aims

We have undertaken an annual review of the development plan to ensure continuity of the development of the organisation. Annual reviews will show achievements for the year in relation to the plan and action for the forthcoming 12 months from both management and operational perspective.

We regularly consult with service users and stakeholders and use this feedback to review services offered by the organisation. We do this through focus groups, questionnaires, weekly house meetings and individual stakeholder feedback. We also have an abundance of cards, letters and feedback forms expressing appreciation and advocating the services offered across the organisation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2015**

OBJECTIVES AND ACTIVITIES

The focus of our work

In addition to the seamless continuity of service, the main focus for the year has been to monitor and review the organisation's efficiency and continuity of a quality service.

We're happy to report that this has been successfully achieved whilst maintaining progress in relation to the aims and objectives of the organisation's five year service plan. The plan sets out seven management priorities in terms of Service Provision, Health and Safety, Finance, Monitoring and Evaluation, HR, Marketing and Publicity and Equality and Diversity. These priorities are supported by operational action plans for Residential Services, Children's Services and Outreach Services.

Our project working with children and young people has continued to further develop and has involved working in community group settings, primary and secondary schools and Further Education Colleges, to raise awareness of what constitutes a healthy relationship. This work is funded in conjunction with Bolton Council and Bolton at Home.

Public Benefit

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set through the use of funds, and we are satisfied that the criteria for public benefit are comprehensively achieved.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our main activities and who we try to help are described below. All our charitable activities are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services

Refuge Accommodation

The local demand for services is high and although priority is given to referrals in Bolton and surrounding districts, we have provided temporary accommodation and services for women and children from many areas throughout the North West and further afield. 72% of referrals admitted were from Bolton and 28% from out of the borough (the majority referred via Bolton agencies).

We received a total of 211 referrals and accommodated 107 individual women and 192 children in Lewis House, the average length of stay being 15 weeks.

Occupancy levels averaged 96.59% for the year with the main reason for the voids being the turnover of residents and re decoration of the flats.

Support needs have varied from low to high with a significant increase in the number of women with additional needs in relation to mental health, alcohol and substance misuse. Our Drug and Alcohol worker has assisted us to work more effectively with women who have drug and alcohol problems. 85 residents accessed 219 services with the Drug and Alcohol worker.

All residents are allocated named support workers and have entered into individual support plans and a number of women have taken advantage of counselling and group work during their stay. All residents work with their support worker to ensure they are able to develop skills to enable them to live independent lives following their stay in the refuge.

On leaving, 9% went into other short-term supported accommodation, 2% returned to partners which is a 10% reduction on last year's figures; 8% went to stay with friends or family members, 1% did not provide move-on details and the remaining 80% returned to their own properties or were re-housed into independent permanent accommodation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2015**

ACHIEVEMENT AND PERFORMANCE

Who used and benefited from our services – continued

Women's Support Centre

476 new clients and 227 existing clients have accessed 2,572 services including, information and advice, counselling, personal development and The Freedom Programme. Just over half of the referrals were from Bolton with others originating from surrounding areas such as Bury, Manchester, Blackburn and Wigan and further afield from Leeds, Preston and Australia. The majority of our referrals came from self-referrals, Social Workers, 1point, the Police/Domestic Abuse Unit, family and friends and Health Visitors and Independent Domestic Abuse Advisors (IDVA).

Clients presented with a wide variety of issues ranging from physical, emotional and sexual abuse to legal, housing and health issues. Clients also present with a diverse range of mental health issues including panic and anxiety, stress and depression. Where these issues needed specialist help we were able to sign post to relevant agencies. We referred 23 clients to MARAC for further support and risk management

Demand for the counselling service and The Freedom Programme continues to be high. The benefits of both these core services is widely recognised and acknowledged as having a significant impact in relation to women taking steps to escape abusive relationships and to move forward to living a more settled way of life. The Freedom Programme delivered 147 sessions and 285 individual women attended on a total of 982 occasions. In addition we provided 147 crèche places for women in order for them to access The Freedom Programme.

We have written and piloted two new Personal Development courses called – 'Next Steps' and Fortalice Supporting the Change to a Healthy Relationship; 14 individual women attended these 2 courses.

The counselling service continues to be part of a company called 1point, a Community Benefit Company that has just entered its third year. 1point assesses potential clients for talking therapies prior to the clients going into therapy with our counsellors at Fortalice or alternatively with one of the other members linked to 1point. We currently have 21 counsellors: 12 students are on placement and 9 are qualified. 873 counselling appointments were attended by 133 individual women.

19 training courses have been delivered to 191 professionals and Fortalice volunteers; the courses include Recognising and Responding to Domestic Abuse Level 2 and 3 and Enhanced Risk Management.

We have been part of a new pilot set up by the Police, working with the Early Intervention Team. The pilot targets first time callers to the police around domestic abuse incidents: The police and a Fortalice Project Worker have visited people in their home, who have called the police the previous day and will work with the family, aiming to prevent any further escalation of abuse. Since the project started in October Fortalice have visited 44 houses and provided intervention support to approximately 20 people.

The non-residential Young People's project has again received funding from Bolton Council for the financial year and has provided 774 services to 121 individual young people. The young people engage in personal development group work which promotes healthy relationships and positive life choices, in addition workshops address issues around staying safe and risk taking.

The children's counselling service was launched in June 2014 and to the end of the financial year, has delivered 125 appointments.

Identification and Referral to Improve Safety (IRIS)

IRIS was launched in December 2015: Advocate Educators deliver domestic abuse training to Bolton based GP practices and then work in an advocacy role with any patient referrals from GP's. To the end of the financial year 36 training sessions have been delivered and 17 GP referrals have been received.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2015**

ACHIEVEMENT AND PERFORMANCE

Who used and benefited from our services – continued

Women's Support Centre - continued

The Healthy Schools project delivered a total of 216 sessions to 1,455 individual year 5 or 6 pupils in primary education up to the end of March 2015. Between April 2014 and March 2015 652 sessions were delivered to 779 young people in secondary education, the project was delivered in 7 individual secondary schools and included 83 hours direct delivery of teaching and 1,680 services were provided. This was funded by Bolton at Home, Bolton Council and Fortalice. The Healthy Relationships project has been developed, written and delivered by Fortalices' qualified teaching staff. The delivery links to national curriculum and raises awareness of the dangers of domestic abuse with children and young people to help them develop healthy relationships thus keeping themselves safe. We have delivered domestic abuse awareness training to 130 teachers in primary and secondary schools. The aim of the training for staff who are working in schools is to help them identify where children or young people are struggling with difficult relationships and are then able to refer them to the appropriate services for further support.

Children Services

192 resident children and young people have accessed 2,683 services at Lewis House during this year. Services include, play sessions, after school, computer and youth club sessions, school holiday activities, family sessions and individual one to one support sessions. We are still seeing a significant number of children with child action plans and these children in particular need the additional support from our team of workers on a one to one basis. In addition there have been a number of children with the risk of delay with their speech, language, and communication skills and in order to meet this need, staff are now using their enhanced skills through completing updating training in this area. This has enabled us to work more effectively with these children during the daily sessions.

57 individual children accessed 342 Crèche / playroom services at the Women's Support Centre. These services enable women to access the Freedom Programme thus helping them to break away or to sustain independence from abusive relationships.

The team are continually working to develop and expand the services for children and young people and have forged links with many other agencies and service providers locally and nationally. The services they provide are creative, innovative, structured and supportive, addressing the individual needs of those in their care.

Fortalice is a member of Bolton Together and in order to work strategically in further developing services to meet the needs of Bolton children, our Director of Services has taken up a post as a Director on the Bolton Together Board.

Our children's services are registered with OFSTED and meet the standards required during inspections.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2015**

FINANCIAL REVIEW

The sixth period has again been successful and the Charity has generated a surplus of £153,032 compared with £67,079 last year.

Principal funding sources

The principal funding sources for the Charity are currently by way of grant and contract income from Bolton Council (B C). The two main sources are:

- Supporting people grant
- Housing Benefits

Funding received from BMBC in relation to Supporting People and Housing Benefits represents 24.24% (2014 - 28.11%) and 39.04% (2014 - 42.73%) respectively of total incoming resources from charitable activities.

Investment policy and objectives

The investment objective of the Charity is to make investments which will provide an overall return on the portfolio, while maintaining the real purchase power of the portfolio over time and providing reasonable growth.

The investment funds held in the deposit accounts yielded interest of £2,404 (2014 - £3,675) as interest rates throughout the year have been almost zero and show no sign of an imminent improvement.

Reserves policy

The trustees review the Charity's requirements for reserves annually, in the light of the major risks facing the charity.

The trustees consider that in order to ensure the continuous provision of the Charity's services, they require to maintain a general fund equal to 12 months of budgeted expenditure, as agreed at the management meeting on 13th September 2010.

At the year end the Charity's unrestricted and undesignated reserves stood at £758,430 which represent just under 12 months of budgeted expenditure.

The net book value of tangible fixed assets have been transferred to a designated fund in the year, these assets are used by the charity in the furtherance of its objectives and are not free reserves.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2015**

PLANS FOR THE FUTURE

The service plan continues to be influenced by the funding cuts. As a result of the cuts, Fortalice has continued to develop highly effective ways of working to meet the needs of the diverse range of women and children affected by domestic abuse. We are pleased to report that the service plan is continually reviewed and all the objectives have been completed in line with the target date set. Through resident and strategic consultations a new 5 year plan will be developed in March 2015.

Our plans for the immediate and long term future are laid down in the new Business plan 2015-2020.

Priorities for the year are to further develop the organisations high standard of service which will include:
Continue to develop working partnerships to assist both our own organisation and other local organisations to ensure we are sustainable for the future;

Further develop our support network and partnerships for service users to ensure we are able to offer fully inclusive services;

Further develop training for professionals to ensure teams working with domestic abuse are fully conversant with the issues women and children can face;

Gain external accreditation for courses written by Fortalice, this will provide a quality delivery framework for courses to be certificated, thus ensuring the training courses are a sustainable source of funding; Whilst working on all educational and training projects we will work within a sustainable agenda by continuing to market some of our courses commercially;

Gain further external funding to develop new courses to assist women in breaking the cycle of abuse thus gaining new employability skills;

Further develop children's activities and courses to ensure they are able to develop healthy relationships;

Work with Bolton Together to ensure core services for children are delivered and additional enhanced services to meet the needs of children and young people are developed;

Work with the Greater Manchester Abuse Consortium to maximise opportunities for quality improvements and future funding opportunities;

Work as part of 1Point to ensure a quality initial assessment and counselling service is available for all our clients; this will include working towards the tendering process with the CCG. Our Director of Services will continue in her role as a Director of 1Point, to ensure the counselling services are a sustainable service for Fortalice;

Continue to develop a Children's Counselling Service;

Continue to develop educational projects linked to the PHSE and SEALS curriculum to ensure early intervention helps to break the cycle of abuse for children and young people. The projects will be delivered in Schools, Colleges and in the local community;

Develop a suite of marketing materials to educate people on the effects of domestic abuse;

Review and develop new ways of working to ensure Fortalice's future is secure and sustainable;

Launch Fortalice's Patron's scheme;

Continue to work with a local University to ensure research and analysis projects are undertaken to evidence the requirements for specific pieces of work within the domestic abuse arena;

Develop a new Children's play area within the refuge in line with OFSTED requirements;

The Management Committee with the Director of Services and the Director of Finance will deliver the above through a series of sub-groups, ensuring policy and working practices comply with and surpass the quality standards of regulating bodies and funders.

FORTALICE LIMITED

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2015

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Fortalice Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

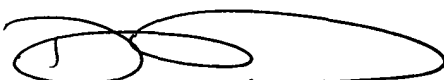
- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Warings Business Advisers LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 19 August 2015 and signed on its behalf by:



Mrs D M Hawkins - Trustee

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
FORTALICE LIMITED**

We have audited the financial statements of Fortalice Limited for the year ended 31 March 2015 on pages twelve to twenty two. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees Responsibilities set out on page nine, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Trustees to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2015 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
FORTALICE LIMITED**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Nicola Roby

Nicola Roby ACA FCCA (Senior Statutory Auditor)
for and on behalf of Warings Business Advisers LLP, Statutory Auditor
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

19 August 2015



FORTALICE LIMITED**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 March 2015**

		Unrestricted funds £	Restricted funds £	31.3.15 Total funds £	31.3.14 Total funds £
	Notes				
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	40,063	4,900	44,963	24,917
Activities for generating funds	3	26,741	2,297	29,038	28,653
Investment income	4	2,404	-	2,404	3,675
Incoming resources from charitable activities					
Operation Of Women's Refuge & Support Centre	5	<u>405,568</u>	<u>446,000</u>	<u>851,568</u>	<u>742,853</u>
Total incoming resources		474,776	453,197	927,973	800,098
RESOURCES EXPENDED					
Charitable activities					
Operation Of Women's Refuge & Support Centre	6	314,679	421,848	736,527	694,796
Governance costs	8	<u>37,434</u>	<u>980</u>	<u>38,414</u>	<u>38,223</u>
Total resources expended		352,113	422,828	774,941	733,019
NET INCOMING RESOURCES BEFORE TRANSFERS					
		122,663	30,369	153,032	67,079
Gross transfers between funds	18	<u>(16,000)</u>	<u>16,000</u>	-	-
Net incoming/(outgoing) resources		106,663	46,369	153,032	67,079
RECONCILIATION OF FUNDS					
Total funds brought forward		921,580	42,563	964,143	897,064
TOTAL FUNDS CARRIED FORWARD		<u>1,028,243</u>	<u>88,932</u>	<u>1,117,175</u>	<u>964,143</u>

CONTINUING OPERATIONS

All incoming resources and resources expended arise from charitable activities during the period.

The notes form part of these financial statements

FORTALICE LIMITED**BALANCE SHEET**
At 31 March 2015

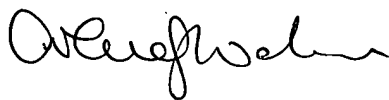
	Notes	31.3.15 £	31.3.14 £
FIXED ASSETS			
Tangible assets	12	221,267	211,598
CURRENT ASSETS			
Debtors	13	61,980	76,662
Cash at bank and in hand		<u>856,959</u>	<u>723,912</u>
		918,939	800,574
CREDITORS			
Amounts falling due within one year	14	(23,031)	(48,029)
NET CURRENT ASSETS		<u>895,908</u>	<u>752,545</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,117,175</u>	<u>964,143</u>
NET ASSETS		<u>1,117,175</u>	<u>964,143</u>
FUNDS	18		
Unrestricted funds		1,028,243	921,580
Restricted funds		<u>88,932</u>	<u>42,563</u>
TOTAL FUNDS		<u>1,117,175</u>	<u>964,143</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 19 August 2015 and were signed on its behalf by:



Mrs D M Hawkins -Trustee



Mrs A J Cochrane -Trustee

The notes form part of these financial statements

FORTALICE LIMITED

Notes to the Financial Statements **for the Year Ended 31 March 2015**

1. ACCOUNTING POLICIES

Going concern

The financial statements have been prepared on a going concern basis.

Accounting convention

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

Financial reporting standard number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants received from local authorities are credited to income on an accruals basis.

Self-generating income represents monies due as rent and is accounted for on an accruals basis. Monies received in advance are shown as current liabilities and monies owing as debtors.

Income from legacies is recognised on a receivable basis.

All voluntary income is included in income on receipt.

Donated services and facilities are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Governance costs are those incurred in connection with the management of the charity's assets, organisational administration and compliance with constitutional and statutory requirements.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation which is provided in annual instalments over the estimated useful lives of the assets.

Leasehold buildings are depreciated to write down the cost less estimated residual value over the remaining useful life by equal annual instalments. It is the trustees' policy to maintain all buildings to such a standard that their estimated residual value is not less than their cost at any given time. Therefore, in the opinion of the trustees, no depreciation charge is required.

Small items of equipment and furniture are not capitalised but are written off on acquisition through the income and expenditure accounts.

Depreciation is provided at the following annual rates:

Improvements to property	- 2% on cost
Computer equipment	-33% on reducing balance

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2015**1. ACCOUNTING POLICIES - continued****Taxation**

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Lease payments under operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

2. VOLUNTARY INCOME

	31.3.15	31.3.14
	£	£
Donations	<u>44,963</u>	<u>24,917</u>

Analysis of donations received during the period:

Date	Donor	£
Various	Anonymous donations and amounts less than £1,000	10,071
Various	Rotary Clubs, Lodges, WIs, Churches & Community Groups	7,046
Various	Just Giving	1,786
17.04.14	Cosatto Limited	1,428
22.05.14	Mayor's Charity	6,400
24.07.14	Markland Hill CP School	1,527
24.07.14	Claypool Primary School	1,882
07.08.14	Keoghs	1,950
06.11.14	Business Awards Raffle	1,223
13.11.14	BSF Rounders League	4,900
18.12.14	S Hawkins	1,000
18.12.14	Manchester Guardian Trust	2,000
08.01.15	Bradshaw Gass Trust	2,750
22.01.15	P Leigh-Bramwell Trust	1,000
		<u>44,963</u>

3. ACTIVITIES FOR GENERATING FUNDS

	31.3.15	31.3.14
	£	£
Fundraising events	6,580	5,829
Other income	<u>22,458</u>	<u>22,824</u>
	<u>29,038</u>	<u>28,653</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2015

4. INVESTMENT INCOME

	31.3.15	31.3.14
	£	£
Deposit account interest	<u>2,404</u>	<u>3,675</u>

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Activity	31.3.15	31.3.14
		£	£
Charge to residents	Operation Of Women's Refuge & Support Centre	382,203	361,042
Grants	Operation Of Women's Refuge & Support Centre	<u>469,365</u>	<u>381,811</u>
		<u>851,568</u>	<u>742,853</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2015**5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES - continued**

Grants received, included in the above, are as follows:

	31.3.15	31.3.14
	£	£
BMBC - Positive Contributions	56,000	56,000
BMBC - Supporting People	224,919	224,919
The Big Lottery Fund	26,304	25,550
Other grants	15,234	11,437
Schools Project	5,730	22,405
JP Getty Trust	14,379	15,000
Intervention C & YP	-	10,500
lpoint	17,549	16,000
Community Housing Services	10,000	-
Awards for All	10,000	-
RBS	15,000	-
Kids of Bolton	5,000	-
GM Police (POC Fund)	4,000	-
Iris Project	65,250	-
	<u>469,365</u>	<u>381,811</u>

Restricted income, included in the above, are as follows:

	£	£
BMBC - Positive Contributions	56,000	56,000
BMBC - Supporting People	224,919	224,919
The Big Lottery Fund	26,304	25,550
Intervention Children & Young People	-	10,500
Schools Project	5,730	22,405
J P Getty Trust	14,379	15,000
lpoint	17,549	16,000
Awards for All	10,000	-
RBS	15,000	-
Kids of Bolton	5,000	-
GM Police (POC Fund)	4,000	-
Iris Project	65,250	-
Other Grants	1,869	11,437
	<u>446,000</u>	<u>381,811</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2015**6. CHARITABLE ACTIVITIES COSTS**

	Direct costs (See note 7)	Totals
	£	£
Operation Of Women's Refuge & Support Centre	<u>736,527</u>	<u>736,527</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.3.15 £	31.3.14 £
Trustees' remuneration etc	70,121	70,902
Staff costs	429,688	385,575
Water rates	7,991	10,264
Insurance	7,086	6,202
Light and heat	30,426	29,307
Sundries	1,046	1,372
Cleaning materials	1,763	2,006
Window cleaning	2,520	2,430
Gardening	1,172	452
Furniture, equipment and maintenance	23,759	18,260
Meetings & conferences	720	60
IVHA rent	104,497	103,743
Children's activities	10,256	5,379
Residents expenses	1,875	2,086
Travel & transport	5,912	5,651
Volunteers expenses	3,997	106
Computer costs	18,030	13,828
Repairs, renewals & maintenance	-	16,602
Subscriptions	948	692
Training costs	2,393	7,403
Refreshments	1,257	1,065
In kind expenditure	-	524
Support, supervision and counselling services	2,398	-
Depreciation	<u>8,672</u>	<u>10,887</u>
	<u>736,527</u>	<u>694,796</u>

Included within the staff costs is an amounts totalling £414,667 (2014: £365,719) which relate to restricted fund expenditure.

8. GOVERNANCE COSTS

	31.3.15 £	31.3.14 £
Legal & professional fees	8,993	9,832
Auditors' remuneration	6,960	7,100
Auditors' remuneration for non-audit work	6,678	6,780
Printing, stationery, advertising & training materials	7,154	6,821
Telephone and post	8,497	7,580
Interest payable and similar charges	<u>132</u>	<u>110</u>
	<u>38,414</u>	<u>38,223</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2015**9. NET INCOMING/(OUTGOING) RESOURCES**

Net resources are stated after charging/(crediting):

	31.3.15	31.3.14
	£	£
Auditors' remuneration	6,960	7,100
Depreciation - owned assets	<u>8,672</u>	<u>10,887</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

	31.3.15	31.3.14
	£	£
Trustees' salaries	63,549	64,167
Trustees' social security	<u>6,572</u>	<u>6,735</u>
	<u>70,121</u>	<u>70,902</u>

Two trustees received remuneration during the period. The trustee's remuneration is in accordance with the memorandum and articles of association of the reporting entity.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2015 nor for the year ended 31 March 2014.

Professional indemnity insurance has been taken out on behalf of trustees at a cost of £660 (2014: £665).

11. STAFF COSTS

	31.3.15	31.3.14
	£	£
Wages and salaries	470,915	430,666
Social security costs	<u>28,894</u>	<u>25,811</u>
	<u>499,809</u>	<u>456,477</u>

The average monthly number of employees during the year was as follows:

	31.3.15	31.3.14
Management and administration	5	5
Lewis House and Women's Support Centre	<u>30</u>	<u>26</u>
	<u>35</u>	<u>31</u>

No employees received emoluments in excess of £60,000.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2015**12. TANGIBLE FIXED ASSETS**

	Long leasehold £	Improvements to property £	Computer equipment £	Totals £
COST				
At 1 April 2014	42,541	156,659	43,481	242,681
Additions	-	18,341	-	18,341
At 31 March 2015	42,541	175,000	43,481	261,022
DEPRECIATION				
At 1 April 2014	-	3,133	27,950	31,083
Charge for year	-	3,500	5,172	8,672
At 31 March 2015	-	6,633	33,122	39,755
NET BOOK VALUE				
At 31 March 2015	42,541	168,367	10,359	221,267
At 31 March 2014	42,541	153,526	15,531	211,598

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.15 £	31.3.14 £
Trade debtors	12,624	19,460
Rents receivable	40,960	39,653
Prepayments	8,396	17,549
	61,980	76,662

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.15 £	31.3.14 £
Bank loans and overdrafts (see note 15)	14,525	26,806
Trade creditors	1,327	1,845
Other creditors	60	600
Accrued expenses	7,119	18,778
	23,031	48,029

Included within accruals is deferred grant income:

	£
Balance at 1 April 2014	-
Amounts released during the year	-
Amounts deferred in the year	-
Balance at 31 March 2015	-

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2015**15. LOANS**

An analysis of the maturity of loans is given below:

	31.3.15	31.3.14
	£	£
Amounts falling due within one year on demand:		
Bank overdraft	<u>14,525</u>	<u>26,806</u>

16. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year:

	Land and buildings	
	31.3.15	31.3.14
	£	£
Expiring:		
Within one year	<u>110,732</u>	<u>104,504</u>

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	31.3.15 Total funds	31.3.14 Total funds
	£	£	£	£
Fixed assets	221,267	-	221,267	211,598
Current assets	830,007	88,932	918,939	800,574
Current liabilities	<u>(23,031)</u>	<u>-</u>	<u>(23,031)</u>	<u>(48,029)</u>
	<u>1,028,243</u>	<u>88,932</u>	<u>1,117,175</u>	<u>964,143</u>

18. MOVEMENT IN FUNDS

	At 1.4.14 £	Net movement in funds £	Transfers between funds £	At 31.3.15 £
Unrestricted funds				
Undesignated fund	921,392	141,284	(304,246)	758,430
Designated Funds	<u>188</u>	<u>(18,621)</u>	<u>288,246</u>	<u>269,813</u>
	921,580	122,663	(16,000)	1,028,243
Restricted funds				
Operation of refuge	42,563	(5,583)	16,000	52,980
Children's Outdoor Play Equipment	-	29,217	-	29,217
Animal Adventure Project	<u>-</u>	<u>6,735</u>	<u>-</u>	<u>6,735</u>
	42,563	30,369	16,000	88,932
TOTAL FUNDS	<u>964,143</u>	<u>153,032</u>	<u>-</u>	<u>1,117,175</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2015**18. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated fund	451,374	(310,090)	141,284
Designated Funds	<u>23,402</u>	<u>(42,023)</u>	<u>(18,621)</u>
	474,776	(352,113)	122,663
Restricted funds			
Operation of refuge	413,980	(419,563)	(5,583)
Children's Outdoor Play Equipment	29,217	-	29,217
Animal Adventure Project	<u>10,000</u>	<u>(3,265)</u>	<u>6,735</u>
	453,197	(422,828)	30,369
TOTAL FUNDS	<u>927,973</u>	<u>(774,941)</u>	<u>153,032</u>

The accumulated undesignated funds are for the purpose of providing relief and protection of women who have been gravely or persistently maltreated by the partner with whom they are or have been living or by any member of their immediate family and of the children of such women.

The designated fund relates to the net book value of tangible fixed assets used in the furtherance of the charity's objectives and the balance left on various funds designated by the Trustees.

The balance on the restricted fund represents amounts received during the financial year in respect of Children's Outdoor Play Equipment, the Drug and Alcohol Worker Project, the Iris Project, the Animal Adventure project and monies received specifically to purchase radiator covers following a Health and Safety review. The balances are all budgeted to be expended during the next financial year.

The Children's Outdoor Play Equipment Project involves the replacement of climbing frame and other fixed play equipment located in the grounds of the refuge.

The Drug and Alcohol Worker Project is a specialist worker providing specific support for women in the refuge who have additional needs in respect of alcohol and substance misuse.

The Iris Project is education based and advocates working in conjunction with doctor's surgeries within Bolton to provide training for practice staff, safety strategies and on-going support for patients who are affected by domestic abuse.

The Animal Adventure Project represents funds received from a collaborative bid to provide external animal focused activities and creative workshops for children from the refuge.

19. ULTIMATE CONTROLLING PARTY

The company was controlled by the Board of Trustees throughout the year under review.

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2015

	31.3.15 £	31.3.14 £
INCOMING RESOURCES		
Voluntary income		
Donations	44,963	24,917
Activities for generating funds		
Fundraising events	6,580	5,829
Other income	<u>22,458</u>	<u>22,824</u>
	29,038	28,653
Investment income		
Deposit account interest	2,404	3,675
Incoming resources from charitable activities		
Charge to residents	382,203	361,042
Grants	<u>469,365</u>	<u>381,811</u>
	<u>851,568</u>	<u>742,853</u>
Total incoming resources	927,973	800,098
RESOURCES EXPENDED		
Charitable activities		
Trustees' salaries	63,549	64,167
Trustees' social security	6,572	6,735
Wages & salaries (Excl NI)	407,366	366,499
Social security	22,322	19,076
Water rates	7,991	10,264
Insurance	7,086	6,202
Light and heat	30,426	29,307
Sundries	1,046	1,372
Cleaning materials	1,763	2,006
Window cleaning	2,520	2,430
Gardening	1,172	452
Furniture, equipment and maintenance	23,759	18,260
Meetings & conferences	720	60
IVHA rent	104,497	103,743
Children's activities	10,256	5,379
Residents expenses	1,875	2,086
Travel & transport	5,912	5,651
Volunteers expenses	3,997	106
Computer costs	18,030	13,828
Repairs, renewals & maintenance	-	16,602
Subscriptions	948	692
Training costs	2,393	7,403
Refreshments	1,257	1,065
Carried forward	725,457	683,385

This page does not form part of the statutory financial statements

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2015

	31.3.15 £	31.3.14 £
Charitable activities		
Brought forward	725,457	683,385
In kind expenditure	-	524
Support, supervision and counselling services	2,398	-
Depreciation	<u>8,672</u>	<u>10,887</u>
	736,527	694,796
Governance costs		
Legal & professional fees	8,993	9,832
Auditors' remuneration	6,960	7,100
Auditors' remuneration for non-audit work	6,678	6,780
Printing, stationery, advertising & training materials	7,154	6,821
Telephone and post	8,497	7,580
Bank charges	<u>132</u>	<u>110</u>
	<u>38,414</u>	<u>38,223</u>
Total resources expended	774,941	733,019
Net income	<u><u>153,032</u></u>	<u><u>67,079</u></u>