

REGISTERED COMPANY NUMBER: 06517841 (England and Wales)
REGISTERED CHARITY NUMBER: 1124031

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013
FOR
FORTALICE LIMITED

THURSDAY



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COMPANIES HOUSE



FORTALICE LIMITED

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for the Year Ended 31 March 2013

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FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2013**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2013. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06517841 (England and Wales)

Registered Charity number
1124031

Registered office
43 Bradford Street
The Haulgh
Bolton
BL2 1HT

Trustees
Mrs A J Cochrane
Mr K Moores
Mrs D M Hawkins
Mrs C Greer
Mrs A Wilkinson
Mrs G Smallwood
Mrs L Howarth
Ms H J Eastham
Mr G W Knowles

Company Secretary
Mr G W Knowles

Auditors
Warings Business Advisers LLP, Statutory Auditor
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

Bankers
National Westminster Bank plc
24 Deansgate
Bolton
BL1 1BN

Solicitors
Kippax, Beaumont, Lewis Solicitors
28 Mawdsley Street
Bolton
BL1 1LF

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28th February 2008 and registered as a Charity on 13th May 2008. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2013**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees and management committee

There is a broad mix of knowledge and skills represented on the management committee to reflect the client group we serve and to provide the management skills required for the smooth running of the organisation

The Directors are also committee members and hold official positions as Chair, Secretary and Treasurer for the organisation

All members of the Management Committee, apart from the Director of Services and the Director of Finance, give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts

Arlene Cochrane, Alison Wilkinson and Geoff Knowles retire by rotation and offer themselves for re-election

Induction and training of new trustees

A Trustee induction programme is in place and subject to regular review. All members are required to undertake training relevant to their adopted role and to increase their own awareness and knowledge of issues relating to domestic abuse and its effects within society

All Trustees and committee members are encouraged to visit the project to become familiar with the staff team and the day to day work of the organisation

Organisational structure

Fortalice is headed by a committee of 9 directors and management members who meet on a regular basis to monitor and give guidance and direction in respect of the services provided by the organisation

The full committee meet bi-monthly with additional sub group meetings addressing specific issues in relation to service, planning, finance, HR, monitoring and evaluation, health and safety and marketing and publicity

Day to day service delivery is managed by the Director of Services reporting back to full committee meetings

Services are provided across the organisation by three teams

Adult Residential Services

- Providing services, support and temporary accommodation at the refuge, Lewis House

Outreach Services

- Providing a range of non residential support services and domestic abuse training programmes at the Women's Support Centre

Children's Services

- Providing services and support for children at both the refuge and the Support Centre

The teams comprise of 28 paid part-time and full-time workers and a contingency of volunteers working in all areas across the organisation

Volunteers play a significant role within the organisation and their contribution greatly enhances the quality of services we are able to offer. This creates 'added value' to the service and clearly demonstrates efficiencies in terms of cost and value for money. In return, we offer a high level of training and opportunities to improve skills knowledge and expertise to enhance their own personal and professional development

Fortalice has provided a number of placements for student counsellors, social work students and work experience placements, all of which have gained knowledge and expertise through their time with the organisation

Our continuous monitoring and reviews of working practices has ensured that we consistently meet the needs of the service users and work within the constraints of our financial budgets. The new working practices with residents have enabled us to measure the success of the service against specific outcomes

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2013**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Services provided by Fortalice respond to both local and national strategies and we continue to be a key member of strategic partnerships within Bolton. Our association with other voluntary organisations through collaborative partnership working continues and we have undertaken joint training and plan to develop and strengthen the association further in the immediate and long term future.

We have established further links with mental health and social care agencies to enhance the support we offer to service users to ensure additional needs are addressed and met and the risk of re-victimisation is greatly reduced.

Through training we are able to raise awareness of the effects domestic abuse has on society and this year we have responded to the demand for the training to a number of agencies throughout the borough.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurances against fraud and error.

There are strict internal controls in relation to financial transactions and an annual review of external factors that may affect the Charity's viability.

We continually review our policy and procedures in relation to risk factors at all levels and health and safety controls are in place throughout the organisation.

24 hour on-site staff cover at the refuge and minimum staffing levels in all areas has been achieved at all times throughout the year.

Service users are consulted on risk and contribute to the annual assessments.

Policies and procedures are in place to safeguard all service users and in addition to stringent security checks at the point of recruitment, we undertake induction training with all paid staff and volunteers in safeguarding children and vulnerable adults.

There are procedures in place giving service users the opportunity to raise issues either independently or as a group at house meetings and concerns or complaints can be raised formally or anonymously with a record kept of each issue and outcome.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of the Charity is to provide relief and protection for women who have been gravely or persistently subjected to domestic abuse by their partner with whom they are or have been living, or any member of their immediate or extended family and for the children of such women.

The Charity's mission statement is

'To provide emergency accommodation and a range of support services to assist women, children and young people who have, or are, experiencing domestic abuse and to raise personal and public awareness of the issues relating to domestic abuse and its impact on society'.

Ensuring our work delivers our aims

We have undertaken an annual review of the development plan to ensure continuity of the development of the organisation. Annual reviews will show achievements for the year in relation to the plan and action for the forthcoming 12 months from both management and operational perspective.

We regularly consult with service users and stakeholders and use this feedback to review services offered by the organisation. We do this through focus groups, questionnaires and weekly house meetings. We also have an abundance of cards, letters and feedback forms expressing appreciation and advocating the services offered across the organisation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2013**

OBJECTIVES AND ACTIVITIES

The focus of our work

In addition to the seamless continuity of service, the main focus for the year has been to monitor and review the organisation's efficiency and continuity of a quality service

We're happy to report that this has been successfully achieved whilst maintaining progress in relation to the aims and objectives of the organisation's five year service plan. The plan sets out seven management priorities in terms of Service Provision, Health and Safety, Finance, Monitoring and Evaluation, HR, Marketing and Publicity and Equality and Diversity. These priorities are supported by operational action plans for Residential Services, Children's Services and Outreach Services.

A new and emerging project has involved working in community group settings and primary and secondary schools to raise awareness of what constitutes a healthy relationship. This work is funded in conjunction with Bolton Council, the Amy Leigh Barnes Foundation and Bolton at Home.

Public Benefit

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set through the use of funds, and we are satisfied that the criteria for public benefit are comprehensively achieved.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our main activities and who we try to help are described below. All our charitable activities are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services

Refuge Accommodation

The local demand for services is high and although priority is given to referrals in Bolton and surrounding districts, we have provided temporary accommodation and services for women and children from many areas throughout the North West and further afield. 72% of referrals admitted were from Bolton and 28% from out of the borough (the majority referred via a Bolton agency).

We received a total of 176 referrals and accommodated 74 individual women and 80 children in Lewis House, the average length of stay being 14 weeks.

Occupancy levels averaged 97.23% for the year with the main reason for the voids being the turnover of residents.

Support needs have varied from low to high with a significant increase in the number of women with additional needs in relation to mental health and substance misuse. With the new appointment of a drug and alcohol worker we are able to work more effectively with women who have drug and alcohol problems.

All residents are allocated named support workers and have entered into individual support plans and a number of women have taken advantage of counselling and group work during their stay.

On leaving, 7% went into other short-term supported accommodation, 6% returned to partners, 17% went to stay with friends or family members, 6% did not provide move-on details and the remaining 64% returned to their own properties or were re-housed into independent permanent accommodation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2013**

ACHIEVEMENT AND PERFORMANCE

Women's Support Centre

1,259 individual clients have accessed 3,950 services including, Information and Advice, Counselling, Personal Development and Group-work. 152 individual professional and volunteers attended 11 training sessions. Just over half of the referrals were from Bolton with others originating from Manchester, Oldham, Bury and Wigan. The majority of the referrals came from Self-referral, Social Workers, Police/Domestic Abuse Unit (DAU), Independent Domestic Violence Advisors (IDVA), Bolton at Home, GP's and 1Point.

Clients brought a wide variety of issues ranging from physical, emotional and sexual abuse to health/mental health, child concerns, housing, substance misuse and behavioural problems. Where these issues needed specialist help we were able to signpost to the relevant services.

Demand for the Counselling Service and Freedom Programme continues to be in high demand. The benefits of these services are widely recognised and acknowledged as having a significant impact in relation to demonstrating that women are taking steps to escape abusive relationships and live a more settled way of life. The counselling service has become part of a company called 1Point, a Community Benefit Company that has just completed a pilot of services which assesses potential clients for talking therapies prior to going into therapy.

The non-residential Young People's project has again received funding from Bolton Council for the year and has provided 961 services for 347 individual young people. The young people engage in personal development group work promoting healthy relationships and positive life choices with workshops addressing issues around staying safe and risk taking.

The Healthy Schools project delivered a total of 84 sessions to 774 pupils up to the end of March. This was funded by Bolton at Home and Bolton Council Neighbourhood managers and The Amy Leigh Barnes Foundation. The Amy Leigh Barnes Foundation also funded community projects to raise awareness of the dangers of domestic abuse with young people and young mums to help them develop healthy relationships thus keeping themselves safe. We have delivered domestic awareness training to 263 teachers in primary and secondary schools. 54 College lecturers have also participated in the domestic abuse training.

Children Services

111 resident children and young people have accessed 2,438 services at Lewis House during this year. Services include, play sessions, after school, computer and youth club sessions, school holiday activities, family sessions and individual one to one support sessions. We are still seeing a significant number of children with child action plans and these children in particular need the additional support from our team of workers on a one to one basis. In addition there have been a number of children with below average speech, language and communication skills and we are engaging in training to enable us to work with these children during the daily sessions. 72 individual children accessed 402 Creche / playroom services at the Women's Support Centre. These services enable women to access the Freedom Programme thus helping them to break away or to sustain independence from abusive relationships.

The team are continually working to develop and expand the services for children and young people and have forged links with many other agencies and service providers locally and nationally. The services they provide are creative, structured and supportive, addressing the individual needs of those in their care.

Charitable activities

Our children's services are registered with OFSTED and meet the standards required during inspections.

FINANCIAL REVIEW

The fourth period has again been successful and the Charity has generated a surplus of £153,518 compared with £101,312 last year.

Principal funding sources

The principal funding sources for the Charity are currently by way of grant and contract income from Bolton Metropolitan Borough Council (BMBC). The two main sources are

- (1) BMBC - Supporting people grant
- (2) BMBC - Housing Benefits

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2013**

ACHIEVEMENT AND PERFORMANCE

Financial review continued

Funding received from BMBC in relation to Supporting people and Housing Benefits represents 26.31% (2012 - 34.81%) and 45.62% (2012 - 44.92%) respectively of total incoming resources from charitable activities

Investment policy and objectives

The investment objective of the Charity is to make investments which will provide an overall return on the portfolio, while maintaining the real purchase power of the portfolio over time and providing reasonable growth

The investment funds held in the deposit accounts yielded interest of £3,734 (2012 - £2,844) as additional monies have been placed on deposit whilst interest rates throughout the year have been almost zero and show no sign of an imminent improvement

ACHIEVEMENT AND PERFORMANCE

Reserves policy

The trustees review the Charity's requirements for reserves annually, in the light of the major risks facing the charity

The trustees consider that in order to ensure the continuous provision of the Charity's services, they require to maintain a general fund equal to 12 months of budgeted expenditure, as agreed at the management meeting on 13th September 2010

At the year end the Charity's unrestricted reserves stood at £897,064 which represents just over 16 months of budgeted expenditure, the trustees consider this is within an acceptable range

However of these reserves in excess of £200,000 has been allocated to the extension and refurbishment of 43 Bradford Street. As a result of this the Trustees anticipate that the unrestricted reserves will more likely to equate to 10 months budgeted expenditure at the next financial year end

PLANS FOR THE FUTURE

The service plan continues to be influenced by the funding cuts. As a result of the cuts, Fortalice has further developed highly effective ways of working to meet the needs of the diverse range of women and children affected by domestic abuse. This year saw the organisation successfully bid and win funding from the Paul Getty Trust for a three year part time drug and alcohol workers post. The post has been developed to not only work directly with issues of drugs and alcohol but also on earlier intervention measures for all women and children

Our plans for the immediate and long term future are laid down in the service plan 2010-2015

Priorities for the year are to

- Further develop educational training programmes to help break the cycle of abuse to be delivered in Schools, Colleges and in the local community,
- Continue to develop working partnerships to assist both our own organisation and other local organisations to ensure we are sustainable for the future,
- Further develop our support network and partnerships for service users to ensure we are able to offer fully inclusive services,
- Work collaboratively with the Community Safety Team, specifically under the theme, 'Improving confidence and protecting vulnerable people', this is governed by the Be Safe Partnership Board
- Work as part of 1Point to ensure a quality initial assessment and counselling service is available for all our clients,
- Further develop training for professionals to ensure teams working with domestic abuse are fully conversant with the issues women can face,

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2013**

PLANS FOR THE FUTURE - continued

- Develop new courses to assist women in breaking the cycle of abuse thus gaining new employability skills,
- Further develop children's activities to ensure they are able to develop healthy relationships

Whilst working on all educational and training projects we aim to work within a sustainable agenda by marketing some of our courses commercially

The Management Committee with the Director of Services and the Director of Finance will deliver the above through a series of sub-groups, ensuring policy and working practices comply with and surpass the quality standards of regulating bodies and funders

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Fortalice Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charity SORP,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

In so far as the trustees are aware

- there is no relevant audit information of which the charitable company's auditors are unaware, and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information

AUDITORS

The auditors, Warings Business Advisers LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

ON BEHALF OF THE BOARD



Mrs D M Hawkins - Trustee

Date 22.7.2013

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF FORTALICE LIMITED

We have audited the financial statements of Fortalice Limited for the year ended 31 March 2013 on pages ten to twenty one. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees Responsibilities set out on page seven, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Trustees to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2013 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended,
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
FORTALICE LIMITED**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us, or
- the financial statements are not in agreement with the accounting records and returns, or
- certain disclosures of trustees' remuneration specified by law are not made, or
- we have not received all the information and explanations we require for our audit, or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Report of the Trustees

Nicola Roby

Nicola Roby ACA FCCA (Senior Statutory Auditor)
for and on behalf of Warnings Business Advisers LLP, Statutory Auditor
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

Date 22.7.2013



FORTALICE LIMITED**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 March 2013**

	Notes	Unrestricted funds £	Restricted funds £	31 3 13 Total funds £	31 3 12 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	24,742	17,542	42,284	13,801
Activities for generating funds	3	24,740	958	25,698	17,182
Investment income	4	3,734	-	3,734	2,844
Incoming resources from charitable activities 5					
Operation Of Women's Refuge & Support Centre		<u>383,521</u>	<u>348,149</u>	<u>731,670</u>	<u>747,660</u>
Total incoming resources		436,737	366,649	803,386	781,487
RESOURCES EXPENDED					
Charitable activities	6				
Operation Of Women's Refuge & Support Centre		271,801	340,178	611,979	639,889
Governance costs	8	<u>37,889</u>	<u>-</u>	<u>37,889</u>	<u>40,286</u>
Total resources expended		309,690	340,178	649,868	680,175
NET INCOMING RESOURCES		127,047	26,471	153,518	101,312
RECONCILIATION OF FUNDS					
Total funds brought forward		743,546	-	743,546	642,234
TOTAL FUNDS CARRIED FORWARD		<u>870,593</u>	<u>26,471</u>	<u>897,064</u>	<u>743,546</u>

CONTINUING OPERATIONS

All incoming resources and resources expended arise from charitable activities during the period

FORTALICE LIMITED**BALANCE SHEET****At 31 March 2013**

	Notes	31 3 13 £	31 3 12 £
FIXED ASSETS			
Tangible assets	12	48,807	51,936
CURRENT ASSETS			
Debtors	13	58,596	60,856
Cash at bank and in hand		<u>825,125</u>	<u>653,627</u>
		883,721	714,483
CREDITORS			
Amounts falling due within one year	14	(35,464)	(22,873)
NET CURRENT ASSETS		<u>848,257</u>	<u>691,610</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		897,064	743,546
NET ASSETS		<u>897,064</u>	<u>743,546</u>
FUNDS	18		
Unrestricted funds		870,593	743,546
Restricted funds		<u>26,471</u>	<u>-</u>
TOTAL FUNDS		<u>897,064</u>	<u>743,546</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies

The financial statements were approved by the Board of Trustees on 22. 7 2013 and were signed on its behalf by



Mrs D M Hawkins -Trustee



Mrs A J Cochrane -Trustee

The notes form part of these financial statements

FORTALICE LIMITED

Notes to the Financial Statements **for the Year Ended 31 March 2013**

1. ACCOUNTING POLICIES

Going concern

The financial statements have been prepared on a going concern basis

Accounting convention

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

Financial reporting standard number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants received from local authorities are credited to income on an accruals basis.

Self-generating income represents monies due as rent and is accounted for on an accruals basis. Monies received in advance are shown as current liabilities and monies owing as debtors.

Income from legacies is recognised on a receivable basis.

All voluntary income is included in income on receipt.

Donated services and facilities are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Governance costs are those incurred in connection with the management of the charity's assets, organisational administration and compliance with constitutional and statutory requirements.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation which is provided in annual instalments over the estimated useful lives of the assets.

Leasehold buildings are depreciated to write down the cost less estimated residual value over the remaining useful life by equal annual instalments. It is the trustees' policy to maintain all buildings to such a standard that their estimated residual value is not less than their cost at any given time. Therefore, in the opinion of the trustees, no depreciation charge is required.

Small items of equipment and furniture are not capitalised but are written off on acquisition through the income and expenditure accounts.

Depreciation is provided at the following annual rates:

Computer equipment	-33% on reducing balance
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FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2013

1. ACCOUNTING POLICIES - continued

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees

Restricted funds can only be used for particular restricted purposes within the objects of the charity
Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements

Hire purchase and leasing commitments

Lease payments under operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2013**2. VOLUNTARY INCOME**

	31 3 13	31 3 12
	£	£
Donations	<u>42,284</u>	<u>13,801</u>

Analysis of donations received during the period

Date	Donor	£
Various	Anonymous	1,528
Various	Bag drop	325
Various	Brookfield Lodge	200
Various	D Hawkins	85
Various	Just Giving	62
Various	L Ewing	240
Various	Royal Mail staff	750
Various	Slimming World	82
Various	Warings	1,533
13 04 12	O Stocken	300
19 04 12	Horwich Rotary	500
04 05 12	Boltonian Lodge	200
04 05 12	Corinthian Ladies	187
04 05 12	Halliwel URC	50
04 05 12	S Tonks	50
17 05 12	J & J Hawkins	19
25 05 12	Bolton Floral Arts	210
25 05 12	Egerton URC	35
25 05 12	Golbourne Lodge	250
25 05 12	Mayors Charity	7,000
01 06 12	K Bricknall/S Livingstone	542
08 06 12	Horwich WI	50
08 06 12	J & H Abernethy	18
19 06 12	Bolton CC	25
22 06 12	Amy Leigh Barnes Foundation	17,543
22 06 12	J Richardson	280
22 06 12	Westhoughton Inner Wheel	200
13 07 12	20th Bolton Guides	50
27 07 12	Bolton Daybreak Sherborne Lodge	535
27 07 12	Christ Church Harwood	20
17 08 12	J Turner	50
06 09 12	St James Breightmet	39
19 09 12	CH Trust	5
26 10 12	Rosehip Flowers	240
03 11 12	Little Bollington WI	50
03 11 12	Queen Street Mission	407
09 11 12	M A Wood	50
09 11 12	M W Kay	20
09 11 12	S Almond	25
09 11 12	Yorkshire & Clydesdale Bank	400
26 11 12	Gift Aid Tax Refund	113
07 12 12	Bradshaw Gass Trust	2,750
07 12 12	Mrs P M Hutton	300
07 12 12	St Peters Belmont	40
07 12 12	Walmsley Church	100
14 12 12	Buckingham Appeal	770
14 12 12	Caroline Brotherton	5
14 12 12	Stonehill Medical Centre	75

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2013**2. VOLUNTARY INCOME - continued**

21 12 12	J Berry	25
21 12 12	Warburtons staff	127
31 12 12	Co-op Tonge Fold	230
18 01 13	M Wright	77
18 01 13	P Leigh-Bramwell Trust	1,000
31 01 13	C Slack	50
08 02 13	Eaton Limited	200
08 02 13	MBDA Community Challenge	300
22 02 13	D Wallduck	100
07 03 13	Bolton Lever Rotary	750
07 03 13	Lisa Hayes	10
22 03 13	Bolton School Year 8	171
22 03 13	Bolton Schools Music Association	678
22 03 13	Hilary Eastham	200
22 03 13	St Andrews Egg Race	60
		<u>42,284</u>

3. ACTIVITIES FOR GENERATING FUNDS

	31 3 13	31 3 12
	£	£
Fundraising events	6,275	9,103
Other income	<u>19,423</u>	<u>8,079</u>
	<u>25,698</u>	<u>17,182</u>

4. INVESTMENT INCOME

	31 3 13	31 3 12
	£	£
Deposit account interest	<u>3,734</u>	<u>2,844</u>

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Activity	31 3 13	31 3 12
		£	£
Charge to residents	Operation Of Women's Refuge & Support Centre	382,021	370,782
Grants	Operation Of Women's Refuge & Support Centre	<u>349,649</u>	<u>376,878</u>
		<u>731,670</u>	<u>747,660</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2013**5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES - continued**

Grants received, included in the above, are as follows

	31 3 13	31 3 12
	£	£
BMBC - Social Services	-	1,774
BMBC - Housing Services	5,000	5,000
BMBC - Positive Contributions / Youth Services	56,000	56,000
BMBC - Supporting People	211,362	272,037
The Big Lottery Fund	24,818	24,608
LTSB Foundation	-	7,000
Other grants	5,696	10,459
Schools Project	31,773	-
JP Getty Trust	15,000	-
	<u>349,649</u>	<u>376,878</u>

Restricted income, included in the above, are as follows

	£	£
BMBC - Social Services	-	1,774
BMBC - Housing Services	5,000	5,000
BMBC - Positive Contributions / Youth Services	56,000	56,000
BMBC - Supporting People	211,362	272,037
The Big Lottery Fund	24,818	24,608
LTSB Foundation	-	7,000
Schools Project	31,773	-
JP Getty Trust	15,000	-
Other Grants	4,196	8,959
	<u>348,149</u>	<u>375,378</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 7)	Totals
	£	£
Operation Of Women's Refuge & Support Centre	<u>611,979</u>	<u>611,979</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2013**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	31 3 13	31 3 12
	£	£
Trustees' remuneration etc	76,587	78,359
Staff costs	360,892	379,710
Water rates	8,411	(1,584)
Insurance	5,740	6,935
Light and heat	19,101	20,277
Sundries	1,456	8,057
Cleaning materials	1,523	2,337
Window cleaning	2,340	2,325
Gardening	1,040	1,064
Furniture, equipment and maintenance	6,831	9,553
Meetings & conferences	91	100
IVHA rent	97,003	88,598
TV licences	146	436
Children's activities	5,340	6,089
Residents expenses	2,529	1,869
Travel & transport	3,704	2,693
Volunteers expenses	988	1,199
Computer costs	3,917	7,148
Repairs, renewals & maintenance	3,248	1,623
Subscriptions	449	180
Training costs	2,873	1,492
Refreshments	848	1,241
In kind expenditure	3,794	2,330
Redundancy costs	-	13,168
Depreciation	3,128	4,690
	<u>611,979</u>	<u>639,889</u>

Included within the staff costs is an amounts totalling £340,178 (2012 £376,027) which relate to restricted fund expenditure

8. GOVERNANCE COSTS

	31 3 13	31 3 12
	£	£
Legal & professional fees	11,204	9,986
Auditors' remuneration	6,600	5,625
Auditors' remuneration for non-audit work	6,025	11,175
Printing, stationery, advertising & training materials	7,349	7,824
Telephone and post	6,580	5,584
Interest payable and similar charges	131	92
	<u>37,889</u>	<u>40,286</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2013**9. NET INCOMING/(OUTGOING) RESOURCES**

Net resources are stated after charging/(crediting)

	31 3 13	31 3 12
	£	£
Auditors' remuneration	6,600	5,625
Depreciation - owned assets	<u>3,129</u>	<u>4,690</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

	31 3 13	31 3 12
	£	£
Trustees' salaries	69,115	70,568
Trustees' social security	<u>7,472</u>	<u>7,791</u>
	<u>76,587</u>	<u>78,359</u>

Two trustees received remuneration during the period. The trustee's remuneration is in accordance with the memorandum and articles of association of the reporting entity.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2013 nor for the year ended 31 March 2012.

Professional indemnity insurance has been taken out on behalf of trustees at a cost of £606 (2012 £606).

11. STAFF COSTS

	31 3 13	31 3 12
	£	£
Wages and salaries	407,348	425,831
Social security costs	<u>30,131</u>	<u>32,238</u>
	<u>437,479</u>	<u>458,069</u>

The average monthly number of employees during the year was as follows:

	31 3 13	31 3 12
Management and administration	4	4
Lewis House and Women's Support Centre	<u>24</u>	<u>26</u>
	<u>28</u>	<u>30</u>

No employee received remuneration over £60,000 in the year ended 31 March 2013 nor in the period ended 31 March 2012.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2013**12. TANGIBLE FIXED ASSETS**

	Long leasehold £	Computer equipment £	Totals £
COST			
At 1 April 2012 and 31 March 2013	<u>42,541</u>	<u>26,462</u>	<u>69,003</u>
DEPRECIATION			
At 1 April 2012	-	17,067	17,067
Charge for year	-	<u>3,129</u>	<u>3,129</u>
At 31 March 2013	-	<u>20,196</u>	<u>20,196</u>
NET BOOK VALUE			
At 31 March 2013	<u>42,541</u>	<u>6,266</u>	<u>48,807</u>
At 31 March 2012	<u>42,541</u>	<u>9,395</u>	<u>51,936</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 3 13 £	31 3 12 £
Trade debtors	38,171	39,071
Rents receivable	19,447	19,022
Other debtors	-	300
Prepayments	<u>978</u>	<u>2,463</u>
	<u>58,596</u>	<u>60,856</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 3 13 £	31 3 12 £
Bank loans and overdrafts (see note 15)	9,528	290
Trade creditors	1,523	1,719
Accrued expenses	<u>24,413</u>	<u>20,864</u>
	<u>35,464</u>	<u>22,873</u>

Included within accruals is deferred grant income

	£
Balance at 1 April 2012	14,000
Amounts released during the year	(14,000)
Amounts deferred in the year	17,254
Balance at 31 March 2013	<u>17,254</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2013**15. LOANS**

An analysis of the maturity of loans is given below

	31 3 13 £	31 3 12 £
Amounts falling due within one year on demand		
Bank overdraft	<u>9,528</u>	<u>290</u>

16. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year

	Land and buildings 31 3 13 £	31 3 12 £
Expiring		
Between one and five years	<u>101,279</u>	<u>96,615</u>

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31 3 13 Total funds £	31 3 12 Total funds £
Fixed assets	48,807	-	48,807	51,936
Current assets	839,996	43,725	883,721	714,483
Current liabilities	<u>(18,210)</u>	<u>(17,254)</u>	<u>(35,464)</u>	<u>(22,873)</u>
	<u>870,593</u>	<u>26,471</u>	<u>897,064</u>	<u>743,546</u>

18. MOVEMENT IN FUNDS

	At 1 4 12 £	Net movement in funds £	Transfers between funds £	At 31 3 13 £
Unrestricted funds				
Undesignated fund	743,546	126,747	(434)	869,859
Designated Funds	<u>-</u>	<u>300</u>	<u>434</u>	<u>734</u>
	743,546	127,047	-	870,593
Restricted funds				
Operation of refuge	<u>-</u>	<u>26,471</u>	<u>-</u>	<u>26,471</u>
TOTAL FUNDS	<u>743,546</u>	<u>153,518</u>	<u>-</u>	<u>897,064</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2013**18. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated fund	436,437	(309,690)	126,747
Designated Funds	<u>300</u>	<u>-</u>	<u>300</u>
	436,737	(309,690)	127,047
Restricted funds			
Operation of refuge	<u>366,649</u>	<u>(340,178)</u>	<u>26,471</u>
TOTAL FUNDS	<u>803,386</u>	<u>(649,868)</u>	<u>153,518</u>

The accumulated undesignated funds are for the purpose of providing relief and protection of women who have been gravely or persistently maltreated by the partner with whom they are or have been living or by any member of their immediate family and of the children of such women

The designated fund relates to the balance left on 'The Garden Project', a fund used to provide garden facilities to children at Fortalice Limited. There has been a transfer of £434 to this fund during the year representing the balance brought forward that had not been designated in the previous year but held within undesignated funds

The balance on the restricted fund represents amounts received during the financial year in respect of The Schools Project and the Drug and Alcohol Worker which are budgeted to be expended during the next financial year

19. ULTIMATE CONTROLLING PARTY

The company was controlled by the Board of Trustees throughout the year under review

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2013

	31 3 13 £	31 3 12 £
INCOMING RESOURCES		
Voluntary income		
Donations	42,284	13,801
Activities for generating funds		
Fundraising events	6,275	9,103
Other income	<u>19,423</u>	<u>8,079</u>
	25,698	17,182
Investment income		
Deposit account interest	3,734	2,844
Incoming resources from charitable activities		
Charge to residents	382,021	370,782
Grants	<u>349,649</u>	<u>376,878</u>
	<u>731,670</u>	<u>747,660</u>
Total incoming resources	803,386	781,487
RESOURCES EXPENDED		
Charitable activities		
Trustees' salaries	69,115	70,568
Trustees' social security	7,472	7,791
Wages & salaries (Excl NI)	338,233	355,263
Social security	22,659	24,447
Water rates	8,411	(1,584)
Insurance	5,740	6,935
Light and heat	19,101	20,277
Sundries	1,456	8,057
Cleaning materials	1,523	2,337
Window cleaning	2,340	2,325
Gardening	1,040	1,064
Furniture, equipment and maintenance	6,831	9,553
Meetings & conferences	91	100
IVHA rent	97,003	88,598
TV licences	146	436
Children's activities	5,340	6,089
Residents expenses	2,529	1,869
Travel & transport	3,704	2,693
Volunteers expenses	988	1,199
Computer costs	3,917	7,148
Repairs, renewals & maintenance	3,248	1,623
Subscriptions	449	180
Training costs	2,873	1,492
Carried forward	604,209	618,460

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FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2013

	31 3 13 £	31 3 12 £
Charitable activities		
Brought forward	604,209	618,460
Refreshments	848	1,241
In kind expenditure	3,794	2,330
Redundancy costs	-	13,168
Depreciation of computer equipment	<u>3,128</u>	<u>4,690</u>
	611,979	639,889
Governance costs		
Legal & professional fees	11,204	9,986
Auditors' remuneration	6,600	5,625
Auditors' remuneration for non-audit work	6,025	11,175
Printing, stationery, advertising & training materials	7,349	7,824
Telephone and post	6,580	5,584
Bank charges	<u>131</u>	<u>92</u>
	<u>37,889</u>	<u>40,286</u>
Total resources expended	649,868	680,175
	<u> </u>	<u> </u>
Net income	<u><u>153,518</u></u>	<u><u>101,312</u></u>

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