

REGISTERED COMPANY NUMBER: 06517841 (England and Wales)
REGISTERED CHARITY NUMBER: 1124031

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2011
FOR
FORTALICE LIMITED

WEDNESDAY



AMPAXZA1

A25	16/11/2011	285
	COMPANIES HOUSE	
A15	20/10/2011	357
	COMPANIES HOUSE	



FORTALICE LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2011

	Page
Report of the Trustees	1 to 7
Report of the Independent Auditors	8 to 9
Statement of Financial Activities	10
Balance Sheet	11
Notes to the Financial Statements	12 to 22
Detailed Statement of Financial Activities	23 to 24

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2011**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2011. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06517841 (England and Wales)

Registered Charity number

1124031

Registered office

43 Bradford Street

Bolton

BL2 1HT

Trustees

Mrs A J Cochrane

Mr K Moores

Mrs D M Hawkins

Mrs C Greer

Mrs D Davis

- resigned 10 1 11

Mr D B Hobson

- resigned 10 1 11

Mrs A Wilkinson

Mrs G Smallwood

Mrs L Howarth

Ms H J Eastham

Mr G W Knowles

- appointed 8 11 10

Company Secretary

Mr G W Knowles

Auditors

Warings Business Advisers LLP, Statutory Auditor

Bedford House

60 Chorley New Road

Bolton

BL1 4DA

Bankers

NatWest

24 Deansgate

Bolton

BL1 1BN

Solicitors

Kippax, Beaumont, Lewis Solicitors

28 Mawdsley Street

Bolton

BL1 1LF

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2011**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28th February 2008 and registered as a Charity on 13th May 2008. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees and management committee

There is a broad mix of knowledge and skills represented on the management committee to reflect the client group we serve and to provide the management skills required for the smooth running of the organisation.

The Directors are also committee members and hold official positions as Chair, Secretary and Treasurer for the organisation.

All members of the Management Committee, apart from the Director of Services and the Director of Finance, give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts.

Diane Hawkins, Gill Smallwood and Louise Howarth retire by rotation and offer themselves for re-election.

Induction and training of new trustees

A Trustee induction programme is in place and currently under review. All members are required to undertake training relevant to their adopted role and to increase their own awareness and knowledge of issues relating to domestic abuse and its effects within society.

All Trustees and committee members are encouraged to visit the project to become familiar with the staff team and the day to day work of the organisation.

Organisational structure

Fortalice is headed by a committee of 13 directors and management members who meet on a regular basis to monitor and give guidance and direction in respect of the services provided by the organisation.

The full committee meet bi-monthly with additional sub group meetings addressing specific issues in relation to service, planning, finance, HR, monitoring and evaluation, health and safety and marketing and publicity.

Day to day service delivery is managed by the Director of Services reporting back to full committee meetings.

Services are provided across the organisation by three teams each headed by team leaders.

Adult Residential Services

- Providing services, support and temporary accommodation at the refuge, Lewis House

Outreach Services

- Providing a range of non residential support services at the Women's Support Centre

Children's Services

- Providing services and support for children at both the refuge and the Support Centre

The teams comprise of 30 paid part-time and full-time workers and a contingency of volunteers working in all areas across the organisation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2011**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure - continued

Volunteers play a significant role within the organisation and their contribution greatly enhances the quality of services we are able to offer. This creates 'added value' to the service and clearly demonstrates efficiencies in terms of cost and value for money. In return, we offer a high level of training and opportunities to improve skills knowledge and expertise to enhance their own personal and professional development.

Fortalice has provided a number of placements for student counsellors, social work students and work experience placements through the Jobwise programme, all of which have gained knowledge and expertise through their time with the organisation.

Due to cuts and efficiencies imposed through the government's strategic funding review, it has been necessary to identify new and more efficient working practices across the organisation. This has resulted in a streamlining of the organisation in order to meet the financial constraints imposed on Fortalice.

Related parties

Services provided by Fortalice respond to both local and national strategies and we continue to be a key member of the Bolton Domestic Abuse Partnership which sits within the Serious Crime Forum. Our association with other voluntary organisations through collaborative partnership working continues and we have undertaken joint training and plan to develop and strengthen the association further in the immediate and long term future. We continue as key members of strategic partnerships within Bolton.

We have established further links with mental health and social care agencies to enhance the support we offer to service users to ensure additional needs are addressed and met and the risk of re-victimisation is greatly reduced.

Through training we are able to raise awareness of the effects domestic abuse has on society and this year we have responded to the demand for the training to a number of agencies throughout the borough.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurances against fraud and error.

There are strict internal controls in relation to financial transactions and an annual review of external factors that may affect the Charity's viability.

We continually review our policy and procedures in relation to risk factors at all levels and health and safety controls are in place throughout the organisation.

24 hour on-site staff cover the refuge and minimum staffing levels in all areas has been achieved at all times throughout the year.

Service users are consulted on risk and contribute to the annual assessments.

Policies and procedures are in place to safeguard all service users and in addition to stringent security checks at the point of recruitment, we undertake induction training with all paid staff and volunteers in safeguarding children and vulnerable adults.

There are procedures in place giving service users the opportunity to raise issues either independently or as a group at house meetings and concerns or complaints can be raised formally or anonymously with a record kept of each issue and outcome.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2011**

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of the Charity is to provide relief and protection for women who have been gravely or persistently subjected to domestic abuse by their partner with whom they are or have been living, or any member of their immediate or extended family and for the children of such women

The Charity's mission statement is

'To provide emergency accommodation and a range of support services to assist women, children and young people who have, or are, experiencing domestic abuse and to raise personal and public awareness of the issues relating to domestic abuse and its impact on society'

Ensuring our work delivers our aims

We have undertaken an annual review of the development plan to ensure continuity of the development of the organisation. Annual reviews will show achievements for the year in relation to the plan and action for the forthcoming 12 months from both management and operational perspective

We regularly consult with service users and stakeholders and use this feedback to review services offered by the organisation. We do this through focus groups, questionnaires and weekly house meetings. We also have an abundance of cards, letters and feedback forms expressing appreciation and advocating the services offered across the organisation

In October we are pleased to report a successful assessment by Investors In People and have once again achieved the nationally recognised standard for the next 3 years

The focus of our work

In addition to the seamless continuity of service, the main focus for the year has been to achieve the aims and objectives of the five year service plan. The plan sets out seven management priorities in terms of Service Provision, Health and Safety, Finance, Monitoring and Evaluation, HR, Marketing and Publicity and Equality and Diversity. These priorities are supported by operational action plans for Residential Services, Children's Services and Outreach Services

Public Benefit

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set through the use of funds, and we are satisfied that the criteria for public benefit are comprehensively achieved

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our main activities and who we try to help are described below. All our charitable activities are undertaken to further our charitable purposes for the public benefit

Who used and benefited from our services

The local demand for services is high and although priority is given to referrals in Bolton and surrounding districts, we have provided temporary accommodation and services for women and children from many areas throughout the North West and further afield. 62% of referrals admitted were from Bolton and 38% from out of the borough (the majority referred via a Bolton agency)

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2011**

ACHIEVEMENT AND PERFORMANCE

Refuge Accommodation

We received a total of 179 referrals and accommodated 188 individual women and children in Lewis House, the average length of stay being 14 weeks

Occupancy levels averaged at just over 97% for the year with the main reason for the voids being the turnover of residents

Support needs have varied from low to high with the number of women with additional needs in relation to mental health and substance misuse noticeably increasing. Once again there is a slight increase in the number of pregnant women coming into the refuge.

All residents are allocated named support workers and have entered into individual support plans and a number of women have taken advantage of counselling and group work during their stay.

On leaving, 21% went into other short-term supported accommodation (this being to another refuge in a more appropriate area or to dispersed accommodation supported by the Safe Haven project). 5% returned to partners, 12% went to stay with friends or family members and the remaining 62% returned to their own properties or were re-housed into independent permanent accommodation.

Women's Support Centre

Over 2,800 clients have accessed services including, Information and Advice, Counselling, Personal Development, Group-work and Awareness Raising Training. We received 533 self referrals and others being referred by agencies such as Health, Education, Police/Legal services, Adult/Children's Social services and other support services.

Clients brought a wide variety of issues ranging from physical, emotional and sexual abuse to health/mental health, child concerns, housing, substance misuse and behavioural problems. Where these issues needed specialist help we were able to signpost to the relevant services.

The Counselling Service and Freedom Programme continue to be in demand and we are pleased to report these services have been successful in attracting additional funding on a fixed term basis.

The non residential Young People's project has again received funding for the year and has provided 841 services for 326 young people. In some cases ours is the first support project the youngsters have engaged with and we have seen confidence grow producing talent and humour as well as enthusiasm for the work undertaken within this project.

Children Services

107 resident children and young people have accessed 2,906 services during this year. Services include, play sessions, after school, computer and youth club sessions, school holiday activities and individual one to one support sessions. We are still seeing a growing number of children with personal protection plans and these children in particular need the additional support from our team of workers on a one to one basis.

The team are continually working to develop and expand the services for children and young people and have forged links with many other agencies and service providers locally and nationally. The services they provide are creative, structured and supportive, addressing the individual needs of those in their care.

Our children's services are registered with OFSTED and meet the standards required during inspections.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2011**

FINANCIAL REVIEW

The third period has again been successful and the Charity has generated a surplus of £132,635 compared with £99,906 last year

Principal funding sources

The principal funding sources for the Charity are currently by way of grant and contract income from Bolton Metropolitan Borough Council (BMBC) The two main sources are

- (1) BMBC - Supporting people grant
- (2) BMBC - Housing Benefits

Funding received from BMBC in relation to Supporting people and Housing Benefits represents 33.31% (2010 - 37.85%) and 45.04% (2010 - 46.21%) respectively of total incoming resources from charitable activities

Investment policy and objectives

The investment objective of the Charity is to make investments which will provide an overall return on the portfolio, while maintaining the real purchase power of the portfolio over time and providing reasonable growth

The investment funds held in the deposit accounts yielded interest of £1,023 (2010 - £1,037) as interest rates throughout the year have been almost zero and show no sign of an imminent improvement

Reserves policy

The trustees review the Charity's requirements for reserves annually, in the light of the major risks facing the charity

The trustees consider that in order to ensure the continuous provision of the Charity's services, they require to maintain a general fund equal to 12 months of budgeted expenditure, as agreed at the management meeting on 13th September 2010

At the year end the Charity's unrestricted reserves stood at £642,234 which represents 10 months of budgeted expenditure. The trustees consider this is within an acceptable range but are working to ensure this is nearer 12 months by the end of the next financial year in anticipation of future funding cuts

PLANS FOR THE FUTURE

The service plan has been influenced by the funding cuts and efficiency savings imposed by local authorities on a national level. As a result of this Fortalice has had to undertake a full service review to meet the loss of statutory funding projected for the next two years. From April 2011, we will need to reduce staffing levels. In addition, rather than develop services further, we will need to consolidate services to meet required savings

Our plans for the immediate and long term future are laid down in the service plan 2010-2015. These are to

- > Consolidate and develop services and build the partnerships necessary to support women and children with a wider range of needs in both the refuge, Lewis House and in the community through our Women's Support Centre
- > Address generic requirements, for example, minimising risk, access to services, consultation, financial and legal aspects throughout the planning process
- > Research and develop training to continue to assist women, children and professionals break the cycle of abuse
- > Monitor and review the organisational re-structure to ensure efficiency and continuity of a quality service

The Management Committee together with the Director of Services and Director of Finance will deliver the above through a series of sub groups, ensuring policy and working practices comply with and surpass the quality standards of regulating bodies and funders

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2011**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Fortalice Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charity SORP,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware

- there is no relevant audit information of which the charitable company's auditors are unaware, and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

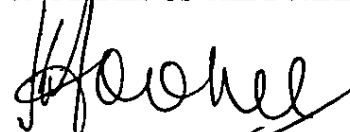
STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

So far as the trustees are aware, there is no relevant information (as defined by Section 418 of the Companies Act 2006) of which the charitable company's auditors are unaware, and each trustee has taken all the steps that they ought to have taken as a trustee in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information.

AUDITORS

The auditors, Warnings Business Advisers LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

ON BEHALF OF THE BOARD



Mr K Moores - Trustee

Date 18 October 2011

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF FORTALICE LIMITED

We have audited the financial statements of Fortalice Limited for the year ended 31 March 2011 on pages twelve to twenty four. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the financial statements to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2011 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended,
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
FORTALICE LIMITED**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us, or
- the financial statements are not in agreement with the accounting records and returns, or
- certain disclosures of trustees' remuneration specified by law are not made, or
- we have not received all the information and explanations we require for our audit, or
- the trustees were not entitled to take advantage of the small companies exemption in preparing the Report of the Trustees

Nicola Roby

Nicola Roby ACA FCCA (Senior Statutory Auditor)
for and on behalf of Warings Business Advisers LLP, Statutory Auditor
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

Date 18 10 - 2011



FORTALICE LIMITED**STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2011**

	Notes	Unrestricted funds £	Restricted funds £	31 3 11 Total funds £	31 3 10 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	33,674	1,237	34,911	20,654
Activities for generating funds	3	20,957	-	20,957	13,712
Investment income	4	1,023	-	1,023	1,037
Incoming resources from charitable activities					
Operation Of Women's Refuge & Support Centre	5	<u>417,967</u>	<u>405,383</u>	<u>823,350</u>	<u>792,406</u>
Total incoming resources		473,621	406,620	880,241	827,809
RESOURCES EXPENDED					
Charitable activities					
Operation Of Women's Refuge & Support Centre	6	307,958	406,620	714,578	694,179
Governance costs	8	<u>33,028</u>	<u>-</u>	<u>33,028</u>	<u>33,724</u>
Total resources expended		340,986	406,620	747,606	727,903
NET INCOMING RESOURCES		132,635	-	132,635	99,906
RECONCILIATION OF FUNDS					
Total funds brought forward		509,599	-	509,599	409,693
TOTAL FUNDS CARRIED FORWARD		<u>642,234</u>	<u>-</u>	<u>642,234</u>	<u>509,599</u>

CONTINUING OPERATIONS

All incoming resources and resources expended arise from charitable activities during the period

The notes form part of these financial statements

FORTALICE LIMITED**BALANCE SHEET**
At 31 March 2011

	Notes	31 3 11 £	31 3 10 £
FIXED ASSETS			
Tangible assets	12	56,626	53,419
CURRENT ASSETS			
Debtors amounts falling due within one year	13	67,030	34,614
Cash at bank		<u>566,104</u>	<u>459,904</u>
		633,134	494,518
CREDITORS			
Amounts falling due within one year	14	(47,526)	(38,338)
NET CURRENT ASSETS		<u>585,608</u>	<u>456,180</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>642,234</u>	<u>509,599</u>
NET ASSETS		<u>642,234</u>	<u>509,599</u>
FUNDS	18		
Unrestricted funds		642,234	509,599
Restricted funds		-	-
TOTAL FUNDS		<u>642,234</u>	<u>509,599</u>

The financial statements were approved by the Board of Trustees on 18 October 2011 and were signed on its behalf by



Mr K Moores - Trustee



Mrs A J Cochrane - Trustee

The notes form part of these financial statements

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS **for the Year Ended 31 March 2011**

1 ACCOUNTING POLICIES

Going concern

The financial statements have been prepared on a going concern basis

Accounting convention

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants received from local authorities are credited to income on an accruals basis.

Self-generating income represents monies due as rent and is accounted for on an accruals basis. Monies received in advance are shown as current liabilities and monies owing as debtors.

Income from legacies is recognised on a receivable basis.

All voluntary income is included in income on receipt.

Donated services and facilities are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Governance costs are those incurred in connection with the management of the charity's assets, organisational administration and compliance with constitutional and statutory requirements.

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2011

1 ACCOUNTING POLICIES - continued

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation which is provided in annual instalments over the estimated useful lives of the assets

Leasehold buildings are depreciated to write down the cost less estimated residual value over the remaining useful life by equal annual instalments. It is the trustees' policy to maintain all buildings to such a standard that their estimated residual value is not less than their net book value at any given time. Therefore, in the opinion of the trustees, no depreciation charge is required

Small items of equipment and furniture are not capitalised but are written off on acquisition through the income and expenditure accounts

Depreciation is provided at the following annual rates

Computer equipment -33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2011**2 VOLUNTARY INCOME**

	31 3 11	31 3 10
	£	£
Donations	17,054	20,654
Legacies	17,857	-
	<u>34,911</u>	<u>20,654</u>

Analysis of donations received during the period

Date	Donor	£
06 04 10	Birtenshaw Methodist	10
06 04 10	Variety Club of GB	100
06 04 10	Horwich Rotary	500
06 05 10	Menthuria Lodge	250
06 05 10	Corinthian Lodge	100
26 05 10	Queens Street Mission	625
23 06 10	NAFAS	50
15 07 10	Don D Hawkins	30
15 07 10	GM Brackley	375
23 07 10	Deane URC	160
06 08 10	The Bridge Church	232
Various	Weigh In Clothing	376
06 08 10	V Wesemeyer	23
06 08 10	Behind The Door Book	5
06 08 10	D Shaughnessy	100
23 08 10	Dixon Geen Darts Team	45
23 08 10	Harwood Ladies Club	30
23 08 10	Trinity Church	175
03 09 10	S Hughes	100
24 09 10	Diane Hawkins	30
24 09 10	St James Church	45
15 10 10	St Johns Church	25
15 10 10	Beech House Harvest	628
Various	Warings Business Advisers LLP	555
05 11 10	Donation	50
13 12 10	Horwich Rotary	400
13 12 10	NS Rickaby	20
13 12 10	In Memory of Sheena Fielding	90
13 12 10	St Elizabeths Toy Services	30
13 12 10	Harvey St Toy Service	35
13 12 10	Worsley Ladies Lunch Club	100
13 12 10	Buckingham Trust	790
13 12 10	Doreen & Bob Lilley	40
13 12 10	Lynne Head	20
13 12 10	Don Zena Ridyard	20
07 01 11	Bradshaw Gass Trust	2,750
07 01 11	DM Akhtar	30
07 01 11	DJ & RAV Tilt	20
07 01 11	Warburtons	100
07 01 11	LA Ewing & LJ Pyrah	250

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2011**2 VOLUNTARY INCOME - continued**

07 01 11	Bolton Parish Church	500
11 01 11	H & S Gregory	150
11 01 11	St Peters Belmont	85
11 01 11	Ross Bullock	5
11 01 11	Behind The Door Book	50
11 01 11	St Osmunds & St Andrews	150
28 01 11	In Memory of Sheena Fielding	50
28 01 11	G Stringfellow & P Bramhall	20
28 01 11	TM & PC Molyneux	20
28 01 11	Phillip Leigh Bramwell Trust	1,000
28 01 11	Ross Bullock	1,380
18 02 11	Bolton School	435
18 02 11	Sharon Bailey	20
18 02 11	Yasmin Qureshi	80
18 02 11	Keoghs	1,190
18 02 11	J Wilde	20
18 02 11	Anonymous	20
25 02 11	Radcliffe Floral Art GP	1,835
25 02 11	Little Lever WI	60
25 02 11	R Bullock	20
18 03 11	Bolton College	50
04 03 11	In Memory of Sheena Fielding	85
18 03 11	Roy Platt	25
25 03 11	Freemasons Brookfield	100
18 03 11	Irene Carr	390
		<u>17,054</u>

3 ACTIVITIES FOR GENERATING FUNDS

	31 3 11	31 3 10
	£	£
Fundraising events	6,913	5,482
Other income	<u>14,044</u>	<u>8,230</u>
	<u>20,957</u>	<u>13,712</u>

4. INVESTMENT INCOME

	31 3 11	31 3 10
	£	£
Deposit account interest	<u>1,023</u>	<u>1,037</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2011**5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES**

	Activity	31 3 11 £	31 3 10 £
Charge to residents	Operation Of Women's Refuge & Support Centre	417,967	400,328
Grants	Operation Of Women's Refuge & Support Centre	<u>405,383</u>	<u>392,078</u>
		<u>823,350</u>	<u>792,406</u>

Grants received, included in the above, are as follows

	31 3 11 £	31 3 10 £
BMBC - Social Services	31,973	31,974
BMBC - Housing Services	5,000	8,000
BMBC - Youth Services	32,510	35,306
BMBC - Supporting People	293,231	313,348
The Big Lottery Fund	24,719	-
LTSB Foundation	15,500	-
Other grants	<u>2,450</u>	<u>-</u>
	<u>405,383</u>	<u>392,078</u>

Restricted income, included in the above, are as follows

	£	£
BMBC - Social Services	31,973	-
BMBC - Housing Services	5,000	-
BMBC - Youth Services	32,510	35,306
BMBC - Supporting People	293,231	313,348
The Big Lottery Fund	24,719	-
LTSB Foundation	15,500	-
Other grants	<u>2,450</u>	<u>-</u>
	<u>405,383</u>	<u>348,654</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 7) £	Totals £
Operation Of Women's Refuge & Support Centre	<u>714,578</u>	<u>714,578</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2011**7 DIRECT COSTS OF CHARITABLE ACTIVITIES**

	31 3 11	31 3 10
	£	£
Trustees' remuneration etc	53,748	43,061
Staff costs	487,137	469,070
Trustees' expenses	-	27
Water rates	9,353	13,135
Insurance	5,449	5,198
Light and heat	25,646	30,901
Sundries	1,820	2,725
Cleaning materials	1,190	3,508
Window cleaning	2,275	1,681
Gardening	1,950	1,200
Furniture, equipment and maintenance	5,843	6,686
Meetings & conferences	4	(53)
IVHA rent	89,485	82,198
TV licences	288	282
Children's activities	2,967	3,791
Residents expenses	4,009	1,331
Travel & transport	2,440	3,518
Volunteers expenses	1,441	1,363
Computer costs	2,619	4,510
Repairs, renewals & maintenance	3,470	9,609
Subscriptions	147	2,498
Training costs	5,823	692
Refreshments	1,425	848
Emergency provisions	-	180
In kind expenditure	2,120	1,853
Depreciation	3,929	4,367
	<u>714,578</u>	<u>694,179</u>

Included within the staff costs is an amounts totalling £406,620 (2010 £359,208) which relate to restricted fund expenditure

8. GOVERNANCE COSTS

	31 3 11	31 3 10
	£	£
Legal & professional fees	3,636	4,893
Auditors' remuneration	5,175	5,176
Auditors' remuneration for non-audit work	11,442	11,046
Printing, stationery, advertising & training materials	7,474	6,060
Telephone and post	5,175	6,359
Interest payable and similar charges	126	190
	<u>33,028</u>	<u>33,724</u>

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2011

9 NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting)

	31 3 11	31 3 10
	£	£
Auditors' remuneration	5,175	5,176
Auditors' remuneration for non-audit work	11,442	11,046
Depreciation - owned assets	<u>3,930</u>	<u>4,367</u>

10 TRUSTEES' REMUNERATION AND BENEFITS

	31 3 11	31 3 10
	£	£
Trustees' salaries	48,459	38,822
Trustees' social security	<u>5,289</u>	<u>4,239</u>
	<u>53,748</u>	<u>43,061</u>

Two trustees received remuneration during the period. The trustee's remuneration is in accordance with the memorandum and articles of association of the reporting entity.

Trustees' Expenses

	31 3 11	31 3 10
	£	£
Trustees' expenses	<u>-</u>	<u>27</u>

There were no trustees' expenses paid for the year ended 31 March 2011.

Trustee expenses represent travel expenses reimbursed to no (2010: one) trustees.

Professional indemnity insurance has been taken out on behalf of trustees at a cost of £583 (2010: £578).

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2011**11 STAFF COSTS**

	31 3 11	31 3 10
	£	£
Wages and salaries	500,323	473,153
Social security costs	<u>40,562</u>	<u>38,978</u>
	<u>540,885</u>	<u>512,131</u>

The average monthly number of employees during the year was as follows

	31 3 11	31 3 10
Management and administration	5	4
Lewis House and Women's Support Centre	<u>30</u>	<u>28</u>
	<u>35</u>	<u>32</u>

No employee received remuneration over £60,000 in the year ended 31 March 2011 nor in the period ended 31 March 2010

12. TANGIBLE FIXED ASSETS

	Long leasehold £	Computer equipment £	Totals £
COST			
At 1 April 2010	42,541	19,325	61,866
Additions	<u>-</u>	<u>7,137</u>	<u>7,137</u>
At 31 March 2011	<u>42,541</u>	<u>26,462</u>	<u>69,003</u>
DEPRECIATION			
At 1 April 2010	-	8,447	8,447
Charge for year	<u>-</u>	<u>3,930</u>	<u>3,930</u>
At 31 March 2011	<u>-</u>	<u>12,377</u>	<u>12,377</u>
NET BOOK VALUE			
At 31 March 2011	<u>42,541</u>	<u>14,085</u>	<u>56,626</u>
At 31 March 2010	<u>42,541</u>	<u>10,878</u>	<u>53,419</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2011**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31 3 11	31 3 10
	£	£
Trade debtors	9,223	-
Rents receivable	52,497	31,966
Other debtors	-	34
Prepayments	<u>5,310</u>	<u>2,614</u>
	<u>67,030</u>	<u>34,614</u>

14 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 3 11	31 3 10
	£	£
Bank loans and overdrafts (see note 15)	51	286
Trade creditors	7,039	7,191
Other creditors	958	-
Accrued expenses	<u>39,478</u>	<u>30,861</u>
	<u>47,526</u>	<u>38,338</u>

Included within accruals is deferred grant income

	£
Balance at 1 April 2010	20,084
Amounts released during the year	(20,084)
Amounts deferred in the year	23,895
Balance at 31 March 2011	<u>23,895</u>

15. LOANS

An analysis of the maturity of loans is given below

	31 3 11	31 3 10
	£	£
Amounts falling due within one year on demand		
Bank overdraft	<u>51</u>	<u>286</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2011**16 OPERATING LEASE COMMITMENTS**

The following operating lease payments are committed to be paid within one year

	Land and buildings 31 3 11 £	31 3 10 £
Expiring Between one and five years	<u>88,591</u>	<u>89,389</u>

17 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31 3 11 Total funds £	31 3 10 Total funds £
Fixed assets	56,626	-	56,626	53,419
Current assets	633,134	-	633,134	494,518
Current liabilities	<u>(47,526)</u>	<u>-</u>	<u>(47,526)</u>	<u>(38,338)</u>
	<u>642,234</u>	<u>-</u>	<u>642,234</u>	<u>509,599</u>

18. MOVEMENT IN FUNDS

	At 1 4 10 £	Net movement in funds £	At 31 3 11 £
Unrestricted funds			
Undesignated fund	509,599	132,635	642,234
TOTAL FUNDS	<u>509,599</u>	<u>132,635</u>	<u>642,234</u>

Net movement in funds, included in the above are as follows

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated fund	473,621	(340,986)	132,635
Restricted funds			
Operation of refuge	406,620	(406,620)	-
TOTAL FUNDS	<u>880,241</u>	<u>(747,606)</u>	<u>132,635</u>

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2011

18. MOVEMENT IN FUNDS - continued

The accumulated funds are restricted for the purpose of providing relief and protection of women who have been gravely or persistently maltreated by the partner with whom they are or have been living or by any member of their immediate family and of the children of such women

19. ULTIMATE CONTROLLING PARTY

The company was controlled by the Board of Trustees throughout the year under review

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2011

	31 3 11 £	31 3 10 £
INCOMING RESOURCES		
Voluntary income		
Donations	17,054	20,654
Legacies	<u>17,857</u>	<u>-</u>
	34,911	20,654
Activities for generating funds		
Fundraising events	6,913	5,482
Other income	<u>14,044</u>	<u>8,230</u>
	20,957	13,712
Investment income		
Deposit account interest	1,023	1,037
Incoming resources from charitable activities		
Charge to residents	417,967	400,328
Grants	<u>405,383</u>	<u>392,078</u>
	<u>823,350</u>	<u>792,406</u>
Total incoming resources	880,241	827,809
RESOURCES EXPENDED		
Charitable activities		
Trustees' salaries	48,459	38,822
Trustees' social security	5,289	4,239
Trustees' expenses	-	27
Wages & salaries (Excl NI)	451,864	434,331
Social security	35,273	34,739
Water rates	9,353	13,135
Insurance	5,449	5,198
Light and heat	25,646	30,901
Sundries	1,820	2,725
Cleaning materials	1,190	3,508
Window cleaning	2,275	1,681
Gardening	1,950	1,200
Furniture, equipment and maintenance	5,843	6,686
Meetings & conferences	4	(53)
IVHA rent	89,485	82,198
TV licences	288	282
Children's activities	2,967	3,791
Residents expenses	4,009	1,331
Travel & transport	2,440	3,518
Volunteers expenses	1,441	1,363
Carried forward	695,045	669,622

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2011

	31 3 11 £	31 3 10 £
Charitable activities		
Brought forward	695,045	669,622
Computer costs	2,619	4,510
Repairs, renewals & maintenance	3,470	9,609
Subscriptions	147	2,498
Training costs	5,823	692
Refreshments	1,425	848
Emergency provisions	-	180
In kind expenditure	2,120	1,853
Computer equipment	3,929	4,367
	<u>714,578</u>	<u>694,179</u>
Governance costs		
Legal & professional fees	3,636	4,893
Auditors' remuneration	5,175	5,176
Auditors' remuneration for non-audit work	11,442	11,046
Printing, stationery, advertising & training materials	7,474	6,060
Telephone and post	5,175	6,359
Bank charges	126	190
	<u>33,028</u>	<u>33,724</u>
Total resources expended	<u>747,606</u>	<u>727,903</u>
Net income	<u>132,635</u>	<u>99,906</u>