

REGISTERED COMPANY NUMBER: 6517841 (England and Wales)
REGISTERED CHARITY NUMBER: 1124031

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS For The Year Ended 31 March 2010
FOR
FORTALICE LIMITED



FORTALICE LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2010

	Page
Report of the Trustees	1 to 7
Report of the Independent Auditors	8 to 9
Statement of Financial Activities	10
Balance Sheet	11
Notes to the Financial Statements	12 to 23
Detailed Statement of Financial Activities	24 to 25

FORTALICE LIMITED

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2010

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2010. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
6517841 (England and Wales)

Registered Charity number
1124031

Registered office
43 Bradford Street
Bolton
BL2 1HT

Trustees
Mrs A J Cochrane
Mr K Moores
Mrs D M Hawkins
Mrs C Greer
Mrs D Davis
Mr D B Hobson
Mrs A Wilkinson
Mrs G Smallwood
Mrs L Howarth
Ms H J Eastham

Company Secretary
Mrs D M Hawkins

Auditors
Warings Business Advisers LLP, Statutory Auditor
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

Bankers
National Westminster Bank plc
24 Deansgate
Bolton
BL1 1BN

Solicitors
Kippax, Beaumont, Lewis Solicitors
28 Mawdsley Street
Bolton
BL1 1LF

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2010**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28th February 2008 and registered as a Charity on 13th May 2008. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees and management committee

There is a broad mix of knowledge and skills represented on the management committee to reflect the client group we serve and to provide the management skills required for the smooth running of the organisation.

The Directors are also committee members and hold official positions as Chair, Secretary and Treasurer for the organisation.

All members of the Management Committee, apart from the 'Managing' Director give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts.

Cathryn Greer, Dennis Hobson and Alison Wilkinson retire by rotation and offer themselves for re-election.

Induction and training of new trustees

A Trustee induction programme is in place and currently under review and all members are required to undertake training relevant to their adopted role and to increase their own awareness and knowledge of issues relating to domestic abuse and its effects within society.

All Trustees and committee members are encouraged to visit the project to become familiar with the staff team and the day to day work of the organisation.

Organisational structure

Fortalice is headed by a committee of 13 directors and management members who meet on a regular basis to monitor and give guidance and direction in respect of the services provided by the organisation.

The full committee meet bi-monthly with additional sub group meetings addressing specific issues in relation to service planning, finance, HR, monitoring & evaluation, health & safety and marketing and publicity.

Day to day service delivery is managed by one director reporting back to full committee meetings.

Services are provided across the organisation by three teams each headed by team leaders.

Adult Residential Services

- Providing services, support and temporary accommodation at the refuge, Lewis House

Outreach Services

- Providing a range of non residential support services at the Women's Support Centre

Children's Services

- Providing services and support for children at both the refuge and the Support Centre

These three teams comprise of 29 paid workers and a contingency of volunteers working in all areas across the organisation.

Volunteers play a significant role within the organisation and their contribution greatly enhances the quality of services we are able to offer. This creates 'added value' to the service and clearly demonstrates efficiencies in terms of cost and value for money. In return we offer volunteers a high level of training and opportunities to improve skills knowledge and expertise to enhance their own personal and professional development.

Fortalice has provided a number of placements for student counsellors, students on degree courses and work experience placements through the Jobwise programme, all of which have gained valuable knowledge and expertise through their time within the organisation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2010**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Services provided by Fortalice respond to both local and national strategies and we continue to be a key member of the Bolton Domestic Abuse Partnership. Our association with other voluntary organisations through 'Collaborate Bolton' continues and we have undertaken joint training and plan to develop and strengthen the association further in the immediate and long term future.

We have established links with mental health and social care agencies to enhance the support we offer to service users to ensure additional needs are addressed and met and the risk of re-victimisation is greatly reduced.

Through training we are able to raise awareness of the effects domestic abuse has on society and this year we have responded to the demand for the training to a number of agencies throughout the borough.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurances against fraud and error.

There are strict internal controls in relation to financial transactions and an annual review of external factors that may affect the Charity's viability.

We continually review our policy and procedures in relation to risk factors at all levels and health and safety controls are in place throughout the organisation.

24 hour on site staff cover at the refuge with at least minimum staffing levels in all areas has been achieved at all times throughout the year.

Service users are consulted on risk and contribute to the annual assessments.

Policies and procedures are in place to safeguard all service users and in addition to stringent security checks at the point of recruitment, we undertake induction training with all paid staff and volunteers in safeguarding children and vulnerable adults.

There are procedures in place giving service users the opportunity to raise issues either independently or as a group at house meetings and concerns or complaints can be raised formally or anonymously with a record kept of each issue and outcome.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of the Charity is to provide relief and protection for women who have been gravely or persistently subjected to domestic abuse by their partner with whom they are or have been living, or any member of their immediate or extended family and for the children of such women.

The Charity's mission statement is

'To provide emergency accommodation and a range of support services to assist women, children and young people who have or are experiencing domestic abuse and to raise personal and public awareness of the issues relating to domestic abuse and its impact on society'.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2010**

OBJECTIVES AND ACTIVITIES

Ensuring our work delivers our aims

We have undertaken an annual review and completion of the 5 year service plan up to March 2010 and are in the process of drafting a new service plan spanning the next 5 years. Annual reviews will show achievements for the year in relation to the plan and actions for the forthcoming 12 months from both a management and operational perspective.

We regularly consult with service users and stakeholders and use this feedback to review services offered by the organisation. We do this through focus groups, questionnaires and weekly house meetings. We also have an abundance of cards, letters and feedback forms expressing appreciation and advocating the services offered across the organisation.

The focus of our work

In addition to the seamless continuity of service, the main focus for the year has been the development of the new 5 year service plan. The plan is now in place and sets out the seven main management priorities in terms of Service Provision, Health and Safety, Finance, Monitoring & Evaluation, HR, Marketing & Publicity and Equality & Diversity. These priorities are supported by operational action plans for Residential Services, Children's Services and Outreach Services.

Public Benefit

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set through the use of funds, and we are satisfied that the criteria for public benefit are comprehensively achieved.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2010**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our main activities and who we try to help are described below. All our charitable activities are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services

The local demand for services is high and although priority is given to referrals from Bolton and surrounding districts, we have provided temporary accommodation and services for women and children from many areas throughout the North West and further afield. 71% of referrals admitted were from Bolton and 29% from out of the borough.

Refuge Accommodation

We received a total of 263 referrals and accommodated 244 individual women and children in Lewis House, the average length of stay being 11 weeks.

Occupancy levels averaged at just over 95% for the year with the main reason for the voids being, turnover of residents and 31 accepted referrals not arriving to take up the offer of accommodation.

Support needs have varied from low to high with the number of women with additional needs in relation to mental health and substance misuse noticeably increasing as are the number of pregnant women coming into the refuge.

All residents are allocated named support workers and have entered into individual support plans and a number of women have taken advantage of counselling and group work during their stay.

On leaving, 26% went into other short term supported accommodation (this being the dispersed accommodation supported by the Safe Haven project), 24% returned to partners or went to stay with friends or family members and 50% either returned to their own properties or were re-housed into independent permanent accommodation.

Women's Support Centre

Over 3000 clients have accessed services including, Information and Advice, Counselling, Personal Development Group-work and Awareness Raising Training. We received 56% self referrals and others being referred by agencies such as Health, Education, Police/Legal services, Adult/Children's Social services and other support services.

Clients brought a wide variety of issues ranging from physical, emotional and sexual abuse to health/mental health, child concerns, housing, substance misuse and behavioural problems. Where these issues needed specialist help we were able to signpost to the relevant agencies.

The Counselling Service and Freedom Programme continue to be in demand and we are pleased to report these services have been successful in attracting additional funding on a fixed term basis.

The non residential Young People's project has again received funding for the year and has provided 827 services for 320 young people. In some cases ours is the first support project the youngsters have engaged with and we have seen confidence grow producing talent and humour as well as enthusiasm for the work undertaken within this project.

Children Services

139 resident and 14 visiting individual children and young people have accessed 2971 services during this year. Services include, play sessions, after school, computer and youth club sessions, school holiday activities and individual one to one support sessions. We are still seeing a growing number of children with personal protection plans and these children in particular need the additional support from our team of workers on a one to one basis.

The team are continually working to develop and expand the services for children and young people and have forged links with many other agencies and service providers locally and nationally. The services they provide are creative, structured and supportive, addressing the individual needs of those in their care.

FORTALICE LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2010**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our children's services and facilities are registered with OFSTED and meet the standards required during regular inspections

FINANCIAL REVIEW

The second period has again been successful and the Charity has generated a surplus of £99,906 compared with £112,452 last year

Principal funding sources

The principal funding sources for the Charity are currently by way of grant and contract income from Bolton Metropolitan Borough Council (BMBC). The two main sources are

- (1) BMBC - Supporting people grant
- (2) BMBC - Housing Benefits

Funding received from BMBC in relation to Supporting people and Housing Benefits represents 37.85% (2009 - 39.45%) and 46.21% (2009 - 47.15%) respectively of total incoming resources from charitable activities

Investment policy and objectives

The investment objective of the Charity is to make investments which will provide an overall return on the portfolio, while maintaining the real purchase power of the portfolio over time and providing reasonable growth

The investment funds held in the deposit accounts yielded interest of £1,037 (2009 - £1,924) and is a reduction on the previous period as interest rates throughout the year have been almost zero and show no sign of an imminent improvement

Reserves policy

The trustees review the Charity's requirements for reserves annually, in the light of the major risks facing the charity

The trustees consider that in order to ensure the continuous provision of the Charity's services, they require to maintain a general fund equal to 12 months of budgeted expenditure, as agreed at the management meeting on 13th September 2010

At the year end the Charity's unrestricted reserves stood at £509,599 which represents nearly 9 months of budgeted expenditure. The trustees consider this is within an acceptable range but are working to ensure this is nearer 12 months by the end of the next financial year in anticipation of future funding cuts

PLANS FOR THE FUTURE

Our plans for the immediate and long term future are laid down in the Service Plan 2010 - 2015, these are to

- Consolidate and develop services and build the partnerships necessary to support women and children with a wider
- > range of needs in both the refuge, Lewis House and in the community through our Women's Support Centre
- Address generic requirements such as minimising risk, access to services, consultation, financial and legal aspects
- > throughout the planning process

The Management Committee together with the Director of Services will deliver the above through a series of sub groups, ensuring policy and working practices comply with and surpass the quality standards of regulating bodies and funders

FORTALICE LIMITED

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2010

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Fortalice Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charity SORP,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

So far as the trustees are aware, there is no relevant information (as defined by Section 418 of the Companies Act 2006) of which the charitable company's auditors are unaware, and each trustee has taken all the steps that they ought to have taken as a trustee in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information.

AUDITORS

The auditors, Warings Business Advisers LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

ON BEHALF OF THE BOARD



Mrs L Howarth - Trustee

12 October 2010

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
FORTALICE LIMITED**

We have audited the financial statements of Fortalice Limited for the year ended 31 March 2010 on pages ten to twenty three. The financial statements have been prepared under the accounting policies set out therein.

This report is made solely to the charitable company's members, as a body, in accordance with Section 495 and 496 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

The trustees' (who are also the directors of the charitable company for the purposes of company law) responsibilities for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the financial statements give a true and fair view are set out on page seven.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view, are properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and are prepared in accordance with the Companies Act 2006. We also report to you whether, in our opinion, the information given in the Report of the Trustees is consistent with those financial statements.

In addition, we report to you if, in our opinion, the charitable company has not kept adequate accounting records, if the charitable company's financial statements are not in agreement with the accounting records and returns, if we have not received all the information and explanations we require for our audit, or if certain disclosures of trustees' remuneration specified by law are not made.

We read the Report of the Trustees and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
FORTALICE LIMITED**

Opinion

In our opinion

- the financial statements give a true and fair view of the state of the charitable company's affairs as at 31 March 2010 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended,
- the financial statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice,
- the financial statements have been prepared in accordance with the Companies Act 2006, and
- the information given in the Report of the Trustees is consistent with the financial statements

N M Crookall

Miss N M Crookall (Senior Statutory Auditor)
for and on behalf of Warings Business Advisers LLP, Statutory Auditor
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

12 October 2010



FORTALICE LIMITED**STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2010**

				Year Ended 31 3 10	Period 28 2 08 to 31 3 09
	Notes	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	10,100	10,554	20,654	23,903
Activities for generating funds	3	13,712	-	13,712	6,284
Investment income	4	1,037	-	1,037	1,924
Incoming resources from charitable activities					
Operation Of Women's Refuge & Support Centre	5	443,752	348,654	792,406	601,725
Other incoming resources		-	-	-	297,241
Total incoming resources		468,601	359,208	827,809	931,077
RESOURCES EXPENDED					
Charitable activities					
Operation Of Women's Refuge & Support Centre	6	334,971	359,208	694,179	496,556
Governance costs	8	33,724	-	33,724	24,828
Total resources expended		368,695	359,208	727,903	521,384
NET INCOMING RESOURCES		99,906	-	99,906	409,693
RECONCILIATION OF FUNDS					
Total funds brought forward		409,693	-	409,693	-
TOTAL FUNDS CARRIED FORWARD		509,599	-	509,599	409,693

CONTINUING OPERATIONS

All incoming resources and resources expended arise from charitable activities during the period

The notes form part of these financial statements

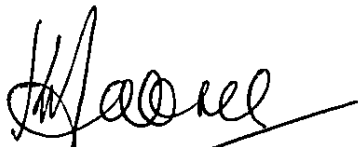
FORTALICE LIMITED**BALANCE SHEET**
At 31 March 2010

	Notes	31 3 10 £	31 3 09 £
FIXED ASSETS			
Tangible assets	12	53,419	55,083
CURRENT ASSETS			
Debtors amounts falling due within one year	13	34,614	25,831
Cash at bank and in hand		459,904	377,060
		<u>494,518</u>	<u>402,891</u>
CREDITORS			
Amounts falling due within one year	14	(38,338)	(48,281)
NET CURRENT ASSETS		<u>456,180</u>	<u>354,610</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		509,599	409,693
NET ASSETS		<u><u>509,599</u></u>	<u><u>409,693</u></u>
FUNDS	18		
Unrestricted funds		509,599	409,693
Restricted funds		-	-
TOTAL FUNDS		<u><u>509,599</u></u>	<u><u>409,693</u></u>

The financial statements were approved by the Board of Trustees on 12 October 2010 and were signed on its behalf by



Mrs L Howarth -Trustee



Mr K Moores -Trustee

The notes form part of these financial statements

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS **for the Year Ended 31 March 2010**

1. ACCOUNTING POLICIES

Going concern

The financial statements have been prepared on a going concern basis

Accounting convention

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants received from local authorities are credited to income on an accruals basis.

Self-generating income represents monies due as rent and is accounted for on an accruals basis. Monies received in advance are shown as current liabilities and monies owing as debtors.

All voluntary income is included in income on receipt.

Donated services and facilities are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Governance costs are those incurred in connection with the management of the charity's assets, organisational administration and compliance with constitutional and statutory requirements.

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2010

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation which is provided in annual instalments over the estimated useful lives of the assets

Leasehold buildings are depreciated to write down the cost less estimated residual value over the remaining useful life by equal annual instalments. It is the trustees' policy to maintain all buildings to such a standard that their estimated residual value is not less than their net book value at any given time. Therefore, in the opinion of the trustees, no depreciation charge is required.

Small items of equipment and furniture are not capitalised but are written off on acquisition through the income and expenditure accounts.

Depreciation is provided at the following annual rates:

Computer equipment	-33% on reducing balance
--------------------	--------------------------

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2010**2. VOLUNTARY INCOME**

	Year Ended	Period
	31 3 10	28 2 08
	£	£
Donations	<u>20,654</u>	<u>23,903</u>

Analysis of donations received during the period

Date	Donor	£
07 04 09	Open Door Horwich Parish	200
07 04 09	Bolton Socialist Club	175
07 04 09	Bolton Rotary Club	30
09 04 09	Populus Ltd Brian Iddon	50
09 04 09	Bolton District Golf Tournament	400
03 06 09	Open Garden	970
30 06 09	Harwood Ladies Club	300
30 06 09	Pauline James Sky Dive	1000
30 06 09	SS Simon & Jude CE School	236
20 07 09	Encore Agency	46
29 07 09	Queen Street Mission	500
29 07 09	Keoghs	1500
29 07 09	Mothers Union Walkden	10
29 07 09	Anonymous	15
07 08 09	Bolton Probation	251
02 09 09	East Lancashire Ladies Golf	160
02 09 09	Adam F Greenhalgh	100
02 09 09	Natalie Kerr	100
02 09 09	Diane Hawkins	50
24 09 09	Open Garden	800
01 10 09	GMP Federation	5000
09 10 09	Birtenshaw Methodist	40
09 10 09	New Jersey	10
30 10 09	St Stephens Kearsley	200
30 10 09	Bolton School	139
30 11 09	Warings Chartered Accountants	500
01 12 09	Trustees of The Bradshaw Gass Trust	2750
01 12 09	S Almond	25
01 12 09	C Collins	150
08 12 09	Little Lever Toy Service	25
08 12 09	B & B Lily	30
08 12 09	Halliwell Methodist Church	20
11 12 09	Buckingham Foods	850
16 12 09	K Robat	25
16 12 09	N Sabini	20
16 12 09	J Dibnah	100
17 12 09	Bolton Probation	286
17 12 09	Unison	17
17 12 09	Warburtons	100
21 12 09	Christ Church	280

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2010**2. VOLUNTARY INCOME - continued**

06 01 10	Women Aglo	31
08 01 10	Horwich Parish Church	55
11 01 10	Cllr Tom Farmer	1166
13 01 10	Krones UK Ltd	100
13 01 10	D & E Greenhalgh	20
10 02 10	Brightmet Methodist Church	43
10 02 10	Trinity Workers Group	100
10 02 10	Phillip Leigh Bramwell Trust	1000
10 02 10	Aspull Methodist Church	42
10 02 10	Bradshaw WI	25
10 02 10	Thursday Club	41
10 03 10	D W Graham	50
10 03 10	Wesley Guild	21
10 03 10	Soroptimist Ramsbottom	500
		<u>20,654</u>

3. ACTIVITIES FOR GENERATING FUNDS

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Fundraising events	5,482	6,284
Other income	8,230	-
	<u>13,712</u>	<u>6,284</u>

4. INVESTMENT INCOME

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Deposit account interest	<u>1,037</u>	<u>1,924</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2010**5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES**

		Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Charge to residents	Activity Operation Of Women's Refuge & Support Centre	400,328	300,052
Grants	Operation Of Women's Refuge & Support Centre	392,078	301,673
		<u>792,406</u>	<u>601,725</u>

Grants received, included in the above, are as follows

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
BMBC - Social Services	31,974	24,138
BMBC - Housing Services	8,000	9,000
BMBC - Youth Services	35,306	24,628
BMBC - Supporting People	313,348	237,357
Other grants	3,450	6,550
	<u>392,078</u>	<u>301,673</u>

Restricted income, included in the above, are as follows

	£	£
BMBC - Youth Services	35,306	24,628
BMBC - Supporting People	313,348	237,357
	<u>348,654</u>	<u>261,985</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 7) £	Totals £
Operation Of Women's Refuge & Support Centre	<u>694,179</u>	<u>694,179</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2010**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Trustees' remuneration etc	43,061	35,183
Staff costs	469,070	343,626
Trustees' expenses	27	130
Water rates	13,135	6,209
Insurance	5,198	3,734
Light and heat	30,901	17,774
Sundries	2,725	2,751
Cleaning materials	3,508	2,295
Window cleaning	1,681	1,800
Gardening	1,200	755
Furniture, equipment and maintenance	6,686	5,879
Meetings & conferences	(53)	53
IVHA rent	82,198	55,132
TV licences	282	116
Children's activities	3,791	4,118
Residents expenses	1,331	930
Travel & transport	3,518	976
Volunteers expenses	1,363	1,087
Computer costs	4,510	1,000
Repairs, renewals & maintenance	9,609	4,722
Subscriptions	2,498	823
Training costs	692	589
Refreshments	848	2,306
Emergency provisions	180	488
In kind expenditure	1,853	-
Depreciation	4,367	4,080
	<u>694,179</u>	<u>496,556</u>

Included within the staff costs is an amounts totalling £359,208 (2009 £261,985) which relate to restricted fund expenditure

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2010**8. GOVERNANCE COSTS**

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Legal & professional fees	4,893	3,618
Auditors' remuneration	5,176	6,900
Auditors' remuneration for non-audit work	11,046	2,016
Printing, stationery, advertising & training materials	6,060	5,514
Telephone and post	6,359	6,400
Interest payable and similar charges	190	380
	<u>33,724</u>	<u>24,828</u>

9. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting)

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Auditors' remuneration	5,176	6,900
Auditors' remuneration for non-audit work	11,046	2,016
Depreciation - owned assets	<u>4,367</u>	<u>4,080</u>

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 March 2010

10. TRUSTEES' REMUNERATION AND BENEFITS

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Trustees' salaries	38,822	31,653
Trustees' social security	4,239	3,530
	<u>43,061</u>	<u>35,183</u>

One trustee received remuneration during the period. The trustee's remuneration is in accordance with the memorandum and articles of association of the reporting entity.

Trustees' Expenses

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Trustees' expenses	<u>27</u>	<u>130</u>

Trustee expenses represent travel expenses reimbursed to one (2009: one) trustee.

Professional indemnity insurance has been taken out on behalf of trustees at a cost of £578 (2009: £433).

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2010**11. STAFF COSTS**

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Wages and salaries	473,153	349,105
Social security costs	38,978	29,704
	<u>512,131</u>	<u>378,809</u>

The average monthly number of employees during the year was as follows

	Year Ended 31 3 10	Period 28 2 08 to 31 3 09
Management and administration	4	5
Lewis House and Women's Support Centre	28	27
	<u>32</u>	<u>32</u>

No employee received remuneration over £60,000 in the year ended 31 March 2010 nor in the period ended 31 March 2009

12. TANGIBLE FIXED ASSETS

	Long leasehold £	Computer equipment £	Totals £
COST			
At 1 April 2009	42,541	16,622	59,163
Additions	-	2,703	2,703
At 31 March 2010	<u>42,541</u>	<u>19,325</u>	<u>61,866</u>
DEPRECIATION			
At 1 April 2009	-	4,080	4,080
Charge for year	-	4,367	4,367
At 31 March 2010	<u>-</u>	<u>8,447</u>	<u>8,447</u>
NET BOOK VALUE			
At 31 March 2010	<u>42,541</u>	<u>10,878</u>	<u>53,419</u>
At 31 March 2009	<u>42,541</u>	<u>12,542</u>	<u>55,083</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2010**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31 3 10	31 3 09
	£	£
Rents receivable	31,966	21,376
Other debtors	34	1,180
Prepayments	2,614	3,275
	<u>34,614</u>	<u>25,831</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 3 10	31 3 09
	£	£
Bank loans and overdrafts (see note 15)	286	746
Trade creditors	7,191	1,072
Social security and other taxes	-	9,779
Accrued expenses	30,861	36,684
	<u>38,338</u>	<u>48,281</u>

Included within accruals is deferred grant income

	£
Balance at 1 April 2009	22,748
Amounts released during the year	(22,748)
Amounts deferred in the year	20,084
Balance at 31 March 2010	<u>20,084</u>

15. LOANS

An analysis of the maturity of loans is given below

	31 3 10	31 3 09
	£	£
Amounts falling due within one year on demand		
Bank overdraft	<u>286</u>	<u>746</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2010**16. OPERATING LEASE COMMITMENTS**

The following operating lease payments are committed to be paid within one year

	Land and buildings	
	31 3 10	31 3 09
	£	£
Expiring		
Between one and five years	89,389	-
In more than five years	-	80,189
	<u>89,389</u>	<u>80,189</u>

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	31 3 10 Total funds	31 3 09 Total funds
	£	£	£	£
Fixed assets	53,419	-	53,419	55,083
Current assets	494,518	-	494,518	402,891
Current liabilities	(38,338)	-	(38,338)	(48,281)
	<u>509,599</u>	<u>-</u>	<u>509,599</u>	<u>409,693</u>

18. MOVEMENT IN FUNDS

	At 1 4 09	Net movement in funds	At 31 3 10
	£	£	£
Unrestricted funds			
Undesignated fund	354,610	104,273	458,883
Designated Funds	55,083	(4,367)	50,716
	<u>409,693</u>	<u>99,906</u>	<u>509,599</u>
TOTAL FUNDS	<u>409,693</u>	<u>99,906</u>	<u>509,599</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Year Ended 31 March 2010**18. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated fund	468,601	(364,328)	104,273
Designated Funds	-	(4,367)	(4,367)
	<u>468,601</u>	<u>(368,695)</u>	<u>99,906</u>
Restricted funds			
Operation of refuge	359,208	(359,208)	-
	<u>827,809</u>	<u>(727,903)</u>	<u>99,906</u>

The accumulated funds are restricted for the purpose of providing relief and protection of women who have been gravely or persistently maltreated by the partner with whom they are or have been living or by any member of their immediate family and of the children of such women

19. ULTIMATE CONTROLLING PARTY

The company was controlled by the Board of Trustees throughout the year under review

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2010

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
INCOMING RESOURCES		
Voluntary income		
Donations	20,654	23,903
Activities for generating funds		
Fundraising events	5,482	6,284
Other income	8,230	-
	<u>13,712</u>	<u>6,284</u>
Investment income		
Deposit account interest	1,037	1,924
Incoming resources from charitable activities		
Charge to residents	400,328	300,052
Grants	392,078	301,673
	<u>792,406</u>	<u>601,725</u>
Other incoming resources		
Net funds realised on incorporation of the charity	-	297,241
	<u>827,809</u>	<u>931,077</u>
Total incoming resources		
RESOURCES EXPENDED		
Charitable activities		
Trustees' salaries	38,822	31,653
Trustees' social security	4,239	3,530
Trustees' expenses	27	130
Wages & salaries (Excl NI)	434,331	317,452
Social security	34,739	26,174
Water rates	13,135	6,209
Insurance	5,198	3,734
Light and heat	30,901	17,774
Sundries	2,725	2,751
Cleaning materials	3,508	2,295
Window cleaning	1,681	1,800
Gardening	1,200	755
Carried forward	570,506	414,257

This page does not form part of the statutory financial statements

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2010

	Year Ended 31 3 10 £	Period 28 2 08 to 31 3 09 £
Charitable activities		
Brought forward	570,506	414,257
Furniture, equipment and maintenance	6,686	5,879
Meetings & conferences	(53)	53
IVHA rent	82,198	55,132
TV licences	282	116
Children's activities	3,791	4,118
Residents expenses	1,331	930
Travel & transport	3,518	976
Volunteers expenses	1,363	1,087
Computer costs	4,510	1,000
Repairs, renewals & maintenance	9,609	4,722
Subscriptions	2,498	823
Training costs	692	589
Refreshments	848	2,306
Emergency provisions	180	488
In kind expenditure	1,853	-
Computer equipment	4,367	4,080
	694,179	496,556
Governance costs		
Legal & professional fees	4,893	3,618
Auditors' remuneration	5,176	6,900
Auditors' remuneration for non-audit work	11,046	2,016
Printing, stationery, advertising & training materials	6,060	5,514
Telephone and post	6,359	6,400
Bank charges	190	380
	33,724	24,828
Total resources expended	727,903	521,384
Net income	99,906	409,693

This page does not form part of the statutory financial statements