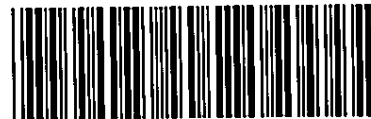


REGISTERED COMPANY NUMBER: 6517841 (England and Wales)
REGISTERED CHARITY NUMBER: 1124031

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS For The Period 28 February 2008 to 31 March 2009
FOR
FORTALICE LIMITED

MONDAY



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COMPANIES HOUSE



FORTALICE LIMITED

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for the Period 28 February 2008 to 31 March 2009

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FORTALICE LIMITED

REPORT OF THE TRUSTEES

for the Period 28 February 2008 to 31 March 2009

The trustees who are also directors of the charity for the purposes of the Companies Act 1985, present their report with the financial statements of the charity for the period 28 February 2008 to 31 March 2009. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

6517841 (England and Wales)

Registered Charity number

1124031

Registered office

43 Bradford Street
Bolton
BL2 1HT

Trustees

Mrs A J Cochrane	- appointed 28.2.08
Mr K Moores	- appointed 28.2.08
Mrs D M Hawkins	- appointed 23.6.08
Mrs C Greer	- appointed 23.6.08
Mrs D Davis	- appointed 23.6.08
Mr D B Hobson	- appointed 23.6.08
Mrs A Wilkinson	- appointed 23.6.08
Mrs G Smallwood	- appointed 23.6.08
Mrs L Howarth	- appointed 23.6.08
Ms H J Eastham	- appointed 11.8.08

Company Secretary

Mrs D M Hawkins

Auditors

Warings Chartered Accountants
& Registered Auditors
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

Bankers

National Westminster Bank plc
24 Deansgate
Bolton
BL1 1BN

Solicitors

Kippax, Beaumont, Lewis Solicitors
28 Mawdsley Street
Bolton
BL1 1LF

COMMENCEMENT OF ACTIVITIES

The reporting entity was incorporated on 28 February 2008. With effect from 1 July 2008, the charitable activities previously carried on by Bolton Women's Aid - Fortalice, an unincorporated charity, was transferred to the reporting entity.

FORTALICE LIMITED

REPORT OF THE TRUSTEES

for the Period 28 February 2008 to 31 March 2009

The accounting period is longer than 12 months due to the company being incorporated in advance of the transfer of the charitable activities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28th February 2008 and registered as a Charity on 13th May 2008. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees and management committee

There is a broad mix of knowledge and skills represented on the management committee to reflect the client group we serve and to provide the management skills required for the smooth running of the organisation.

The Directors are also committee members and hold official positions as Chair, secretary and Treasurer for the organisation.

All members of the Management Committee, apart from the 'Managing' Director give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts.

Arlene Cochrane, Hilary Eastham and Ken Moores retire by rotation and offer themselves for re-election.

Induction and training of new trustees

A Trustee induction programme is in place and currently under review and all members are required to undertake training relevant to their adopted role and to increase their own awareness and knowledge of issues relating to domestic abuse and its effects within society.

All Trustees and committee members are encouraged to visit the project to become familiar with the staff team and the day to day work of the organisation.

FORTALICE LIMITED

REPORT OF THE TRUSTEES

for the Period 28 February 2008 to 31 March 2009

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Fortalice has a management committee made up of directors and committee members. Sub-groups are convened with a committee member taking lead responsibility in specific areas such as:

- > Finance
- > Service Planning
- > Monitoring & Evaluation
- > HR
- > Health & Safety
- > Marketing & Publicity

The full committee meet bi-monthly with additional sub group meetings.

The day to day service delivery is managed by one director reporting back at full committee meetings.

Team Leaders head up the three teams responsible for Adult Services, Children's Services and Outreach (Support Centre services). These three teams comprise of 24 members of paid staff and a contingent of volunteer workers undertaking various duties across the organisation.

New staff were recruited to meet the increased capacity and expansion of service and this brought its own challenges for everyone, existing staff in adapting to the new structure whilst having the added responsibility of inducting new staff into a team that had effectively doubled in size. Whilst the staff team has increased, we have lost some members through retirement, maternity and professional advancement.

Volunteers play an increasingly valuable role within the organisation and the skills, knowledge and expertise they bring enhances the quality and effectiveness of the service we are able to offer. A snapshot audit of the contribution volunteers make to the service in one year revealed an added value of over £57,000.

All vacancies and opportunities are advertised internally and due to the effectiveness of the training undertaken by staff and volunteers within the organisation, it is rarely necessary to advertise posts externally, a prime example of cost effective efficiencies.

We have provided work placements for four students this year within the refuge and support centre setting. All have gained valuable experience and proved to be effective practitioners during their time with us.

FORTALICE LIMITED

REPORT OF THE TRUSTEES

for the Period 28 February 2008 to 31 March 2009

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

The work of the organisation and services provided responds to both local and national strategies.

Fortalice is an active member of the Bolton Domestic Abuse Partnership developing services to provide a holistic response to women and children affected by domestic abuse. We are committed to partnership working and are members of 'Collaborate Bolton' working together with six other voluntary sector organisations and Strategic Housing Services to share resources pool knowledge and expertise thus demonstrating good value and efficient working practice.

Due to the expansion of the refuge service, we have undergone a service review inspection by Supporting People and after providing evidence to meet the requirements of the Quality Assessment Framework have emerged with a very good score in terms of:

- > Financial Viability
- > Competent Administration Procedures
- > Effective Employment Policies
- > Robust Employment Policies and Procedures
- > Service related Competence and / or Relevant Track Record

Fortalice is represented at the North West Refuge Children's Services meetings and are confident that the service we provide for children living in a refuge is second to none within the region.

Our Team Leader for children's services plays a key role in delivering training and awareness raising in respect of safeguarding children within the borough, this includes the CAF and Child Index procedures.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

We continually review our policies and procedures in relation risk factors at all levels.

In relation to health and safety we have taken measures to improve safety and security with door entry systems, CCTV and on site 24 hour awake staff.

Residents in the refuge have contributed to the risk assessment process and made a significant contribution with their observations and suggestions.

Policies and procedures are in place to safeguard all service users and in addition to the stringent security checks at the point of recruitment, we have introduced our own training package addressing the issue of vulnerable adults using the council's safeguarding policy as a baseline and adapted to our own client group.

The protection of children is a paramount consideration and embedded in all our working practices.

There are procedures in place giving service users opportunities to raise issues either independently, or as a group at house meetings and concerns or complaints can be raised either formally or anonymously with a record kept of each issue and outcome.

There are strict internal controls in relation to financial transactions and an annual review of external factors that may affect the Charity's viability.

FORTALICE LIMITED

REPORT OF THE TRUSTEES

for the Period 28 February 2008 to 31 March 2009

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of the Charity is to provide relief and protection for women who have been gravely or persistently subjected to domestic abuse by their partner with whom they are or have been living, or any member of their immediate or extended family and for the children of such women.

The Charity's mission statement is:

'To provide emergency accommodation and a range of support services to assist women, children and young people who have or are experiencing domestic abuse and to raise personal and public awareness of the issues relating to domestic abuse and its impact on society'.

Ensuring our work delivers our aims

We undertake an annual review of our aims, objectives and activities as set out in the 5 year projected service plan.

We regularly consult with stakeholders and service users through focus groups, house meetings and individual questionnaires to get their views and suggestions on the services we provide and proposed services and activities. Two residents have undertaken the massive task of a 1st Anniversary Consultation with service users, staff, volunteers, visitors, supporters and sponsors. The response produced a really good mix of observations, suggestions and very poignant comments, a summary of which is to be publicised and presented at the annual meeting in November.

The focus of our work

The objectives for the year have been to establish ourselves in the new refuge facilities of Lewis House managing increased capacity and support levels, whilst continuing to maintain an effective service. We have achieved this by:

- > Efficient working practice with partner agencies involved with the planning, construction and procurement process
- > Recruitment, induction and training of new personnel
- > Working together with other agencies to secure the widest range of support to meet the increased level of need
- > Review and implementation of policy and procedures to meet the required standards in respect of the extended service and capacity

FORTALICE LIMITED

REPORT OF THE TRUSTEES

for the Period 28 February 2008 to 31 March 2009

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our main activities and who we try to help are described below. All our charitable activities are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services

The local demand for services is high and although priority is given to referrals from Bolton and surrounding districts, we have provided temporary accommodation and services for women and children from many areas throughout the North West and further afield.

Refuge Accommodation

The first year in Lewis House (the new refuge) has been an exhilarating challenge for everyone.

8 families transferred from Norton House (the old refuge) to Lewis House and were delighted with the standard of the accommodation. Although there were some mixed feelings as the women were accustomed to living together in a communal environment, suddenly they had a spacious flat to spread out in, some missed the constant companionship of their peers.

213 women and children have been accommodated at Lewis House with the average length of stay being eleven weeks. The refuge can now accommodate women with disabilities and 5 women and 1 child who considered themselves to have a disability stayed with us.

There has been a significant increase in the level of support needs with a number of women having addition issues such as mental health and substance misuse with two women attempting to take their own life necessitating additional support to assist with their recovery. There has also been a significant increase in the number of children coming into the refuge with protection plans already in place or the process instigated during their stay with us.

Lewis House offers four units adapted for wheelchair access and a lift to enable access at all floors. This year we have accommodated 5 women and one child with mobility difficulties and two women with hearing and visual impairment.

Staff are on site at the refuge 24 hours and we have maintained the required staffing levels at all times. This is due to a contingency of 'bank staff' available to cover absence during periods of sick and annual leave.

Women's Support Centre

The demand for services at the Women's Support Centre continues to be constant with 1359 contacts for advice or to access services. These contacts have been from women needing assistance because of domestic abuse or related issues and from other service providers and professionals on behalf of their clients or to access training and information to improve their own knowledge and skills. 75% of the referrals originated from Bolton and the rest from other areas of the North West.

Clients have brought a wide variety of issues ranging from physical and emotional abuse, depression and general health to anger management, child concerns and cultural issues. Where specialist advice was needed, we were able to signpost to other agencies with the knowledge to deal with the individual issues.

Counselling Service

We offered a total of 1138 counselling appointments in the support centre and in addition to this a further 76 sessions in the refuge.

Group work and Training

Training and awareness raising has been well attended with an increase in demand for the Freedom Programme demonstrating the success of this work.

<u>Session Title</u>	<u>Sessions</u>	<u>Individual Attendees</u>
Personal Development Group work	5	15
Presentations	5	30
Freedom Programme	67	589
Recognising & Responding to Dom. Abuse	6	59
Life Coaching	7	10

FORTALICE LIMITED

REPORT OF THE TRUSTEES

for the Period 28 February 2008 to 31 March 2009

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Young People's Support Project

It has been a rewarding and productive year for this project with a total of 704 young women and men aged between 13 - 19 accessing services ranging from information and advice, group work and accommodation.

The project focus is on 'preventative' action, providing support now and raising awareness of domestic abuse and how to keep safe within a relationship. The objective is for the young people to acknowledge that they have choices in life and encourage them to aim for a safer, better and brighter future for themselves and for the next generation.

We have taken group work out to other projects within Bolton and already have sessions pre-booked for next year, demonstrating the success of this work. These projects include:

- > Mother & Baby Unit
- > Teenage Pregnancy Support
- > Young Mums in Education

We continue to have strong links with the Inclusion Team and are now facilitating group sessions for young men as well as young women.

All the work undertaken is AQA accredited (a national vocational qualification) for including in the individual record of achievement for all the participants, helping to build a portfolio for the future.

Children Services

Services for Children and Young People are always high on the agenda for Fortalice and this year is no exception. With a marked increase in the number of children accommodated in the refuge the children's workers have been presented with many challenges that come with working in a new building and planning for higher numbers. On average there have been 35 children accessing the service every week.

The service is OFSTED registered and we have successfully implemented the six areas of learning and are working toward the EYFS standards.

We have continued the traditional activities and expanded some of the sessions on offer, this includes the introduction of Parent and Child sessions where mum's come into the playroom and are encouraged to play and interact with their children.

<u>Session Title</u>	<u>Sessions</u>	<u>Individual Attendees</u>
Playrooms activities	192	1336
After School Club	60	354
Youth Club	8	47
Lads & Girls Club	8	75
Boogie Babies	10	40
Festival Celebrations	3	87
Trips & Outings	30	239
Parent & Child Sessions	12	31
Individual Childcare	23	53

In addition to the above we have supervised sessions in the computer suite for both the young people and their mothers.

With the increased numbers of children and young people in the refuge, the workload in respect of child protection in particular with CAF's and Child Action. This generates a large volume of work in relation to monitoring, report writing, attending meetings and liaison with partner agencies. It also impacts on the individual support plans as very often the children need additional support in the form of one to one work and advocacy. We are currently monitoring this to gain a fuller picture of the impact this has on our resources.

FORTALICE LIMITED

REPORT OF THE TRUSTEES

for the Period 28 February 2008 to 31 March 2009

FINANCIAL REVIEW

The first period has been successful and the Charity has generated a surplus of £409,693. However included within this surplus is £297,241 which relates to the realisation of the net assets on the incorporation of the old Charity, Bolton Womens Aid - Fortalice. With this one off item removed, the charity made a surplus of £112,452 from its charitable activities.

Principal funding sources

The principal funding sources for the Charity are currently by way of grant and contract income from Bolton Metropolitan Borough Council (BMBC). The two main sources are:

- (1) BMBC - Supporting people grant
- (2) BMBC - Housing Benefits

Funding received from BMBC in relation to Supporting people and Housing Benefits represents 39.45% and 47.15% respectively of total incoming resources from charitable activities.

Investment policy and objectives

The investment objective of the Charity is to make investments which will provide an overall return on the portfolio, while maintaining the real purchase power of the portfolio over time and providing reasonable growth.

The investment funds held in the deposit accounts yielded interest of £1,924 at rates varying between 0.1% and 5% throughout the period. This level of return will not be matched in 2009/10 with interest rates at the beginning of April 2009 almost zero and no sign of an imminent improvement.

Reserves policy

The trustees review the Charity's requirements for reserves annually, in the light of the major risks facing the charity.

The trustees consider that in order to ensure the continuous provision of the Charity's services, they require to maintain a general fund equal to 3 to 6 months of budgeted expenditure.

At the year end the Charity's unrestricted undesignated reserve stood at £354,610 which represents some 6 months of budgeted expenditure which, the trustees consider is within an acceptable range.

PLANS FOR THE FUTURE

Our prime consideration for year ahead will be to develop and adopt a new service plan for the next 5 years. This will include:

- > Review of the aims and objectives not achieved in the current plan
- > Strategies to ensure financial continuity
- > Review of training and development policies
- > Future development and continuity of outreach services
- > Succession planning

FORTALICE LIMITED

REPORT OF THE TRUSTEES

for the Period 28 February 2008 to 31 March 2009

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with the United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

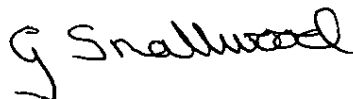
STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

So far as the trustees are aware, there is no relevant information (as defined by Section 234ZA of the Companies Act 1985) of which the charitable company's auditors are unaware, and each trustee has taken all the steps that they ought to have taken as a trustee in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information.

AUDITORS

The auditors, Warings Chartered Accountants, will be proposed for re-appointment at the forthcoming Annual General Meeting.

ON BEHALF OF THE BOARD:



Mrs G Smallwood - Trustee

22 September 2009

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
FORTALICE LIMITED**

We have audited the financial statements of Fortalice Limited for the period ended 31 March 2009 on pages eleven to twenty two. These financial statements have been prepared under the accounting policies set out therein.

This report is made solely to the charitable company's . Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

The trustees' responsibilities for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out on page nine.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985.

In addition, we report to you if, in our opinion, the charitable company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustees' remuneration and other transactions is not disclosed.

We read the Report of the Trustees and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion:

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of the charitable company's affairs as at 31 March 2009 and of its incoming resources and application of resources, including its income and expenditure, for the period then ended;
- the financial statements have been properly prepared in accordance with the Companies Act 1985; and
- the information given in the Report of the Trustees is consistent with the financial statements.

Warings

Warings Chartered Accountants
& Registered Auditors
Bedford House
60 Chorley New Road
Bolton
BL1 4DA

Date: 19.10.2009.....



FORTALICE LIMITED**STATEMENT OF FINANCIAL ACTIVITIES****for the Period 28 February 2008 to 31 March 2009**

	Notes	Unrestricted funds £	Restricted funds £	Total funds £
INCOMING RESOURCES				
Incoming resources from generated funds				
Voluntary income	2	23,903	-	23,903
Activities for generating funds	3	6,284	-	6,284
Investment income	4	1,924	-	1,924
Incoming resources from charitable activities				
Operation Of Women's Refuge & Support Centre	5	339,740	261,985	601,725
Other incoming resources		297,241	-	297,241
Total incoming resources		669,092	261,985	931,077
RESOURCES EXPENDED				
Charitable activities	6	234,571	261,985	496,556
Operation Of Women's Refuge & Support Centre		24,828	-	24,828
Governance costs	8			
Total resources expended		259,399	261,985	521,384
NET INCOMING RESOURCES		409,693	-	409,693
TOTAL FUNDS CARRIED FORWARD		409,693	-	409,693

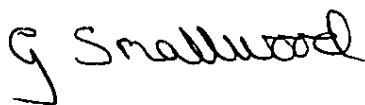
CONTINUING OPERATIONS

All incoming resources and resources expended arise from charitable activities acquired during the period.

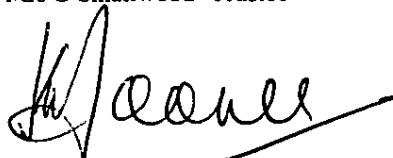
FORTALICE LIMITED**BALANCE SHEET****At 31 March 2009**

	Notes	£
FIXED ASSETS		
Tangible assets	12	55,083
CURRENT ASSETS		
Debtors: amounts falling due within one year	13	25,831
Cash at bank and in hand		377,060
		<u>402,891</u>
CREDITORS		
Amounts falling due within one year	14	(48,281)
		<u>354,610</u>
NET CURRENT ASSETS		
		<u>409,693</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		
		<u>409,693</u>
NET ASSETS		<u><u>409,693</u></u>
FUNDS	18	
Unrestricted funds		409,693
Restricted funds		-
TOTAL FUNDS		<u><u>409,693</u></u>

The financial statements were approved by the Board of Trustees on 22 September 2009 and were signed on its behalf by:



Mrs G Smallwood -Trustee



Mr K Moores -Trustee

The notes form part of these financial statements

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS **for the Period 28 February 2008 to 31 March 2009**

1. ACCOUNTING POLICIES

Going concern

The financial statements have been prepared on a going concern basis.

Accounting convention

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 1985. The principal accounting policies adopted in the preparation of the financial statements are set out below.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants received from local authorities are credited to income on an accruals basis.

Self-generating income represents monies due as rent and is accounted for on an accruals basis. Monies received in advance are shown as current liabilities and monies owing as debtors.

All voluntary income is included in income on receipt.

Donated services and facilities are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Governance costs are those incurred in connection with the management of the charity's assets, organisational administration and compliance with constitutional and statutory requirements.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation which is provided in annual instalments over the estimated useful lives of the assets.

Leasehold buildings are depreciated to write down the cost less estimated residual value over the remaining useful life by equal annual instalments. It is the trustees' policy to maintain all buildings to such a standard that their estimated residual value is not less than their net book value at any given time. Therefore, in the opinion of the trustees, no depreciation charge is required.

Small items of equipment and furniture are not capitalised but are written off on acquisition through the income and expenditure accounts.

Depreciation is provided at the following annual rates:

Computer equipment	-33% on reducing balance
--------------------	--------------------------

Taxation

The charity is exempt from corporation tax on its charitable activities.

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Period 28 February 2008 to 31 March 2009

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Period 28 February 2008 to 31 March 2009**2. VOLUNTARY INCOME**

Donations	£
	<u>23,903</u>

Analysis of donations received during the period:

Date	Donor	£
10/07/2008	S Riley	805
10/07/2008	G Unsworth	50
10/07/2008	Art Exhibition	466
10/07/2008	Choiral Evening	1,062
10/07/2008	Anonymous donation	45
05/08/2008	Stephensons Solicitors	100
05/08/2008	Keoghs Solicitors	361
05/08/2008	S Riley	285
05/08/2008	Anonymous donation	4
15/08/2008	Law Society Dinner	1,500
15/08/2008	Choiral Evening	30
02/09/2008	M&S Simpson/ G&D Gerrard	1,700
10/09/2008	United Reform Church	29
10/09/2008	St Annes & St James	16
10/09/2008	St Annes & St James	20
15/10/2008	Christmas Gifts- For Ladies	100
15/10/2008	D Hawkins	20
22/10/2008	St Johns Church Farnworth	25
22/10/2008	St James Church Breightmet	46
28/11/2008	RBS-C Bamford	100
10/12/2008	Diane Hawkins	90
10/12/2008	Mrs Chamberline	10
10/12/2008	Books Sales	50
10/12/2008	Bob & Doreen Lilly	30
10/12/2008	Bolton School Girls	227
10/12/2008	Xmas Gifts For Mums	30
10/12/2008	Halliwell Methodist Church	20
10/12/2008	Bolton Rotary Club	250
10/12/2008	Counselling Client	60
15/12/2008	W Parry	150
16/12/2008	Buckingham Food Appeal	770
16/12/2008	Warings	63
16/12/2008	Trustee of The Bradshaw Gass Trust	2,750
16/12/2008	Unite Reform Church	500
16/12/2008	Christ Church Little Lever	20
16/12/2008	Counselling Client	100
22/12/2008	Warburtons	50
29/12/2008	Capita Harrishead	210
29/12/2008	Lever Bridge	20
31/12/2008	Norwich Union	5,247
27/01/2009	Salon Focus	500
27/01/2009	P Leigh- Bramwell Trust	1,000
27/01/2009	KBL	2,322
27/01/2009	E ON- Staff (L Jones)	106
27/01/2009	Express Solicitors	96
27/01/2009	Diane Hawkins	30
27/01/2009	Margaret Smith & Friends	90
27/01/2009	St Peters	120

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Period 28 February 2008 to 31 March 2009**2. VOLUNTARY INCOME - continued**

27/01/2009	Mayor of Horwich	10
27/01/2009	Horwich Rotary Club	500
27/01/2009	Counselling Client	50
12/02/2009	A Liptrott	118
16/02/2009	Annon Don- Counselling Client	10
23/02/2009	E on- Employee Donation	106
11/03/2009	Falcon View	120
11/03/2009	Barlow Andrews	140
11/03/2009	A Ruaux	955
11/03/2009	K Evans	40
11/03/2009	Open Door- Horwich Parish Centre	30
25/03/2009	Rotary Club	150

23,904

3. ACTIVITIES FOR GENERATING FUNDS

	£
Fundraising events	6,284

4. INVESTMENT INCOME

	£
Deposit account interest	1,924

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Activity	£
Charge to residents	Operation Of Women's Refuge & Support Centre	300,052
Grants	Operation Of Women's Refuge & Support Centre	301,673
		601,725

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Period 28 February 2008 to 31 March 2009**5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES - continued**

Grants received, included in the above, are as follows:

	£
BMBC - Social Services	24,138
BMBC - Housing Services	9,000
BMBC - Youth Services	24,628
BMBC - Supporting People	237,357
Other grants	6,550
	<u>301,673</u>

Restricted income, included in the above, are as follows:

	£
BMBC - Youth Services	24,628
BMBC - Supporting People	237,357
	<u>261,985</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 7)	Totals
	£	£
Operation Of Women's Refuge & Support Centre	<u>496,556</u>	<u>496,556</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Period 28 February 2008 to 31 March 2009**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	£
Trustees' remuneration etc	35,183
Staff costs	343,626
Trustees' expenses	130
Water rates	6,209
Insurance	3,734
Light and heat	17,774
Sundries	2,751
Cleaning materials	2,295
Window cleaning	1,800
Gardening	755
Furniture, equipment and maintenance	5,879
Meetings & conferences	53
IVHA rent	55,132
TV licences	116
Children's activities	4,118
Residents expenses	930
Travel & transport	976
Volunteers expenses	1,087
Computer costs	1,000
Repairs, renewals & maintenance	4,722
Subscriptions	823
Training costs	589
Refreshments	2,306
Emergency provisions	488
Depreciation	4,080
	<u>496,556</u>

Included within the staff costs is an amounts totalling £261,985 which relate to restricted fund expenditure.

8. GOVERNANCE COSTS

	£
Legal & professional fees	3,618
Auditors' remuneration	6,900
Auditors' remuneration for non-audit work	2,016
Printing, stationery, advertising & training materials	5,514
Telephone and post	6,400
Interest payable and similar charges	380
	<u>24,828</u>

9. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	£
Auditors' remuneration	6,900
Auditors' remuneration for non-audit work	2,016
Depreciation - owned assets	<u>4,080</u>

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Period 28 February 2008 to 31 March 2009**10. TRUSTEES' REMUNERATION AND BENEFITS**

	£
Trustees' salaries	31,653
Trustees' social security	3,530
	<u>35,183</u>

One trustee received remuneration during the period. The trustee's remuneration is in accordance with the memorandum and articles of association of the reporting entity.

The trustee was previously a paid employee of Bolton Womens Aid - Fortalice (Charity number 506784). Upon incorporation of the charitable activities, the trustee remained in the same capacity as in Bolton Womens Aid - Fortalice (Charity number 506784). In addition the trustee was also made a director of the reporting entity.

Trustees' Expenses

	£
Trustees' expenses	130
	<u>130</u>

Trustee expenses represent travel expenses reimbursed to one trustee.

Professional indemnity insurance has been taken out on behalf of trustees at a cost of £433.

11. STAFF COSTS

	£
Wages and salaries	349,105
Social security costs	29,704
	<u>378,809</u>

The average monthly number of employees during the period was as follows:

Management and administration	5
Lewis House	27
	<u>32</u>

No employee received remuneration over £60,000 in the period ended 31 March 2009.

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Period 28 February 2008 to 31 March 2009**12. TANGIBLE FIXED ASSETS**

	Long leasehold £	Computer equipment £	Totals £
COST			
Additions	42,541	16,622	59,163
DEPRECIATION			
Charge for year	-	4,080	4,080
NET BOOK VALUE			
At 31 March 2009	42,541	12,542	55,083

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Rents receivable	21,376
Other debtors	1,180
Prepayments	3,275
	25,831

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Bank loans and overdrafts (see note 15)	746
Trade creditors	1,072
Social security and other taxes	9,779
Accrued expenses	36,684
	48,281

Included within accruals is deferred grant income:

	£
Balance at 28 February 2008	-
Amounts deferred in the period	22,748
Balance at 31 March 2009	22,748

15. LOANS

An analysis of the maturity of loans is given below:

	£
Amounts falling due within one year on demand:	
Bank overdraft	746

FORTALICE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**
for the Period 28 February 2008 to 31 March 2009**16. OPERATING LEASE COMMITMENTS**

The following operating lease payments are committed to be paid within one year:

	Land and buildings £
Expiring: In more than five years	80,189

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	Total funds £
Fixed assets	55,083	-	55,083
Current assets	402,891	-	402,891
Current liabilities	(48,281)	-	(48,281)
	<u>409,693</u>	<u>-</u>	<u>409,693</u>

18. MOVEMENT IN FUNDS

	At 28.2.08 £	Net movement in funds £	At 31.3.09 £
Unrestricted funds			
Undesignated fund	-	354,610	354,610
Designated Funds	-	55,083	55,083
	<u>-</u>	<u>409,693</u>	<u>409,693</u>
TOTAL FUNDS	<u>-</u>	<u>409,693</u>	<u>409,693</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated fund	609,929	(255,319)	354,610
Designated Funds	59,163	(4,080)	55,083
	<u>669,092</u>	<u>(259,399)</u>	<u>409,693</u>
Restricted funds			
Operation of refuge	261,985	(261,985)	-
TOTAL FUNDS	<u>931,077</u>	<u>(521,384)</u>	<u>409,693</u>

FORTALICE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Period 28 February 2008 to 31 March 2009

18. MOVEMENT IN FUNDS - continued

The accumulated funds are restricted for the purpose of providing relief and protection of women who have been gravely or persistently maltreated by the partner with whom they are or have been living or by any member of their immediate family and of the children of such women.

19. RELATED PARTY DISCLOSURES

On the 1 July 2008 the reporting commenced to carry out the charitable activities previously carried out by Bolton Womens Aid - Fortalice, an unincorporated charity.

As a result, all the assets and liabilities as at that date were also transferred to the reporting entity.

The net assets transferred to the reporting entity totalled £297,241. This amount has been included within the SOFA as Other incoming resources.

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Period 28 February 2008 to 31 March 2009

	£
INCOMING RESOURCES	
Voluntary income	
Donations	23,903
Activities for generating funds	
Fundraising events	6,284
Investment income	
Deposit account interest	1,924
Incoming resources from charitable activities	
Charge to residents	300,052
Grants	301,673
	601,725
Other incoming resources	
Net funds realised on incorporation of the charity	297,241
Total incoming resources	931,077
 RESOURCES EXPENDED	
Charitable activities	
Trustees' salaries	31,653
Trustees' social security	3,530
Trustees' expenses	130
Wages & salaries (Excl NI)	317,452
Social security	26,174
Water rates	6,209
Insurance	3,734
Light and heat	17,774
Sundries	2,751
Cleaning materials	2,295
Window cleaning	1,800
Gardening	755
Furniture, equipment and maintenance	5,879
Meetings & conferences	53
IVHA rent	55,132
TV licences	116
Children's activities	4,118
Residents expenses	930
Travel & transport	976
Volunteers expenses	1,087
Computer costs	1,000
Repairs, renewals & maintenance	4,722
Subscriptions	823
Training costs	589
Carried forward	489,682

This page does not form part of the statutory financial statements

FORTALICE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Period 28 February 2008 to 31 March 2009

	£
Charitable activities	
Brought forward	489,682
Refreshments	2,306
Emergency provisions	488
Computer equipment	4,080
	496,556
 Governance costs	
Legal & professional fees	3,618
Auditors' remuneration	6,900
Auditors' remuneration for non-audit work	2,016
Printing, stationery, advertising & training materials	5,514
Telephone and post	6,400
Bank charges	380
	24,828
 Total resources expended	 521,384
 Net income	 409,693