Registered Number 06230821

Body Rehab Studios Limited

Abbreviated Accounts

30 April 2016

Body Rehab Studios Limited **Registered Number 06230821**

Balance Sheet as at 30 April 2016

	Notes	2016		2015	
		£	£	£	£
Fixed assets	2				
Tangible			3,727		4,610
			3,727		4,610
Current assets					
Stocks		295		245	
Debtors		5,978		6,341	
Cash at bank and in hand		0		2	
Total current assets		6,273		6,588	
Creditors: amounts falling due within one year		(32,880)		(45,846)	
Net current assets (liabilities)			(26,607)		(39,258)
Total assets less current liabilities			(22,880)		(34,648)
Total net assets (liabilities)			(22,880)		(34,648)
Capital and reserves					
Called up share capital	4		1		1
Profit and loss account			(22,881)		(34,649)

Shareholders funds	(22,880)	(34,648)

a. For the year ending 30 April 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 04 January 2017

And signed on their behalf by:
D. Liebe, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 30 April 2016

1 **Accounting policies**

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

Fixed Assets

All fixed assets are initially recorded at cost.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities. Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures & Fittings	25% per annum of cost
Equipment	33% per annum of cost

2 **Fixed Assets**

	Tangible Assets	Total
Cost or valuation	**£**	**£**
At 01 May 2015	22,798	22,798
Additions	1,288	1,288
At 30 April 2016	24,086	24,086

Depreciation		
At 01 May 2015	18,188	18,188
Charge for year	2,171	2,171
At 30 April 2016	20,359	20,359
Net Book Value		
At 30 April 2016	3,727	3,727
At 30 April 2015	4,610	4,610

3 **Creditors: amounts falling due after more than one year**

4 **Share capital**

	2016	2015
	£	£
Authorised share capital:		
1 Ordinary of £1 each	1	1
Allotted, called up and fully paid:		
1 Ordinary of £1 each	1	1

5 **Balance sheet Spare note 99 (user defined)**

GOING CONCERN The company meets its day to day working capital requirements through trading cash inflows and the continued support of the director. On this basis the director considers it appropriate to prepare the financial statements on a going concern basis. These