REGISTERED NUMBER: 06229021 (England and Wales)



ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 30 APRIL 2016

FOR

RESILIENCE ONE LIMITED



RESILIENCE ONE LIMITED

CONTENTS OF THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 APRIL 2016

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	3

RESILIENCE ONE LIMITED

COMPANY INFORMATION
FOR THE YEAR ENDED 30 APRIL 2016

DIRECTOR:	D J Gregory
SECRETARY:	Mrs L N Gregory
REGISTERED OFFICE:	Peter Barrett 21 Fairview Road Lancing West Sussex BN15 0PA
REGISTERED NUMBER:	06229021 (England and Wales)
ACCOUNTANT:	Peter Barrett FCA FCCA 21 Fairview Road Lancing West Sussex BN15 0PA

RESILIENCE ONE LIMITED (REGISTERED NUMBER: 06229021)

ABBREVIATED BALANCE SHEET
30 APRIL 2016

	Notes	30/4/16 £	£	30/4/15 £	£
FIXED ASSETS					
Tangible assets	2		**1**		1
CURRENT ASSETS					
Debtors		**2,700**		-	
Cash at bank		**35,258**		11,709	
		37,958		11,709	
CREDITORS					
Amounts falling due within one year		**34,161**		16,668	
NET CURRENT ASSETS/(LIABILITIES)			**3,797**		(4,959)
TOTAL ASSETS LESS CURRENT LIABILITIES			**3,798**		(4,958)
CAPITAL AND RESERVES					
Called up share capital	3		**100**		100
Profit and loss account			**3,698**		(5,058)
SHAREHOLDERS' FUNDS			**3,798**		(4,958)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 April 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 200(and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 39: and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far a applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 200(relating to small companies.

The financial statements were approved by the director on 15 January 2017 and were signed by:



D J Gregory - Director

The notes form part of these abbreviated accounts

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 30 APRIL 2016

1. ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financia Reporting Standard for Smaller Entities (effective January 2015).

Turnover
Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 50% on cost

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance shee date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 May 2015 and 30 April 2016	**4,878**
DEPRECIATION	
At 1 May 2015 and 30 April 2016	**4,877**
NET BOOK VALUE	
At 30 April 2016	**1**
At 30 April 2015	1

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	**30/4/16 £**	30/4/15 £
100	Ordinary	£1	**100**	100

4. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

The director owed £324 to the company on 30 April 2016 - previous year end he was owed £81. The £324 was repaid tc the company prior to 31 January 2017.