

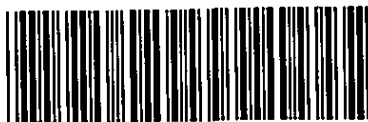
Registered number
06128421

Innertuition Coaching and Consulting Ltd

Abbreviated Accounts

28 February 2011

THURSDAY



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COMPANIES HOUSE

Innertuition Coaching and Consulting Ltd
Registered number: 06128421
Abbreviated Balance Sheet
as at 28 February 2011

	Notes	2011 £	2010 £
Fixed assets			
Tangible assets	2	370	493
Current assets			
Debtors		6,595	75
Cash at bank and in hand		<u>1,197</u>	<u>12,035</u>
		7,792	12,110
Creditors: amounts falling due within one year		<u>(8,130)</u>	<u>(12,601)</u>
Net current liabilities		(338)	(491)
Net assets		<u>32</u>	<u>2</u>
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		31	1
Shareholder's funds		<u>32</u>	<u>2</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

The member has not required the company to obtain an audit in accordance with section 476 of the Act

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

K Banbrook

Mrs K Banbrook

Director

Approved by the board on 15 July 2011

Innertuition Coaching and Consulting Ltd
Notes to the Abbreviated Accounts
for the year ended 28 February 2011

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant and machinery	25% reducing balance
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Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse

Financial instruments

Financial instruments are classified and accounted for according to the substance of the contractual arrangement, as either financial assets, liabilities or equity instruments. An equity

2 Tangible fixed assets

£

Cost

At 1 March 2010	1,168
At 28 February 2011	1,168

Depreciation

At 1 March 2010	675
Charge for the year	123
At 28 February 2011	798

Net book value

At 28 February 2011	370
At 28 February 2010	493

3 Share capital

	Nominal value	2011 Number	2011 £	2010 £
Allotted, called up and fully paid Ordinary shares	£1 each	1	1	1