

ABBREVIATED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2007

FOR

ENERGIZE DANCE & FITNESS LIMITED

SATURDAY



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28/06/2008

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COMPANIES HOUSE

ENERGIZE DANCE & FITNESS LIMITED

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FOR THE PERIOD ENDED 30 JUNE 2007**

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Energize Dance & Fitness Limited**Abbreviated Balance Sheet @ 30th June 2007**

	NOTE	30th June 2007 £
FIXED ASSETS	3	38110
CURRENT ASSETS		
Debtors & Prepayments		1636
Stock		8000
Cash at Bank		3913
		<u>13549</u>
Creditors : Amounts falling due within one year		<u>21354</u>
NET CURRENT ASSETS		-7805
TOTAL ASSETS LESS CURRENT LIABILITIES		30305
LONG TERM LIABILITIES		26687
NET ASSETS		<u><u>3618</u></u>
CAPITAL & RESERVES		
Called up share capital	4	2
P & L A/c b/f		3616
SHAREHOLDERS FUNDS		<u><u>3618</u></u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the period ended ~~31st July 2007~~ 30 June 2007

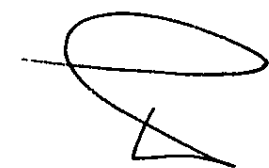
The members have not required the company to obtain an audit of its financial statements for the period ended ~~31st July 2007~~ 30 June 2007 in accordance with section 249B(2) of the Companies Act 1985

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the companies act 1985
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company

These financial statements have been prepared in accordance with the special provisions of Part VII of the companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective June 2002)

ON BEHALF OF THE BOARD



K A Reece-Buck

Approved by the board on 27/6/8

ENERGIZE DANCE & FITNESS LTD

NOTES TO THE ABBREVIATED FINANCIAL STATEMENTS **FOR THE PERIOD ENDED 30 JUNE 2007**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002)

Turnover

Turnover represents net invoiced sales of goods excluding value added tax

Deferred Taxation

Provision is made for deferred tax at the current rate to take account of the different treatment of certain items for tax purposes and for accounting purposes

Tangible Fixed Assets - Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life as follows

Office Equipment	15%
Fixtures & Fittings	15%
Other Equipment	15%

2. OPERATING PROFIT

The operating profit is stated after charging

	Period Ended
	30 06 07
	£
Directors emoluments and other benefits etc	-
Depreciation	6725
	<u><u> </u></u>

ENERGIZE DANCE & FITNESS LIMITED

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 30 JUNE 2007

3. TANGIBLE FIXED ASSETS

	FIXED ASSETS
B/f Balance 01/07/06	0
Additions	£44835
Depreciation	£6725
Net Book Value @ 30/06/07	£38110

4. CALLED UP SHARE CAPITAL

Authorised Number	Class	Nominal value	30/06/2007 £
1000	Ordinary Shares	£1	1000 =====
Allotted, issued and fully paid Number.	Class	Nominal value	30/06/2007 £
2	Ordinary Shares	£1	2 =====