Registered Number 04735421

LIFT IT SHIFT IT LTD

Abbreviated Accounts

30 June 2014

LIFT IT SHIFT IT LTD **Registered Number 04735421**

Abbreviated Balance Sheet as at 30 June 2014

	Notes	*2014*	*2013*
		£	£
Fixed assets			
Tangible assets	2	132,557	133,487
		132,557	133,487
Current assets			
Debtors		926	3,279
Cash at bank and in hand		4,014	2,886
		4,940	6,165
Creditors: amounts falling due within one year		(114,622)	(95,828)
Net current assets (liabilities)		(109,682)	(89,663)
Total assets less current liabilities		22,875	43,824
Creditors: amounts falling due after more than one year		(67,625)	(74,858)
Total net assets (liabilities)		(44,750)	(31,034)
Capital and reserves			
Called up share capital		1	1
Profit and loss account		(44,751)	(31,035)
Shareholders' funds		(44,750)	(31,034)

- For the year ending 30 June 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 31 March 2015

And signed on their behalf by:
MR T WELBURN, Director

Notes to the Abbreviated Accounts for the period ended 30 June 2014

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 1 July 2013	165,765
Additions	2,495
Disposals	-
Revaluations	-
Transfers	-
At 30 June 2014	168,260
Depreciation	
At 1 July 2013	32,278
Charge for the year	3,425
On disposals	-
At 30 June 2014	35,703
Net book values	
At 30 June 2014	132,557
At 30 June 2013	133,487

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.