Registered number
04701280

THE PARK HEALTH CLUB LIMITED

Abbreviated Accounts

31 March 2016

THE PARK HEALTH CLUB LIMITED

Registered number: 04701280

Abbreviated Balance Sheet

as at 31 March 2016

	Notes		2016		2015
			£		£
Fixed assets					
Tangible assets	2		610		2,190
Current assets					
Stocks		250		400	
Debtors		3,460		8,828	
Cash at bank and in hand		33,169		31,352	
		36,879		40,580	
Creditors: amounts falling due within one year		(53,256)		(81,935)	
Net current liabilities			(16,377)		(41,355)
Net liabilities			(15,767)		(39,165)
Capital and reserves					
Called up share capital	3		76,925		76,925
Revaluation reserve			54,398		59,502
Profit and loss account			(147,090)		(175,592)
Shareholders' funds			(15,767)		(39,165)

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

R J Redman

Director

Approved by the board on 9 December 2016

THE PARK HEALTH CLUB LIMITED

Notes to the Abbreviated Accounts

for the year ended 31 March 2016

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The accounts have been prepared on a going concern basis, even though the balance sheet shows a net deficit in capital and reserves. The going concern basis is considered appropriate as the directors have undertaken to support the company until its reserves show a surplus.

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Office equipment	3 years straight line
Gymnasium equipment	3 years straight line
Leasehold improvements	10 years straight line

Stocks

Stock is valued at the lower of cost and net realisable value.

2 Tangible fixed assets

	£
Cost	
At 1 April 2015	196,793
At 31 March 2016	196,793
Depreciation	
At 1 April 2015	194,603
Charge for the year	1,580
At 31 March 2016	196,183
Net book value	
At 31 March 2016	610
At 31 March 2015	2,190

3 Share capital

	Nominal value	2016 Number	2016 £	2015 £
Allotted, called up and fully paid:				
Ordinary shares	£1 each	76,925	76,925	76,925

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