Registered Number 04701280

THE PARK HEALTH CLUB LIMITED

Abbreviated Accounts

31 March 2011

THE PARK HEALTH CLUB LIMITED **Registered Number 04701280**

Balance Sheet as at 31 March 2011

	Notes	2011		2010	
		£	£	£	£
Fixed assets					
Intangible	2		5,500		11,500
Tangible	3		32,378		48,067
Total fixed assets			37,878		59,567
Current assets					
Stocks		150		150	
Debtors		10,968		2,533	
Cash at bank and in hand		24,833		40,559	
Total current assets		35,951		43,242	
Creditors: amounts falling due within one year		(148,102)		(159,584)	
Net current assets			(112,151)		(116,342)
Total assets less current liabilities			(74,273)		(56,775)
Creditors: amounts falling due after one year			(74,743)		(100,828)
Total net Assets (liabilities)			(149,016)		(157,603)
Capital and reserves					
Called up share capital			76,925		76,925
Profit and loss account			(225,941)		(234,528)
Shareholders funds			(149,016)		(157,603)

a. For the year ending 31 March 2011 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
c. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 19 December 2011

And signed on their behalf by:
D A Parker, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 March 2011

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008). The accounts have been prepared on a going concern basis, even though the balance sheet shows a net deficit in capital and reserves. The going concern basis is considered appropriate as the directors have undertaken to support the company until its reserves show a surplus.

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land and Buildings	10.00% Straight Line
Plant and Machinery	33.33% Straight Line
Fixtures and Fittings	33.33% Straight Line

2 **Intangible fixed assets**

Cost Or Valuation	£
At 31 March 2010	30,000
At 31 March 2011	30,000
Depreciation	
At 31 March 2010	18,500
Charge for year	6,000
At 31 March 2011	24,500
Net Book Value	
At 31 March 2010	11,500
At 31 March 2011	5,500

3 **Tangible fixed assets**

Cost	£
At 31 March 2010	182,119
additions	695
disposals	
revaluations	
transfers	
At 31 March 2011	182,814

Depreciation	
At 31 March 2010	134,052
Charge for year	16,384
on disposals	
At 31 March 2011	150,436
Net Book Value	
At 31 March 2010	48,067
At 31 March 2011	32,378