REGISTERED NUMBER: 04577813 (England and Wales)

Abbreviated Unaudited Accounts for the Year Ended 31 December 2013

for

Chapel Health and Fitness Studio Limited

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Chapel Health and Fitness Studio Limited

Company Information
for the Year Ended 31 December 2013

DIRECTOR:	A J M Dandy
SECRETARY:	A J M Dandy
REGISTERED OFFICE:	Prince William House 10 Lower church Street Ashby De La Zouch Leicestershire LE65 1AB
REGISTERED NUMBER:	04577813 (England and Wales)
ACCOUNTANTS:	McGregors Business Services Prince William House 10 Lower Church Street Ashby de la Zouch Leicestershire LE65 1AB
BANKERS:	National Westminister Bank Plc Market Place Loughborough Leicestershire LE11 3NZ

Abbreviated Balance Sheet
31 December 2013

	Notes	2013 £	£	2012 £	£
FIXED ASSETS					
Intangible assets	2		-		-
Tangible assets	3		2,312		2,637
			2,312		2,637
CURRENT ASSETS					
Cash at bank and in hand		367		332	
CREDITORS					
Amounts falling due within one year		40,625		43,377	
NET CURRENT LIABILITIES			(40,258)		(43,045)
TOTAL ASSETS LESS CURRENT LIABILITIES			(37,946)		(40,408)
CREDITORS					
Amounts falling due after more than one year			2,639		-
NET LIABILITIES			(40,585)		(40,408)
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Profit and loss account			(40,685)		(40,508)
SHAREHOLDERS' FUNDS			(40,585)		(40,408)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2013 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

continued...

Abbreviated Balance Sheet - continued
31 December 2013

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 25 August 2014 and were signed by:

A J M Dandy - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts for the Year Ended 31 December 2013

1. ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover
Turnover represents net invoiced sales of goods, excluding value added tax.

Goodwill
Acquired goodwill is written off in equal annual instalments over its useful economic life.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on reducing balance

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

Going concern
These accounts have been prepared on a going concern basis which assumes the continuing support of the company's directors and bankers.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1 January 2013 and 31 December 2013	4,500
AMORTISATION	
At 1 January 2013 and 31 December 2013	4,500
NET BOOK VALUE	
At 31 December 2013	-
At 31 December 2012	-

continued...

Notes to the Abbreviated Accounts - continued for the Year Ended 31 December 2013

3. TANGIBLE FIXED ASSETS

	Total
	£
COST	
At 1 January 2013	23,308
Additions	446
At 31 December 2013	23,754
DEPRECIATION	
At 1 January 2013	20,671
Charge for year	771
At 31 December 2013	21,442
NET BOOK VALUE	
At 31 December 2013	2,312
At 31 December 2012	2,637

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2013 £	2012 £
100	Ordinary shares	£1	100	100

5. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

Mr Dandy owns the building occupied by Chapel Health & Fitness Studio Limited. During the year Mr Dandy was paid £10,848 (2012 - £10,848) as rent for the property.

As at the balance sheet date the amount owing to Mr Dandy in respect of his directors loan account was £37,001 (2012 - £37,332).

This loan is interest free and repayable on demand.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.