

**Abbreviated Unaudited Accounts for the Year Ended 31 December 2012**

**for**

**Chapel Health & Fitness Studio Limited**

**Contents of the Abbreviated Accounts  
for the Year Ended 31 December 2012**

|                                          | <b>Page</b> |
|------------------------------------------|-------------|
| <b>Company Information</b>               | <b>1</b>    |
| <b>Abbreviated Balance Sheet</b>         | <b>2</b>    |
| <b>Notes to the Abbreviated Accounts</b> | <b>3</b>    |

**Chapel Health & Fitness Studio Limited**

**Company Information**  
**for the Year Ended 31 December 2012**

|                           |                                                                                                                                  |
|---------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| <b>DIRECTOR:</b>          | A J M Dandy                                                                                                                      |
| <b>SECRETARY:</b>         | A J M Dandy                                                                                                                      |
| <b>REGISTERED OFFICE:</b> | Prince William House<br>10 Lower church Street<br>Ashby De La Zouch<br>Leicestershire<br>LE65 1AB                                |
| <b>REGISTERED NUMBER:</b> | 04577813 (England and Wales)                                                                                                     |
| <b>ACCOUNTANTS:</b>       | McGregors Business Services<br>Prince William House<br>10 Lower Church Street<br>Ashby de la Zouch<br>Leicestershire<br>LE65 1AB |
| <b>BANKERS:</b>           | National Westminster Bank Plc<br>Market Place<br>Loughborough<br>Leicestershire<br>LE11 3NZ                                      |

**Abbreviated Balance Sheet**  
**31 December 2012**

|                                              | Notes | 2012<br>£     | £               | 2011<br>£     | £               |
|----------------------------------------------|-------|---------------|-----------------|---------------|-----------------|
| <b>FIXED ASSETS</b>                          |       |               |                 |               |                 |
| Intangible assets                            | 2     |               | -               |               | -               |
| Tangible assets                              | 3     |               | <u>2,637</u>    |               | <u>3,516</u>    |
|                                              |       |               | 2,637           |               | 3,516           |
| <b>CURRENT ASSETS</b>                        |       |               |                 |               |                 |
| Cash at bank and in hand                     |       | 332           |                 | 81            |                 |
| <b>CREDITORS</b>                             |       |               |                 |               |                 |
| Amounts falling due within one year          |       | <u>43,377</u> |                 | <u>43,946</u> |                 |
| <b>NET CURRENT LIABILITIES</b>               |       |               | <u>(43,045)</u> |               | <u>(43,865)</u> |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       |               | <u>(40,408)</u> |               | <u>(40,349)</u> |
| <b>CAPITAL AND RESERVES</b>                  |       |               |                 |               |                 |
| Called up share capital                      | 4     |               | 100             |               | 100             |
| Profit and loss account                      |       |               | <u>(40,508)</u> |               | <u>(40,449)</u> |
| <b>SHAREHOLDERS' FUNDS</b>                   |       |               | <u>(40,408)</u> |               | <u>(40,349)</u> |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2012.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2012 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395
- (b) and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 20 July 2013 and were signed by:

A J M Dandy - Director

**Notes to the Abbreviated Accounts**  
**for the Year Ended 31 December 2012**

**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**

Turnover represents net invoiced sales of goods, excluding value added tax.

**Goodwill**

Acquired goodwill is written off in equal annual instalments over its useful economic life.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings                      - 25% on reducing balance

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

**Going concern**

These accounts have been prepared on a going concern basis which assumes the continuing support of the company's directors and bankers.

**2. INTANGIBLE FIXED ASSETS**

**COST**

At 1 January 2012  
and 31 December 2012

**AMORTISATION**

At 1 January 2012  
and 31 December 2012

**NET BOOK VALUE**

At 31 December 2012

At 31 December 2011

Total  
£

4,500

4,500

-  
-

**Notes to the Abbreviated Accounts - continued**  
**for the Year Ended 31 December 2012**

**3. TANGIBLE FIXED ASSETS**

|                                           | Total<br>£    |
|-------------------------------------------|---------------|
| <b>COST</b>                               |               |
| At 1 January 2012<br>and 31 December 2012 | <u>23,308</u> |
| <b>DEPRECIATION</b>                       |               |
| At 1 January 2012                         | 19,792        |
| Charge for year                           | <u>879</u>    |
| At 31 December 2012                       | <u>20,671</u> |
| <b>NET BOOK VALUE</b>                     |               |
| At 31 December 2012                       | <u>2,637</u>  |
| At 31 December 2011                       | <u>3,516</u>  |

**4. CALLED UP SHARE CAPITAL**

| Allotted, issued and fully paid: |                 | Nominal<br>value: | 2012<br>£  | 2011<br>£  |
|----------------------------------|-----------------|-------------------|------------|------------|
| Number:                          | Class:          |                   |            |            |
| 100                              | Ordinary shares | £1                | <u>100</u> | <u>100</u> |

**5. TRANSACTIONS WITH DIRECTOR**

Mr Dandy owns the building occupied by Chapel Health & Fitness Studio Limited. During the year Mr Dandy was paid £10,848 (2010 - £4,517) as rent for the property.

As at the balance sheet date the amount owing to Mr Dandy in respect of his directors loan account was £37,328 (2010 - £36,410).

This loan is interest free and repayable on demand.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.