REGISTERED NUMBER: 04577813 (England and Wales)

Abbreviated Unaudited Accounts for the Year Ended 31 December 2009

for

Chapel Health & Fitness Studio Limited

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A30 27/05/2010 521
COMPANIES HOUSE

Chapel Health & Fitness Studio Limited

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Chapel Health & Fitness Studio Limited

Company Information for the Year Ended 31 December 2009

DIRECTORS.	A J M Dandy Mrs K M Dandy
SECRETARY·	A J M Dandy
REGISTERED OFFICE:	Prince William House 10 Lower church Street Ashby De La Zouch Leicestershire LE65 1AB
REGISTERED NUMBER:	04577813 (England and Wales)
ACCOUNTANTS:	McGregors Business Services Prince William House 10 Lower Church Street Ashby de la Zouch Leicestershire LE65 1AB
BANKERS:	National Westminister Bank Plc Market Place Loughborough Leicestershire LE11 3NZ

Chapel Health & Fitness Studio Limited

Abbreviated Balance Sheet
31 December 2009

	Notes	2009 £	£	2008 £	£
FIXED ASSETS					
Intangible assets	2		-		-
Tangible assets	3		5,224		5,074
			5,224		5,074
CURRENT ASSETS					
Cash at bank and in hand		760		1,235	
CREDITORS					
Amounts falling due within one year		43,662		41,598	
NET CURRENT LIABILITIES			(42,902)		(40,363)
TOTAL ASSETS LESS CURRENT LIABILITIES			(37,678)		(35,289)
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Profit and loss account			(37,778)		(35,389)
SHAREHOLDERS' FUNDS			(37,678)		(35,289)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2009

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2009 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on 4-5-10 and were signed on its behalf by

A J M Dandy - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts for the Year Ended 31 December 2009

1 ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover
Turnover represents net invoiced sales of goods, excluding value added tax

Goodwill
Acquired goodwill is written off in equal annual instalments over its useful economic life

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Fixtures and fittings - 25% on reducing balance

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease

Going concern
These accounts have been prepared on a going concern basis which assumes the continuing support of the company's directors and bankers

2 INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1 January 2009 and 31 December 2009	4,500
AMORTISATION	
At 1 January 2009 and 31 December 2009	4,500
NET BOOK VALUE	
At 31 December 2009	-
At 31 December 2008	-

continued

3 TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 January 2009	20,521
Additions	1,892
At 31 December 2009	22,413
DEPRECIATION	
At 1 January 2009	15,448
Charge for year	1,741
At 31 December 2009	17,189
NET BOOK VALUE	
At 31 December 2009	5,224
At 31 December 2008	5,073

4 CALLED UP SHARE CAPITAL

Allotted, issued and fully paid

Number	Class	Nominal value	2009 £	2008 £
100	Ordinary shares	£1	100	100

5 TRANSACTIONS WITH DIRECTORS

Mr and Mrs Dandy own the building occupied by Chapel Health & Fitness Studio Limited, during the year Mr & Mrs Dandy were paid £7,260 (£6,975 in 2008) as rent for the property

As at the balance sheet date the amount owing to Mr & Mrs Dandy in respect of their directors loan account was £37,645 (£35,789 in 2008)

This loan is interest free and repayable on demand