

REGISTERED NUMBER: 04577813 (England and Wales)

Abbreviated Unaudited Accounts for the Year Ended 31 December 2008

for

Chapel Health & Fitness Studio Limited

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Chapel Health & Fitness Studio Limited

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for the Year Ended 31 December 2008

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Chapel Health & Fitness Studio Limited

Company Information
for the Year Ended 31 December 2008

DIRECTORS:	A J M Dandy Mrs K M Dandy
SECRETARY:	A J M Dandy
REGISTERED OFFICE:	Prince William House 10 Lower church Street Ashby De La Zouch Leicestershire LE65 1AB
REGISTERED NUMBER:	04577813 (England and Wales)
ACCOUNTANTS:	McGregors Business Services Prince William House 10 Lower Church Street Ashby de la Zouch Leicestershire LE65 1AB
BANKERS:	National Westminster Bank Plc Market Place Loughborough Leicestershire LE11 3NZ

Chapel Health & Fitness Studio Limited

Abbreviated Balance Sheet
31 December 2008

	Notes	2008 £	2007 £
FIXED ASSETS			
Intangible assets	2	-	-
Tangible assets	3	5,074	6,052
		<u>5,074</u>	<u>6,052</u>
CURRENT ASSETS			
Cash at bank and in hand		1,235	147
CREDITORS			
Amounts falling due within one year		<u>41,598</u>	<u>42,393</u>
NET CURRENT LIABILITIES		(40,363)	(42,246)
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>(35,289)</u>	<u>(36,194)</u>
CAPITAL AND RESERVES			
Called up share capital	4	100	100
Profit and loss account		<u>(35,389)</u>	<u>(36,294)</u>
SHAREHOLDERS' FUNDS		<u>(35,289)</u>	<u>(36,194)</u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 December 2008.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2008 in accordance with Section 249B(2) of the Companies Act 1985.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the Board of Directors on 30-3-09 and were signed on its behalf by:



A J M Dandy - Director

The notes form part of these abbreviated accounts

Chapel Health & Fitness Studio Limited

Notes to the Abbreviated Accounts
for the Year Ended 31 December 2008

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Goodwill

Acquired goodwill is written off in equal annual instalments over its useful economic life.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Going concern

These accounts have been prepared on a going concern basis which assumes the continuing support of the company's directors and bankers.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1 January 2008	
and 31 December 2008	4,500
AMORTISATION	
At 1 January 2008	
and 31 December 2008	4,500
NET BOOK VALUE	
At 31 December 2008	-
At 31 December 2007	-

Chapel Health & Fitness Studio Limited

Notes to the Abbreviated Accounts - continued
for the Year Ended 31 December 2008

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 January 2008	19,987
Additions	535
At 31 December 2008	20,522
DEPRECIATION	
At 1 January 2008	13,935
Charge for year	1,513
At 31 December 2008	15,448
NET BOOK VALUE	
At 31 December 2008	5,074
At 31 December 2007	6,052

4. CALLED UP SHARE CAPITAL

Authorised:				
Number:	Class:	Nominal value:	2008	2007
			£	£
1,000	Ordinary shares	£1	1,000	1,000
Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	2008	2007
			£	£
100	Ordinary shares	£1	100	100

5. TRANSACTIONS WITH DIRECTORS

Mr and Mrs Dandy own the building occupied by Chapel Health & Fitness Studio Limited, during the year Mr & Mrs Dandy were paid £6,975 (£2,812 in 2007) as rent for the property.

As at the balance sheet date the amount owing to Mr & Mrs Dandy in respect of their directors loan account was £35,789 (£34,958 in 2007).

This loan is interest free and repayable on demand.