

Registered number: 04212708

The Physio & Pilates Centre Ltd

ACCOUNTS

FOR THE YEAR ENDED 31/03/2026

Prepared By:

Michael James Kenyon Ltd
Chartered Accountants
Ashview
88a Knutsford Road
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Cheshire
SK9 6JD

The Physio & Pilates Centre Ltd

Registered Number: 04212708

BALANCE SHEET AT 31/03/2026

	2026	2025
	£	£
Current assets	344	6,798
Creditors: amounts falling due within one year	<u>(4,271)</u>	<u>(6,718)</u>
Net Current (Liabilities) / Assets	<u>(3,927)</u>	<u>80</u>
Total assets less current liabilities	(3,927)	80
Accruals and deferred income	<u>1,440</u>	<u>1,440</u>
Net Liabilities	<u>(5,367)</u>	<u>(1,360)</u>
Capital and reserves	<u>(5,367)</u>	<u>(1,360)</u>

Average Number of Employees

During the year the average number of employees was 1.

Company information

Private company limited by shares registered in EW - England and Wales, registered number 04212708. Registered office Islwyn, Station Road, Rhosneigr, Anglesey, LL64 5QP, England

For the year ending 31/03/2026 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the micro-entities regime.

These accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**Approved by the board on 29/06/2026 and signed on their behalf
by**

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Julia Mary Atherton
Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.