

REGISTERED NUMBER

04212708

THE PHYSIO & PILATES CENTRE LTD

FILLETED ACCOUNTS

31 March 2022

THE PHYSIO & PILATES CENTRE LTD

04212708

Micro-entity Balance Sheet

as at:

31 March 2022

	2022	2021
	£	£
Fixed assets	0	0
Current assets	11373	48154
Prepayments & accrued income	2990	2983
Creditors:- amounts falling due within one year	-7296	-22284
Net current assets	7067	28853
Total assets less current liabilities	7067	28853
Creditors:- amounts falling due after more than one year	0	0
Provisions for liabilities	0	0
Accruals & deferred income	-1264	-1440
Net Assets	5803	27413
Capital and reserves	5803	27413
Average number of employees	2	2

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Date of approval of accounts 11 July 2022

Signature of the approving director Julia Mary Atherton

Name of the approving director

Julia Mary Atherton

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.