

REGISTERED NUMBER

04212708

THE PHYSIO & PILATES CENTRE LTD

FILLETED ACCOUNTS

31 March 2020

THE PHYSIO & PILATES CENTRE LTD

04212708

Micro-entity Balance Sheet

as at:

31 March 2020

	2020	2019
	£	£
Fixed assets	0	0
Current assets	12564	24014
Prepayments & accrued income	2500	0
Creditors:- amounts falling due within one year	-7191	-24507
Net current assets	7873	-493
Total assets less current liabilities	7873	-493
Creditors:- amounts falling due after more than one year	0	0
Provisions for liabilities	0	0
Accruals & deferred income	-6700	-3936
Net Assets	1173	-4429
Capital and reserves	1173	-4429
Average number of employees	2	2

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Date of approval of accounts 23 May 2020

Signature of the approving director Julia Mary Atherton

Name of the approving director

Julia Mary Atherton

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.