

REGISTERED NUMBER 04212708

THE PHYSIO & PILATES CENTRE LTD

ABBREVIATED ACCOUNTS

31 March 2013

**MICHAEL JAMES KENYON LTD
Chartered Accountants
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COMPANIES HOUSE

THE PHYSIO & PILATES CENTRE LTD
Abbreviated Balance Sheet
as at 31 March 2013

Registered Number 04212708

	Notes	2013 £	2012 £
Fixed assets			
Intangible assets	2	0	0
Tangible assets	3	8381	5003
Investments		0	0
Total fixed assets		8381	5003
Current assets			
Stocks		0	0
Debtors	4	1800	1800
Investments held as current assets		0	0
Cash at bank and in hand		10317	17452
Creditors: amounts falling due within one year		12117	19252
		15813	18768
Net current liabilities		-3696	484
Total assets less current liabilities		4685	5487
Creditors amounts falling due after more than one year	5	0	0
Provisions for liabilities		0	0
Total net assets (liabilities)		4685	5487
Capital and reserves			
Called up share capital	6	1	1
Share premium account		0	0
Revaluation reserve		0	0
Other reserves		0	0
Profit and loss account		4684	5486
Shareholders funds		4685	5487

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

Members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

Approved by the board on 7 August 2013

And signed on their behalf by


 Julia Mary Jackson

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective 6 April 2008

Turnover

Turnover represents the net invoiced value of fees excluding any applicable Vat

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant & machinery, etc	25% wdv
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Deferred Taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse

2	Intangible fixed assets	£	
	Cost		
	At 1 APRIL 2012	6000	
	Additions	0	
	Disposals	<u>0</u>	
	At 31 March 2013	<u>6000</u>	
	Amortisation		
	At 1 APRIL 2012	6000	
	Provided during the year	0	
	On disposals	<u>0</u>	
	At 31 March 2013	<u>6000</u>	
	Net book value		
	At 31 MARCH 2012	<u>0</u>	
	At 31 March 2013	<u>0</u>	
3	Tangible fixed assets		
	Cost		
	At 1 APRIL 2012	23286	
	Additions	6172	
	Revaluations	0	
	Disposals	<u>0</u>	
	At 31 March 2013	<u>29458</u>	
	Depreciation		
	At 1 APRIL 2012	18283	
	Provided during the year	2794	
	On disposals	<u>0</u>	
	At 31 March 2013	<u>21077</u>	
	Net book value		
	At 1 APRIL 2012	<u>5003</u>	
	At 31 March 2013	<u>8381</u>	
4	Debtors	2013	2012
		£	£
	Debtors include		
	Amounts due after more than one year	<u>0</u>	<u>0</u>
5	Loans	2013	2012
		£	£
	Creditors include		
	Amounts falling due for payment after more than five years	<u>0</u>	<u>0</u>
	Secured bank loans	<u>0</u>	<u>0</u>

6	Share capital	Nominal value	2013 Number	2013 £	2012 £
	Allotted, called up and fully paid				
	Ordinary shares	£1 each	1	1	1
	B Ordinary shares	£1 each	0	0	0
				1	1
	Preference shares	£1 each	0	0	0
				1	1
				<u>1</u>	<u>1</u>
	Shares issued during the period	Nominal value	Number	Amount £	
	Ordinary shares	£1 each	0	0	
	B Ordinary shares	£1 each	0	0	
				0	
	Preference shares	£1 each	0	0	
				0	
				<u>0</u>	