

REGISTERED NUMBER
4212708
England and Wales

THE PHYSIO & PILATES CENTRE LTD

ABBREVIATED ACCOUNTS

FOR THE PERIOD

FROM 1 APRIL 2008
TO 31 MARCH 2009

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COMPANIES HOUSE

ABBREVIATED BALANCE SHEET - 31 MARCH 2009

	Notes	2009 £	2008 £
Fixed assets	2		
Intangible assets		6503	2400
Tangible assets		1800	6150
Investments		<u>0</u>	<u>0</u>
		8303	8550
Current assets			
Stocks		<u>0</u>	<u>0</u>
Debtors	3	1725	1491
Cash at bank and in hand		8860	7954
		<u>10585</u>	<u>9445</u>
Creditors: amounts falling due within one year	4	<u>15324</u>	<u>17588</u>
Net current assets		<u>-4739</u>	<u>-8143</u>
Total assets less current liabilities		3564	407
Creditors: amounts falling due after more than one year	4	<u>0</u>	<u>0</u>
Net assets		<u><u>3564</u></u>	<u><u>407</u></u>
Capital and reserves			
Called up share capital	5	1	1
Share premium account		0	0
Revaluation reserve		0	0
Profit and loss account		<u>3563</u>	<u>406</u>
Shareholders' funds		<u><u>3564</u></u>	<u><u>407</u></u>

For the financial period ended 31 March 2009 the company was entitled to exemption from audit under section 249A(1) Companies Act 1985 and no notice has been deposited under section 249B(2). The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 221 and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of section 226 and which otherwise comply with the requirements of the Companies Act 1985, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions relating to small companies within Part V11 of the Companies Act 1985.

Signed on behalf of
the board of directors



Julia Mary Atherton
Director

Approved by the board: 10 July 2009

NOTES TO THE ACCOUNTS - 31 MARCH 2009

1 Accounting policies**Basis of Accounting**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective 1 January 2007).

Turnover

Turnover represents the net invoiced value of fees excluding Vat.

Tangible Fixed Assets

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over its estimated useful life:

Plant & machinery, etc	-	25% wdv
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Deferred Taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

NOTES TO THE ACCOUNTS - 31 MARCH 2009

2 Fixed assets

	Intangible assets £	Tangible fixed assets £	Investments £	Total £
Cost or valuation				
At 31 MARCH 2008	6000	16194	0	22194
Additions	0	2521	0	2521
Revaluation	0	0	0	0
Disposals	0	0	0	0
At 31 MARCH 2009	<u>6000</u>	<u>18715</u>	<u>0</u>	<u>24715</u>
Depreciation				
At 31 MARCH 2008	3600	10044	0	13644
On disposals	0	0	0	0
Charge for the period	600	2168	0	2768
At 31 MARCH 2009	<u>4200</u>	<u>12212</u>	<u>0</u>	<u>16412</u>
Net book values				
At 31 MARCH 2008	<u>2400</u>	<u>6150</u>	<u>0</u>	<u>8550</u>
At 31 MARCH 2009	<u>1800</u>	<u>6503</u>	<u>0</u>	<u>8303</u>

3 Debtors

Debtors include an amount of £ 0 (2008 - £0)
falling due after more than one year.

4 Creditors

Creditors include the following;

	2009 £	2008 £
Bank loans not wholly repayable within five years		
- repayable within five years	0	0
- repayable after five years	<u>0</u>	<u>0</u>
	0	0
Bank overdraft	<u>0</u>	<u>0</u>
	<u>0</u>	<u>0</u>

NOTES TO THE ACCOUNTS - 31 MARCH 2009

5 Called up share capital

		2009 £	2008 £
Authorised -	100 ordinary shares of £1 each	<u>100</u>	<u>100</u>
Allotted, called up and fully paid	1 ordinary shares of £1 each	<u>1</u>	<u>1</u>

6 Related party transactions

There were no related party transactions during the period.