

REGISTERED NUMBER
4212708
England and Wales

THE PHYSIO & PILATES CENTRE LTD

ABBREVIATED ACCOUNTS

FOR THE PERIOD

FROM 1 APRIL 2007
TO 31 MARCH 2008

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COMPANIES HOUSE

ABBREVIATED BALANCE SHEET - 31 MARCH 2008

	Notes	2008 £	2007 £
Fixed assets	2		
Intangible assets		2400	3000
Tangible assets		6150	6181
Investments		<u>0</u>	<u>0</u>
		8550	9181
Current assets			
Stocks		<u>0</u>	<u>0</u>
Debtors	3	1491	2250
Cash at bank and in hand		7954	13839
		<u>9445</u>	<u>16089</u>
Creditors amounts falling due within one year	4	17588	21017
Net current assets		<u>-8143</u>	<u>-4928</u>
Total assets less current liabilities		407	4253
Creditors amounts falling due after more than one year	4	<u>0</u>	<u>0</u>
Net assets		<u><u>407</u></u>	<u><u>4253</u></u>
Capital and reserves			
Called up share capital	5	1	1
Share premium account		0	0
Revaluation reserve		0	0
Profit and loss account		<u>406</u>	<u>4252</u>
Shareholders' funds		<u><u>407</u></u>	<u><u>4253</u></u>

For the financial period ended 31 March 2008 the company was entitled to exemption from audit under section 249A(1) Companies Act 1985 and no notice has been deposited under section 249B(2). The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 221 and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of section 226 and which otherwise comply with the requirements of the Companies Act 1985, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions relating to small companies within Part V11 of the Companies Act 1985.

Signed on behalf of
the board of directors



Julia Mary Atherton

Director

Approved by the board

25 June 2008

NOTES TO THE ACCOUNTS - 31 MARCH 2008

1 Accounting policies

Basis of Accounting

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2005)

Turnover

Turnover represents the net invoiced value of fees excluding Vat

Tangible Fixed Assets

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over its estimated useful life

Plant & machinery, etc	-	25% wdv
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Deferred Taxation

Provision is made at current rates for taxation deferred in respect of all materials timing differences except to the extent that, in the opinion of the directors, there is reasonable probability that the liability will not arise in the foreseeable future

NOTES TO THE ACCOUNTS - 31 MARCH 2008

2 Fixed assets

	Intangible assets £	Tangible fixed assets £	Investments £	Total £
Cost or valuation				
At 31 MARCH 2007	6000	14176	0	20176
Additions	0	2019	0	2019
Revaluation	0	0	0	0
Disposals	0	0	0	0
At 31 MARCH 2008	<u>6000</u>	<u>16195</u>	<u>0</u>	<u>22195</u>
Depreciation				
At 31 MARCH 2007	3000	7995	0	10995
On disposals	0	0	0	0
Charge for the period	<u>600</u>	<u>2050</u>	<u>0</u>	<u>2650</u>
At 31 MARCH 2008	<u>3600</u>	<u>10045</u>	<u>0</u>	<u>13645</u>
Net book values				
At 31 MARCH 2007	<u>3000</u>	<u>6181</u>	<u>0</u>	<u>9181</u>
At 31 MARCH 2008	<u>2400</u>	<u>6150</u>	<u>0</u>	<u>8550</u>

3 Debtors

Debtors include an amount of £ 0 (2007 - £0)
falling due after more than one year

4 Creditors

Creditors include the following,

	2008 £	2007 £
Bank loans not wholly repayable within five years		
- repayable within five years	0	0
- repayable after five years	<u>0</u>	<u>0</u>
Bank overdraft	0	0
	<u>0</u>	<u>0</u>

NOTES TO THE ACCOUNTS - 31 MARCH 2008

5 Called up share capital

		2008 £	2007 £
Authorised -	100 ordinary shares of £1 each	<u>100</u>	<u>100</u>
Allotted, called up and fully paid	1 ordinary shares of £1 each	<u>1</u>	<u>1</u>

6 Related party transactions

There were no related party transactions during the period