

REGISTERED NUMBER

4212708

England and Wales

THE PHYSIO & PILATES CENTRE LTD

ABBREVIATED ACCOUNTS

FOR THE PERIOD

FROM 1 APRIL 2006

TO 31 MARCH 2007

TUESDAY



AYTC1RBG

A24

17/07/2007

349

COMPANIES HOUSE

MICHAEL JAMES KENYON

Chartered Accountants

Ashview

88a Knutsford Road

Wilmslow

Cheshire

SK9 6JD

Tel: 01625 530646

Fax: 01625 537351

ABBREVIATED BALANCE SHEET - 31 MARCH 2007

	Notes	2007 £	2006 £
Fixed assets	2		
Intangible assets		3000	3600
Tangible assets		6181	5045
Investments		<u>0</u>	<u>0</u>
		9181	8645
Current assets			
Stocks		<u>0</u>	<u>0</u>
Debtors	3	2250	4043
Cash at bank and in hand		13839	10767
		<u>16089</u>	<u>14810</u>
Creditors amounts falling due within one year	4	<u>21017</u>	<u>3359</u>
Net current assets		<u>-4928</u>	<u>11451</u>
Total assets less current liabilities		4253	20096
Creditors amounts falling due after more than one year	4	<u>0</u>	<u>0</u>
Net assets		<u><u>4253</u></u>	<u><u>20096</u></u>
Capital and reserves			
Called up share capital	5	1	1
Share premium account		0	0
Revaluation reserve		0	0
Profit and loss account		<u>4252</u>	<u>20095</u>
Shareholders' funds		<u><u>4253</u></u>	<u><u>20096</u></u>

For the financial period ended 31 March 2007 the company was entitled to exemption from audit under section 249A(1) Companies Act 1985 and no notice has been deposited under section 249B(2). The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 221 and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of section 226 and which otherwise comply with the requirements of the Companies Act 1985, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions relating to small companies within Part V11 of the Companies Act 1985.

Signed on behalf of
the board of directors


Julia Mary Atherton

Director

Approved by the board

10 July 2007

NOTES TO THE ACCOUNTS - 31 MARCH 2007

1 Accounting policies**Basis of Accounting**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2005)

Turnover

Turnover represents the net invoiced value of fees excluding Vat

Tangible Fixed Assets

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over its estimated useful life

Plant & machinery, etc	-	25% wdv
------------------------	---	---------

Deferred Taxation

Provision is made at current rates for taxation deferred in respect of all materials timing differences except to the extent that, in the opinion of the directors, there is reasonable probability that the liability will not arise in the foreseeable future

NOTES TO THE ACCOUNTS - 31 MARCH 2007

2 Fixed assets

	Intangible assets £	Tangible fixed assets £	Investments £	Total £
Cost or valuation				
At 31 MARCH 2006	6000	10980	0	16980
Additions	0	3196	0	3196
Revaluation	0	0	0	0
Disposals	0	0	0	0
At 31 MARCH 2007	<u>6000</u>	<u>14176</u>	<u>0</u>	<u>20176</u>
Depreciation				
At 31 MARCH 2006	2400	5935	0	8335
On disposals	0	0	0	0
Charge for the period	600	2060	0	2660
At 31 MARCH 2007	<u>3000</u>	<u>7995</u>	<u>0</u>	<u>10995</u>
Net book values				
At 31 MARCH 2006	<u>3600</u>	<u>5045</u>	<u>0</u>	<u>8645</u>
At 31 MARCH 2007	<u>3000</u>	<u>6181</u>	<u>0</u>	<u>9181</u>

3 Debtors

Debtors include an amount of £ 0 (2006 - £0)
falling due after more than one year

4 Creditors

Creditors include the following,

	2007 £	2006 £
Bank loans not wholly repayable within five years		
- repayable within five years	0	0
- repayable after five years	<u>0</u>	<u>0</u>
	0	0
Bank overdraft	<u>0</u>	<u>0</u>
	<u>0</u>	<u>0</u>

NOTES TO THE ACCOUNTS - 31 MARCH 2007

5 Called up share capital

		2007 £	2006 £
Authorised -	100 ordinary shares of £1 each	<u>100</u>	<u>100</u>
Allotted, called up and fully paid	1 ordinary shares of £1 each	<u>1</u>	<u>1</u>

6 Related party transactions

There were no related party transactions during the period