

REGISTERED NUMBER

4212708

England and Wales

THE PHYSIO & PILATES CENTRE LTD

ABBREVIATED ACCOUNTS

FOR THE PERIOD

FROM 1 APRIL 2005
TO 31 MARCH 2006



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ABBREVIATED BALANCE SHEET - 31 MARCH 2006

	Notes	2006 £	2005 £
Fixed assets	2		
Intangible assets		3600	4200
Tangible assets		5045	4920
Investments		<u>0</u>	<u>0</u>
		8645	9120
Current assets			
Stocks		<u>0</u>	<u>0</u>
Debtors	3	4043	0
Cash at bank and in hand		10767	9551
		14810	9551
Creditors: amounts falling due within one year	4	<u>3359</u>	<u>7700</u>
Net current assets		<u>11451</u>	<u>1851</u>
Total assets less current liabilities		20096	10971
Creditors: amounts falling due after more than one year	4	<u>0</u>	<u>0</u>
Net assets		<u><u>20096</u></u>	<u><u>10971</u></u>
Capital and reserves			
Called up share capital	5	1	1
Share premium account		0	0
Revaluation reserve		0	0
Profit and loss account		<u>20095</u>	<u>10970</u>
Shareholders' funds		<u><u>20096</u></u>	<u><u>10971</u></u>

For the financial period ended 31 March 2006 the company was entitled to exemption from audit under section 249A(1) Companies Act 1985 and no notice has been deposited under section 249B(2). The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 221 and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of section 226 and which otherwise comply with the requirements of the Companies Act 1985, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions relating to small companies within Part V11 of the Companies Act 1985.

Signed on behalf of
the board of directors


Julia Mary Di Domenico
Director

Approved by the board: 12 July 2006

NOTES TO THE ACCOUNTS - 31 MARCH 2006

1 Accounting policies**Basis of Accounting**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2005).

Turnover

Turnover represents the net invoiced value of fees excluding Vat.

Tangible Fixed Assets

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over its estimated useful life:

Plant & machinery, etc	-	25% wdv
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Deferred Taxation

Provision is made at current rates for taxation deferred in respect of all materials timing differences except to the extent that, in the opinion of the directors, there is reasonable probability that the liability will not arise in the foreseeable future.

NOTES TO THE ACCOUNTS - 31 MARCH 2006

2 Fixed assets

	Intangible assets £	Tangible fixed assets £	Investments £	Total £
Cost or valuation				
At 31 MARCH 2005	6000	9173	0	15173
Additions	0	1807	0	1807
Revaluation	0	0	0	0
Disposals	0	0	0	0
At 31 MARCH 2006	<u>6000</u>	<u>10980</u>	<u>0</u>	<u>16980</u>
Depreciation				
At 31 MARCH 2005	5400	4253	0	9653
On disposals	0	0	0	0
Charge for the period	<u>600</u>	<u>1682</u>	<u>0</u>	<u>2282</u>
At 31 MARCH 2006	<u>6000</u>	<u>5935</u>	<u>0</u>	<u>11935</u>
Net book values				
At 31 MARCH 2005	<u>600</u>	<u>4920</u>	<u>0</u>	<u>5520</u>
At 31 MARCH 2006	<u>0</u>	<u>5045</u>	<u>0</u>	<u>5045</u>

3 Debtors

Debtors include an amount of £ 0 (2005 - £0)
falling due after more than one year.

4 Creditors

Creditors include the following;

	2006 £	2005 £
Bank loans not wholly repayable within five years		
- repayable within five years	0	0
- repayable after five years	<u>0</u>	<u>0</u>
	0	0
Bank overdraft	<u>0</u>	<u>0</u>
	<u>0</u>	<u>0</u>

NOTES TO THE ACCOUNTS - 31 MARCH 2006

5 Called up share capital

		2006 £	2005 £
Authorised -	100 ordinary shares of £1 each	<u>100</u>	<u>100</u>
Allotted, called up and fully paid	1 ordinary shares of £1 each	<u>1</u>	<u>1</u>

6 Related party transactions

There were no related party transactions during the period.