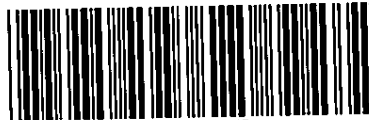


REGISTRAR'S COPY

ABBREVIATED UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2007
FOR
FOREST FRESH LIMITED

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FOREST FRESH LIMITED

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FOR THE YEAR ENDED 31ST DECEMBER 2007**

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FOREST FRESH LIMITED

**COMPANY INFORMATION
FOR THE YEAR ENDED 31ST DECEMBER 2007**

DIRECTOR

D I Dyson

SECRETARY:

M Dyson

REGISTERED OFFICE

Century House
29 Clarendon Road
Leeds
West Yorkshire
LS2 9PG

REGISTERED NUMBER.

3672607

ACCOUNTANTS

Thomas Coombs & Son
Chartered Accountants
Century House
29 Clarendon Road
Leeds
West Yorkshire
LS2 9PG

FOREST FRESH LIMITED

**ABBREVIATED BALANCE SHEET
31ST DECEMBER 2007**

	Notes	2007 £	2006 £
FIXED ASSETS			
Tangible assets	2	2,715	3,142
CURRENT ASSETS			
Debtors		90,422	26,932
Cash at bank and in hand		192,499	105,341
		<u>282,921</u>	<u>132,273</u>
CREDITORS			
Amounts falling due within one year		<u>279,376</u>	<u>128,970</u>
NET CURRENT ASSETS		<u>3,545</u>	<u>3,303</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>6,260</u>	<u>6,445</u>
CAPITAL AND RESERVES			
Called up share capital	3	50	50
Profit and loss account		<u>6,210</u>	<u>6,395</u>
SHAREHOLDERS' FUNDS		<u>6,260</u>	<u>6,445</u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31st December 2007

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2007 in accordance with Section 249B(2) of the Companies Act 1985

The director acknowledges his responsibilities for

- ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies

The financial statements were approved by the director on 1st September 2008 and were signed by


D I Dyson - Director

The notes form part of these abbreviated accounts

FOREST FRESH LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2007

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007)

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Plant and machinery etc - 25% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

2 TANGIBLE FIXED ASSETS

	Total £
COST	
At 1st January 2007	
and 31st December 2007	<u>5,701</u>
DEPRECIATION	
At 1st January 2007	2,559
Charge for year	<u>427</u>
At 31st December 2007	<u>2,986</u>
NET BOOK VALUE	
At 31st December 2007	<u>2,715</u>
At 31st December 2006	<u>3,142</u>

3 CALLED UP SHARE CAPITAL

Authorised Number	Class	Nominal value £1	2007 £	2006 £
1,000	Ordinary		<u>1,000</u>	<u>1,000</u>
Allotted, issued and fully paid Number	Class	Nominal value £1	2007 £	2006 £
50	Ordinary		<u>50</u>	<u>50</u>