

REGISTRARS COPY

ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2003
FOR
FOREST FRESH LIMITED



FOREST FRESH LIMITED

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FOR THE YEAR ENDED 31ST DECEMBER 2003**

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FOREST FRESH LIMITED

**COMPANY INFORMATION
FOR THE YEAR ENDED 31ST DECEMBER 2003**

DIRECTOR: D I Dyson

SECRETARY: Mrs M Dyson

REGISTERED OFFICE: Century House
29 Clarendon Road
Leeds
West Yorkshire
LS2 9PG

REGISTERED NUMBER: 3672607

ACCOUNTANTS: Thomas Coombs & Son
Chartered Accountants
Century House
29 Clarendon Road
Leeds
West Yorkshire
LS2 9PG

FOREST FRESH LIMITED

**ABBREVIATED BALANCE SHEET
31ST DECEMBER 2003**

	Notes	2003 £	2002 £
FIXED ASSETS			
Tangible assets	2	696	1,038
CURRENT ASSETS			
Debtors		45,598	41,149
Cash at bank and in hand		24,413	256
		70,011	41,405
CREDITORS			
Amounts falling due within one year		70,546	35,730
NET CURRENT (LIABILITIES)/ASSETS		(535)	5,675
TOTAL ASSETS LESS CURRENT LIABILITIES		161	6,713
CAPITAL AND RESERVES			
Called up share capital	3	50	50
Profit and loss account		111	6,663
SHAREHOLDERS' FUNDS		161	6,713

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31st December 2003.

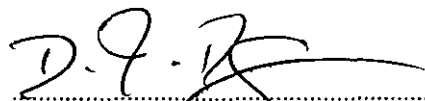
The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2003 in accordance with Section 249B(2) of the Companies Act 1985.

The director acknowledges his responsibilities for:

- ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

ON BEHALF OF THE BOARD:



D I Dyson - Director

Approved by the Board on 28th May 2004

The notes form part of these abbreviated accounts

FOREST FRESH LIMITED**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2003****1. ACCOUNTING POLICIES****Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1st January 2003	2,132
Additions	195
	<u>2,327</u>
At 31st December 2003	<u>2,327</u>
DEPRECIATION	
At 1st January 2003	1,094
Charge for year	537
	<u>1,631</u>
At 31st December 2003	<u>1,631</u>
NET BOOK VALUE	
At 31st December 2003	<u>696</u>
At 31st December 2002	<u>1,038</u>

3. CALLED UP SHARE CAPITAL**Authorised:**

Number:	Class:	Nominal value:	2003 £	2002 £
1,000	Ordinary	£1	<u>1,000</u>	<u>1,000</u>

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2003 £	2002 £
50	Ordinary	£1	<u>50</u>	<u>50</u>