Registered number: 03278921

FORREST CONSULTING LTD
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 OCTOBER 2016

GC Accountancy Management Service Ltd

Howes Farm
Doddinghurst Road
Brentwood
Essex
CM15 0SG

Forrest Consulting Ltd
Company No. 03278921
Abbreviated Balance Sheet 31 October 2016

	Notes	2016 £	2016 £	2015 £	2015 £
FIXED ASSETS					
Tangible Assets	**2**		43		57
			43		57
CURRENT ASSETS					
Debtors		8,487		13,374	
Cash at bank and in hand		39,785		21,547	
		48,272		34,921	
Creditors: Amounts Falling Due Within One Year		(25,675)		(25,715)	
NET CURRENT ASSETS (LIABILITIES)			22,597		9,206
TOTAL ASSETS LESS CURRENT LIABILITIES			22,640		9,263
NET ASSETS			22,640		9,263
CAPITAL AND RESERVES					
Called up share capital	**3**		150		150
Profit and Loss Account			22,490		9,113
SHAREHOLDERS' FUNDS			22,640		9,263

For the year ending 31 October 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2015).

On behalf of the board

Mr Miles Forrest

29/06/2017

Forrest Consulting Ltd
Notes to the Abbreviated Accounts
For The Year Ended 31 October 2016

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

1.2. Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	25% reducing balance

1.4. Deferred Taxation

Provision is made for deferred taxation, using the liability method, in respect of timing differences where it is possible that a liability will crystallise.

1.5. Pensions

The company operates a defined pension contribution scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

2. Tangible Assets

	Total
Cost	**£**
As at 1 November 2015	16,706
As at 31 October 2016	16,706
Depreciation	
As at 1 November 2015	16,649
Provided during the period	14
As at 31 October 2016	16,663
Net Book Value	
As at 31 October 2016	43
As at 1 November 2015	57

3. Share Capital

	Value	Number	2016	2015
Allotted, called up and fully paid	**£**		**£**	**£**
Ordinary shares	1.00	100	100	100
Ordinary B shares	1.00	50	50	50
		150	150	150

Forrest Consulting Ltd
Notes to the Abbreviated Accounts (continued)
For The Year Ended 31 October 2016

4. **Transactions With and Loans to Directors**

Dividends paid to directors

5. **Ultimate Controlling Party**

The company's ultimate controlling party is Miles Forrest by virtue of his ownership of 100% of the issued A Class share capital in the company.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.