

2806607

# **NEUROMUSCULAR CENTRE**

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

**Year ended 31 March 2008**

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# **Neuromuscular Centre**

## **REPORT OF THE TRUSTEE**

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### **SOLE TRUSTEE**

Muscular Dystrophy Group of Great Britain and Northern Ireland

### **MANAGEMENT COMMITTEE MEMBERS**

Miss D Leather (Chair)  
N Burgess  
P Butcher (Chief Executive, Muscular Dystrophy Campaign)  
D Cundall (Centre User)  
M Cundall (Centre User)  
B Dale (Centre User)  
A Duckworth (Centre User) (Appointed 9th January 2008)  
J W Edwards  
A Farren  
D Golder (Centre User) (Appointed 9th January 2008)  
P Golder (Centre User) (Appointed 9th January 2008)  
L Grzadzielewska (Centre User) (Resigned 9th January 2008)  
H Murrant (Centre User)  
M Roome (Trustee Representative)  
Dr. R Quinlivan

### **SECRETARY**

M Cundall

### **SOLICITORS**

Barrow & Cook  
5/7 Victoria Square  
St Helens  
Merseyside WA10

### **AUDITORS**

Horwath Clark Whitehill LLP  
10 Salisbury Square  
London EC4Y 8EH

### **BANKERS**

Barclays Bank Plc  
21 Dingle Walk  
Winsford  
Cheshire CW7 1AG

### **REGISTERED OFFICE**

Neuromuscular Centre  
Woodford Lane West  
Winsford  
Cheshire CW7 4EH

### **COMPANY NUMBER**

2806607

### **REGISTERED CHARITY NUMBER**

1023606

# Neuromuscular Centre

## REPORT OF THE TRUSTEE

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### STRUCTURE, GOVERNANCE AND MANAGEMENT

The Neuromuscular Centre (NMC) is a registered charity, incorporated as a company limited by guarantee, controlled by a sole corporate trustee, the Muscular Dystrophy Group of Great Britain and Northern Ireland under the terms set out in its memorandum and articles of association. The charity registration number is 1023606 and the company registration number is 2806607.

The charity is a 100% subsidiary of the Muscular Dystrophy Group of Great Britain and Northern Ireland, informally known as the Muscular Dystrophy Campaign (MDC). It has a wholly owned trading subsidiary, NMC Trading Limited, trading as, and hereinafter referred to as, NMC Design+Print. The charity is connected to the Joseph Patrick Trust of 61 Southwark Street, London SE1 0HL in that they are controlled by the same sole corporate trustee.

While the ultimate authority for the charity rests with the Muscular Dystrophy Group of Great Britain and Northern Ireland, oversight of the day to day management has been vested in the Management Committee.

A register of risks is maintained and reviewed regularly by the Management Committee.

### OBJECTIVES AND ACTIVITIES

#### Charitable objects

The objects of the NMC are to promote and provide opportunities for people with a neuromuscular condition to live fuller lives through training, sheltered employment and physiotherapy, together with advice and support for themselves and their families.

#### Mission

~~The NMC's mission is to work together with people affected by muscle diseases, creating an environment where full potential and positive wellbeing are achieved, through employment, training, support and physiotherapy.~~

#### Aims and activities

The NMC's main aim is to provide a range of services for adults with muscle disease in the North West, West Midlands and North Wales regions:

- Physiotherapy assessments
- Physiotherapy treatments
- Hydrotherapy
- Active exercise programmes
- Advice and support
- Accredited Graphic Design Training courses
- Accredited European Computer Driving Licence Training courses
- Employment opportunities in Graphic Design (in the charities trading company; NMC Design+Print), Administration and Fundraising.
- Provide Transport for Trainees and Employees to enable maximum independence and opportunity.

The unique combination of services provided by the charity is offered directly to individuals and their families in the North West and to others country-wide. Where practicable, physical management programmes are tailored to the needs of each individual, depending on their type of dystrophy and physical condition, through weekly sessions of physiotherapy and hydrotherapy. As a 'centre of excellence' in the physical management of muscular dystrophy and related neuromuscular conditions, the charity offers help and advice to other organisations world wide.

In addition, the charity has established a small, well-respected, graphic arts and design business, NMC Design+Print, in which the variety of skills and talents of the individuals can be employed, developed and rewarded under permitted work arrangements. This is detailed in a separate report. The NMC provides wheelchair-adapted transport for individuals attending the Centre.

# **Neuromuscular Centre**

## **REPORT OF THE TRUSTEE**

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### **The year under review**

A highly successful and exciting year for the NeuroMuscular Centre.

The NMC is a unique resource for adults with muscular dystrophy. Based in Cheshire and primarily serving people from that region, the NMC is increasingly acknowledged as leaders in the treatment of adults with muscle disease using physiotherapy and hydrotherapy.

The Centre also works to help people live more fulfilling and productive lives by offering a range of training courses leading to vocational qualifications and employment opportunities.

At the heart of the NMC is a highly successful Social Enterprise – NMC Design+Print. This commercially competitive company provides graphic design and print solutions for hundreds of customers from across the private, public and voluntary sectors.

### **NMC Design+Print**

A year which saw our Social Enterprise consolidating the extraordinary 83% growth of 2006-07. We showed this was no “flash in the pan”. The company saw revenues of £125k in 2007-08 which contributed 20% of the total charity income.

Sales to others in the Social Enterprise and charity sectors are increasing and together now account for 70% of turnover.

NMC Design+Print can increasingly be proud that it is producing a surplus through its trading that contributes towards the costs in meeting this primary purpose enterprise.

The prospect of growing opportunities for employment via Home working are now a reality after some years of planning. Geographically remote or housebound individuals now have the opportunity to work as graphic designers and be part of the working team of NMC Design+Print

Customer service is outstanding says a survey of our customers.

### **NMC Training**

A very strong year.

33 students with 19 studying at NMC and 14 studying at home - we are offering twice as many opportunities as a year ago. The courses on offer are CLAIT and CLAIT+ along with NCFE Graphic Design.

100% of our students say “I am being equipped to develop the skills I need to be effective in the workplace”

100% of our students say “the course meets my expectations”

### **NMC Physiotherapy**

A very busy year!

Considerable growth in levels of treatment and assessment achieved without any increase to the costs and with increased levels of satisfaction.

Regularly treated patients now 123

Actual physiotherapy treatments up 11%

New referrals up 22%

Assessments up 35%

The physio team continue to develop their professionalism and reputation for specialist expert assessment and treatment as well as offering an advice service.

# **Neuromuscular Centre**

## **REPORT OF THE TRUSTEE**

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Great progress made towards our aim of full cost recovery. Now 81%

### **NMC Support**

A new service for 2007-08 with the introduction of a part time Support Worker role. We had always had lots of informal support and still do which is evidenced in these Social Accounts but that had a tendency to be hit and miss. The Support Worker role has given us some structure as well developing expertise, advice and advocacy.

About a third of our service users have used the Support Worker service in the past year so it really seems to be meeting a need.

### **NMC Funding**

A tough but successful year.

NMC strives to find a funding mix which is as diverse as possible. We also aim to make the maximum amount from our own Social Enterprising and trading efforts.

In 2007-08 our Social Enterprise, NMC Design+Print consolidated the outstanding revenue growth of the previous year.

In the year further strides were taken towards our aim of full cost recovery for the physiotherapy service – the income recovered in this way accounted for 81% of physiotherapy costs in the year. Income from Primary Care Trusts and Local Health Boards accounts for another 20% of our overall costs.

2007/08 proved a challenging yet rewarding year for the fundraising team as they seek to raise the remaining 60% of NMC's income needs. In spite of staff turnover the financial results are evidence that support for the charity remains strong. Improved PR work contributed to the success of some appeals which secured funding for the Opening Doors appeal, an exciting new home working/study project and for a replacement minibus. Income from Trusts and Foundations increased significantly during 2007/08, this was due largely to a grant for a new project.

Working within our local community and events activity had a busy year with new events being held in addition to our two flagship events, Spirit of Christmas and Gorgeous Grub at the Grosvenor. Support from community groups and individual supporters has been very positive indeed.

A volunteer donated their significant computer experience and began work on improving the supporter database with the aim of increasing the effectiveness of how data is stored and used. The upgraded database, which aims to go live in early 2008, will provide new opportunities when approaching supporters in the future.

Corporate giving came primarily in the form of sponsorship for events such as a new Family Fun Day event aimed at our local community. A wealth of corporate supporters once again heavily supported Spirit of Christmas through advertising, gifts in kind and actually attending the event.

Sustainability remains an ongoing challenge as it is for many similar sized charities. Along with income from non-fundraising activity fundraising has to work consistently to generate innovative methods of raising funds. One key element to creating a sustainable fundraising plan is to grow the supporter base achieving a wider coverage of the NMC message.

### **How have we done against our specific objectives?**

# **Neuromuscular Centre**

## **REPORT OF THE TRUSTEE**

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### **Our Performance and Development Objectives for 2007-08 were.....**

1. **Get closer to 100% full cost recovery for our Physiotherapy service – target 93% for 2007-08**  
**81% Achieved**
2. **Develop a Strategy to ensure NMC adapts and prospers in response to the proposed new Winsford “all through School” project which may have fundamental impact on the site/campus.**  
**We're appropriately involved and understand our options**
3. **Produce Social accounts for the first time for 2006-07 as a measure of the worth of NMC's services – this document. Produce Social Accounts for 2007-08.**  
**Achieved**
4. **Provide regular scheduled and informal mentoring, advice and continued support to those teams working to create more NMC's around the UK.**  
**Achieved and Newcastle has been identified as preferred location for NMC2**
5. **Establish Home-working and Home-training as a successful new part of NMC's services**  
**Achieved**

#### **How have our services developed?**

##### **Physiotherapy;**

- Registered service users up over 15% to 350
- Actual treatments up 11% to 3200

##### **Home Study;**

- We began this innovative course to reach out and offer opportunities to people with muscle disease across the UK.
- We now have 14 Home Students successfully enrolled

##### **NMC reaching out into the community**

- Mini Olympics event for primary school children highlighting muscular dystrophy
- Fun Day for local people held at NMC again helping our community to appreciate

# Neuromuscular Centre

## REPORT OF THE TRUSTEE

### Another NMC for the North East.....

With such a successful and powerful model the NMC has now got the backing of MDC to create a new Centre replicating the 3 key elements of Training, Employment and Physiotherapy. The choice of location for the new centre has led us to Newcastle as the proposed site where we now have a Project manager in post and an array of enthusiastic partners and supporters working to establish the viability of the project.

### NMC performance and development objectives 2008-11

|                                  | 2008-09                                                                                                                     | 2009-10                                                                                                                     | 2010-2011                                                                                                                   |
|----------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <b>Physiotherapy</b>             | We will have 400 registered patients (350 now)<br><br>We will deliver 3400 individual treatment sessions                    | 420 patients<br><br>3600 treatments                                                                                         | 430 patients<br><br>4000 treatments                                                                                         |
| <b>Design</b>                    | Sales increase of 10%<br>2 completely integrated home workers                                                               | Sales increase of 15%<br>5 completely integrated home workers                                                               | Sales increase of 15%<br>5 completely integrated home workers                                                               |
| <b>Training</b>                  | 20 enrolled students at NMC<br><br>15 enrolled students – home study<br><br>10 students gaining an accredited qualification | 20 enrolled students at NMC<br><br>15 enrolled students – home study<br><br>14 students gaining an accredited qualification | 20 enrolled students at NMC<br><br>15 enrolled students – home study<br><br>18 students gaining an accredited qualification |
| <b>Premises</b>                  | Determine the best options for secure long term premises in response to redevelopment proposals                             | Choose the best option for NMC and ensure readiness for move if necessary                                                   | Possible move to new premises planned, funded and ready to action                                                           |
| <b>NMC North East (proposed)</b> | Launch of project to stakeholders, partners and the md community                                                            | Go live – limited services available and established in the new centre                                                      | Grow – develop services to initial planned capacity levels                                                                  |
| <b>Sustainable funding</b>       | Achieve 100% full cost recovery for physio service (81% now)<br><br>Create a Social Enterprise Physio Service firm          | Have a fully integrated approach to fundraising to exploit the opportunities and synergies of joint working with MDC        |                                                                                                                             |

# Neuromuscular Centre

## REPORT OF THE TRUSTEE

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### RESERVES

At the end of the financial year the unrestricted reserves were in deficit. This was due to lower than anticipated unrestricted events income towards the end of the year, as mentioned earlier in this report. Steps are in hand to remedy the situation however, in its role as sole trustee the Muscular Dystrophy Campaign supports the NMC.

The reserves policy of the NMC is to generate six months free reserves to cover running costs.

### RISK

The Muscular Dystrophy Campaign as sole trustee has a comprehensive risk management strategy based upon a detailed risk register which is subject to constant scrutiny and regular review. Key components include a robust reserves policy and a plan for managing reputational risk. Risks are reviewed against the strategic aims of the organisation and are evaluated against controls in place. Action plans to deal with the net risks are then established and this provides assurance of an effective system to mitigate risks. The Primary risks to the NMC are considered to be:

- Downturn in income.
- Reputational damage.
- Loss of key personnel.

### PROVISION OF INFORMATION TO AUDITORS

Each person who is a director at the date of approval of this report confirms that:

- so far as the director is aware, there is no relevant audit information of which the company's auditors are unaware; and
- the director has taken all the steps that he/she ought to have taken as a director in order to make himself/herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of s234ZA of the Companies Act 1985.

By order of the trustee



R S Meadowcroft  
Secretary to the Trustee

23 July 2008

# **Neuromuscular Centre**

## **STATEMENT OF TRUSTEE'S RESPONSIBILITIES**

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The trustees, as the directors are responsible for preparing the Annual Report and the financial statements. The trustees have chosen to prepare accounts for the company in accordance with United Kingdom Generally Accepted Accounting Practice (UK GAAP). Company law requires the trustees to prepare such financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the result of the company for that period and comply with UK GAAP and the Companies Act 1985. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company, for safeguarding the assets, for taking reasonable steps for the prevention and detection of fraud and other irregularities and for the preparation of a trustees' report which comply with the requirements of the Companies Act 1985

# Neuromuscular Centre

## INDEPENDENT AUDITORS' REPORT TO THE TRUSTEE OF THE NEUROMUSCULAR CENTRE

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We have audited the financial statements of the Neuromuscular Centre for the year ended 31 March 2008 which comprise the statement of financial activities, the balance sheet and the related notes numbered 1 to 11. These financial statements have been prepared under the accounting policies set out therein.

This report is made solely to the company's trustee, as a body, in accordance with section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

### RESPECTIVE RESPONSIBILITIES OF TRUSTEE AND AUDITORS

The trustee's responsibilities for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the statement of trustee's responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant United Kingdom legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view, in accordance with the relevant financial reporting framework, and are properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the trustees' report is not consistent with the financial statements, if the company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustee's remuneration and other transactions is not disclosed.

We read the trustee's report and the other information contained in the annual report for the above year as described in the contents section and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements.

### BASIS OF AUDIT OPINION

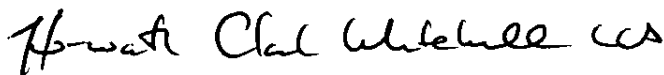
We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

### OPINION

In our opinion:

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of the company's affairs as at 31 March 2008 and of its result for the year then ended;
- the financial statements have been properly prepared in accordance with the Companies Act 1985; and
- the information given in the trustee's report is consistent with the financial statements.



Howarth Clark Whitehill  
Chartered Accountants and Registered Auditors  
London

25 July 2008

# Neuromuscular Centre

## STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING THE INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2008

|                                                                                   | Note | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>2007-08<br>£ | Total<br>2006-07<br>£ |
|-----------------------------------------------------------------------------------|------|----------------------------|--------------------------|-----------------------|-----------------------|
| <b>Incoming Resources</b>                                                         |      |                            |                          |                       |                       |
| Incoming Resources from Generated Funds                                           |      |                            |                          |                       |                       |
| Voluntary Income                                                                  |      | 172,050                    | 149,315                  | 321,365               | 228,213               |
| Activities to Generate Funds                                                      |      | 59,874                     | -                        | 59,874                | 74,006                |
| Investment Income                                                                 |      | 2,483                      | -                        | 2,483                 | 1,196                 |
| Incoming Resources from Charitable Activities                                     |      | 110,604                    | -                        | 110,604               | 86,287                |
| Other Incoming Resources                                                          |      | -                          | -                        | -                     | 4,450                 |
| <b>Total Incoming Resources</b>                                                   |      | <b>345,011</b>             | <b>149,315</b>           | <b>494,326</b>        | <b>394,152</b>        |
| <b>Resources Expended</b>                                                         |      |                            |                          |                       |                       |
| Costs of Generating Funds                                                         |      |                            |                          |                       |                       |
| Voluntary Income                                                                  |      | 68,779                     | -                        | 68,779                | 78,104                |
| Activities to Generate Funds                                                      |      | 24,849                     | -                        | 24,849                | 30,240                |
| Charitable Activities                                                             |      | 275,406                    | 150,109                  | 425,515               | 338,092               |
| Governance Costs                                                                  |      | 1,236                      | -                        | 1,236                 | 1,200                 |
| <b>Total Resources Expended</b>                                                   | 2    | <b>370,270</b>             | <b>150,109</b>           | <b>520,379</b>        | <b>447,636</b>        |
| <b>Net Incoming/(Outgoing) Resources<br/>Before Other Recognised Gains/Losses</b> |      | <b>(25,259)</b>            | <b>(794)</b>             | <b>(26,053)</b>       | <b>(53,484)</b>       |
| Gain on Investments Assets                                                        | 4    | -                          | -                        | -                     | 4,860                 |
| <b>Net Movement in Funds</b>                                                      |      | <b>(25,259)</b>            | <b>(794)</b>             | <b>(26,053)</b>       | <b>(48,624)</b>       |
| Funds brought forward at 1 April                                                  |      | (37,784)                   | 73,107                   | 35,323                | 83,947                |
| <b>Funds carried forward at 31 March</b>                                          | 8    | <b>(63,043)</b>            | <b>72,313</b>            | <b>9,270</b>          | <b>35,323</b>         |

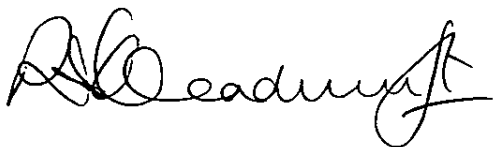
All income and expenditure derive from continuing operations. There are no recognised gains or losses other than those disclosed above. Accordingly a Statement of Recognised Gains and Losses has not been prepared.

# Neuromuscular Centre

## BALANCE SHEET AT 31 MARCH 2008

|                                                       | Note | 2007<br>£        | 2006<br>£       |
|-------------------------------------------------------|------|------------------|-----------------|
| <b>Fixed Assets</b>                                   |      |                  |                 |
| Tangible assets                                       | 3    | 120,606          | 110,992         |
| Investment in subsidiary                              | 5    | 9                | 9               |
|                                                       |      | <u>120,615</u>   | <u>111,001</u>  |
| <b>Current Assets</b>                                 |      |                  |                 |
| Debtors                                               | 6    | 82,864           | 67,401          |
| Cash at bank                                          |      | <u>48,294</u>    | <u>113,237</u>  |
|                                                       |      | 131,158          | 180,638         |
| <b>Creditors: amounts falling due within one year</b> | 7    | 242,503          | 256,316         |
| <b>Net current liabilities</b>                        |      | <u>(111,345)</u> | <u>(75,678)</u> |
| <b>Net assets</b>                                     |      | <u>9,270</u>     | <u>35,323</u>   |
| <b>Represented by</b>                                 |      |                  |                 |
| Restricted funds                                      |      | 72,313           | 73,107          |
| Unrestricted funds                                    |      | <u>(63,043)</u>  | <u>(37,784)</u> |
| <b>Total funds</b>                                    | 8    | <u>9,270</u>     | <u>35,323</u>   |

On behalf of the trustee on 23 July 2008



R S Meadowcroft  
Secretary to the Trustee

# Neuromuscular Centre

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2008

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### 1. ACCOUNTING POLICIES

#### ACCOUNTING CONVENTION

The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 1985. The principal accounting policies adopted in the preparation of the financial Statements are set out below.

#### CONSOLIDATION

The financial statements of Neuromuscular Centre and its subsidiary NMC Design+Print are consolidated into the financial statements of the ultimate parent undertaking and so consolidated financial statements are not prepared for the Neuromuscular Centre intermediate group by virtue of the exemption granted by S.228 Companies Act 1985. Accordingly these financial statements present information about the company and not about its group.

#### INCOME

Donations and other income are recognised on receipt or accrued as income as soon as it is prudent and practicable to do so.

Grants for specific purposes are accounted for as restricted funds. Grants in respect of expenditure on fixed assets are treated as restricted income and transferred to unrestricted funds once the conditions of the gift are met.

#### EXPENDITURE

All expenditure is recognised on an accruals basis and includes irrecoverable VAT where appropriate.

Charitable expenditure includes all expenditure incurred in pursuance of the charity's objectives, including staff and other costs, which are shown as 'other costs'. Indirect costs, which have been apportioned on the basis of expenditure, are shown as 'support costs'.

#### TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, as follows:

|                      |                                          |
|----------------------|------------------------------------------|
| Leasehold properties | Straight line over the life of the lease |
| Other equipment      | Straight line over 4 years.              |

#### FUND ACCOUNTING

Restricted funds are those given by the donor for a specific purpose.

#### INVESTMENTS

Investments are stated at market value at the balance sheet date.

#### TAX STATUS

The Neuromuscular Centre is a registered charity and as such it is exempt from corporation tax on its income and gains to the extent that they are applied to its charitable objectives.

# Neuromuscular Centre

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2008

### 2. TOTAL RESOURCES EXPENDED

|                                 | Costs<br>Grants | Other   | Total<br>2007-08 | Total<br>2006-07 |
|---------------------------------|-----------------|---------|------------------|------------------|
|                                 | £               | £       | £                | £                |
| <b>Cost of Generating Funds</b> |                 |         |                  |                  |
| Voluntary Income                | -               | 68,779  | 68,779           | 78,104           |
| Activities to Generate Funds    | -               | 24,849  | 24,849           | 30,240           |
|                                 | -               | 93,628  | 93,628           | 108,344          |
| <b>Charitable Activities</b>    |                 |         |                  |                  |
| Training & Trading              | 83,999          | 205,296 | 289,295          | 217,736          |
| Physiotherapy                   | -               | 136,220 | 136,220          | 120,356          |
|                                 | 83,999          | 341,516 | 425,515          | 338,092          |
| <b>Governance Costs</b>         | -               | 1,236   | 1,236            | 1,200            |
| <b>Total Resources Expended</b> | 83,999          | 436,380 | 520,379          | 447,636          |

During the year grants totalling £84,000 were paid to NMC Design+Print in furtherance of the charitable objectives of the Neuromuscular Centre.

Support costs are allocated across the activities on the basis of expenditure incurred for each of the activities.

| Employee Information      | 2007-08 | 2006-07 |
|---------------------------|---------|---------|
|                           | £       | £       |
| <b>Staff Remuneration</b> |         |         |
| Wages and salaries        | 284,498 | 253,724 |
| Social security costs     | 26,492  | 24,839  |
| Pension costs             | 13,111  | 11,460  |
|                           | 324,101 | 290,023 |

### DISCLOSURE INFORMATION

The average number of employees during the year was 16 (2006-07: 15), of which 3 (2006-07: 3) were involved in fundraising, 12 in direct charitable activities (2006-07: 11) and 1 (2006-07: 1) in administration.

No employee earned more than £60,000 per annum. No remuneration or expenses were paid to the trustee.

NMC offers defined contribution pension arrangements to an employees' portable scheme. Contributions are charged in the financial statements as incurred and there were no outstanding contributions at the balance sheet date.

# Neuromuscular Centre

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2008

### 3. FIXED ASSETS

|                       | Leasehold<br>Land and<br>Buildings<br>£ | Other<br>Equipment<br>£ | Total<br>£     |
|-----------------------|-----------------------------------------|-------------------------|----------------|
| <b>Cost</b>           |                                         |                         |                |
| At 1 April 2007       | 177,299                                 | 88,527                  | 353,020        |
| Additions             | 9,189                                   | 45,001                  | 54,190         |
| Disposals             | -                                       | -                       | -              |
| At 31 March 2008      | <u>273,682</u>                          | <u>133,528</u>          | <u>407,210</u> |
| <b>Depreciation</b>   |                                         |                         |                |
| At 1 April 2007       | 177,299                                 | 64,729                  | 242,028        |
| Charge for year       | 24,096                                  | 20,480                  | 44,576         |
| Disposals             | -                                       | -                       | -              |
| At 31 March 2008      | <u>201,395</u>                          | <u>85,209</u>           | <u>286,604</u> |
| <b>Net book value</b> |                                         |                         |                |
| At 31 March 2008      | <u>72,287</u>                           | <u>48,319</u>           | <u>120,606</u> |
| At 31 March 2007      | <u>87,194</u>                           | <u>23,798</u>           | <u>110,992</u> |

All tangible assets are used in functions of the charity and are shown at written down cost. All material assets are used for direct charitable activities. The Leasehold Land & Buildings is subject to a lease that will expire on 3<sup>rd</sup> April 2011. Negotiations are in place to ensure ongoing operation of the Neuromuscular Centre.

### 4. INVESTMENTS

Investments represented shares that were donated to the Charity under condition of a two-year lock-in (no disposal agreement) which expired in November 2005. These shares are quoted on the Alternative Investment Market registered in the United Kingdom and were valued at the mid market price at the 2006 year end. The shares were sold during the year to 31<sup>st</sup> March 2007.

|                        | 2008<br>£ | 2007<br>£ |
|------------------------|-----------|-----------|
| Market valuation       |           |           |
| 1 April 2007           | -         | 4,340     |
| Investment Disposal    | -         | (4,340)   |
| Revaluation adjustment | -         | -         |
| 31 March 2008          | <u>-</u>  | <u>-</u>  |

### 5. INVESTMENT IN SUBSIDIARY

|      | 2008<br>£ | 2007<br>£ |
|------|-----------|-----------|
| Cost | <u>9</u>  | <u>9</u>  |

# Neuromuscular Centre

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2008

In the opinion of the trustee the aggregate value of the charity's investment in the subsidiary undertaking is not less than the amount included in the balance sheet.

The subsidiary is a wholly owned trading subsidiary and its details are as follows:

| Company             | Country of Registration | Shares Held |     |
|---------------------|-------------------------|-------------|-----|
|                     |                         | Class       | %   |
| NMC Trading Limited | England and Wales       | Ordinary    | 100 |

The aggregate amount of capital and reserves and the results of this undertaking for the last relevant financial year were as follows:

|                     | 2008                    |                      | 2007                    |                    |
|---------------------|-------------------------|----------------------|-------------------------|--------------------|
|                     | Capital & Reserves<br>£ | Profit for year<br>£ | Capital & Reserves<br>£ | Loss for year<br>£ |
| NMT Trading Limited | <u>5,591</u>            | <u>142</u>           | <u>6,449</u>            | <u>1,261</u>       |

### 6. DEBTORS

|                                        | 2008<br>£     | 2007<br>£     |
|----------------------------------------|---------------|---------------|
| Amounts owed by subsidiary undertaking | 13,721        | 14,266        |
| Other Debtors                          | <u>69,143</u> | <u>53,135</u> |
|                                        | <u>82,864</u> | <u>67,401</u> |

### 7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

|                                   | 2,008<br>£     | 2007<br>£      |
|-----------------------------------|----------------|----------------|
| Trade creditors                   | 2,644          | 5,483          |
| Amount owed to parent undertaking | 225,361        | 249,631        |
| Accruals and deferred income      | <u>14,498</u>  | <u>1,200</u>   |
|                                   | <u>242,503</u> | <u>256,314</u> |

Amounts owed to parent undertaking are unsecured and do not bear interest.

# Neuromuscular Centre

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2008

### 8. FUNDS

|                           | Balance at<br>1 Apr 2007<br>£ | Movement in Resources<br>Incoming<br>£ | Outgoing<br>£    | Balance at<br>31 Mar 2008<br>£ |
|---------------------------|-------------------------------|----------------------------------------|------------------|--------------------------------|
| <b>Restricted Funds</b>   |                               |                                        |                  |                                |
| Equipment                 | 3,822                         | 31,549                                 | (23,982)         | 11,389                         |
| Physiotherapy             | -                             | 18,500                                 | (6,331)          | 12,169                         |
| Other funds               | 69,285                        | 99,266                                 | (119,796)        | 48,755                         |
|                           | <u>73,107</u>                 | <u>149,315</u>                         | <u>(150,109)</u> | <u>72,313</u>                  |
| <b>Unrestricted Funds</b> |                               |                                        |                  |                                |
| General Funds             | (37,784)                      | 345,011                                | (370,270)        | (63,043)                       |
| <b>Total Funds</b>        | <u>35,323</u>                 | <u>494,326</u>                         | <u>(520,379)</u> | <u>9,270</u>                   |

| Represented by:           | Fixed<br>Assets<br>£ | Investment<br>in subsidiary<br>£ | Net Current<br>Assets/<br>(Liabilities)<br>£ | Total<br>£   |
|---------------------------|----------------------|----------------------------------|----------------------------------------------|--------------|
| <b>Restricted Funds</b>   |                      |                                  |                                              |              |
| Equipment Fund            | -                    | -                                | 11,389                                       | 11,389       |
| Physiotherapy Fund        | -                    | -                                | 12,169                                       | -            |
| Other funds               | -                    | -                                | 48,755                                       | 48,755       |
| Total                     | -                    | -                                | 72,313                                       | 72,313       |
| <b>Unrestricted Funds</b> |                      |                                  |                                              |              |
| General Funds             | 120,606              | 9                                | (183,658)                                    | (63,043)     |
| <b>Total Funds</b>        | <u>120,606</u>       | <u>9</u>                         | <u>(111,345)</u>                             | <u>9,270</u> |

- The Equipment Fund unspent donations given towards equipment.
- The Physiotherapy Fund represents unspent donations given towards physiotherapy expenditure.
- 'Other Funds' represent other restricted income, which was not fully expensed during the year and is primarily made up of funds for training.

### 9. STATUS OF CHARITY

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of a winding up is limited to £1. The charitable company does not use "Limited" in its name by virtue of S.30 of the Companies Act 1985.

### 10. CONNECTED CHARITY

The Neuromuscular Centre is connected to the Joseph Patrick Trust of 61 Southwark Street, London SE1 0HL in that its sole trustee is the Muscular Dystrophy Group of Great Britain and Northern Ireland and has similar objectives in relation to muscular dystrophy.

# **Neuromuscular Centre**

## **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2008**

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### **11. RELATED PARTIES AND ULTIMATE PARENT UNDERTAKING**

In the trustee's opinion, the charity's ultimate parent undertaking and controlling party is the Muscular Dystrophy Group of Great Britain and Northern Ireland a registered charity and a company limited by guarantee registered in England and Wales which is the largest and the smallest group for which consolidated accounts are published.

Copies of the consolidated financial statements of the ultimate parent undertaking are available from 61 Southwark Street, London SE1 0HL.

Accordingly, advantage has been taken of the exemption from disclosing transactions and balances with other group companies as permitted by Financial Reporting Standard No 8.