

REGISTERED NUMBER: 02207708 (England and Wales)

CARA PERSONNEL EMPLOYMENT LTD
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2019

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FOR THE YEAR ENDED 31 AUGUST 2019**

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CARA PERSONNEL EMPLOYMENT LTD

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 AUGUST 2019**

DIRECTOR:

Mrs J K O'Neill

REGISTERED OFFICE:

Cara House
70 Greenhill Way
Harrow
Middlesex
HA1 1LE

REGISTERED NUMBER:

02207708 (England and Wales)

ACCOUNTANTS:

ASK Accounting Services
25 Dunstable Road
Caddington
Luton
Bedfordshire
LU1 4AL

CARA PERSONNEL EMPLOYMENT LTD (REGISTERED NUMBER: 02207708)

BALANCE SHEET
31 AUGUST 2019

	Notes	31/8/19 £	£	31/8/18 £	£
FIXED ASSETS					
Tangible assets	4		2,703		1,853
CURRENT ASSETS					
Debtors	5	161,938		205,351	
Cash at bank and in hand		<u>73,560</u>		<u>1,658</u>	
		235,498		207,009	
CREDITORS					
Amounts falling due within one year	6	<u>99,793</u>		<u>114,176</u>	
NET CURRENT ASSETS			<u>135,705</u>		<u>92,833</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			138,408		94,686
PROVISIONS FOR LIABILITIES			<u>514</u>		<u>352</u>
NET ASSETS			<u>137,894</u>		<u>94,334</u>
CAPITAL AND RESERVES					
Called up share capital			100		100
Retained earnings			<u>137,794</u>		<u>94,234</u>
SHAREHOLDERS' FUNDS			<u>137,894</u>		<u>94,334</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in
- (b) accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

BALANCE SHEET - continued
31 AUGUST 2019

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 29 May 2020 and were signed by:

Mrs J K O'Neill - Director

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2019**

1. STATUTORY INFORMATION

Cara Personnel Employment Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures & fittings - 20% on cost

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 27 (2018 - 35) .

4. TANGIBLE FIXED ASSETS

	Fixtures & fittings £
COST	
At 1 September 2018	10,179
Additions	1,717
Disposals	<u>(2,178)</u>
At 31 August 2019	<u>9,718</u>
DEPRECIATION	
At 1 September 2018	8,326
Charge for year	867
Eliminated on disposal	<u>(2,178)</u>
At 31 August 2019	<u>7,015</u>
NET BOOK VALUE	
At 31 August 2019	<u>2,703</u>
At 31 August 2018	<u>1,853</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 AUGUST 2019

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/8/19	31/8/18
	£	£
Trade debtors	147,723	182,393
Other debtors	14,215	22,958
	<u>161,938</u>	<u>205,351</u>

Other debtors includes an advance to the director as detailed in note 9.

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/8/19	31/8/18
	£	£
Bank loans and overdrafts	-	136
Trade creditors	3,018	3,654
Taxation and social security	59,664	68,118
Other creditors	37,111	42,268
	<u>99,793</u>	<u>114,176</u>

7. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to a director subsisted during the years ended 31 August 2019 and 31 August 2018:

	31/8/19	31/8/18
	£	£
Mrs J K O'Neill		
Balance outstanding at start of year	12,781	17,138
Amounts advanced	-	443
Amounts repaid	(12,632)	(4,800)
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>149</u>	<u>12,781</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.