

REGISTERED NUMBER: 02207708 (England and Wales)

CARA PERSONNEL EMPLOYMENT LTD

ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2016

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FOR THE YEAR ENDED 31 AUGUST 2016**

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CARA PERSONNEL EMPLOYMENT LTD

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 AUGUST 2016**

DIRECTOR:

Mrs J K O'Neill

REGISTERED OFFICE:

Cara House
70 Greenhill Way
Harrow
Middlesex
HA1 1LE

REGISTERED NUMBER:

02207708 (England and Wales)

ACCOUNTANTS:

ASK Accounting Services
25 Dunstable Road
Caddington
Luton
Bedfordshire
LU1 4AL

ABBREVIATED BALANCE SHEET
31 AUGUST 2016

	Notes	31/8/16 £	£	31/8/15 £	£
FIXED ASSETS					
Tangible assets	2		1,929		3,561
CURRENT ASSETS					
Debtors		153,082		183,809	
Cash at bank and in hand		<u>21,318</u>		<u>32,412</u>	
		174,400		216,221	
CREDITORS					
Amounts falling due within one year		<u>59,898</u>		<u>103,532</u>	
NET CURRENT ASSETS			<u>114,502</u>		<u>112,689</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			116,431		116,250
PROVISIONS FOR LIABILITIES			<u>386</u>		<u>712</u>
NET ASSETS			<u>116,045</u>		<u>115,538</u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>115,945</u>		<u>115,438</u>
SHAREHOLDERS' FUNDS			<u>116,045</u>		<u>115,538</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in
- (b) accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

ABBREVIATED BALANCE SHEET - continued
31 AUGUST 2016

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 31 May 2017 and were signed by:

Mrs J K O'Neill - Director

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2016**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Exemption from preparing a cash flow statement

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures & fittings - 20% on cost

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to the profit and loss account in the period to which they relate.

2. TANGIBLE FIXED ASSETS

COST

At 1 September 2015
and 31 August 2016

Total
£

11,236

DEPRECIATION

At 1 September 2015

7,675

Charge for year

1,632

At 31 August 2016

9,307

NET BOOK VALUE

At 31 August 2016

1,929

At 31 August 2015

3,561

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:

Class:

Nominal
value:
£1

31/8/16

£

100

31/8/15

£

100

100

Ordinary

NOTES TO THE ABBREVIATED ACCOUNTS - continued
FOR THE YEAR ENDED 31 AUGUST 2016

4. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to a director subsisted during the years ended 31 August 2016 and 31 August 2015:

	31/8/16 £	31/8/15 £
Mrs J K O'Neill		
Balance outstanding at start of year	37,547	-
Amounts advanced	21,994	88,447
Amounts repaid	(30,000)	(50,900)
Balance outstanding at end of year	<u>29,541</u>	<u>37,547</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.