

Registered Number 02207708

Cara Personnel Employment Ltd

Abbreviated Accounts

31 August 2011

Cara Personnel Employment Ltd

Registered Number 02207708

Company Information

Registered Office:

Cara House
70 Greenhill Way
Harrow
Middlesex
HA1 1LE

Reporting Accountants:

ASK Marketing & Accounting Services Ltd

25 Dunstable Road
Caddington
Luton
Bedfordshire
LU1 4AL

Cara Personnel Employment Ltd

Registered Number 02207708

Balance Sheet as at 31 August 2011

	Notes	2011 £	2010 £
Fixed assets			
Tangible	2	2,490	1,189
		<u>2,490</u>	<u>1,189</u>
Current assets			
Debtors		43,346	32,788
Cash at bank and in hand		22,929	95
Total current assets		<u>66,275</u>	<u>32,883</u>
Creditors: amounts falling due within one year	3	(54,614)	(42,951)
Net current assets (liabilities)		11,661	(10,068)
Total assets less current liabilities		<u>14,151</u>	<u>(8,879)</u>
Creditors: amounts falling due after more than one year	3	(12,112)	(15,901)
Total net assets (liabilities)		<u>2,039</u>	<u>(24,780)</u>
Capital and reserves			
Called up share capital	4	100	100
Profit and loss account		1,939	(24,880)
Shareholders funds		<u>2,039</u>	<u>(24,780)</u>

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- a. For the year ending 31 August 2011 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
 - b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
 - c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
 - d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 12 March 2012

And signed on their behalf by:

Mrs J K O'Neill, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 August 2011

1 **Accounting policies**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to the profit and loss account in the period to which they relate.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures & fittings	20% on cost
Motor vehicles	25% on cost

2 **Tangible fixed assets**

		Total
Cost		£
At 01 September 2010		12,864
Additions	-	<u>2,355</u>
At 31 August 2011	-	<u>15,219</u>
Depreciation		
At 01 September 2010		11,675
Charge for year	-	<u>1,054</u>
At 31 August 2011	-	<u>12,729</u>
Net Book Value		
At 31 August 2011		2,490
At 31 August 2010	-	<u>1,189</u>

3 **Creditors**

	2011	2010
	£	£
Secured Debts	15,901	28,316

4 **Share capital**

	2011 £	2010 £
Allotted, called up and fully paid:		
100 Ordinary shares of £1 each	100	100

5 **Transactions with directors**

Mrs J K O'Neill had a loan during the year. The balance at 31 August 2011 was £12,500 (1 September 2010 - £-), £18,150 was advanced and £5,650 was repaid during the year.