

Registered Number 02207708

CARA PERSONNEL EMPLOYMENT LIMITED

Abbreviated Accounts

31 August 2009

CARA PERSONNEL EMPLOYMENT LIMITED

Registered Number 02207708

Balance Sheet as at 31 August 2009

	Notes	2009 £	2008 £
Fixed assets			
Tangible	2	<u>2,971</u>	<u>4,842</u>
Total fixed assets		2,971	4,842
Current assets			
Debtors		22,772	45,857
Cash at bank and in hand		143	317
Total current assets		<u>22,915</u>	<u>46,174</u>
Creditors: amounts falling due within one year		(53,755)	(50,469)
Net current assets		(30,840)	(4,295)
Total assets less current liabilities		<u>(27,869)</u>	<u>547</u>
 Total net Assets (liabilities)		 (27,869)	 547
Capital and reserves			
Called up share capital		100	100
Profit and loss account		<u>(27,969)</u>	<u>447</u>
Shareholders funds		<u>(27,869)</u>	<u>547</u>

- a. For the year ending 31 August 2009 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 29 January 2010

And signed on their behalf by:
Julie O'Neill, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 August 2009

1 Accounting policies

These financial statements have been prepared on the basis that the business is a going concern. The poor results have left a deficit on reserves and an excess of current liabilities over current assets. The company continues to operate within its agreed and ongoing overdraft facility and also enjoys the financial support of the director. On that basis, the director considers that the business remains a going concern and the financial statements have been prepared accordingly. These accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting standard for Smaller Entities effective April 2008.

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and Fittings	20.00% Straight Line
Motor vehicles	25.00% Straight Line

2 Tangible fixed assets

Cost	£
At 31 August 2008	37,114
additions	
disposals	(24,250)
revaluations	
transfers	
At 31 August 2009	<u>12,864</u>
Depreciation	
At 31 August 2008	32,272
Charge for year	1,871
on disposals	(24,250)
At 31 August 2009	<u>9,893</u>
Net Book Value	
At 31 August 2008	4,842
At 31 August 2009	<u>2,971</u>