

Registered Number 02207708

CARA PERSONNEL EMPLOYMENT LIMITED

Abbreviated Accounts

31 August 2008

CARA PERSONNEL EMPLOYMENT LIMITED

Registered Number 02207708

Balance Sheet as at 31 August 2008

	Notes	2008 £	£	2007 £	£
Fixed assets					
Tangible	2		<u>4,842</u>		<u>5,807</u>
Total fixed assets			4,842		5,807
Current assets					
Debtors		45,857		56,938	
Cash at bank and in hand		317		92	
Total current assets		<u>46,174</u>		<u>57,030</u>	
Creditors: amounts falling due within one year		(50,469)		(51,242)	
Net current assets			(4,295)		5,788
Total assets less current liabilities			<u>547</u>		<u>11,595</u>
Total net Assets (liabilities)			547		11,595
Capital and reserves					
Called up share capital			100		100
Profit and loss account			<u>447</u>		<u>11,495</u>
Shareholders funds			<u>547</u>		<u>11,595</u>

- a. For the year ending 31 August 2008 the company was entitled to exemption under section 249A(1) of the Companies Act 1985.
- b. The members have not required the company to obtain an audit in accordance with section 249B(2) of the Companies Act 1985
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 221; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. The accounts have been prepared in accordance with the special provisions in Part VII of the Companies Act 1985 relating to small companies

Approved by the board on 02 January 2009

And signed on their behalf by:
Julie O'Neill, Director

This document was delivered using electronic communications and authenticated in accordance with section 707B(2) of the Companies Act 1985.

Notes to the abbreviated accounts

For the year ending 31 August 2008

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective January 2007.

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and Fittings	20.00% Straight Line
Motor vehicles	25.00% Straight Line

2 Tangible fixed assets

Cost	£
At 31 August 2007	36,236
additions	879
disposals	
revaluations	
transfers	
At 31 August 2008	<u>37,115</u>
Depreciation	
At 31 August 2007	30,429
Charge for year	1,844
on disposals	
At 31 August 2008	<u>32,273</u>
Net Book Value	
At 31 August 2007	5,807
At 31 August 2008	<u>4,842</u>