

Registered Number 02207708

CARA PERSONNEL EMPLOYMENT LIMITED

Abbreviated Accounts

31 August 2006

CARA PERSONNEL EMPLOYMENT LIMITED
Registered Number 02207708
Balance Sheet as at 31 August 2006

	Notes	2006 £	£	2005 £	£
Fixed assets					
Tangible	2		<u>1,174</u>		<u>1,628</u>
Total fixed assets			<u>1,174</u>		<u>1,628</u>
Current assets					
Debtors		50,207		55,563	
Cash at bank and in hand		11,058		87	
Total current assets		<u>61,265</u>		<u>55,650</u>	
Creditors: amounts falling due within one year	3	(45,941)		(66,126)	
Net current assets			15,324		(10,476)
Total assets less current liabilities			<u>16,498</u>		<u>(8,848)</u>
Total net Assets (liabilities)			16,498		(8,848)
Capital and reserves					
Called up share capital			100		100
Profit and loss account			<u>16,398</u>		<u>(8,948)</u>
Shareholders funds			<u>16,498</u>		<u>(8,848)</u>

- a. For the year ending 31 August 2006 the company was entitled to exemption under section 249A(1) of the Companies Act 1985.
- b. Members have not required the company to obtain an audit in accordance with section 249B(2) of the Companies Act 1985
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 221; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. The accounts have been prepared in accordance with the special provisions in Part VII of the Companies Act 1985 relating to small companies

Approved by the board on 04 May 2007

And signed on their behalf by:

Julie O'Neill, Director

This document was delivered using electronic communications and authenticated in accordance with section 707B(2) of the Companies Act 1985.

Notes to the abbreviated accounts

For the year ending 31 August 2006

1 Accounting policies**Accounting Policy**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective January 2005).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and Fittings 20.00% Straight Line

2 Tangible fixed assets

	Fixtures and Fittings	Total
	£	£
Cost		
At 31 August 2005	30,572	30,572
additions		0
disposals		0
At 31 August 2006	<u>30,572</u>	<u>30,572</u>
Depreciation		
At 31 August 2005	28,944	28,944
Charge for year	454	454
on disposals		0
At 31 August 2006	<u>29,398</u>	<u>29,398</u>
Net Book Value		
At 31 August 2005	1,628	1,628
At 31 August 2006	<u>1,174</u>	<u>1,174</u>

3 Creditors: amounts falling due within one year

	2006	2005
	£	£
Bank loans	0	15,170
Trade creditors	9,636	5,297
Other creditors	6,675	20,089
Taxation and Social Security	<u>29,630</u>	<u>25,570</u>
	45,941	66,126