
GOOD MORNING FOODS LIMITED

UNAUDITED

DIRECTOR'S REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2017

GOOD MORNING FOODS LIMITED

**DIRECTOR'S REPORT
FOR THE YEAR ENDED 31 JANUARY 2017**

The director presents his report and the financial statements for the year ended 31 January 2017.

Director

The director who served during the year was:

D O Gaulton

Small companies note

In preparing this report, the director have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the board and signed on its behalf.

D O Gaulton

Director

Date: 30 October 2017

GOOD MORNING FOODS LIMITED
REGISTERED NUMBER: 02090261

BALANCE SHEET
AS AT 31 JANUARY 2017

	Note	2017 £	<i>2016</i> <i>£</i>
Other debtors		100	<i>100</i>
Net assets		<u>100</u>	<u><i>100</i></u>
Capital and reserves			
Called up share capital		100	<i>100</i>
		<u>100</u>	<u><i>100</i></u>

For the year ended 31 January 2017 the Company was entitled to exemption from audit under section 480 of the Companies Act 2006.

Members have not required the Company to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - small entities.

The financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The Company has opted not to file the profit and loss account in accordance with provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the board and were signed on its behalf by:

D O Gaulton
Director

Date: 30 October 2017

The notes on page 3 form part of these financial statements.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2017**

1. General information

Good Morning Foods Limited is a private limited company, limited by shares, incorporated in England and Wales and is registered at c/o Charles Saunders Limited, Unit 2, Netham Industrial Park, Netham Road, Bristol, BS5 9PJ.

The company has not traded during the period and received no income and incurred no expenditure and therefore made neither a profit nor a loss.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention unless otherwise specified within these accounting policies and in accordance with Section 1A of Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and the Companies Act 2006.

2.2 Debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

3. Controlling party

At 31 January 2017 the immediate parent company is Good Morning Disposables Limited, its parent company Charles Saunders Holdings Limited prepares consolidated accounts available from Unit 2, Netham Industrial Park, Netham Road, Bristol, BS5 9PJ.