

Registered Number 02090261

GOOD MORNING FOODS LIMITED

Abbreviated Accounts

31 January 2016

Abbreviated Balance Sheet as at 31 January 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Current assets			
Debtors		100	100
		<u>100</u>	<u>100</u>
Net current assets (liabilities)		<u>100</u>	<u>100</u>
Total assets less current liabilities		<u>100</u>	<u>100</u>
Total net assets (liabilities)		<u>100</u>	<u>100</u>
Capital and reserves			
Called up share capital	2	100	100
Shareholders' funds		<u>100</u>	<u>100</u>

- For the year ending 31 January 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 24 October 2016

And signed on their behalf by:

D Gaulton, Director

Notes to the Abbreviated Accounts for the period ended 31 January 2016**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Other accounting policies

The company was dormant (within the meaning of section 1169 of the Companies Act 2006) through the year ended 31 January 2016. The company has not traded during the period and received no income and incurred no expenditure and therefore made neither a profit nor a loss.

Related parties and controlling party

There were no transactions with related parties during the period.

The immediate parent company is Good Morning Disposables Limited, a company incorporated in England. The ultimate parent company is Charles Saunders Holdings Limited, a company incorporated in England and the ultimate controlling party is D Gaulton, a director of the company.

2 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2016</i>	<i>2015</i>
	<i>£</i>	<i>£</i>
100 Ordinary shares of £1 each	100	100

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